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**IMPORTANT INFORMATION
PLEASE READ**

Thank you for choosing FOIRing. We want you to get the most out of your experience. Therefore, please read this important information leaflet and the accompanying Quick Guide carefully before using your ring, mobile App and any other related services (FOIRing Services). Failure to follow the instructions below could result in product damage or malfunction, or even injury.

Support and Questions

If you have any questions about getting started with or using your ring, mobile App and any other FOIRing Services, or you have any issues with your product, please refer to the Frequently Asked Questions (FAQs) at (<https://www.foiring.com>). If you can't find what you are looking for, send us an email to info@foiring.com .

Safety Information

Please note that FOIRing Services are not intended to diagnose, treat, cure, or prevent any disease or medical condition. The information and guidance in the FOIRing Services are there for informational purposes only and cannot replace the services of health professionals or physicians. You should always consult a physician if you have any questions regarding any changes you intend to make to your sleep or activity based on information or guidance of the FOIRing Services, or regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on or through the FOIRing Services.

We are not responsible for any health problems that may result from information or guidance you learn about through the FOIRing Services. If you make any change to your sleep or activity based on the FOIRing Services, you agree that you do so fully at your own risk. It is important to be sensitive to your body's responses. For example, if you feel unexpected, repeated or long term pain, fatigue or discomfort due to having made changes to your sleep or activity, it is recommended that you consult a physician before continuing with such changes. The information and guidance in the FOIRing Services may be misleading if your physiological functions and responses differ significantly from population averages due to medical conditions or rare natural differences.

Please be cautious that the ring or any other Foinoe product you are wearing does not get caught on fixed structures or heavy objects when moving yourself or moving said heavier objects.

If you experience redness or skin irritation on your finger due to the ring or any other Foinoe product, remove it immediately. If symptoms persist longer than 2-3 days of not using your Foinoe product, please contact a dermatologist.

Our Product should not be placed in the mouth at any time. FOIRing Product is not a toy nor is it intended for use by children. Children should not be left unattended with this Product, as it may pose a choking hazard.

Use, care and maintenance

Finger size can vary depending on the time of the day, and sometimes it may be difficult to remove the ring from your finger. In case the ring gets stuck:

- Use cold water and gentle soap to wet your finger, and slowly twist the ring to remove it.

- Hold your hand up above your heart until the blood pressure gets lower, and then try the removal.
- In cases of emergency, cut the ring from the palm side of the finger, from its thinnest point with a ring cutter. This prevents cutting the battery. The lithium - ion polymer battery should not have electrolyte flowing, but in case electrolyte comes in contact with your skin or eyes, flush it out with water and seek immediate medical attention.



Use soft cloth or hand wash with mild soap and water to clean the ring.

FOIRing can be worn in shower, when taking a bath or when swimming. It is even suitable for skin diving with snorkel.

Try to avoid wearing the ring when strength training, working with a shovel or other heavy tools, or carrying heavy objects made of metal, ceramics or stone. In addition, try to avoid wearing the ring next to other rings or objects which are made of metal, ceramics or stones, like diamond. The FOIRing may get scratches or it can scratch softer metal jewelry or other objects in close contact with the ring, like phone covers, made of e. g. gold, silver, aluminum. Also some ceramic phone covers may get scratches, if covered with softer coating.

Keep the ring away from children. Do not leave the ring exposed to heat, such as in a vehicle or in the sun. Do not puncture the ring or its battery.

The ring material is titanium. Like with all rings made of metals such as silver, gold or steel, be careful when handling batteries when you're wearing the ring. In some rare cases where both the cathode and the anode of a battery touch the ring, there is a risk of battery short circuit, similar to normal metal rings without electronics in them.

Safety and Product Information

Specifications

- Outer surface material Titanium with physical vapor deposition (PVD) coating. Titanium with Diamond - like Carbon Coating (DLC) in other models.

- Inner surface materials Non-allergenic, non-metallic
seamless inner molding
- Memory capacity 1 week
- Battery rechargeable 15mAh(US6)-22mAh(US13) Lipo
battery, non-replaceable
- Battery life Up to 1 week, depending on the amount of
sleep and activity

Dispose of the ring and battery in accordance with
applicable local laws and regulations. Special handling may
be required.

- **Charging** charging with FOIRing wireless charging dock.
- **Charging time** 20-90 minutes.
- **Connectivity** Bluetooth Low Energy (Bluetooth Smart ®).
- **Ring firmware update ability** Automatic firmware updates
via FOIRing app.
- **FOIRing app availability** App Store, Google Play Store.

