



ARMA

by tournicare

The revolution in blood pressure measurement

USER MANUAL

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ARMA

The revolution in blood pressure measurement

Thank you for choosing ARMA Blood Pressure Monitor by Tournicare.

ARMA by Tournicare is a clamp style automatic Blood Pressure Monitor that measures your systolic and diastolic blood pressure and pulse rate. This means the monitor detects your blood movement through your brachial artery and converts the movements into a digital reading. An oscillometric monitor does not need a stethoscope so the monitor is simple to use.

Please read through these instructions carefully so you understand all functions and safety information.

INDICATIONS FOR USE

The ARMA automatic Blood Pressure Monitor is indicated for home use for the non-invasive measurement of diastolic and systolic blood pressures and pulse rate of adults by means of an inflatable cuff which is clamped to the upper arm. The intended upper arm circumference is 22 cm to 38 cm (8.6 in to 14.9 in).

IMPORTANT SAFETY INFORMATION



Please read this user manual carefully before using the ARMA blood pressure monitor. Please keep for future reference.



For specific information about your own blood pressure, **consult your doctor or physician.**

PRECAUTIONS FOR USE

1. Only use this monitor if you are 18 years or older.
2. Keep out of reach of small children, toddlers and infants.
3. The monitor is not intended for continuous measurement/monitoring of blood pressure.
4. The monitor is not intended for ambulatory or clinical measurement of blood pressure.
5. The monitor is not intended to be a diagnostic device.
6. This monitor is intended for **use in the home** environment to monitor human blood pressure. It should only be purchased for and used by you. If you require assistance to use this monitor, your caregiver can provide support.
7. User not to perform blood pressure or pulse rate measurement with the monitor while it is being charged.
8. Use only on a bare arm, **do not** use over clothing.
9. **Do not** apply the monitor over a wound.



WARNINGS


Indicates a potentially hazardous situation which, if not avoided, could result in death or serious injury.

1. **Do not** adjust medication based on measurement results from this blood pressure monitor. Only take medications as prescribed by your doctor.
2. **Do not** self-diagnose. Only a doctor is qualified to diagnose and treat high blood pressure.
3. Contact your doctor immediately if your blood pressure readings are unusually high or low, you are experiencing chest pain, shortness of breath, back pain, numbness/ weakness, change in vision, or difficulty speaking.
4. **Do not** use this monitor on an injured arm or an arm under medical treatment.
5. **Do not** use this monitor on your arm while on an intravenous drip or blood transfusion.
6. **Do not** apply or inflate the arm cuff around any body parts other than your upper arm.
7. **Do not** use this monitor if your upper arm circumference is outside the intended fit range (22cm-38cm / 8.6in-14.9in).
8. The insert is required for arm circumferences of 22-26cm/8.6in-10.2in.
9. **Do not** use this monitor on infants, toddlers, children or persons who cannot express themselves.
10. If the monitor is used on an infant, toddler or child's neck it can lead to strangulation or death.
11. Contains small parts that may cause a choking hazard if swallowed by infants, toddlers or children.
12. Consult your doctor before using this monitor if you have:
 - Pre-eclampsia or are pregnant;
 - Arteriovenous (AV) fistula or renal disease;
 - Common arrhythmias such as atrial fibrillation, atrial or ventricular premature beats or arterial sclerosis;
 - Poor perfusion or severe blood flow problems or disorders;
 - Diabetes;
 - Lymphedema or have had a mastectomy;
 - Paralysis or paresis.

Any of these conditions, patient motion, trembling, or shivering, may affect measurements.



CAUTIONS

13. **Do not** use a damaged USB cable to recharge the monitor.
14. **Do not** use accessories, parts or materials not described in this User Manual.
15. **Do not** connect with other equipment not described in this User Manual.
16. **Do not** modify equipment. Any changes or modifications not expressly approved by the grantee could void the user's authority to operate this equipment.
17. Only use with a USB power adaptor that meets the minimum requirements of:
 - Class II insulated indicated by the symbol ;
 - Safety certification such as UL, TUV or ETL;
 - 5V, 1A output;
 - Input voltage and frequency rating (either local specific or 100-240V, 50-60Hz).

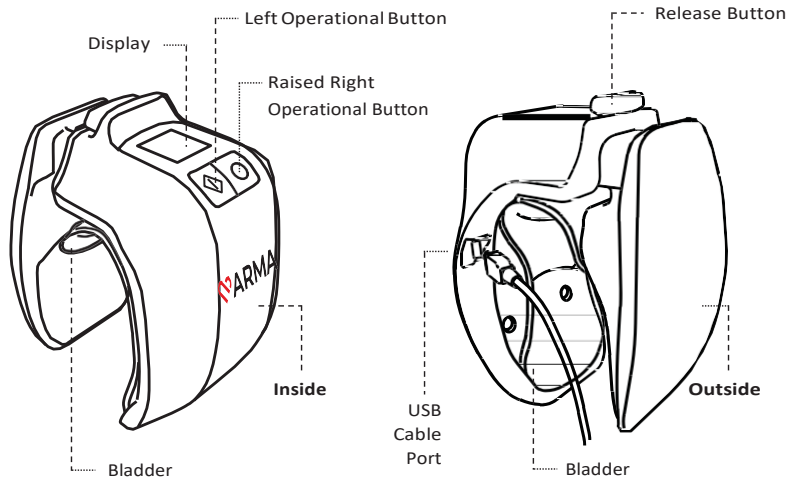
Indicates a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user or patient or damage to the equipment or other property.

1. Consult your doctor before using this monitor on an arm with an arteriovenous (A-V) shunt.
2. Do not take measurements more often than necessary because bruising, due to blood flow interference, may occur.
3. Remove the arm cuff by pressing the release button in case of an over-pressure situation.
4. Do not use this monitor for any purpose other than measuring blood pressure.
5. Do not disassemble or attempt to repair the monitor or components. This may cause an inaccurate reading.
6. Do not drop, or subject this monitor to strong shocks or vibrations.
7. Do not use this monitor in high-use environments such as medical clinics or doctor offices.
8. Remain still and do not talk while taking a measurement.
9. Only use the components supplied with the device.

PACKAGE CONTENTS

- ARMA Blood Pressure Monitor Main Unit
- Insert fit for users with smaller arm circumference
- Micro USB Cable
- ARMA User Manual (this document)
- ARMA QuickStart Guide
- Portable Travel Case

KNOW YOUR MONITOR



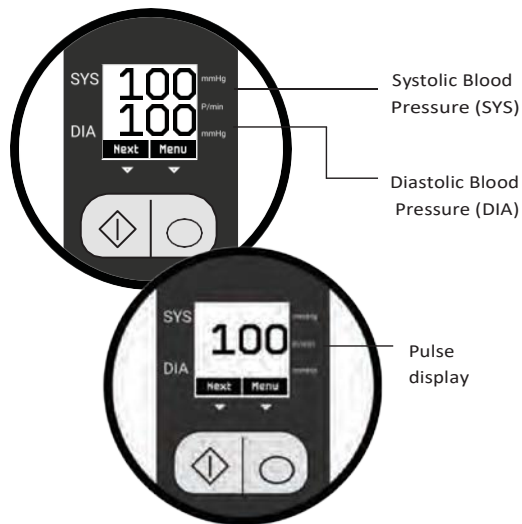
Monitor – Main Unit

**Identify the following clearly in this image:*

- 1. USB charging port and cap*
- 2. Insert*
- 3. Bladder*

Users are mixing up the Insert and Bladder. User are having difficulties finding the Insert and removing the Insert from Bladder.

MONITOR DISPLAY



Display

DISPLAY SYMBOLS

Low battery
Low Battery

Please charge
Empty Battery

Charging
Battery Charging

Error
Error Message

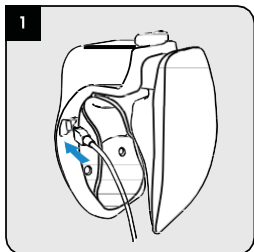
If "Error" symbol appears, refer to the "Error and Trouble Shooting" section for more detail.

USING ARMA BLOOD PRESSURE MONITOR – **TURNED OFF**

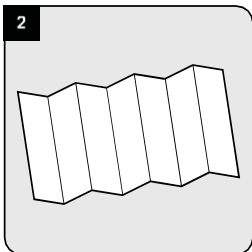
► GETTING STARTED

Charge and remove charging cable before use.

Ensure you have read all the Precautions of Use, Warnings and Cautions as defined in this ARMA User Manual.



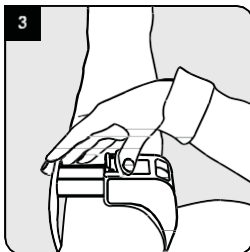
The USB cable port is located behind the bladder.



► POSITIONING THE MONITOR

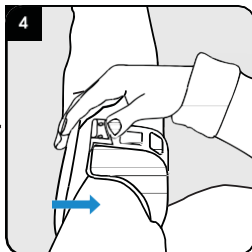
Position the monitor on your mid-upper arm as shown. The bottom edge of the monitor should be 1cm to 2cm above the elbow.

Push the two halves of the monitor together to secure it into position with the main display facing up.



Caution: Use only on a bare arm, do not use over clothing. The size insert is required for arm circumferences of 22-26cm / 8.6in-10.2in.

Note: Positioning the display in clear view makes it easier to read the results.

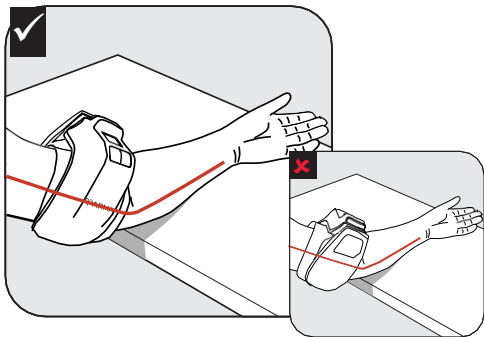


Note: Make sure the monitor is secured on your arm before pressing any button. The monitor is secure when rotate your arm and it does not move.

FURTHER INFORMATION

► ARTERIAL REFERENCE SITE

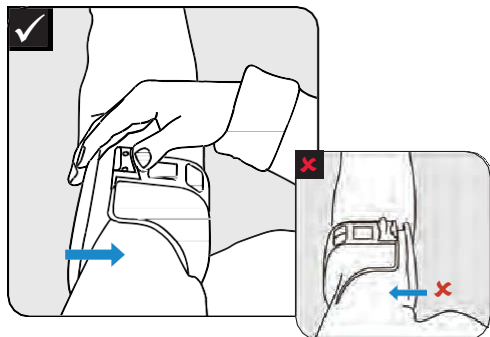
The ARMA logo should be positioned upright, and on the inside of your left arm, as shown below.



Note: Centralizing the logo on the inside of your arm will ensure it is aligned to the arm's main (brachial) artery.

► CORRECT MONITOR POSITIONING

Positioning the monitor with the main display and ARMA logo facing towards the body is the correct way to use the device, even when a caregiver is supporting.



Note: Blood pressure can differ between the right arm and the left arm, and the measured blood pressure values can be different. It is recommended to always use the same arm for measurement. If the values between both arms differ substantially, please check with your physician as to which arm to use for your measurements.

FURTHER INFORMATION

► FITTING THE INSERT

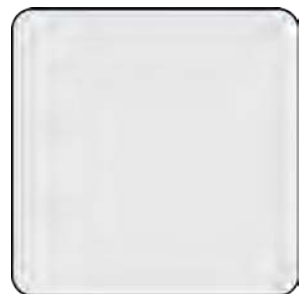
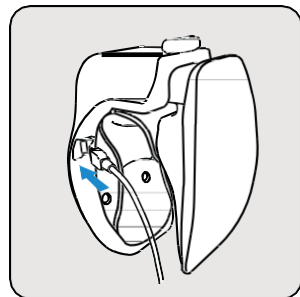
If the device is too tight to fit on the arm, the insert can be removed.

To remove the insert, pull the end down to release from the magnets then unhook the other end.

The insert is required for arm circumferences of 22-26cm / 8.6in-10.2in.

To attach the insert, hook in one end first then clip in the other end to be retained by the magnets.

**Add picture*

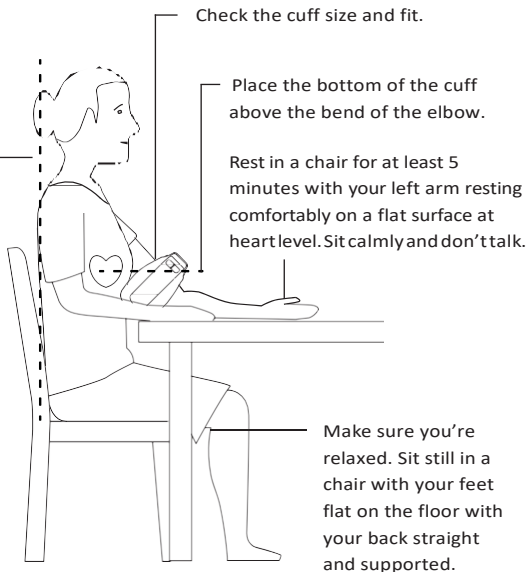


POSTURE PREPARATION

► CORRECT BODY POSTURE DURING BLOOD PRESSURE MEASUREMENT

Don't smoke, exercise, drink caffeinated beverages or alcohol within 30 minutes of measurement.

Take at least two readings 1 min apart in morning before taking medications, and in the evening before dinner. Record all results.



BEFORE TAKING A MEASUREMENT MAKE SURE YOU:

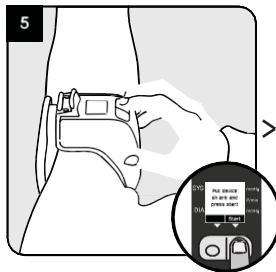
1. Are comfortably seated, feet flat on the floor, arms and back supported, legs uncrossed.
2. Relax as much as possible and do not talk during the measurement.
3. Avoid bathing, drinking alcohol or caffeine, smoking, exercising or eating within 30 minutes of measurement.
4. Rest for at least 5 minutes.
5. Try to measure your blood pressure at the same time each day for consistency.

USING ARMA BLOOD PRESSURE MONITOR – **TURNED ON**

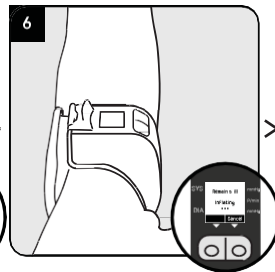
► STARTING THE MEASUREMENT

Press the left button to start inflation.

While inflating please relax and look forward.



Note: You will see monitor preparing for inflation on the screen.

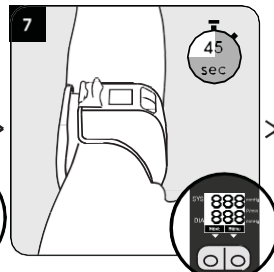


Note: You will hear the sound of the device inflating.

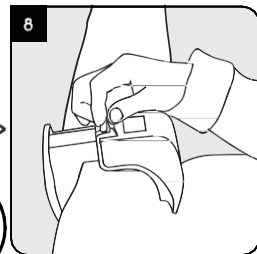
► CONFIRM COMPLETION

Inflation and measurement may take up to 45 seconds.

Press the release button to remove your monitor before recording measurement.



Note: You should hear and feel the device deflating once the measurement is complete.

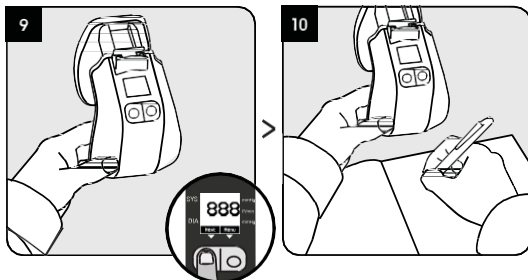


USING ARMA BLOOD PRESSURE MONITOR – **TURNED ON**

► VIEW AND RECORD THE MEASUREMENT

View the SYS, DIA and pulse rates on the monitor display.

Record your measurements.



Note: If an error message appears there may be a technical issue. Consult errors and trouble shooting (page 24).

► STORE MONITOR

The device will turn off after 5 mins of no activity.

After use, please store your device in safe place.

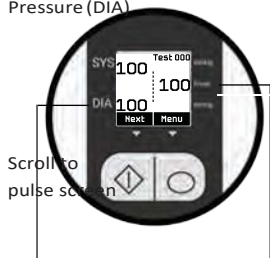
For cleaning and maintenance information, refer to page 18 of this User Manual.



MEASUREMENT READINGS

► BLOOD PRESSURE AND PULSE RATE READING

Diastolic Blood Pressure (DIA)

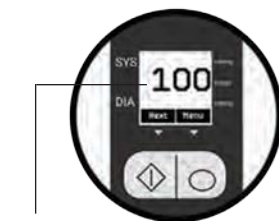


Systolic Blood Pressure (SYS)

Select to move to menu screen

Pulse Rate Reading

After the blood pressure measurement is successfully complete, the device shall report the pulse rate measurement in beats per minute to the user.



Pulse rate

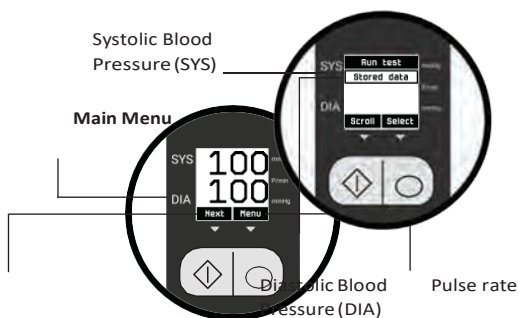
HISTORICAL READINGS

► VIEW HISTORICAL DATA

The ARMA device can store a maximum of 100 readings. One reading includes both the Blood Pressure and Pulse Rate measurements.

To view your historical stored data, select 'stored data' from the main menu as shown.

Historical Result Reading



USING ARMA BLOOD PRESSURE MONITOR WITH A SMART DEVICE

If you choose to, you can share blood pressure and heart rate metrics with your favourite apps and health programs.

► PAIRING ARMA WITH A SMART DEVICE

1. Make sure the Bluetooth on your smart device is turned on.
2. Open the app on your smart device and follow the set-up and pairing instructions.
3. Confirm the monitor is connected successfully. If the monitor is connect successfully to the smart device, "OK" will appear on the display.

Consult your smart device and app manual for further instruction.

► TRANSFER YOUR READINGS

If you have previously connected ARMA to a smart device via Bluetooth and the device is in range, ARMA shall automatically transfer your Blood Pressure and Pulse Rate result from the current test after the test is completed.

ARMA does not transfer historical readings.

Please be aware that Tournicare will not be responsible for the loss of data and/or information.

CLEANING AND MAINTENANCE

To protect your ARMA Blood Pressure Monitor from damage please follow the directions below:

- Store the device and the components in a clean, safe location.
- Do not use any abrasive or volatile cleaners.
- Do not wash the device and any components or immerse them in water.
- Do not use gasoline, thinners or similar solvents to clean the device.
- Use a soft dry cloth, or a soft cloth moistened with neutral soap to clean on the monitor and the arm cuff, and then wipe it with a dry cloth.
- Changes or modification not approved by the manufacturer will void the user warranty. Do not disassemble or attempt to repair the monitor or components.
- Cleaning frequency is once per week.

CALIBRATION AND SERVICE

- The accuracy of this blood pressure monitor has been carefully tested and is designed for a long service life.
- It is generally recommended to have the unit inspected every 2 years to ensure correct functioning and accuracy. Please consult your ARMA retail outlet or distributor.

STORAGE



After use please store your monitor in a safe place. Do not store the monitor in the following situations:



- If the monitor is wet.
- Locations exposed to extreme temperatures, humidity, direct sunlight, dust or corrosive vapors such as bleach.
- Locations exposed to vibrations, shocks or where it will be at an angle.



DISPOSAL



This marking shown on the product or its literature, indicates that it should not be disposed of, with other household wastes at the end of its working life. To prevent possible harm to the environment or human health from uncontrolled waste disposal, please separate this product from other types of wastes and recycle it responsibly to promote the sustainable reuse of material resources.

Household users should contact either the retailer where they purchased this product, or their local government office, for details of where and how they can return this item for environmentally safe recycling.

Business users should contact their supplier and check the terms and conditions of the purchase contract. This product should not be mixed with other commercial waste for disposal.

