

FCC ID:2BDNA-TNMS-ELE**Portable device**

According to §15.247(e)(i) and §1.1307(b)(1), systems operating under the provisions of this section shall be operated in a manner that ensures that the public is not exposed to radio frequency energy level in excess of the Commission's guidelines.

According to KDB447498 D01 General RF Exposure Guidance V06

The 1-g SAR and 10-g SAR test exclusion thresholds for 100 MHz to 6 GHz at test separation distances \leq 50 mm are determined by:

$[(\text{max. power of channel, including tune-up tolerance, mW}) / (\text{min. test separation distance, mm})] \cdot [\sqrt{f(\text{GHz})}] \leq 3.0 \text{ for 1-g SAR and } \leq 7.5 \text{ for 10-g extremity SAR, where:}$

- $f(\text{GHz})$ is the RF channel transmit frequency in GHz
- Power and distance are rounded to the nearest mW and mm before calculation
- The result is rounded to one decimal place for comparison

When the minimum test separation distance is < 5 mm, a distance of 5 mm is applied to determine SAR test exclusion.

BLE:1M

Modulation	Channel Freq. (GHz)	Conducted power (dBm)	Conducted power (mW)	Tune-up power (dBm)	Max tune-up power (dBm)	Max tune-up power (mW)	Distance (mm)	Result calculation	SAR Exclusion threshold	SAR test exclusion
GFSK	2.402	5.964	3.95	5 \pm 1	6.00	3.98	<5	1.23400	3.00	YES
	2.44	6.536	4.50	6 \pm 1	7.00	5.01	<5	1.56576	3.00	YES
	2.480	6.871	4.87	6 \pm 1	7.00	5.01	<5	1.57854	3.00	YES

BLE:2M

Modulation	Channel Freq. (GHz)	Conducted power (dBm)	Conducted power (mW)	Tune-up power (dBm)	Max tune-up power (dBm)	Max tune-up power (mW)	Distance (mm)	Result calculation	SAR Exclusion threshold	SAR test exclusion
GFSK	2.402	5.962	3.95	5 \pm 1	6.00	3.98	<5	1.23400	3.00	YES
	2.44	6.536	4.50	6 \pm 1	7.00	5.01	<5	1.56576	3.00	YES
	2.480	6.874	4.87	6 \pm 1	7.00	5.01	<5	1.57854	3.00	YES

LoRa:

Modulation	Channel Freq. (GHz)	Conducted power (dBm)	Conducted power (mW)	Tune-up power (dBm)	Max tune-up power (dBm)	Max tune-up power (mW)	Distance (mm)	Result calculation	SAR Exclusion threshold	SAR test exclusion
LoRa/(G)FSK	0.915	-12.58	0.06	-12 \pm 1	-11.00	0.08	<5	0.01520	3.00	YES

Note: $\text{dbm} = \text{dbuv/m} - 95.2 - 2.15 = 87.27 - 95.2 - 2.15 = -10.08 \text{ dBm (ERP)}$, so the conducted peak power = $-10.08 - 2.5 = -12.58 \text{ dBm}$

Conclusion:

For the max result : BLE+ LoRa: $\sum \text{MPE Ratio} = 1.57854/3 + 0.01520/3 = 0.5312 \leq \text{FCC Limit 3.0 for 1g SAR.}$