

Smart watch manual

T3 Mini

Adapt to platform requirements:

Android 5.0 and above mobile phones

IOS 9.0 and above mobile phones

Support Bluetooth BT 5.4

APP download method:

1. IOS/Android phone users: scan the above QR code to download and install the application.
2. Android: Search for "laxasfit" through the software application store to download and install the application.
3. Apple: Search for "laxasfit" through the App Store to download and install the app.



Initial use

1. To ensure that the watch is used normally, please charge it first.
2. The wireless charging magnetic suction cup with the power connected is aligned to the back of the watch.



Connection between watch and APP

1. All permissions during the APP installation process are agreed. You must connect the APP and the mobile phone to your watch to your phone to achieve all functions.

2. APP connection method:

Open the APP and mobile phone Bluetooth, and the APP reminds you to enable notification point to confirm. Click Add Device, search the device name and click Connect to connect to the watch device.

3. Mobile Bluetooth connection:

You must turn on Bluetooth on the watch, enter the Bluetooth phone, and search for the Bluetooth device with the model name to click Connect to pair.

4. Simple way to deal with common Bluetooth problems: Since the Bluetooth protocols of various mobile phone brands are not unified, sometimes the connection between the mobile phone and the Bluetooth watch is unstable. You can turn off the Bluetooth phone and reconnect it once, or restore the watch to factory settings. If the watch crashes, you can hold the key to turn on for 10 seconds to restart the watch.

5. How to identify the successful Bluetooth connection: The Bluetooth icon in the upper left corner of the main lane is an oval, which means the Bluetooth connection is successful. Click to find the phone with the watch or enter the APP to find the watch. If there is a vibration, it means the APP connection is successful. If the watch enters the dial pad and makes a call, it means that the voice Bluetooth connection is successful.

6. If the watch is called, QQ WeChat does not have notification reminders.

You need to set the phone - notification settings. Open the corresponding application and open the notification application before you can receive information notifications.

Watch operating instructions:

1. Power button: Wake up/turn off the screen, Long press to turn on/off
2. Clock interface: Slide left or right to switch between card functions or smart stacks; slide up or down to directly enter the quick menu or message notifications.



Watch function introduction

Standby interface	enter the standby interface.
Dial pad	connect to the mobile phone to dial out via Bluetooth, and you can make a call on the watch side.
Contact	After the bracelet is successfully connected to the APP, you can add a contact in the APP. After the contact is successfully added, the phone book on the bracelet will be displayed synchronously. Click the contact in the phone book on the bracelet to make a call (Note: The bracelet needs Connect mobile phone Bluetooth).
Call record	can display the call record of the wristband, click the phone number to dial.
Information	The content of the message push can be displayed, such as: QQ, WeChat, etc. (The system above IOS12 will block SMS reminders by default).
movement	Enter the sports mode (running, rope skipping, cycling, mountain climbing) selection interface, click again to start the data monitoring of the corresponding sports mode: exercise time, distance, calories burned and heart rate data;
sports record	record all exercise data
Pedometer	Calculate your step count data for the day, clear the data at 00:00 in the morning, and view it in the APP.
Sleep monitoring	Turn on sleep detection to monitor the quality of sleep while sleeping.
Sedentary reminder	Set the sedentary time, the bracelet will vibrate when the time is up, and the interface will display a reminder.
Heart rate	Put the watch close to your wrist, and the best place to wear it is on the upper arm of the wrist bone. The real-time heart rate can be measured. The normal value of the average person is 60-100 beats/min.
Style	You can set and change the UI style.
About	Display the MAC serial code, Bluetooth name, and version number of this device.
Brightness	can set the brightness size and backlight off time.
QR code	QR code downloaded by mobile APP.