TECHNICAL SPECIFICATIONS

Product category	Electronic Sphygmomanometers
Product description	Automatic Upper Arm Blood Pressure Monitor.
Measurement range	Blood Pressure: 40 - 260mmHg. Heart rate: 40 - 200 beats/ minute.
Cuff pressure range	Pressure: 0 - 290mmHg.
Cuff pressure accuracy	±3 mmHg or 2% of the reading for blood pressure (whichever is greater).
Inflation / deflation	The device will automatically adjust applied pressure on the arm to obtain a valid measurement. The compression bladder will automatically deflate when triggered by the user.
Measurement method	Oscillometric method
Transmission method	Bluetooth low energy technology
Wireless Communication	2.4 Ghz (2400 ~ 2483.5 MHz) frequency range. GFSK modulation. <20 dBm effective radiated power.
IP classification	IP22 rating
Power source	Lithium polymer battery, single cell 3.0V to 4.2V (3.7V Nominal), 1050mAH capacity.
Battery life	At least 30 BP-PR measurements over 7 days with a fully charged battery.

Battery safety	The device battery is certified to UL 62133-2:2020
Device lifetime	The device battery life is 2 years.
Device robustness	The device is capable of withstanding impacts from being dropped 3 times from the height of 1.0 meters onto hardwood.
Operating conditions	5°C to 40°C Temperature / 15% to 90% Relative Humidity / 700 to 1060 hPa Ambient pressure.
Storage/ Transport conditions	-25°C to 70°C Temperature / 10% to 95% Relative Humidity.
Dimensions	Approximately 110 mm x 98 mm x 176 mm.
Upper arm circumference	22cm - 38cm (8.6 in - 14.9 in)
Contents	Monitor, insert, micro USB cable, User Manual (this document), quick start guide and portable travel case.
Applied part	Type BF

- These specifications are subject to change without notice.
- The monitor has been clinically investigated according to the requirements in IEC 80601-2-30:2018 and ISO 81060-2:2018/A1:2020.

FREQUENTLY ASKED QUESTIONS

1. **My measurement seems too high / too low, what happened?**

Any blood pressure reading can be affected by the site at which the measurement was taken, the position you were in (standing, sitting, lying down), exercise or your physical condition.

Other factors that can affect the performance of the monitor include; common arrhythmias, arterial sclerosis, poor perfusion, trembling or shivering.

2. **Should I use this monitor if I'm pregnant or diabetic?**

Consult your doctor before using the monitor. It is safe to use the monitor, however, your blood pressure readings may be affected.

3. **Can I share this monitor?**

No, you should not share this monitor. This monitor is intended for single-person use only.

4. **What should I do if I notice discomfort or bruising on my left upper arm?**

Check fit tightness prior to commencing your next measurement and notify your doctor if discomfort persists.

If in doubt about any of your readings, please contact your doctor.

CUSTOMER SERVICE CONTACT

ARMA by Tournicare customer service contact is available at support.tournicare.com.au

Technical Support

+ 614 9700 1300

IMPORTANT FACTS ABOUT BLOOD PRESSURE AND SELF MEASUREMENT

AHA recommended blood pressure levels

Blood Pressure Category	Systolic BP mmHG (upper number)		Diastolic BP mmHG (lowest number)
Normal	< 120	and	< 80
Elevated	120 - 129	and	< 80
High Blood Pressure (Hypertension) Stage 1	130 - 139	or	80 - 89
High Blood Pressure (Hypertension) Stage 2	140 or higher	or	90 or higher
Hypertensive Crisis (consult your doctor immediately)	Higher than 180	and/ or	Higher than 120

Learn more at [heart.org/HBP](https://www.heart.org/HBP)

Reference: American Heart Association. *Monitoring Your Blood Pressure at Home*. www.heart.org. Published 2017. Reviewed May 30, 2023.
<https://www.heart.org/en/health-topics/high-blood-pressure/understanding-blood-pressure-readings/monitoring-your-blood-pressure-at-home>

Advice if you get a high blood pressure reading:

- If your blood pressure is higher than 180/120 mm Hg and you are experiencing signs of possible organ damage such as chest pain, shortness of breath, back pain, numbness/weakness, change in vision or difficulty speaking, do not wait to see whether your pressure comes down on its own. This is an emergency, call your local emergency number.
- A single high reading is not an immediate cause for alarm. If you get a reading that is slightly or moderately higher than normal, take your blood pressure a second time and write the results of the two measurements down. Consult your health care professional to verify if there's a health concern or whether there may be any issues with your monitor.
- If your blood pressure readings suddenly exceed 180/120 mm Hg, wait five minutes and test again. If your readings are still unusually high, contact your health care professional immediately. You could be experiencing a hypertensive crisis.