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- **FOIRing app compatibility** See foiring.com
- **Privacy** Data encryption, secure pairing of the ring and the app.
- **Water resistant** To 50m/164ft.
- Endures drop of 1m/3.3ft or equivalent impact.
- **Operating temperature** -10-55 °C/32-131° F.
- **Charging temperature** 0-54 °C/32-129° F (room temperature recommended).
- **Charger input connector and voltage** USB-C connection. USB nominal 5V.

Charger shall be supplied by a power source that shall meet with clause 2.5 of the standard for limited power supply.

Charger complies with EN / IEC 60950-1 international safety standard for IT equipment.

Warranty Disclaimer

Except for the limited warranty for the ring forth below, the ring and the FOIRing Services are provided by Foinoe and its affiliates "As is."

Neither Foinoe partners, suppliers, or affiliates make any representations or warranties of any kind, express or implied, as to the operation of the FOIRing Services (Including the ring), its contents, or any information made available by or through the FOIRing Services. In addition, Foinoe and its partners, suppliers and affiliates disclaim all warranties with respect to the FOIRing Services (Including the ring), express or implied, including but not limited to the implied warranties of merchantability, title, fitness for a particular purpose and non-infringement. Furthermore, Foinoe does not warrant that use of the FOIRing Services will be uninterrupted, available at any time or from any particular location, secure or

error-free, that defects will be corrected, or that the FOIRing Services (Including the ring) are free of viruses or other potentially harmful components.

Limited warranty for the ring. Foinoe warrants to the original end user purchaser that the ring is free from defects in material and workmanship for two (2) years from the date of purchase.

If your local law in effect at the time of purchase requires a warranty period longer than two (2) years, this warranty shall be extended to the extent required by such law. Within the warranty period, Foinoe shall repair or replace at no charge to you any components of the ring that fail the limited warranty provided. You shall be responsible for any related transportation charges. Replacement products may be new or refurbished at our discretion. This limited warranty does not apply to (i) normal wear and tear, including Scratches and dents;

(ii) consumable parts included in ring such as batteries, unless product damage has occurred due to a defect in materials or workmanship; (iii) damage resulting from your failure to use the ring in accordance with the instructions accompanying the ring or available at our website; (iv) damage resulting from an accident, flood, fire, misuse, or abuse; (v) damage resulting from service performed, or damage resulting from tampering or alterations to the ring, by anyone not authorized by Foinoe; or (vi) use of the ring with any other application or software than the FOIRing mobile app.

Foinoe retains the exclusive right to repair or replace the ring, or offer a full refund, at its sole discretion. Such remedy shall be your sole and exclusive remedy for any breach of warranty. Warranty repairs and replacements have a new warranty which is the longer of ninety (90) days or the balance of the original two-year warranty.

Limitation of Liability

In no event will Foinoe or any of its affiliates be liable for direct, indirect, incidental, punitive or consequential damages (Including without limitation those resulting from lost profits, lost data or business interruption) arising out of the use, inability to use or the results of use of the ring and the FOIRing Services, whether such damages are based on warranty, contract, tort or any other legal theory and whether or not Foinoe has been advised of the possibility of such damages. The aggregate liability of Foinoe, arising from or relating to the ring and FOIRing Services (Regardless of the form of action or claim, E.G. Contract, warranty, tort, strict liability, negligence, or any other legal theory) is limited to \$100. In some locations applicable law may not allow certain of the limitations described above, in which case such limitations will apply to the maximum extent allowed by such applicable law.

Terms of Use

Your use of the FOIRing products and services is subject to our Terms of Use, and Privacy Policy, available at FOIRing App or <https://www.foiring.com>. The Content and warranty Disclaimer and the Limitation of Liability set forth above are from our Terms of Use and are subject to change if we change our Terms of Use.

In order to satisfy the essential requirements of 2014/53/EU Directive, the product is compliant with the following standards:

RF spectrum use	EN 300 328 EN 303 417
EMC	EN 55032 EN 55035 EN 61000 EN 301 489-1 EN 301 489-17
SAR evaluation	EN 62479
LVD	EN 62368



This product is compliant with Directive 2012/19/EU. Please dispose used electrical and electronic equipment (WEEE) according to national laws and regulations with electrical waste. It should not be mixed with general household waste.

FCC regulatory information

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful

interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio / TV technician for help.

RF exposure safety

This product is a radio transmitter and receiver. It's designed not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal communications Commission.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.