



## User Manual

### Product Introduction

**Soul Smart Ring is the latest offering from our channel** that genuinely considers your specific needs. It combines both creativity and ingenuity into an ergonomic design that seamlessly integrates into your daily life. Throughout the day and night, you can monitor multiple health indicators as shown below.

- Heart Rate Monitor
- SpO2
- Sleep Tracking
- Activity Tracking
- IP68 Water Resistant

Note: Soulsmart ring is not a medical device, its test results and suggestions are for reference only.

### What is Included in the Box

- Smart ring
- Charging case
- Type C charging cable
- User manual

### Instructions

1. Download the APP  
Scan the QR code as shown below or search KAWOO app on Google Play or iOS App Store to download our KAWOO App.

Make sure that the Bluetooth of your mobile device is on. Choose device identified in App and connect with your smart ring.

Note: Please ensure that your Android version is 5.0 or later, iOS version is 10.0 or later. The ring supports Bluetooth 5.0 connection.

### 2. Charge Before Use

- Ensure the device is fully charged before initiating its setup.
- Place your device into the charging case. Make sure "Soulsmart" inside the ring is placed inside the front wall in charging case.
- Connect the supplied Type C charging cable, and insert it into a wall outlet or USB 2.0+ port for charging.
- The charging stand's indicator light will keep blinking while charging and remain steady when fully charged, which typically takes about 2 hours.
- The device supports 2-3 days of regular use. Actual battery life may vary based on activated features, ring usage type, and frequency.

### 3. App Operation

Once the device is activated, please pair it with the Kawoo App for App operation and use.

Home

- Access your comprehensive health information and daily reports through the "Home" feature.
- Explore detailed data on various metrics such as daily steps, distance, calorie burned, heart rate, SpO2 (blood oxygen levels), blood pressure, HRV (heart rate variability), sleep patterns, and women's health among others.

### Measure

Initiate manual measurements for heart rate and SpO2 (blood oxygen levels) directly through the application.

### Device

Inspect the current basic information of your device, including battery level, MAC ID, firmware version, and Bluetooth RSSI. Adjust detailed settings, including the Auto Health Monitor Interval.

### My Profile

Check basic App settings: personal information, login account management, App background, privacy terms, feedback support, App version updates.

### Goal Setting

Customize your daily goals for steps, distance, calories, and sleep hours to align with your personal preferences and objectives.

### Specifications

Material : 304L stainless steel smart ring, IPS color  
Mobile APP : KAWOO  
Chipset : HS6621  
Memory (ROM+RAM) : 64K+4Mb/8Mb  
Sensor : Shilanwei, for accurate motion sensing  
Bluetooth Version : 5.1  
GPS : Support GPS for location tracking  
Heart rate sensor : Dedicated blood oxygen & heart rate for comprehensive health monitoring  
Waterproof : IP68  
Battery Type : 18mAh Lithium Polymer battery  
Charging time : 1-2 hour  
Standby time : 10-15 days  
Activity Time : 2-3 days  
Compatibility : Support Android 5.0 and above; Apple iOS 10.0 or above, with charger base and type C cord  
Function : Activity tracking, Multisport Modes, Heart rate, Sleep monitoring, Blood oxygen, HRV, Stress, APP multi-language support, Support FOTA upgrade  
Frequency : 54 MHz  
Warranty : 12 months  
Product Certification: CE, FCC, ROHS

### Troubleshooting

In case your ring doesn't pair with your smartphone.

- Ensure the ring is powered on.
- Confirm Bluetooth permissions are enabled in the App and your smartphone's Bluetooth settings.
- Verify that Bluetooth is activated on your smartphone.
- Restart the App and return to the home screen. The ring battery should be visible on the App device screen.

If the ring isn't measuring any data

Contact our support team for assistance.

If the ring's battery is depleting rapidly

- Calibrate the battery by charging it for a minimum of three hours.
- Resume normal ring usage.
- If the issue persists, reach out to our support team.

### Safety Notices

If the ring triggers an allergic reaction  
Cease using the device immediately. In the rare occurrence of an anaphylactic reaction, seek medical attention promptly.

For issues not covered by these tips  
Contact our support team and provide a detailed report of the problem.

Not a medical device  
This ring is not a medical device and should not be used as a substitute for professional medical judgment.

It is not designed or intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of any condition or disease. Please consult your healthcare professional prior to making any decisions related to your health.

Use, care and maintenance

Finger size can vary depending on the time of the day, **and sometimes it may be difficult to remove the ring from your finger.** In case the ring gets stuck:

- Use cold water and gentle soap to wet your finger, and slowly twist the ring to remove it.
- Hold your hand up above your heart until the blood pressure gets lower, and then try to remove it.

In cases of emergency and/or discomfort, when you can't remove the ring yourself, seek immediate medical attention.

Use a soft cloth or hand wash with mild soap and water to clean the ring.

Your ring can be worn during showers, baths, swimming and snorkeling.

Try to avoid wearing the ring while strength training, working with a shovel or other heavy tools, or carrying heavy objects made of metal, ceramics or stone.

In addition, try to avoid wearing the ring next to other rings or objects which are made of metal, ceramics, stones or diamonds.

The ring might get scratched and can itself scratch softer metal jewelry or other objects in close contact with the ring like phone covers made of gold, silver or aluminum. Some ceramic phone covers with a soft coating might also get scratched.

This product is not intended for individuals under the age of 18. Seek immediate medical attention if you know or suspect that a child has swallowed the ring. Do not leave the ring exposed to heat, such as in vehicle or in direct contact with sun. Do not puncture the ring or its battery.

Caution: Do not wear the ring while handling devices with batteries. Contact with battery terminals may cause a short circuit, posing a risk of electric shock. Please avoid these situations to ensure safety.

### FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.