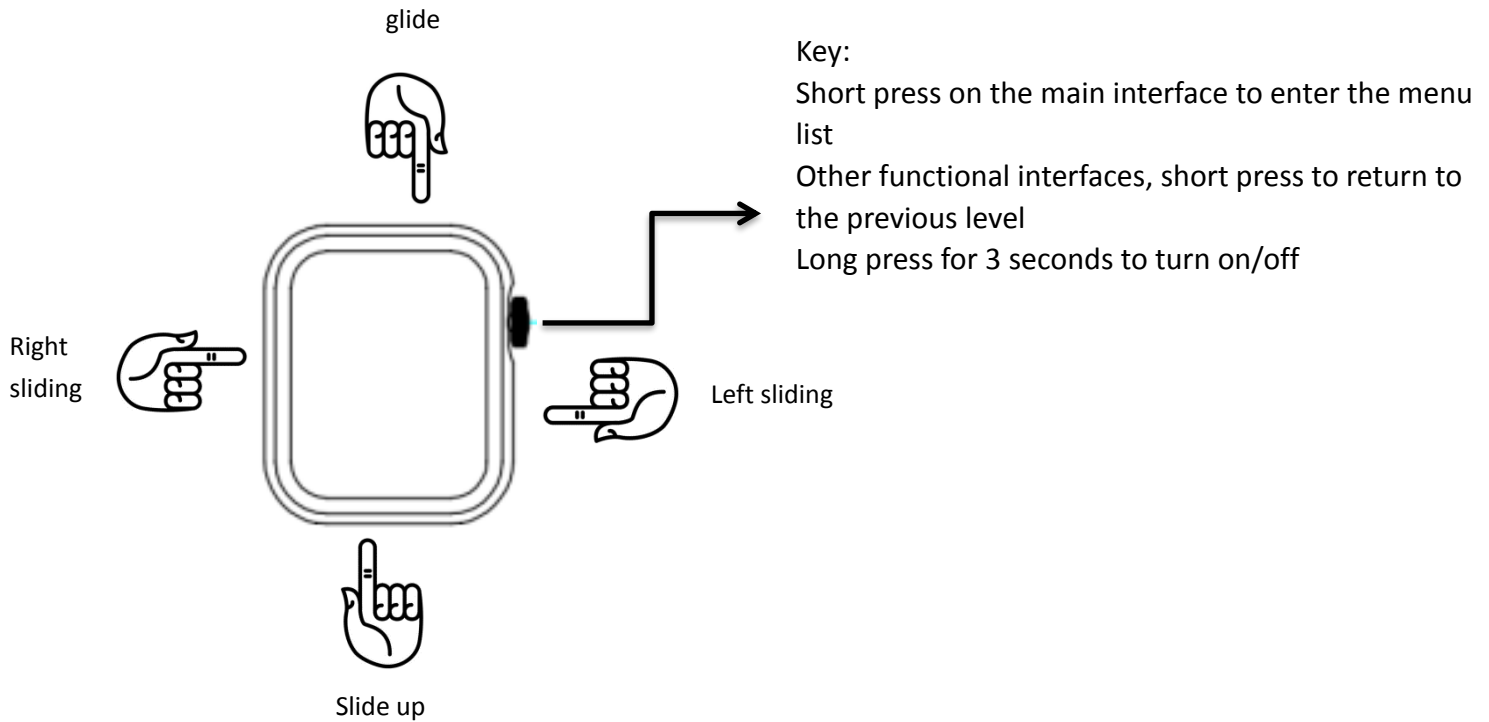


1, Touch and key operation instructions

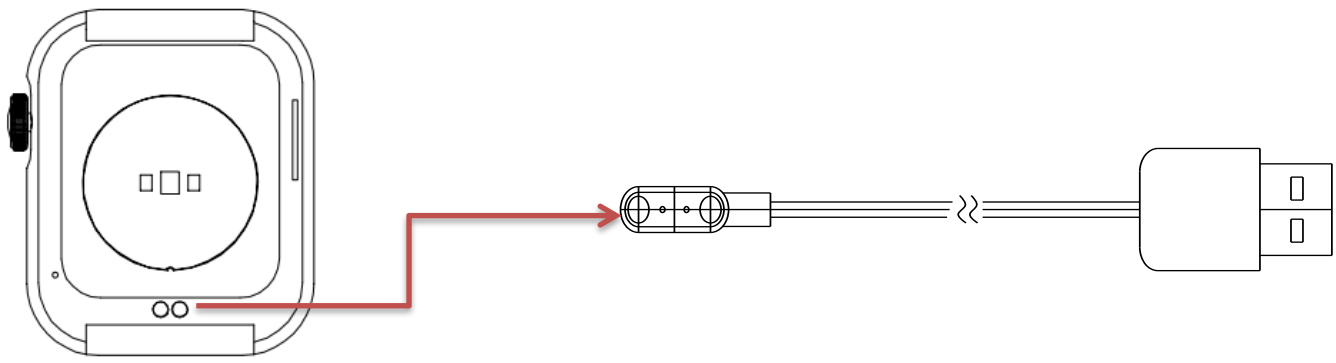


Touch Operating instructions	glide	Control Interface	Right sliding	Quick sidebar
	Slide up	Notify	Left sliding	shortcuts
	Long press	Dial switching	click	select

Please enter the APP to learn about the detailed features of the product

2, Watch charging

This product is a magnetic charging device. One end of the charging cable is connected to the charging adapter via USB, and the other end is attached to the contact point on the back of the watch. The watch screen will display charging instructions, indicating the start of charging



Note: Connect the USB interface to a charger or computer USB interface with an output current of 500mA or above for charging

3. Download and install the APP

Use your phone to scan the QR code below, download and install the app; Android phones can also use Google Play, while Apple phones can use the Apple Store and search for 'GloryFit' to download and install.



Mobile phone system requirements: Android 5.0 and above IOS 13.0 and above

4, Connecting a watch

After enabling Bluetooth on the phone, open the "GloryFit" app on the phone, select "My", "My" Device ", click on Scan Device, find the corresponding device, and click on Connect Pairing Bind

1. Before pairing, ensure that the watch's battery level is above 20% to avoid pairing due to insufficient battery power fail
2. During pairing connection, ensure that the Bluetooth of the phone is turned on, the call audio of the watch, and the media audio are enabled open
3. To turn off call audio and media audio, click on the phone icon to turn it on and off
4. If the watch is not connected to the mobile app for a long time or if the power is cut off for too long, it may result in inaccurate time, Need to synchronize apps
5. View watch product information, drop down and click on the device information option to enter the information view product information

Bluetooth data transmission

When the watch is connected to the mobile app "GloryFit", it will instantly synchronize data such as weather, notification messages, sports and health data with the mobile app through Bluetooth. After disconnecting or turning off Bluetooth, these data will not be synchronized

5,Simple explanation and display of commonly used functions

Dial selection: Press and hold for 3 seconds on the main dial to enter dial mode, then slide left or right to select the dial and click Select to exit viewing;

APP download: Scan the QR code in the manual to download the APP

Bluetooth call/Bluetooth music/voice assistant usage: To use these three functions, you need to pair and connect a watch with the mobile app "GloryFit", and also connect to "audio Bluetooth". To use these three functions, you need to connect two Bluetooth devices simultaneously;

Note

1. Do not disassemble, repair, or modify the product without authorization.
2. Do not violently collide with the product to avoid damage.
3. Please avoid using in strong magnetic fields, direct sunlight, or high temperature environments.
4. This product is not intended for disease diagnosis, treatment, or prevention purposes.
5. Please avoid wearing the watch strap too tightly and keep the contact area between the watch and the skin clean.
6. Children should use this product under the guidance of their parents to avoid harm.

Common problem handling

The watch cannot be turned on

1. Please hold the power button for more than 3 seconds
2. The battery may be too low, please charge it in a timely manner。

Bluetooth not connected or unable to connect

1. Please try restarting the watch and reconnecting.

2. Please try restarting your phone's Bluetooth and connecting again.
3. Do not connect your phone to other Bluetooth devices at the same time.
4. After the watch is connected, it will go to sleep when not in use; When not automatically connected to the watch after hibernation, the mobile app "GloryFit" needs to be opened and refreshed to automatically connect.
5. When the watch audio Bluetooth is not automatically connected, please go to Phone - Phone Settings - Bluetooth - Click to save the device "Watch" and connect to pair it.

Inaccurate measurement of heart rate/blood pressure/blood oxygen

1. Generally, it is caused by poor contact between the sensor of the watch and the human body during measurement.
2. Please pay attention to the full contact between the sensor and the wrist during measurement.
3. Please keep your body stationary and keep your watch close to your wrist during measurement

Insufficient accuracy of sleep data

1. Sleep monitoring simulates a person's natural state of falling asleep and waking up, and requires normal wearing.
2. Wearing too late or sleeping may cause errors.
3. Sleep monitoring from 6pm to 12pm the next day

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception,

which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction