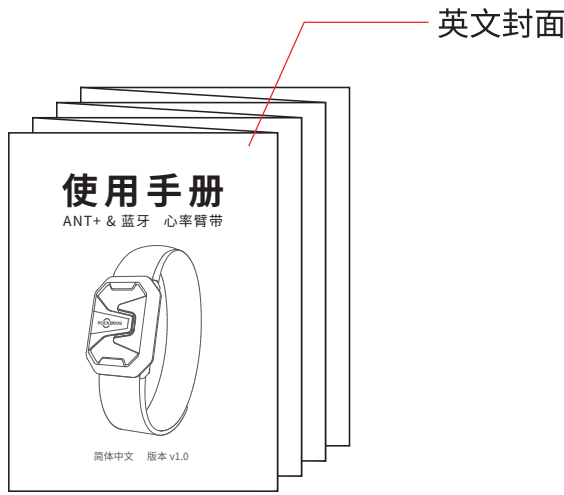


双语说明书 HW803 洛克兄弟

材料：105克铜版纸双面 单色双面印刷 风琴折

切线：_____

折线：_____



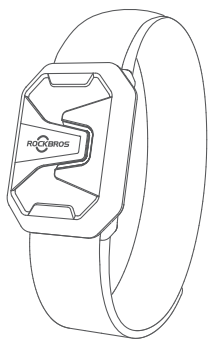
正面

80mm

60mm

使用手册

ANT+ & 蓝牙 心率臂带



简体中文 版本 v1.0

1. 产品简介

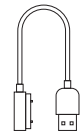
感谢您选择我们的心率臂带，本品是我司生产制造的各式心率监测产品之一，监测到的实时心率数据通过蓝牙或 ANT+ 上传至心率接收设备，运动健康类 App，帮助您科学地管理您的运动强度。此产品手册将帮助您更好地使用本品，请妥善保管以供日后参考。

※(本产品仅用于辅助运动，无法取代任何医学建议。)

2. 产品配件



主机 / 臂带



磁吸式充电线



使用手册

3. 基本参数

产品尺寸：46x35x13mm

主机重量：12g

电 池：充电锂电池 90mAh，持续使用 16 小时

防水等级：IP67

工作温度：-10°C ~ 50°C

通讯方式：ANT+ 和蓝牙

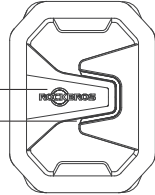
4. 功能及操作说明

开机：按下开机键，LED 灯快速闪烁蓝光，设备采集到心率数据后 LED 显示不同颜色，详见心率区间颜色表；

关机：不使用时长按开机按键，LED 显示红光并震动之后进入关机状态；

开机按键

LED 灯



心率区间 (LED 灯) 颜色表：

* 最大心率值 (MHR) = 180bpm (默认)

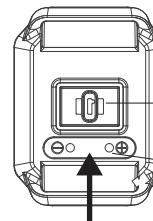
区间	颜色	区间 (默认)
区间 1	浅蓝	60% MHR 以下
区间 2	蓝	61%~70% MHR
区间 3	绿	71%~80% MHR
区间 4	橙	81% ~ 90% MHR
区间 5	红	91% MHR 以上

