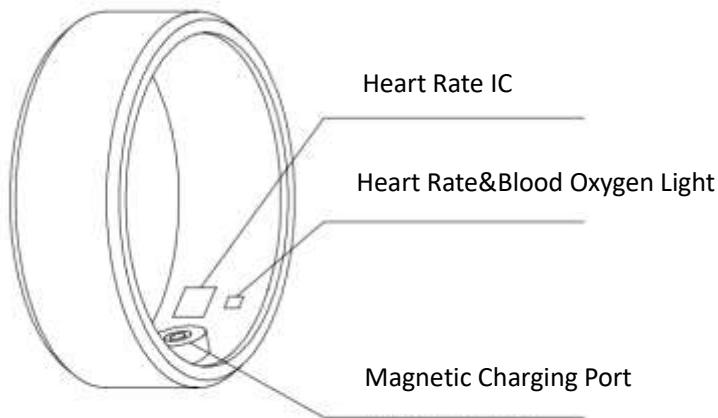


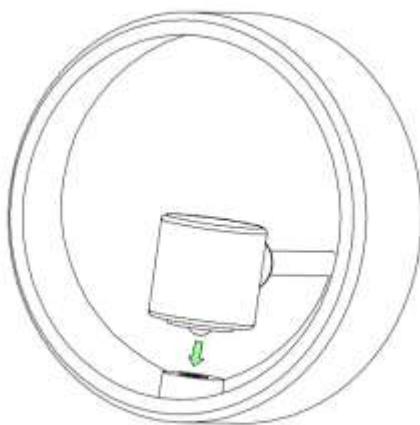
# Smart Ring Instruction Manual

## Ring Quick Guard



## Charge and Turn On

Connect the ring to the magnetic charging cable, the red light will turn on, and the green light will flash to turn on.

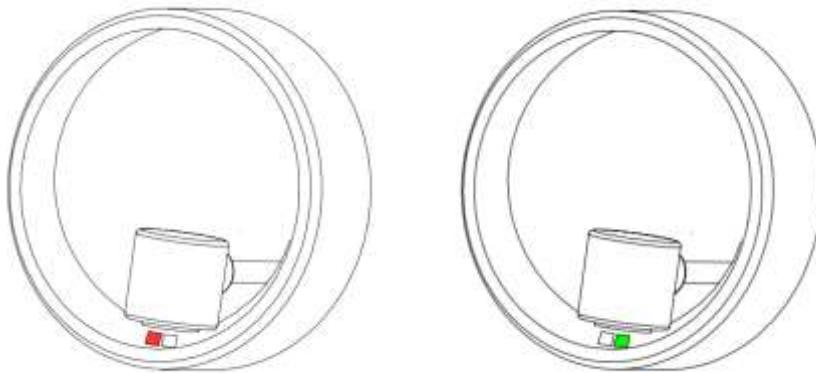


## Download the APP

Search or scan the QR code to download the APP, open it and pair the ring.

## Charging display

The red light is on during charging and the green light is on when fully charged



## Wearing Method

Wear the ring on your accustomed finger and choose a comfortable size.

It is recommended to wear it on the index finger, middle finger, and ring finger, and the Heart Rate IC and Heart Rate&Blood Oxygen Light are on the inside of the finger.

## Notes

Before using and operating the ring, please read and follow the following precautions to ensure the best performance of the ring and avoid dangerous and illegal situations.

In daily use, please choose the size that fits your finger and avoid wearing it too loose or too tight. The contact parts of the ring should be kept dry, and the parts of the sensor and Heart Rate&Blood Oxygen Light should be kept clean to avoid dirt affecting the test data. If there are symptoms such as redness and swelling during wearing, please stop using it immediately and consult a doctor.

## Warning Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment