Smart Watch User Manual

Thank you for choosing our company products . You can read this manual to get a comprehensive understanding of the function and operation of the device. The company reserves the right to modify the contents of this manual without prior notice. This product only supports regular life waterproof wear. Special attention should be paid hot showers or saunas , cannot be worn to prevent water vapor; if water enters due to no follow the instructions, our company will not provide free warranty.

Product package: Smart Watch x1, Silicon Strap x1, Wireless Charging Cable x1,User Manual x1.

Operation Instructions :

Up button:

On the dial interface, short press to enter main menu, then quickly double press the button to switch menu style.

Short press on level 2-3 interface to return previous interface.

With a knob function, can turn the knob to switch the watch dial and rotate to select function in the menu list.

Long press 3-5 seconds to switch on /off the device

Down button: Back to home dial interface or screen off

1. App Download

(1) IOS/Android mobile phone users: scan the OR code on the right side of the mobile browser, or scan with the scan function, when the interface is opened, select the corresponding method to download.

(2) Android phones can be downloaded by searching for "Wearfit PRO"in the app market, and IOS phones can be downloaded by searching for Wearfit PRO"in the AppStore.

Open Wearfit PRO
Connect the smart watch.

Scan and download Wearfit PRO

After the installation is completed, there will be various permission reminders during the process, all process, agree all, the watch and the mobile phone must be connected to the App and call Bluetooth to achieve all functions:
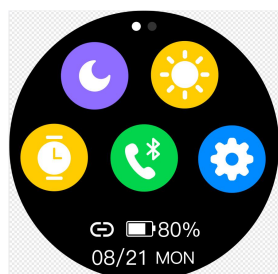
2. Connect the watch:

1.App and device BT connection

(1) Scan code connection: When the watch is turned on for the first time, find the "Connect to phone" function in the settings, QR code appears. Open the "Wearfit PRO" APP in the phone and select the scan function in the upper right corner, scan the code to complete the connection.

(2) Manual connection: After the mobile phone turns on Bluetooth, enter the APP and directly select "Add Device" to search for connection.

2. Connect to Audio &calling Bluetooth: When power on and 1st connection, it will pop up to connect after app BT connection. But If device is not connected successfully within 1 minute, Audio & call BT will turn off to save power. pls slip down on the main interface to check and turn

on BT icon .

3. Bluetooth automatic reconnect:

(1) There is no reminder when the bracelet is out of the Bluetooth connection range. Bluetooth connection will automatically reconnected when distance within the effective range for app. But need to turn on Audio & call BT icon by hand to reconnect.

(2) APP running in the background of the mobile phone is easy to be closed by the mobile phone. Android mobile phones can open the self-starting permission of the APP in the permission setting to solve the disconnection problem which caused by the forced closing (There is a tutorial for the "Background Protection" function in the APP)

4. Main functions instructions:

Phone dialing: Connect to call Bluetooth, dial from the watch , you can make a call via

watch directly. there are recent call , contact person, dial pad functions. Contact person list need to be added via APP

Message: Notification Permission on via "WearfitPRO"app to synchronize the third-party program messages.

Sleep monitoring: It will record sleep duration and quality from 9:00 PM to 9:00AM. To help you adjust work and rest time and improve sleep quality.

Pressure: Support stress monitoring, by monitoring the user 24-hour pressure change, using scientific algorithms to display the pressure through the chart, so that customers can adjust their own state at any time; 1-29 is relaxed, 30-59 is normal,60-79 is medium, and 80- 99 higher.

Heart rate monitoring: Wear a watch, the best place to wear it is their bone above the arm, you can monitor the real-time heart rate value, the normal value of the average person is 60-90 beats/min. After start, it will take about20-30 seconds to get the value, and the detection will stop after 60 seconds, then get the final detection value .

Blood pressure: When testing, please lay your hands flat, the blood pressure value wil be displayed within one minute.

Blood oxygen: Normal blood oxygen saturation is about 94-99%.

Sport: a variety of sports, you can monitor you exercise data more accurately. At the same time heart rate monitoring will be on. Stop or pause options can be set on the exercise mode interface.

Stopwatch: For easy calculate the time past. Included: start, stop, return to zero

Timer: Set the countdown time and pause,continue,cancel yourself, and turn on the countdown.

Calculator: You can perform simple calculation .

Weather: After connecting the mobile phone to synchronize data, you can check the weather of the day.

Exercise record: Pull up to view the number of steps you walked , calorie consumption

and walking distance on the day . At 12 o'clock every night, the data will be saved and reset to zero.

Bluetooth music: After connecting and calling Bluetooth, you can play and control the phone music   .

Settings: Carry out various local settings : Device including brightness, Screen watch, screen off time,Phone setting, Raise to wake, Do not disturb, Sound and vibration,Language switch, QR code for APP connection, About, Restart, Factory reset, Time setting and Shut down etc.

Voice assistant: after BT connection, Calling BT connection, click voice assistant to enter , tap it , you will see your phone voice assistant pop up,   then you can keep talking to the watch one question, your phone will show you the reply.
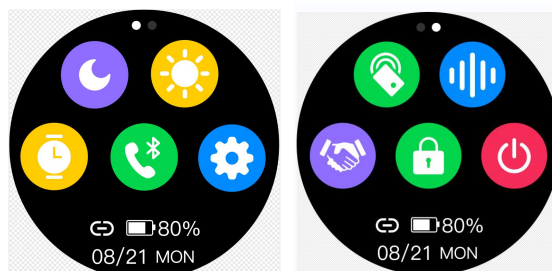
About: BT name, MAC, firmware version

Restart: Device will off and on again.

Shut down

Quick menu:

Slip down on the main interface, will appear the quick menu ,slip right / left to shift two pages.

Don't disturb mode, set the working period in setting menu. When on, watch won't ring or shake if phone calling coming , message coming, screen won't on when turn on your wrist.

Brightness: Adjust the screen brightness

Screen watch: when on , the screen will keep showing time

 Setting

 NFC

1. Card package: The watch can copy the information of physical access control card by simulating , then the watch can be used as a key.

2. Open the [Card Pack] on the APP click "Add Card"

 Voice assistant

 Business card: Open the app to bind a social QR code such as Wechat, What'sapp

 Screen lock : When on , it will lock screen for accidental touching. Long press the UP button to unlock.

Common Troubleshooting:

1. The watch cannot be turned on: Long press the button enough time ,more than 3 seconds; Maybe battery is too low, Charging the watch .

2. The watch cannot be charged normally: check if the wireless charger and watch   match well, check the power supply to wireless charger is working or not. When the battery is too low, it will take minutes to charge before the charging icon appears.

3. Software problem can be restored by "Restore factory settings" .

Precautions :

1. The measurement results of this product are for reference only, not for any medical purpose or basis. Please follow the doctor's instruction and never make self-diagnosis and treatment based on the measurement results

2. This product supports waterproof and dust proof, and it cannot be used for deep diving and long-term soaking in water. In addition, this product is not resistant to hot water, because water vapor will affect the watch .

3. The company reserves the right to modify the contents of this manual without any notice. Some function s are different subject to software version   .

4. NFC access control cards only support the simulation of access control cards currently in the market that are not encrypted and have a frequency of 13.56MHZ.Encrypted access control cards can only be used when you bring your watch to the access control card issuing department to enter the system.

FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception,

which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-- Reorient or relocate the receiving antenna.

-- Increase the separation between the equipment and receiver.

-- Connect the equipment into an outlet on a circuit different

from that to which the receiver is connected.

-- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.