心率警报：心率值超过最大值主机震动 3 次。

电量：

a. 低电提示：LED 红绿交替闪烁并震动一次。

b. 充电：充电时 LED 绿闪烁，充满之后 LED 常亮绿色。

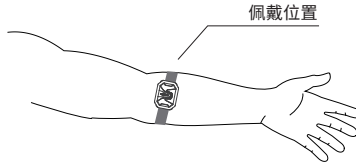


光电心率传感器

充电触点

磁吸式充电线

佩戴：调整臂带长度，使之舒适地系紧在手臂上；



佩戴位置

连接设备：

a. 连接 App，可兼容 App (Wahoo / MooFit / 咕咚 / 行者等)，详细连接方法以相应 App 设置说明为准；

b. 连接 ANT+(运动手表 / 自行车码表等)，详细连接方法以相应设备设置说明为准；

c. 本产品的蓝牙 5.0 和 ANT+ 可同时工作，如果您需要分别连接手机和运动手表等两种设备，请确认您连接的设备具有蓝牙 5.0 或 ANT+ 功能。

5. 适配机型

苹果 iOS 9.0 以上系统版本，iphone 5s 及以上机型

安卓 4.3 以上系统版本，并且有蓝牙 5.0

6. 责任声明

● 本手册所载资料仅供参考，所述产品可能会因为生产商的持续研发计划而有所变动，无需事先做出通告。

● 本公司一概不就本手册或其所述产品所产生的或与其相关的直接或间接、意外或特殊的损害、损失与费用承担任何法律责任。

合格证

本产品经检验合格准予出厂

产品品名：心率带

产品型号：HW803

执行标准：GB 4943.1-2022

检验日期：_____

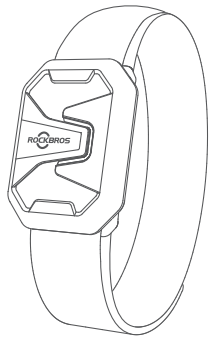
检验员：_____

制造商：义乌洛克体育用品有限公司 (授权生产)
地 址：浙江省义乌市丹溪北路 618 号
产 地：广东省深圳市

背面

USER MANUAL

ANT+ & BLE Heart rate Armband



English Version v1.0

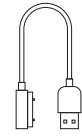
1. Product Introduction

Thank you for purchasing our ANT+ & BLE heart rate armband, this product is one of the heart rate monitors of our company, which transmits the real-time heart rate data through BLE or ANT+ to heart rate receiving device, sports and health App, helping you to manage your exercise intensity scientifically. This user manual will help you to use the product better, please keep it for reference. (This product is for sport purposes only and it is not meant to replace any medical advice).

2. Product Accessories



Heart rate monitor/armband



charging cable



user manual

3. Basic Parameters

Product size: 46*35*13mm

Host weight: 12g

Power: 90mAh Rechargeable lithium battery

Battery life: 16 hours for continuous heart rate monitoring

Water resistance: IP67

Working temperature: -10°C ~ 50°C

Transmission: ANT+, BLE

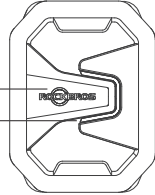
4. Function and Operation

Turn-on: Press the start-up button, the LED light will flash blue quickly until the heart rate was found.

Turn-off: Hold the start-up button, The LED will flash red light and vibrates, then enters the shutdown state.

Start-up button

LED



Heart Rate Indicating:

*Max Heart Rate (MHR) = 180 (default)

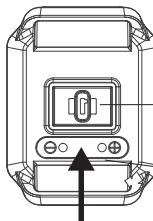
Zone	Color	Range (Default)
Zone 1	Light blue	Below 60% MHR
Zone 2	Blue	61%~70% MHR
Zone 3	Green	71%~80% MHR
Zone 4	Orange	81% ~ 90% MHR
Zone 5	Red	above 91% MHR

Heart rate alarm: if the heart rate exceeds the maximum value, the sensor will vibrate 3 times continuously

Power:

a. Low Power Alert: LED flashes red and green alternately, and vibrates once.

b. Charging: LED flashes green and will stay on with green when fully charged.

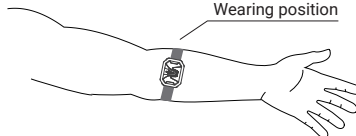


Heart rate Sensor

Charging Terminals

Charging Cable

Wearing: Wear armband on the upper portion of the forearm. Sensor should be on the inside or top of forearm. It should be worn snug enough not to move on your arm, but NOT so tight that it restricts arm circulation.



Wearing position

Initial Setup with BLE Smart Fitness Apps

1. Set BLE on the device to ON.
2. Find the Sensor Settings menu in the BLE Smart Fitness App.
3. Connect the this device armband by turning it on.

Initial Setup with BLE Smart devices

(Sports Watches ,Fitness Equipment & GYM Team Training System.)
1. From the device settings menu select "Add HR sensor"
2. Connect the this device armband by turning it on.

Compatible Apps

Wahoo / Polar beat / Strava / Zwift / Peloton / Heartool ...

5. Applicable models

苹果 iOS 9.0 version and above, iphone 5s and above.

Any Bluetooth 5.0 enabled Android device with Android 4.3 and above.

6. Disclaimer

● The information contained in this manual just for reference. The product described above may be subject to alteration owing to the manufacturer's continuing research and development plans, without making an announcement in advance.

● We shall not bare any legal responsibility for any direct or indirect, accidental or special damages, losses and expenses arising from or in connection with this manual or the contained product.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions,

may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.