

EZON 宜准

蓝牙光心率臂带 使用说明书



C022-2

包装清单

1.臂带主机	1个
2.绑带	1条
3.磁吸充电线	1条
4.说明书	1份
5.包装盒	1个

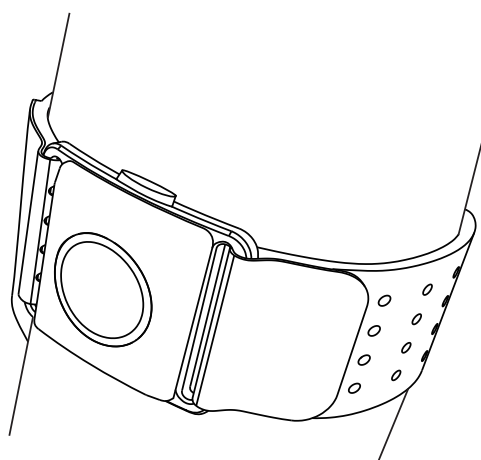
注意:本款产品不带离线数据存储功能，使用本款产品必须下载手机APP与臂带配对绑定，运动过程中与手机保持连接才能记录心率。

产品简介

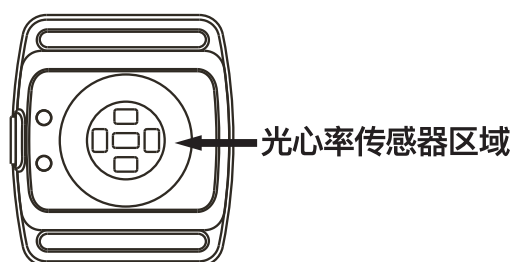
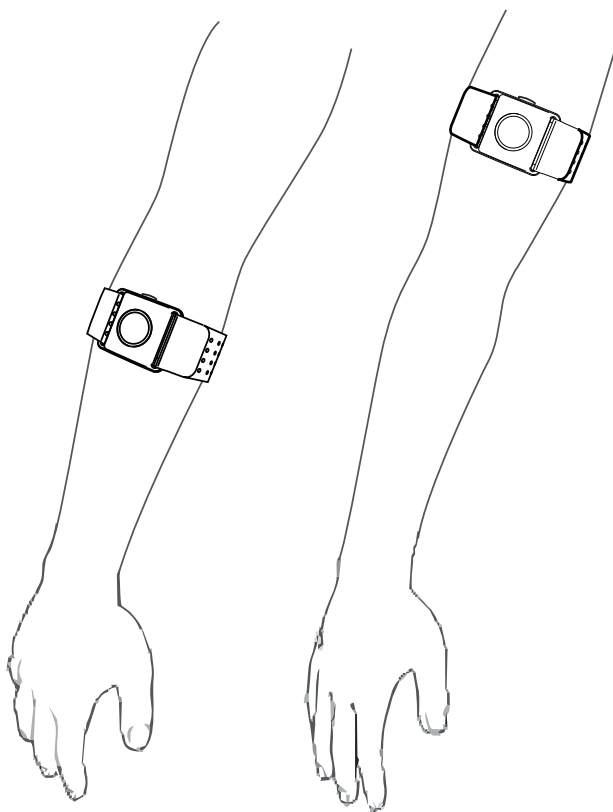
感谢您购买EZON心率臂带，在使用之前请详细阅读说明书。了解该产品的功能，操作方法及注意事项。该产品可同时支持蓝牙和ANT+协议，实时监测运动心率，并将数据无线发送至手机APP、运动手表、码表等设备，记录您的每一次运动心率。

佩戴步骤

1. 佩戴臂带，使臂带下面的光心率传感器区域紧贴在您的手臂皮肤上，但不要太紧以免影响血液流动。



2. 将臂带戴在您的前臂或上臂，而非手腕上。



臂带与手机APP配对

扫描右侧二维码即可下载。

设备兼容性：支持蓝牙4.0及以上的苹果手机和安卓手机。

系统兼容性：支持iOS 8.0及以上，Android 4.4及以上的手机系统。



- 1.请确保手机蓝牙已打开；
- 2.佩戴好臂带，按住侧面按键3秒，直至臂带LED灯闪烁，表示设备已开机；
- 3.打开APP，点击”设备”进入添加设备页面，然后点击右上角”+”可搜索设备；
- 4.点击搜索到的设备”EZON_HR”，配对绑定。

固件更新

在新版本时，APP固件栏将会有更新提示，请您及时更新。

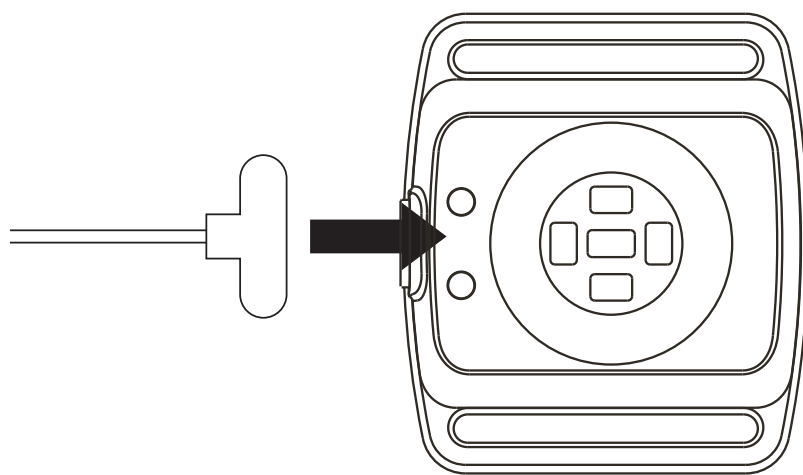


更新固件过程中，蓝灯常亮。为避免更新失败等异常现象发生，请您确保电量充足，以及臂带和手机应保持至少1米以内。升级过程中，不要操作按键，大约20秒自动完成升级，升级成功后，蓝灯常亮会切换到其他颜色灯闪烁。

