

# Smart watch manual



## FCC Statement

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help. The device has been evaluated to meet general RF exposure requirement

The device can be used in portable exposure condition without restriction

# Product Introduction

Please read this instruction manual carefully before using the product

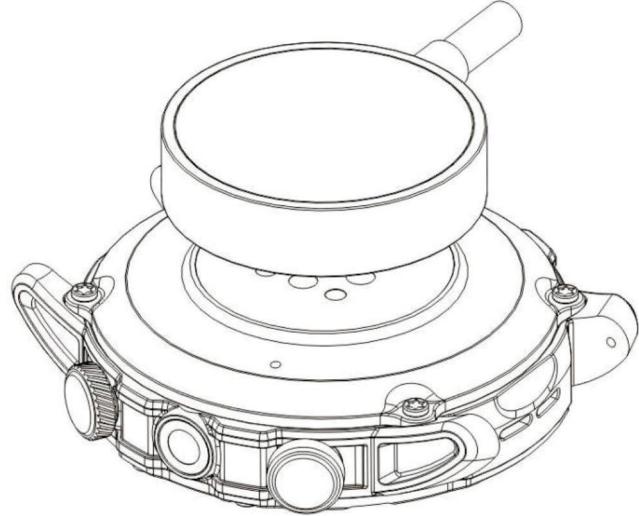


## Button operation

Key	Operate	Function
Power button	Press and hold	Power on/off/restart
	Click	Wake up/turn off the screen/return to the main interface
	Double-click	Open the multitasking interface
	Revolve	Main interface: Rotate to switch watch faces/scroll through the app list and interface
	Force restart	Press and hold the power button for more than 10 seconds
Function keys	Click	Open the app list/return to the previous level
	Double-click	Toggle the menu style
	Press and hold	Turn on the volume bar
Function key: Power key	Press at the same time	Screenshot
<p>❗ In the case of a crash or stuck, press and hold the power button for more than 10 seconds, and the machine will force restart.</p>		

## Charging instructions

- a. Align the charging area of the watch with the front of the charging cradle, and the charging dock will automatically attach until the charging interface appears on the watch interface
- b. Do not charge with a power adapter with an output current of more than 1A



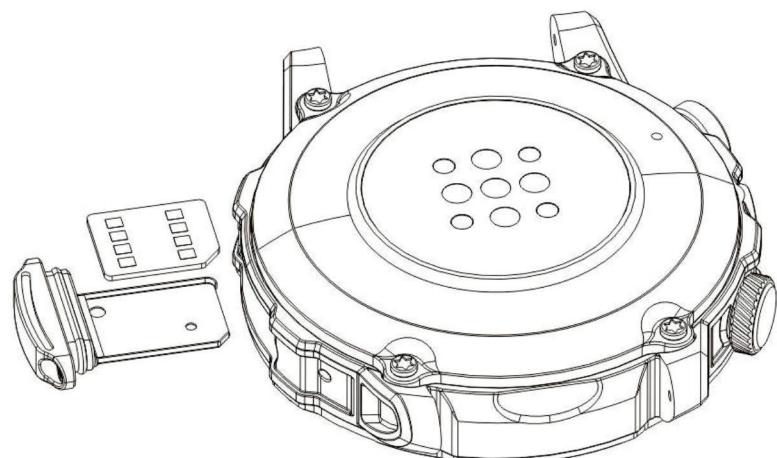
① If the battery is too low, it will not turn on, please charge it in time.

## SIM Card mounting

Use a standard Nano-SIM card to ensure that the metal chip surface of the SIM card is not stained or oxidized. To put the SIM card in the direction shown in the diagram, align the notch of the SIM card with the notch of the card slot, and put the SIM card into the card slot.

Once in place, align the card slot with the cutout on the watch, and then push the card slot into the watch.

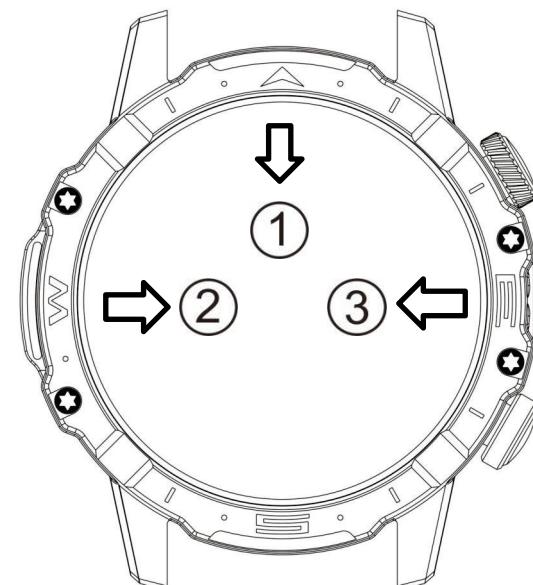
② After inserting the SIM card, you need to press and hold the power button to restart the watch to read the SIM.



