

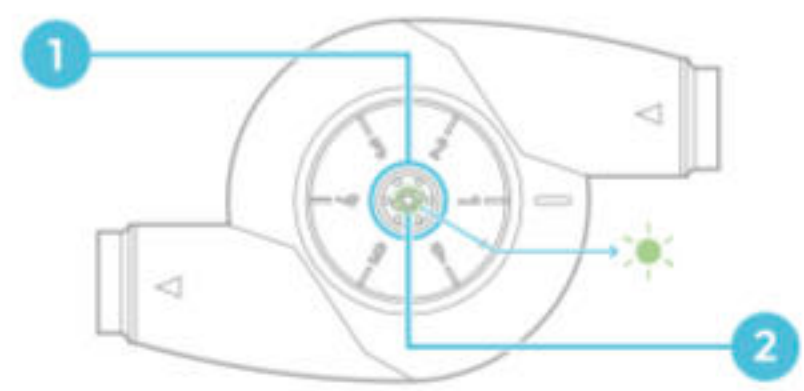
We congratulate you on your purchase of the Oumua!

Oumua is a smart breathing trainer. It conditions your breathing muscles, improving different aspects of your health, wellness and athletic performance. Also helps you quit smoking.

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ACTIVATION

To activate Oumua Pro, please sharply press the central button (1) once. The indicator (2) will blink 1 time, and the device will switch ON.

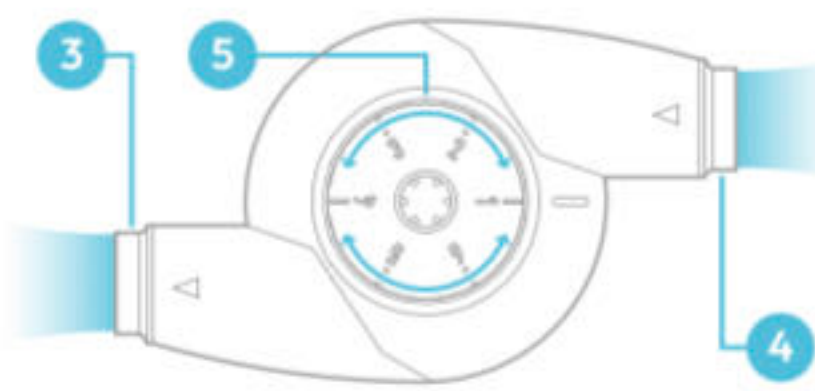


To turn the device off, press the central button (1) and hold it for 3 sec., the indicator (2) will blink 3 times and the device will turn OFF. Oumua Pro also turns off automatically if no user interaction happens for 5 min. straight.

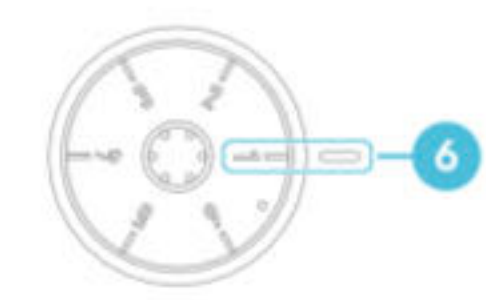


GETTING STARTED

Inhale through the inhalation airflow (3) and exhale through the exhalation airflow (4).



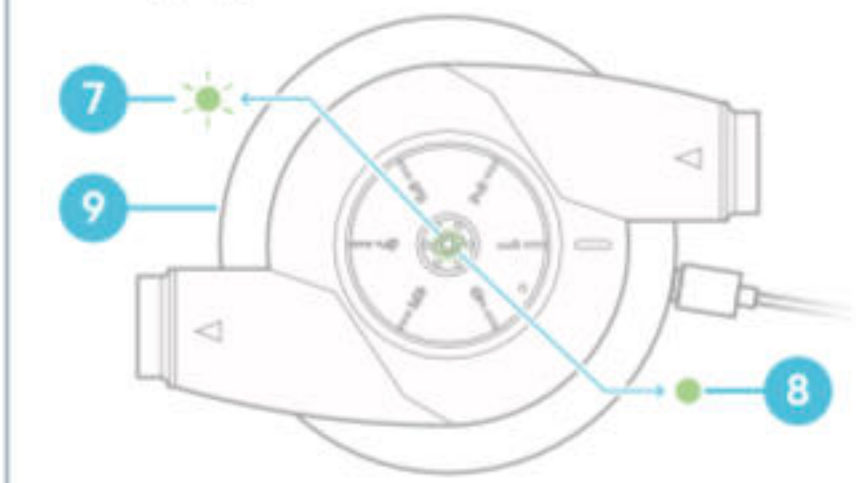
To establish a correlation between the resistance level and the numerical values, rotate the knob (5) in a clockwise or counterclockwise direction.



The designated resistance level is indicated by a dash (6) which is visually highlighted in color. It is important to note that this correlation is applicable to both the inhalation and exhalation sides.

STORAGE AND MAINTANCE

Charging



Upon initiating the charging process, the LED indicator on the device will begin to flash (7). It is recommended to allow a period of 15 to 20 min. for the charging process to complete.

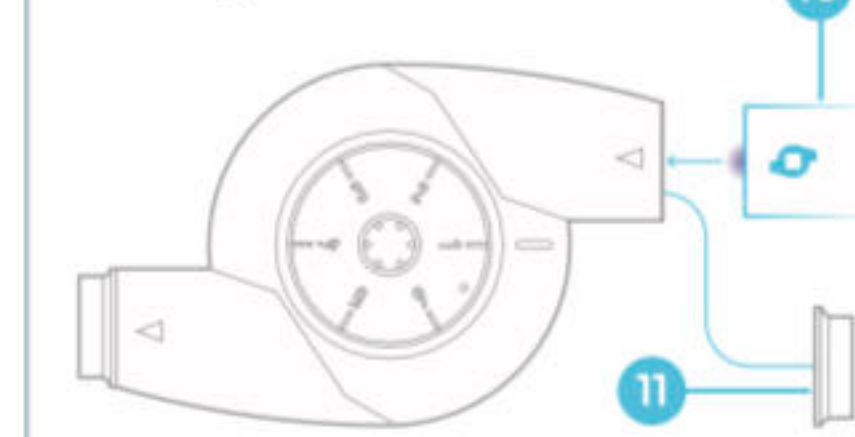
Once fully charged, the LED will emit a constant light (8), indicating that the device is ready for use.

To disconnect the device from the charging source, it is advised to gently detach the side that possesses a magnetic "click" and "stick" interface, which securely connects to the device during the charging process.

It is not necessary to charge the device overnight or for extended periods of time as it may have adverse effects on the battery's capacity and longevity.

STORAGE AND MAINTANCE

Cleaning



The UV-sterilizer (10) serves as a visual aid for cleaning and sterilizing the device.

To use the sterilizer, first, insert the plug into the device, and the other end into the simulator.

Remove the mouthpiece (11) and turn on the sterilizer, allowing it to run for 10-15 min. After the process is complete, remove the device from the sterilizer.

It is strongly advised not to clean the device with water or soap. Rather, we recommend using the UV-sterilizer for cleaning, as water can damage the device and promote bacterial growth inside it over time.

CONNECTING TO APPLICATION

Before proceeding, please verify that the device Bluetooth and Internet connection are activated and functioning properly.



Connect

To connect, press the designated button for connection.

In the event of a connection failure, it is recommended to check if Bluetooth is turned on and if the necessary permissions have been granted to utilize location services (for Android operating systems).

For mobile phones released prior to 2018, we offer a specialized safe mode feature that conserves Bluetooth and phone processor resources, thus preventing the application from crashing.

SAFETY INFORMATION



It is not recommended to engage in exercise sessions that exceed 30 min. per day. The optimal training period is 15 min. per day.



Children under the age of 3 should not utilize the device without adult supervision and accompaniment.



Mouthpieces should not be chewed, clenched with one's teeth, eaten, or swallowed.



Turning the knob in different directions is not advised, as it may result in the disassembly of the entire mechanism.

GETTING STARTED



Do not immerse the device in water. Rinsing the device with running water is discouraged, and the use of a UV-sterilizer is recommended instead.



Under no circumstances should the device be exposed to flames.



It is advised not to expose the device to temperatures exceeding 40° C or falling below -20° C. Exposure to such temperatures may lead to the air pressure sensor improperly calculating pressure values in "live" mode.



Oumua Inc (TM). Model: Oumua Pro.

Wireless connections: Bluetooth 5.0

Compatible with: Android 4.4/iOS 9.0 and above

Battery: LIR 1254, 3.6V

Package contents: Oumua Pro breathing trainer, mouthpieces (x2), guiding leaflet

Manufactured: China.

For further information visit: www.oumua.me

✉ hello@oumua.me

🌐 oumua.me/web3

📌 [oumua_official_group](#)

🐦 OumuaTrainer

📺 [oumuabreathingtrainer](#)

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CE FC

2023



INSTRUCTION GUIDE

FCC Warning

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any inte rference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user’s authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interferenceto radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Radiation Exposure Statement

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.