低电提醒

当按键开关机时，若绿灯连闪三下，表示设备当前电量充足可以继续使用；若红灯连闪三下，表示当前设备电量偏低需要充电。

充电



用包装中附带的磁吸充电器为设备充电。一端吸附在接触点上，将充电线USB端插入电脑USB端口或USB电源壁式插座即可充电。

充电过程中红灯长亮，充电完成后绿灯长亮。

充电过程中可以更新固件。



请勿将设备放在极冷(低于 $-10^{\circ}\text{C}/14^{\circ}\text{F}$)或极热(超过 $50^{\circ}\text{C}/120^{\circ}\text{F}$)的温度条件下，或在充电触点潮湿时充电。



在充电前，请确保设备或适配器连接件上没有水分、毛发、灰尘或污物。轻轻擦除任何灰尘和污物。请勿使用任何尖锐的工具进行清洁以避免划伤。

开机

1. 按住侧面按键3秒使臂带开机，通过观察开机闪绿灯或红灯判断臂带是否需要充电，开机后处于待机状态，绿灯约5秒/闪，佩戴好臂带设备后会自动开始监测心率。

2. 在心率模式下：

- ① 蓝牙开启，可以通过手机APP连接配对；
- ② 监测到心率值时，设备会显示当前心率状态：

心率区间	显示
热身	绿灯闪烁
燃脂	蓝灯闪烁
心肺	橙灯闪烁
肌力	紫灯闪烁
极限	红灯闪烁

您可以通过观察心率区间显示状态判断当前所处的运动状态。了解目前自己的心率状态可以防止过度训练，降低受伤风险。

关机

结束运动后，按住侧面按键3秒使臂带关机，关机时可通过观察闪绿灯或红灯来判断当前臂带是否需要充电。臂带关机后，蓝牙和ANT+心率监测关闭，无法与APP连接，需要按键开机后方可正常使用。

结束运动后，请将臂带关机，避免造成不必要的电量的浪费。



为确保准确测得心率，请您将设备紧贴佩戴在前臂或上臂上，且传感器必须与您的皮肤保持接触。

心率臂带与各APP的配对绑定

心率臂带与“宜准运动”APP配对绑定

打开宜准APP“宜准运动”,点击“设备”——点击右上角“+”搜索并搜索到蓝牙“C022 Pro”——点击“C022 Pro”右边“+”完成绑定设备。

绑定完成后,进入“宜准运动”运动界面自动搜索连接心率。

心率臂带与多个第三方APP兼容配对绑定

例如:Wahoo、Keep、咕咚、Strava、Joyrun(悦跑圈)等。

心率臂带与第三方APP配对示例

1.Wahoo

打开APP“Wahoo”,点击首页“配对或关联传感器”或“编辑”——“添加新传感器”——“快速配对一个新传感器”——搜索到蓝牙“C022 Pro”点击连接——“保存传感器”——“完成”——“返回”。

心率臂带与Wahoo完成绑定设备。

2.Joyrun(悦跑圈)

打开APP“Joyrun (悦跑圈)”,点击首页“Run”——点击右上角“ ”——“连接心率设备”——搜索到蓝牙“C022 Pro”点击连接——返回运动界面。

心率臂带与Joyrun (悦跑圈) 完成绑定设备。

3.Keep

打开APP“Keep”,点击首页左上角(个人头像)——找到“智能硬件”——“添加设备”——“其他智能设备”——“其他心率设备”——“搜索心率设备”——搜索到蓝牙“C022 Pro”点击连接——完成——返回运动界面。

心率臂带与Keep完成绑定设备

心率臂带与多个第三方支持ANT+设备兼容配对绑定

例如:GARMIN手表和骑行设备等。

心率带与支持ANT+设备配对示例

1.GARMIN

“手表时间界面”— 菜单界面选择“Settings”— 点击“Sensors & Accessories”— 点击“Add New”— 选择“Search all”— 搜索到“HR-XXXXX”选择连接，连接成功后，传感器的状态会从搜寻中变成已连接。

心率带与GARMIN支持无线ANT+设备完成配对。

2.COROS

“手表时间界面”— 设置菜单界面选择“配件”— 选择“添加ANT+”—搜索到“C022 Pro”选择连接 —“已连接”。

心率带与COROS支持无线ANT+设备完成配对。

设备连接说明

- 1.使用手机APP时需要在APP内搜索心率臂带，通过手机系统蓝牙功能搜索无效。
- 2.使用蓝牙协议可同时被3个设备连接。
- 3.使用ANT+协议连接时可同时被多个设备连接。
- 4.心率带被取下后静置30秒自动进入休眠状态以节省电量。

保养

保持设备清洁：

在每次训练后使用一块柔软的毛巾将设备上的灰尘或尘土擦除。

保持设备与适配器充电触点清洁，以确保充电顺利：

1.在充电前，确保设备或适配器充电触点上没有水分、毛发、灰尘或污垢。轻轻擦除任何尘土和污物。请勿使用任何尖锐的工具进行清洁以避免划伤。

2.保持设备触点清洁，可有效地保护其不出现氧化以及其他由灰尘和咸水(如汗水或海水)可能导致的损坏。当充电触点潮湿或有汗水时请勿对设备进行充电。

保养光心率传感器：

始终确保光学传感器区域清洁且无刮痕。不过，如有小刮痕，这些刮痕应不影响进行光心率测量。

存放：

将设备放在凉爽干燥的地方。请勿在潮湿环境、不透气材料(塑料袋或运动包)及导电材料(湿毛巾)中存放。

请勿让设备长时间暴露在直射阳光下，如留在汽车中。

建议在存放设备时使其处于满电的状态。在存放时电池会缓慢流失电量。如果您将存放设备数月，建议在几个月后对其重新充电。这将延长电池使用寿命。

技术规格

续航时间：	最多支持24小时持续训练
心率测量范围：	40bpm ~ 220bpm
工作温度：	-10°C ~ 50°C / 14°F~122°F
电池型号：	锂聚合物充电电池
防水等级：	30米

注意事项

◆ 责任限制

本商品虽提供心率测量，但非医疗设备，若身体不适，锻炼前请先咨询医生。本手册中的内容均“按照现状”提供，除非适用法要求，福建宜准信息科技有限公司对本手册中的所有内容不提供任何明示或暗示的保证，包括但不限于适销性或者适用于某一特定目的的保证。

在适用法律允许的范围内，福建宜准信息科技有限公司在任何情况下，都不对因使用本手册相关内容及本手册描述的产品而产生的任何特殊的、附带的、间接的、继发性的损害进行赔偿，也不对任何利润、数据、商誉或预期节约的损失进行赔偿。

◆ 数据安全

使用非授权第三方软件升级设备的固件和系统，可能存在设备无法使用或者泄漏您个人信息等安全风险。建议您使用在线升级。

◆ 电子设备

有明文规定禁止使用无线设备的场所，请勿使用本

设备，否则会干扰其它电子设备或导致其它危险。

◆ 对医疗设备的影响

在明文规定禁止使用无线设备的医疗和保健场所，请遵守该场所的规定，并请勿使用本设备。

设备产生的无线电波可能会影响植入式医疗设备或个人医用设备的正常工作，如起搏器、植入耳蜗、助听器等。

在使用本设备时，请与植入的医疗设备（如起搏器、植入耳蜗等）保持至少15厘米的距离。

◆ 易燃易爆区域

在加油站（维修站）或靠近易燃物品、化学制剂等任何易燃易爆区域，请勿使用本设备，并遵守所有图形或文字的指示。在燃油或化学制剂存放和运输区或易爆场所内或周围，设备可能引起爆炸或起火。

请勿将设备及其配件与易燃液体、气体或易爆物品放在同一箱子中存放或运输。

◆ 操作环境

请勿在潮湿或靠近磁场的地方使用设备，以免引起设备内部电路故障。

请勿在雷雨天气使用本设备。雷雨天气可能导致设备故障或电击危险。

请在温度0°C~50°C范围内使用本设备。当环境温度过高或过低时，可能会引起设备故障。

请勿将设备放置在阳光直射的地方，如汽车仪表盘或窗台处。

请勿将设备靠近热源或裸露的火源，如电暖器、微波炉、烤箱、热水器、炉火、蜡烛或其他可能产生高温的地方。

请勿让儿童或宠物吞咬设备或其配件，以免对其造成伤害或导致设备故障或爆炸。

◆ 儿童健康

本设备及其配件可能包含一些小零件，请将设备及其配件放置在儿童接触不到的地方。儿童可能在无意之中损坏本设备及其配件，或吞下小零件导致窒息或其他危险。

本设备并非玩具，儿童应在成人监护下使用设备。

◆ 配件要求

使用未经认可或不兼容的电源、充电器或电池，可能引发火灾、爆炸或其他危险。

◆ 电池安全

如果本设备配有不可拆卸的内置电池，请勿自行更换电池，以免损坏电池或设备。如需更换电池，请找有资质的维修点。

请勿将金属物导体与电池两极对接，或接触电池的端点，以免导致电池短路，以及因电池过热而引起的烧伤等身体伤害。

请勿将电池暴露在高温处或发热设备的周围，如日照、取暖器、微波炉、烤箱或热水器等。电池过热可能引起爆炸。

请勿拆解或改装电池、插入异物、或浸入水或其它

液体中，以免引起电池漏液、过热、起火或爆炸。

如果电池漏液，请勿使皮肤或眼睛接触到漏出的液体。若接触到皮肤或眼睛上，请立即用清水冲洗，并到医院进行医疗处理。

请勿把电池扔到火里，否则会导致电池起火和爆炸。

请按当地规定处理电池，不可将电池作为生活垃圾处理。若电池处置不当可能会导致电池爆炸。

请勿让儿童或宠物吞咬电池，以免对其造成伤害或导致电池爆炸。

请勿跌落、挤压或穿刺电池。避免让电池遭受外部大的压力，从而导致电池内部短路和过热。

请勿使用已经损坏的电池。

有害物质的名称及含量表

有害物质 部件名称	铅 (Pb)	汞 (Hg)	镉 (Cd)	六价铬 (Cr(VI))	多溴联苯 (PBB)	多溴二苯醚 (PBDE)
表壳	○	○	○	○	○	○
不锈钢件	○	○	○	○	○	○
铜合金件	✕	○	○	○	○	○
PCB	○	○	○	○	○	○
电子元器件	✕	○	○	○	○	○
LCD	○	○	○	○	○	○
玻璃镜	○	○	○	○	○	○
橡胶带	○	○	○	○	○	○
松紧带	○	○	○	○	○	○
防水圈	○	○	○	○	○	○
其它塑胶件	○	○	○	○	○	○
导线、充电线	○	○	○	○	○	○
包装印刷件	○	○	○	○	○	○

表格中的部件为我公司各产品的主要部件汇总，本产品所含部件以产品实际配置为准。

表格中未列出的本产品其它部件及其均质材料均不含有害物质。

表格中含有有害物质的部件及其均质材料，均符合欧盟RoHS对有害物质限制使用的严格要求，请放心使用。

表格依据SJ/T 11364的规定编制。

○ ：表示该有害物质在该部件所有均质材料中的含量在GB/T 26572规定的限量要求以下。

✕ ：表示该有害物质至少在该部件的某一均质材料中的含量超出GB/T 26572规定的限量要求。

温馨提示：

为了保护环境，本产品或其中的部件报废后，请将其与生活垃圾分开，送至有资质的回收站点，由回收处理站点按照国家相关规定进行分类拆解、回收再利用。

有关本产品的回收处理的详细信息，请咨询当地政府、废品处理机构等。

三包条款

一：消费者购买EZON心率臂带，销售商必须完整填写本保证书并盖销售单位公章，消费者应妥善保管本保证书。凭填写完整并盖有销售单位公章的保证书可享受一年保修服务。

二：EZON品牌保修范围

- 1、经EZON鉴定确认，心率臂带的部分出现属于制造缺陷导致不能正常使用的可以保修；
- 2、经EZON鉴定确认，心率臂带在正常环境下保管和使用，发生了非人为因素造成的问题，可以保修。

三：以下情况不属于保修服务范围

- 1、保修期满后发生损坏及故障产品；
- 2、因消费者使用、保管及维修不当造成产品损坏；
- 3、在非EZON品牌指定维修点维修造成产品损坏；
- 4、不能提供填写完整并有销售商盖章的保证书；
- 5、因火灾及其他自然灾害等不可抗力而导致跳绳损坏。

四：关于产品退换货的规定

消费者需要办理退换货时，消费者需要凭购物单据及本保证书，到原购买点按照以下规定办理退货或更换同款式产品。

心率臂带自售出之日起7日内，若符合本保证书第二条1、2项所列问题，经EZON鉴定确认，消费者可以

心率臂带自售出之日起15日内，若符合本保证书第二条1、2项所列问题，经EZON鉴定确认，消费者可以选择更换同款式产品或保修。

五: 在未授权的其他个人和单位以及网络上销售的EZON品牌心率臂带，以及通过非正常渠道销售、购买的EZON品牌心率臂带，不享受EZON及由EZON授权的维修网点的保修服务。

六: 如遇质量争议，以EZON品牌对心率带质量所作的鉴定结果为准。

销售日期:

产品型号:

经销商印章

代理商印章

EZON



Bluetooth optical heart rate arm strap

Instruction manual



C022-2

Packing list

- | | | |
|----------------------------|-------|-----|
| 1. Arm strap host | ----- | 1PC |
| 2. lacing | ----- | 1PC |
| 3. Magnetic charging cable | ----- | 1PC |
| 4. Specification | ----- | 1PC |
| 5. Packing box | ----- | 1PC |

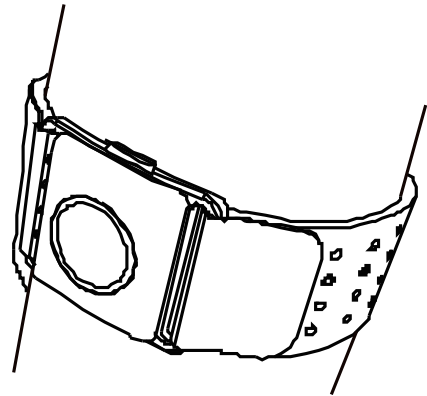
Note: The product does not have of fine data storage function. To use this product, you must download the phone APP and pair it with it, and keep the connection with the mobile phone during exercise to record the heart rate.

Product introduction

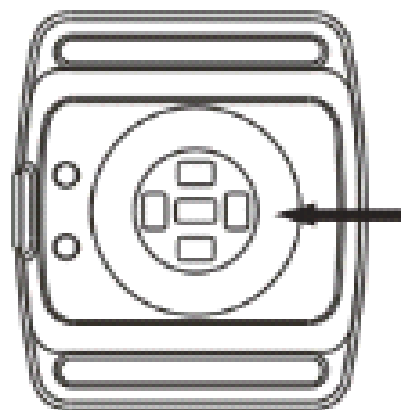
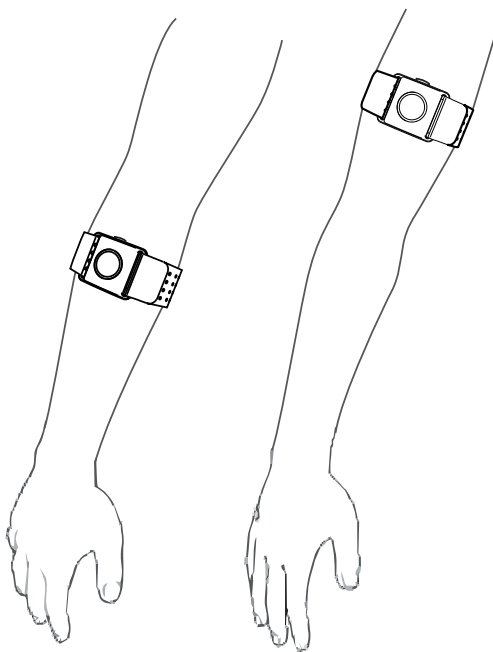
Thank you for purchasing the EZON heart rate monitor. Please read the manual carefully before use. Understand the functions, operating methods, and precautions of this product. The product supports Bluetooth 4.2 and ANT+protocol simultaneously, monitors the heart rate in real time, and sends the data wirelessly to a smart phone APP, sports watch, GPS head unit or other equipment to track and record every beat of your heart.

Wearing procedure

1. Wear the Arm strap, the optical heart rate sensor area under the arm strap is snug against the skin of your arm, but not so tight that it affects blood flow.



2. Wear the Arm strap on your forearm or upper arm, not your wrist.



Optical heart rate sensor area

The match for Arm strap and APP

Scan the dimension code on the right to download Device compatibility:
Support Bluetooth 4.0 and above of iPhone and Android cellphone. System compatibility: Support IOS 8.0 and above, Android 4.4 and above.



1. Make sure to open Bluetooth.
2. Wear the Arm strap and hold down the side button for 3 seconds until the Arm strap LED light blinks, indicating that the device is powered on.
3. Open APP, Click "Devices" to enter the Add Device page, then click "+" in the upper right corner to search for devices.
4. Click "C022 Pro" to match and bind.

Firmware update

When there is a new version, there will be an update prompt in the APP firmware column, please update it in time.

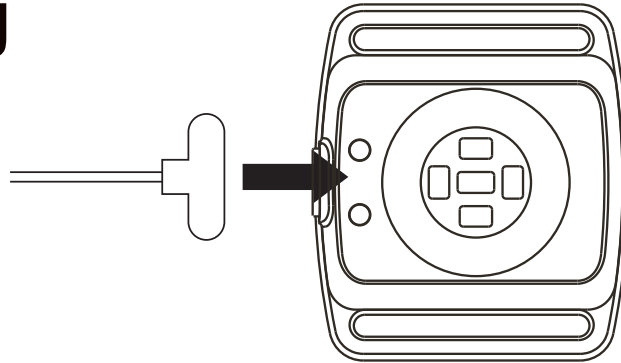


The blue light is steady on during firmware update. In order to avoid abnormal phenomena such as failure to update, please ensure that the battery is sufficient, and the Arm strap and phone should be kept within at least 1 meter. During the upgrade process, do not press the button, about 20 seconds to complete the upgrade automatically, after the upgrade is successful, the blue light will be switched to other color lights.

Low battery reminder

When the button is turned on and off, if the green light flashes three times, it means that the current power of the device is sufficient to continue to use ; If the red light flashes three times, the current device battery is low and needs to be charged.

Charging



Charge the device with the magnetic charger in the package. Attach the USB end to the contact point, plug the charging cable USB end into the computer USB end or USB power wall socket to charge.

The red light flashes during the charging process, and the green light keeps on after the charging is complete.

Firmware can be updated during charging.



Do not place the device in extremely cold (below 0 ° C / 32 ° F) or extremely hot (above 45 ° C / 113 ° F) temperatures, or charge when the charging contact is wet.



Before charging, make sure there is no moisture, hair, dust, or dirt on the device or adapter connector. Gently wipe away any dust and dirt. Do not clean with any sharp tools to avoid scratches.

Turn On

1. Press and hold the side button for 3 seconds to turn on the arm strap, Observe whether the arm strap needs to be

charged by flashing green or red light. After turning on, it will be in standby mode with green light flashing for about 5 seconds. After wearing the arm strap device, it will automatically start monitoring the charging rate.

2. In heart rate mode:

a. Turn on Bluetooth , it can be paired through the mobile APP connection.

b. When the heart rate is detected, the device displays the current heart rate status.

Heart rate interval	Display
Warm-up	Green flashing
Fat burning	Blue light flashing
Heart-lung	Orange light flashing
Muscle force	Purple light flashing
Limit	Red light flashing

You can determine the current state of exercise by observing the heart rate interval display. Knowing your current heart rate can prevent overtraining and reduce the risk of injury.

Power Off

After finishing the exercise, press and hold the side button for 3 seconds to turn off the arm strap. When turning off, you can judge whether the current arm strap needs to be charged by observing the flashing green or red light. After the arm strap is turned off, the Bluetooth and ANT+rate monitoring are turned off, the APP cannot be connected, it can be used normally only after the arm strap is turned on.

After finishing the exercise, please turn off the arm strap to avoid unnecessary power waste.



To ensure an accurate heart rate measurement, wear the device close to your forearm or upper arm, and the sensor must be in contact with your skin.

The match and bind of heart rate arm strap and all kinds of APPs

The match and bind of HRM arm strap and EZON Watch APP

Open "EZON Watch", click "+" on upper right and search for "C022 Pro"--click "+" on the right side of "C022Pro" to finish the bind. After bind, enter the sport page of "EZON Watch" to auto search and connect the heart rate. Compatible match and bind with multiple third-party APPs. For example: Wahoo, Codoon, Strava, Joyrun etc.

Example of matching with the third-party APPs

1. Wahoo

Open APP "Wahoo", click "settings"--"Add New Sensor"---"Quickly match a new sensor"--Search for "Unknown ANT+ ID" using Bluetooth and click enter. It will display "C022 Pro" save the sensor--"finish" ---"back".

Finish the bind of HRM arm strap and Wahoo.

2. Joyrun

Open APP "Joyrun", click "Run" on the first page--click "⚙️"--Heart Rate'--search "C022 Pro" and click to connect—"back".

Finish the bind of HRM arm strap and Joyrun.

3.Keep

Open APP"Keep", click "I"on the first page--click" ≡ "find" Device and Application "-" Add device" - Heart Rate'-- search"C022 Pro" and click to connect—"back" .
Finish the bind of HRM arm strap and Keep..

Paring with Smart Fitness App Strava via Bluetooth:

If you don't install Fitness App Strava in your smart phone before, kindly scan following QR code for download and installation in your smart phone:



(QR Code for App Strava)

Paring with Strava via bluetooth as following when the Stava App has been installed in your smart phone very well:

1. Ensure that Bluetooth is turned on on your smartphone.
2. Locate "Record> Tap the heart rate incon > Heart Rate Sensor". The App will search for available sensor automatically.
3. Tap your heart rate sensor to be connected successfully. Select "Done" to the record screen to show your real time heart rate for recording.

Heart rate arm strap compatible with multiple third- party ANT+devices for pairing and binding

For example: GARMIN watches and cycling equipment.
Example of pairing heart rate arm strap with ANT+ devices

1.GARMIN

"Watch time interface"-Select "Sensors and Accessorles" on themenu interface"-select "Add New'-select "Search All" or"sensor type" -Search for "xxxxx"select connect. After successful connection, the status of the sensor will change from Search to Connected.

Heart rate arm strap and GARMIN support wireless ANT+ device pairing.

2.COROS

"Watch time interface"-Select "Accessories" in the settings menu interface -Select "Add ANT+"-Search for "XXXXX" to select a connection -"Connected",

Heart rate arm strap and COROS support wireless ANT+ device pairing.

Device Connection Instructions

1.When using a smart phone app. you need to search for the heart rate monitor inside of the app. Connecting to the monitor through the phone system's bluetooth setting is invalid.

2.When using the Bluetooth protocol, you can connect to 3 devices at the same time.

3.When using the ANT+protocol, it can be connected to by multiple devices at the same time.

Maintenance

Cleaning and Maintenance:

After training, use a soft cloth to wipe away any dust or debris from the device.

Keep the charging contacts of the device and adapter clean to ensure smooth charging:

1.Before charging, ensure that there is no moisture, hair, dust or dirt on the charging contact of the device or adapter. Gently wipe away any dust and dirt. Do not clean with any sharp tools to avoid scratches.

2. Keeping the device contacts clean can effectively protect them from oxidation and other damages that may be caused by dust and salt (such as sweat or seawater). Do not charge the device when the charging contacts are damp or sweaty.

Maintain the optical heart rate sensor

Always ensure that the optical sensor area is clean and free of scratches. However, if there are small scratches, these scratches should not affect the heart rate measurement.

Store

Put the device in a cool and dry place. Don't store in airtight materials (plastic bags or sports bags) and conductive materials (wet). Don't expose the device to direct sunlight for a long time, such as leaving it in the car.

It is recommended to store the device in a fully charged state. The battery slowly loses power during storage. If you will store the device for several months, it is recommended to recharge it after a few months. This will extend battery life.

Technical Specifications

When there is a new version, there will be an update prompt in the APP firmware column, please update it in time.

Maximum battery life: Up to 30 hours of continuous training

Sleep endurance time: Power off for up to 90 days

Heart rate meter range: 40bpm-220bpm

Operating temperature: 0°C ~ 50°C /32°F– 122°F

Battery type: Lithium polymer rechargeable battery

Waterproof: 30 meters

Attention

◆ Limitation of Liability

Although this product provides heart rate measurement, but not medical device. Please consult a doctor before exercising you feel unwell. The content of manual just describes the status, Fujian EZON.Information Technology Co.,Ltd. don't provide any promise in any way. To the extent permitted by the law of use ,Fujian EZON Information Technology Co.,Ltd. does not compensate for any damages under any circumstance, which caused by using the product or using this manual. And don't compensate for any loss of profit, data, good will or expected savings.

◆ **Data Security**

Using unauthorized third-party software to upgrade the firmware and system of the device, that may present security risks, for example the device is unavailable or the disclosure of personal information. It is recommended that the user upgrade online.

◆ **Electronic equipment**

In location where wireless device is prohibited, please do not use this device, otherwise it will interfere with other electronic devices or cause other dangers.

◆ **Impact on medical devices**

In medical and health care Settings where the use of wireless devices is prohibited, follow the rules of that location and do not use this device. The radio waves generated by the device may affect the proper functioning of implantable medical devices or personal medical devices, such as pacemakers, cochlear implants, hearing AIDS, etc. When using this device, keep at least 15 cm away from implanted medical devices (such as pacemakers, cochlear implants, etc.).

◆ **Flammable and explosive area**

Do not use this device in any flammable or explosive area at gas stations (maintenance stations) or near flammable materials, chemical agents, etc., and follow all graphic or written instructions. In or around areas where fuel or chemical agents are stored and transported or explosive sites, the equipment may cause an explosion or fire. Do not store or transport the equipment and its accessories in the same container as flammable liquids, gases, or explosive materials.

◆ **Operating environment**

Do not use the device in a place that is wet or near a magnetic

field. Otherwise, the internal circuit of the device may fail.
Do not use this device during a thunderstorm. Thunderstorms may cause device failure or electric shock.

Please use the device in the temperature range of 0°C to 50°C. When the ambient temperature is too high or too low, device faults may occur.

Do not place the device in direct sunlight, such as a car dashboard or windowsill.

Do not place the device near the place of heat sources or exposed fire sources, such as electric heaters, microwaves, ovens, water heaters, fires, candles, or other sources that may generate high temperatures

Do not allow children or pets to chew on the device or its accessories to prevent injury or device failure or explosion

◆ **Child health**

This device and its accessories may contain small parts. Keep the device and its accessories out of reach of children. Children may inadvertently damage the device and its accessories, or ingest small parts that can cause suffocation or other hazards.

This device is not a toy and children should use the device under adult supervision.

◆ **Accessories requirements**

It may cause fire, explosion or other hazards for using unapproved or incompatible power supplies, chargers or batteries.

◆ **Battery safety**

If the device is equipped with a non-removable built-in battery, do not replace the battery yourself to avoid damage to the battery or device. If you need to replace the battery, please find Qualified maintenance point.

Do not connect the metal conductor to the two poles of the battery or touch the end points of the battery. Otherwise, the battery may be short-circuited and the battery may be burned due to overheating.

Do not expose batteries to high temperatures or near heating devices, such as sunlight, heaters, microwaves, ovens, or water heaters. Overheating of the battery may cause an explosion.

Do not disassemble or modify the battery, insert foreign objects, or immerse the battery in water or other liquids to avoid battery leakage, overheating, fire or explosion.

If the battery leaks, do not expose your skin or eyes to the leaking liquid. If it comes into contact with skin or eyes, rinse immediately with water and go to hospital for medical treatment.

Do not throw the battery into the fire, otherwise it will cause the battery to catch fire and explode.

Please dispose of the battery according to local regulations, do not dispose of the battery as domestic waste. Battery explosion may occur if the battery is improperly disposed of.

Do not allow children or pets to swallow the battery to avoid causing injury or causing the battery to explode.

Do not drop, squeeze, or puncture the battery. Avoid exposing the battery to large external pressures, resulting in internal short circuits and overheating of the battery.

Do not use damaged batteries.

Hazardous Substances Content in the Watch

Unit \ HS	Pb	Hg	Cd	Cr(VI)	PBB	PBDE
Nalthislap	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watchcase	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stainless Steel	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aldary	X	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PCE	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Electronic Component	X	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
LCD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Glass	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rubber Belt	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Elastic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
O-ring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Plastic Parts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wire	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pack & Presswork	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

This is the summary table which contains main parts of our products. The watch configuration depends on the actual model. The parts and their homogeneous material of the watch which are not listed in the table contain no hazardous substances. All the parts and their homogeneous material in the watch, meet the European Union RoHS requirement, please rest assured use. The table is edited according to the regulations in SJ/T 11364.

○ means the hazardous substances content in all homogeneous material of part is below the limit in GB/T 26572.

X means the hazardous substances content in one homogeneous material of the part is over the limit in GB/T 26572.

Warm Tip:

In order to protect the environment, when the product or its parts scrap, please separate them from the household garbage and send them to a qualified recycle station.

The recycle stations classify, split and recycle them according to the relevant state regulations. For more information about the recycling process of the watch, please consult with the local government, waste management office, etc..

■ FCC Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

EZON

光学式心拍数アームバンド 説明書



C022-2

同梱物

- 1.心拍数ユニット
- 2.アームストラップ
- 3.充電器
- 4.説明書
- 5.パッケージ

ご注意：本製品はオフラインデータ保存機能を持たず、スマートフォンにAPPをダウンロードしてアームバンドとペアバインドしなければならず、運動中に心拍数と接続を維持してこそ、心率を記録することができません。

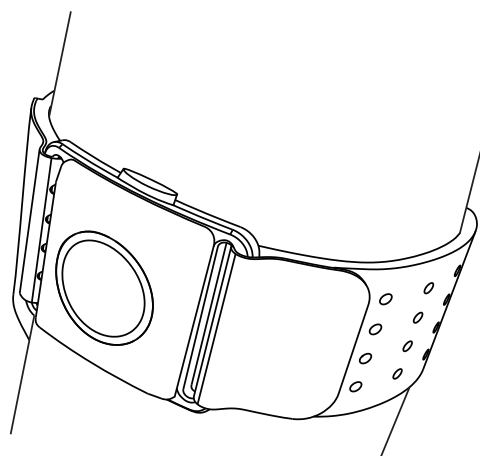
製品の概要

EZON心拍数アームバンドをご購入いただきありがとうございます。製品を使用する前に、当製品の機能、操作方法及び注意事項を詳しくお読みください。

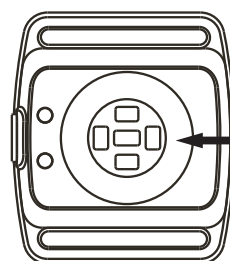
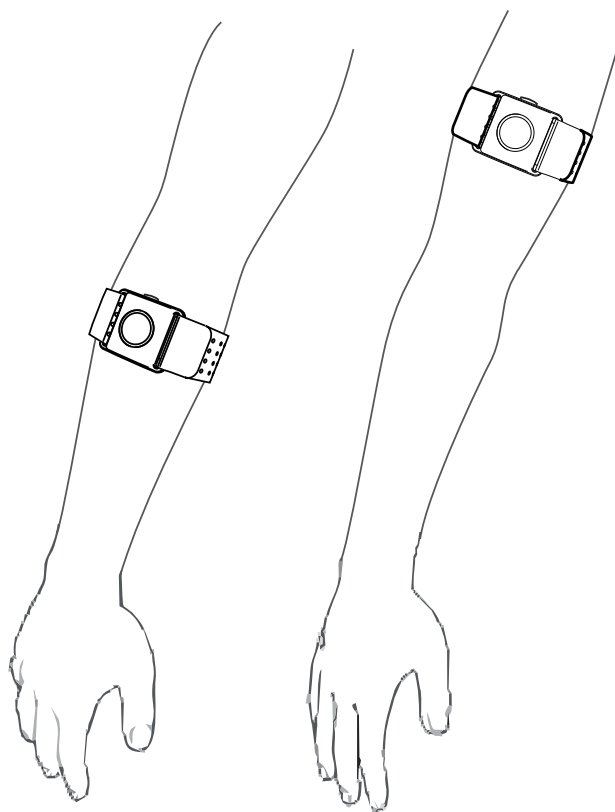
当製品はBluetoothとANT+プロトコルに対応し、リアルタイムで運動心拍数を監視し、モバイルアプリ、スポーツウォッチ、コードメーターなどのデバイスに無線でデータを送信して、運動心拍数を記録します。

着用の手順

1.バンドの下部にある光心拍センサー領域が腕の皮膚に密着するようにバンドをつけます。ただし、血流を妨げないようにしすぎないようにしましょう。



2.アームバンドを手首ではなく前腕または上腕につけます。



心拍数センサー

スマホアプリとのペアリング

右側のQRコードを読み込むとダウンロードできます。

設備の互換性:Bluetooth4.0以上のiOSとAndroidスマホに対応しています。



システムの互換性:iOS 8.0以上、Android 4.4以上のスマホシステムに対応しています。

1. Bluetoothの起動を確保します;
2. アームバンドをつけて、側面のキーを3秒押して、アームバンドのLEDライトが点滅するまで、設備をスタートさせました;
3. APPを開いて、「デバイス」をクリックしてデバイスを追加するページに入って、それから右上の「+」をクリックしてデバイスを検索することができます;
4. 検索されたデバイス「C022 Pro」をクリックしてバインディングをペアリングします。

ファームウェアアップデート

新しいバージョンがある場合、APPのファームウェアバーにアップデートの案内が表示されます。

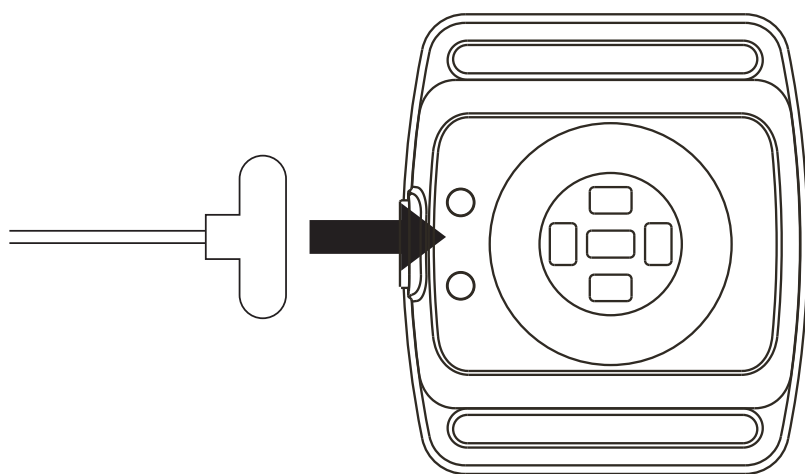


ファームウェア更新中は、常に青色のライトが点灯します。更新失敗などの異常が発生しないよう、バッテリーを十分に確保し、心拍数アームバンドとスマホを最低1 m以内に保持します。アップグレード中、ボタンを操作しないでください。約20秒で自動的にアップグレードが完了します。アップグレードが成功すると、青いライトが点灯し、他の色のライトが点滅します。

バッテリー量の説明

スイッチキーを押して設備を開閉する時、もし青いランプが連続して3回点滅するならば、設備のバッテリー量が十分で継続して使うことができることを表します;もし赤いランプが3回連続して点滅するならば、現在設備のバッテリー量が低いことを示して充電しなければなりません。

充電の方法



パッケージに付属している充電器で充電します。一端を設備のコンタクトポイントに吸着し、充電ケーブルのUSBポートをパソコンのUSBポートやUSBポートのコンセントに差し込むだけで充電できます。

充電中は赤いランプが点滅し、充電が完了すると青いランプが点灯します。

充電中にファームウェアを更新できます。



冷たい(0℃以下/32°F)または熱い(45℃/ 113°F)の温度で、または湿った充電接点で充電しないでください。

充電前に、設備またはアダプタ接続部に水分、毛髪、埃や汚物が付着していないことを確認してください。汚れやほこりを軽く拭き取ります。傷がつかないように、尖った道具は使用しないでください。