The card chip is inserted face up into the card slot

## Directions for use

1. Swipe down from top to bottom on the watch face homepage: Open Notifications & Status Bar •
2. Swipe from right to left on the watch face home page: Toggle the function card
3. Swipe from left to right on the watch face Home page: Open the call menu



# App installation and uninstallation

## App installation

1. Find the app market in the watch function menu, and download, install and use it directly

## App uninstalls

1. Find the application you want to uninstall in the menu interface, click the application icon and press and hold, click the application information, enter the application information and select uninstall

2. Find Settings in the function menu, find "Apps & Notifications" in the settings, view all apps, and find the corresponding software to uninstall it



App Marketplace



App download



App uninstalls

## 状态栏

- ☀ Brightness: Swipe to adjust the screen brightness
- 🔕 Do Not Disturb: Features that allow you to block incoming calls
- WIFI: Display the WIFI switch status, long press and hold to jump to the setting
- Bluetooth: Displays the Bluetooth switch status
- Data: The flow switch is on.
- Smart power-saving mode: Toggle between multiple power-saving modes
- Airplane Mode: Tapping will launch Airplane Mode
- Location information: Precise positioning can be enabled after it is turned on
- Volume: The volume can be adjusted
- Stretch: The ratio of the display screen



- ⌚ Switch: Switch between round screen and square screen
- ⚡ This operation will optimize memory and storage, close some running apps during the operation, and clean up video app data
- ▣ One-key drainage: use volume frequency vibration to achieve the effect of drainage

## APP Installation and connection

- 1).Scan the QR code on the right to download and install
- 2).Download APP through Bluetooth assistant Installation  
: Scan the QR code to download the APP



## Download and install the "HiSportPro" AP

### Introduction to watch faces

**Main interface switch:** Press and hold for 3 seconds on the main interface to enter the watch face selection interface, swipe left and right to select the main interface, and press and hold to confirm



More watch faces: Go to the watch faces market - choose to download the watch face you want

Specific Absorption Rate (SAR) information:

This Smart Watch meets the government's requirements for exposure to radio waves. The guidelines are based on standards that were developed by independent scientific organizations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons regardless of age or health. FCC RF Exposure Information and Statement the SAR limit of USA (FCC) is 1.6 W/kg averaged over one gram of tissue. Device types: Tablet has also been tested against this SAR limit. This device was tested for typical body-worn operations with the back of the device kept **0mm** from the body. To maintain compliance with FCC RF exposure requirements, use accessories that maintain an **0mm** separation distance between the user's body and the back of the device. The use of belt clips, holsters and similar accessories should not contain metallic components in its assembly. The use of accessories that do not satisfy these requirements may not comply with FCC RF exposure requirements, and should be avoided.

Informations sur le taux d'absorption spécifique (DAS) :

Cette Montre intelligente répond aux exigences du gouvernement en matière d'exposition aux ondes radio. Les lignes directrices sont basées sur des normes qui ont été élaborées par des organisations scientifiques indépendantes grâce à une évaluation périodique et approfondie d'études scientifiques. Les normes incluent une marge de sécurité substantielle conçue pour assurer la sécurité de toutes les personnes, quel que soit leur âge ou leur santé. Informations et déclaration sur l'exposition aux RF de la FCC, la limite SAR des États-Unis

(FCC) est de 1,6 W/kg en moyenne sur un gramme de tissu. Types d'appareils : la tablette a également été testée par rapport à cette limite SAR. Cet appareil a été testé pour des opérations typiques portées sur le corps avec l'arrière du téléphone à 0 mm du corps. Pour maintenir la conformité aux exigences d'exposition RF de la FCC, utilisez des accessoires qui maintiennent une distance de séparation de 0 mm entre le corps de l'utilisateur et l'arrière du téléphone. L'utilisation de clips de ceinture, d'étuis et d'accessoires similaires ne doit pas contenir de composants métalliques dans son assemblage. L'utilisation d'accessoires qui ne satisfont pas à ces exigences peut ne pas être conforme aux exigences d'exposition RF de la FCC et doit être évitée.