ERRORS AND TROUBLESHOOTING

Problem	Cause	Solution
No pressure in the monitor.	An adequate pressure cannot be generated in the device.	1) Check that the device is correctly positioned and fits on the arm. 2) Charge the device, if necessary. Repeat the measurement. If the problem occurs again, contact technical support. 3) Ensure the bladder is connected properly.
The monitor does not fit.	The cuff circumference is limited to 22-38cm (8.6in to 14.9in) and is measured by a close fitting around the center of the upper arm.	Please contact technical support.
No power / no display appears on the monitor.	Battery depleted or level is too low.	Charge and remove charging cable before use.
Measurement values appear too high or too low.	Blood pressure varies constantly. Many factors including stress, time of day and how you apply the device, may affect your blood pressure.	Relax for a few minutes before each measurement. Try to measure your blood pressure at consistent times and locations. Discuss your blood pressure values with your doctor or physician.

ERRORS AND TROUBLESHOOTING

Problem	Cause	Solution
Error message appears on display.	If this error message appears, there may be a technical issue.	If the error message persists you will need to contact technical support. The device automatically deflates the bladder when an error is detected.
Connection failure.	Device is not connected to your smart phone or tablet.	1) Ensure that Bluetooth is enabled on your smart phone or tablet and the ARMA device is nearby your phone or tablet. 2) Ensure both devices are charged. 3) Reset the pairing.
	The blood pressure monitor did not pair successfully to the smart device.	Try to pair devices again by following the steps above.
	Data is not being transmitted.	Check the application then try sending the data again. Consult your smart device and app manual for further instruction.

ERRORS AND TROUBLESHOOTING

Problem	Cause	Solution
Abnormal result	Movement during measurement.	1) Read through the instructions for performing reliable measurements. 2) Reposition the device and repeat the measurement while keeping your arm still and without talking.
	Clothing is interfering with the arm cuff.	1) Remove any clothing interfering with the device. 2) Repeat the measurement.
	Arm cuff is not applied correctly.	1) Check that the cuff is correctly positioned and fits on the arm as per steps for performing reliable measurements. If the device is too loose, your brachial artery may not be detected and you will get an error message. 2) Repeat the measurement.

LIMITED WARRANTY

Thank you for buying an ARMA by Tournicare. This product is constructed of quality materials and great care has been taken in its manufacturing. It is designed to give you every satisfaction, provided that it is properly operated and maintained as described in this ARMA User manual.

This product is guaranteed by Tournicare for a period of 2 years after the date of purchase. The proper construction, workmanship and materials of this product is guaranteed by Tournicare. During this period of guarantee Tournicare will, without charge for labour or parts, repair or replace the defective product or any defective parts.

The guarantee does not cover any of the following:

- a. Transport costs and risks of transport.
- b. Costs for repairs and/or defects resulting from repairs done by unauthorised persons.
- c. Periodic check-ups and maintenance.
- d. Failure or wear of optional parts or other attachments other than the main device itself, unless explicitly guaranteed above.
- e. Costs arising due to non-acceptance of a claim (those will be charged for).
- f. Damages of any kind including personal caused accidentally or from misuse.
- g. Calibration service is not included within the guarantee.

Should guarantee service be required please apply to the dealer whom the product was purchased from or an authorised ARMA distributor. For the address refer to the product packaging / literature or to your specialised retailer.

Repair or replacement under the guarantee does not give rise to any extension or renewal of the guarantee period.

The guarantee will be granted only if the complete product is returned together with the original invoice/ cash ticket issued to the consumer by the retailer.

ELECTROMAGNETIC COMPATIBILITY

This device has been tested and found compliant to IEC 60601-1-2:2020 for use in a Home Healthcare Environment. It has also been tested and found compliant to the FCC's Title 47 Part 15 (Subparts B and C).

