Fine intelli

User Manual

Fineintelli Smart heart rate armband

Parts list

Belts×2   Main device×1   User manual×1

Note: In order to promote energy saving and environmental protection, the wireless charging base is not provided. The wireless charging base for mobile phone can charge this heart rate armband. If necessary, you can also buy a special wireless charging base from Fineintelli.

Usage method

Turn on: Turn on automatically when the device is worn properly. It is recommended to wear on the upper arm or forearm, adjust the tightness to keep it close to the skin, the flash light indicates that it has been turned on.

Turn off: Remove the device and automatically turn off, please wipe the heart rate armband after use to avoid sweating affect shutdown sensing.
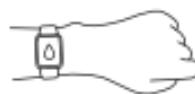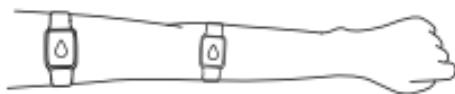
Wireless charging

Put the armband upside down on the wireless charging base and charge it automatically, as shown in the figure:

Connect mobile APP(Two devices can be connected simultaneously)

1.Turn on Bluetooth on mobile phone.
2.Find the heart rate sensor settings on the sports and fitness App.
3.Find the Bluetooth name of heart rate armband (FAR0-xxxxxx, xxxxxx is the ID) and click connect.

Connect fitness devices (Compatible with Bluetooth)

1.Turn on Bluetooth.
2.Search for the armband and connect via Bluetooth name.

Light indication

1.When charging, the LED light flashes green. After full charge the LED will show green continuously.
2.When the battery is low, the red light flashes three times, indicating that the battery is less than 20%. Please charge it in time.
3.When the device is turned on, the LED light flashes blue. When the heart rate is recognized, it will follow the heart rate zones indication as show below:

Heart rate zones	Exercise intensity	RGB color
First (<60%MHR)	recover, warm-up	🔵
Second (60%~70%MHR)	aerobic, endurance	🟢
Third (70%~80%MHR)	rhythm, enhance	🟠
Fourth (80%~90%MHR)	threshold, elevate	🟣
Fifth (90%~100%MHR)	anaerobic, warning	🔴

Note: The heart rate zones are calculated according to the maximum heart rate (MHR) (MHR reference formula: 220 - age) .
　　　The default MHR is 190, which can be set in the Fineintelli App or Fineintelli Advanced smart bike.

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

Make life better!