Watch function introduction

Reset	Let your device reset and clear data, such as pedometer sleep, etc.
Alarm bell	You can set a custom alarm clock on the APP, and the watch will vibrate to remind you at the point.
Weather	Display the current weather temperature in degrees.
Language	After connecting to the APP, you can set the language on the APP side, and the language can be synchronized to the watch after setting; or switch the language on the watch side that is. It will also be synchronized to the APP side.
Dial push	enter the APP end dial function, you can view my dial and local dial; you can also push DIY dials and dial mails to the watch end.
rest-screen clock	After turning on the rest clock, the screen pops up with the off clock.
casual game	Racing Games
Blood pressure	Put the watch close to your wrist, the best place to wear it is the wrist bone above the arm, you can measure the real-time blood pressure, adult diastolic blood pressure: 60-80 (mmHg) adult systolic blood pressure: 100-120 (mmHg).
Blood oxygen monitoring	The watch is tightly attached to the wrist, and the best wearing position is on the wrist bone and above the arm. The real-time blood oxygen value can be measured. The normal range of the value is generally 95% to 100%.
Bluetooth camera	When the phone is not locked, when the app interface is opened, the watch enters the Bluetooth camera, the phone will automatically pop up the camera interface, shake the watch to take a photo, the phone will take a photo and store the photo on the phone; Or open the APP, enter the remote control selfie, the phone will pop up the camera interface, and then shake the watch will take pictures. According to
Bluetooth music	control to play music in the phone.
Stopwatch	start stopwatch timing and end timing.
Settings	You can set to turn on or off the vibration and raise the wrist to brighten the screen.
Menstrual reminder	Menstrual period reminders for women

Notes on using:

1. It is not suitable to wear it when bathing or swimming.
2. Please connect the watch when synchronizing data.
3. Use the included charging cable to charge.
4. Do not expose the watch to places with high moisture, extremely high temperature or extremely low for a long time.

Watch maintenance:

1. Do not scratch the sensor and protect it from damage.
 2. Use a wet cloth to wipe the surface of the watch and use gentle soapy water to remove oil or dust.
 3. Do not expose the watch to an environment with strong chemicals, such as gasoline, cleaning solvents, propanol, alcohol or insect repellents. Chemicals will damage the sealing and shell surface of the watch.
 4. Avoid your watch suffering from strong impacts and extremely high temperature exposure to the sun.
 5. This product does not support IP68-level waterproofing, and does not support wearing rain, washing hands, swimming, or wearing hot showers or saunas, and cannot prevent water vapor.
- If the watch is damaged due to failure to use as directed, the company does not provide a free warranty.

Frequently Asked Questions:

1. Can't find the watch?

Answer: Because the Bluetooth radio of the watch has not been searched by the mobile phone, please make sure that the watch is in power and activated state and is not connected by other mobile phones to close the watch and search again. If it is still invalid, turn off the Bluetooth phone for 20 seconds and turn on Bluetooth again.

2. Do you have to keep turning on the Bluetooth connection? Will there be data if it is turned off?

Answer: Before synchronized data, the exercise and sleep data will be retained on the watch host.

When the mobile phone and the watch Bluetooth are successfully connected, the watch will automatically upload data to the mobile phone, but the data stored by the watch is limited and can only store Bluetooth data for about one week. After the space is full, the earliest data will be automatically overwritten to generate the latest data. Therefore, please synchronize the watch to the mobile phone in time. Note: If the call or SMS reminder function is enabled, the Bluetooth needs to be kept connected, and the alarm clock reminder supports offline.

3. What should I do if the watch cannot be charged?

a. Please confirm whether the direction of the charger is correct and whether the charger contacts the watch are in good condition. b. When the power of the watch is less than 3.6V, there will be a period of pre-charge time for a battery. Note: It will immediately enter the charging state after plugging in the charger. If there is no display, it will take 3-5 minutes to enter the charging state.

4. Will long-term wear of the watch cause harm to the human body? Answer: The radiation of the device is much lower than the FCC standard in the United States, and it can be basically negligible. Long-term wearing will not cause radiation damage to the human body.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure statement

The device has been evaluatec to meel general RF exposure requirement. The device can be used in portable exposure condition without restriction.