As part of this testing the following standards are included:

Standard	EMC / Safety
IEC 60601-1-2:2020	Medical Electrical Eq't Pt 1-2 General Req'ts for Basic Safety and Essential Performance - Collateral Standard Electromagnetic Disturbances - Requirements and Tests.
IEC 61000-4-2	Electromagnetic Compatibility (EMC) – Part 4-2: Testing and measurement techniques – Electrostatic discharge immunity test.
IEC 61000-4-3	Electromagnetic Compatibility (EMC) – Part 4-2: Testing and measurement techniques – Radiated, radiofrequency, electromagnetic field immunity test.
IEC 61000-4-4	Electromagnetic compatibility (EMC). Testing and measurement techniques. Electrical fast transient/burst immunity test.
IEC 61000-4-5	Electromagnetic compatibility (EMC). Part 4-5: Testing and measurement techniques - Surge immunity test.
IEC 61000-4-6	Electromagnetic compatibility (EMC). Testing and measurement techniques. Immunity to conducted disturbances, induced by radio-frequency fields.
IEC 61000-4-8	Electromagnetic compatibility (EMC) – Part 4-8: Testing and measurement techniques – Power frequency magnetic field immunity test.

ELECTROMAGNETIC COMPATIBILITY

Standard	EMC / Safety
IEC 61000-4-11	Electromagnetic compatibility (EMC) - Part 4-11: Testing and measurement techniques - Voltage dips, short interruptions and voltage variations immunity tests.
IEC 61000-4-39	Electromagnetic compatibility (EMC) - Part 4-39: Testing and measurement techniques - Radiated fields in close proximity - Immunity test.
IEC 61000-3-3	Electromagnetic compatibility (EMC) - Part 3-3: Limits - Limitation of voltage changes, voltage fluctuations and flicker in public low voltage supply systems, for equipment with rated current ≤ 16 A per phase and not subject to conditional connection.
CISPR 11	Industrial, scientific and medical equipment - Radio-frequency disturbance characteristics - Limits and methods of measurement.
FCC Title 47 Part 15B	Federal Communications Commission Subchapter B – General Part 15, Unintentional Radiators.
FCC Title 47 Part 15C	Federal Communications Commission Subchapter C – General Part 15, Intentional Radiators.

FCC ID: 2BD2B-ARMA-08

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause interference; and
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

GUIDANCE AND MANUFACTURER'S DECLARATION

ARMA Blood Pressure Monitor (BPM)

Information for accompanying documents in the scope of IEC60601-1-2:2020.

Important information regarding Electromagnetic Compatibility (EMC)

With the increased number of electronic devices such as PCs and mobile (cellular) telephones, medical devices in use may be susceptible to electromagnetic interference from other devices.

Electromagnetic interference may result in incorrect operation of the medical device and create a potentially unsafe situation. Medical devices should also not interfere with other devices.

In order to regulate the requirements for EMC (Electromagnetic Compatibility) with the aim to prevent unsafe product situations, the IEC60601-1-2 standard has been implemented. This standard defines the levels of immunity to electromagnetic interferences as well as maximum levels of electromagnetic emissions for medical devices.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:























- Reorient or relocate the receiving antenna
- Increase the separation between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected
- Consult the dealer or an experienced radio/TV technician for help.

Medical devices manufactured by Tournicare conform to this IEC60601-1-2:2020 standard for both immunity and emissions.

Nevertheless, special precautions need to be observed:

- The use of accessories and cables other than those specified by Tournicare, with the exception of cables sold by Tournicare as replacement parts for internal components, may result in increased emission or decreased immunity of the device.
- The medical devices should not be used adjacent to or stacked with other equipment.
- In case adjacent or stacked use is necessary, the medical device should be observed to verify normal operation in the configuration in which it will be used.
- Refer to further guidance below regarding the EMC environment in which the device should be used.
- The **Medical Electrical Equipment** BPM needs special precautions regarding EMC and needs to be installed and put into service according to the EMC information provided in this documentations.

SYMBOL GLOSSARY

	Manufacturer		Do not use if package is damaged		Caution
	Date of manufacture		Fragile handle with care		Keep dry
	Catalogue number, ARMA-08		Operating temperature limit		Keep away from sunlight
	Serial number		Operating humidity limitation		Importer
	Refer to instruction manual		Storage/Transport temperature limit		Distributor
	Country of Manufacture		Storage/Transport humidity limitation		Medical Device
	Non sterile		Atmospheric pressure limitation		Unique Device Identifier
	Type BF Applied Part	IP22	Protected from touch by fingers and objects greater than 12mm. Protected from water spray less than 15 degrees from vertical.		



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Importer
Details
Details



Distributor
Details
Details