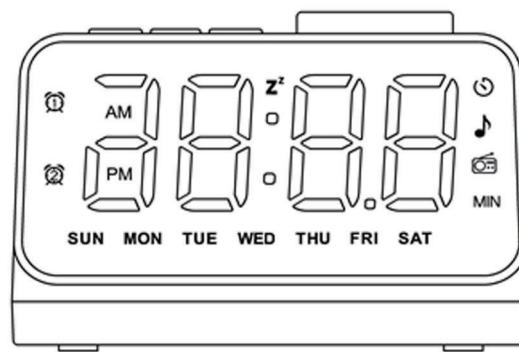


# Radio Night Light Alarm Clock

## User Manual

(EN)



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## FOREWORD

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The World Health Organization (WHO) recommends that children aged 6-13 get 9-11 hours of sleep per night, teenagers aged 14-17 get 8-10 hours of sleep per night, and that adults aged 18-64 get at least 7 hours of sleep per night.

WHO also recommends that people create a regular sleep schedule, avoid screens before bed, and create a comfortable sleep environment.

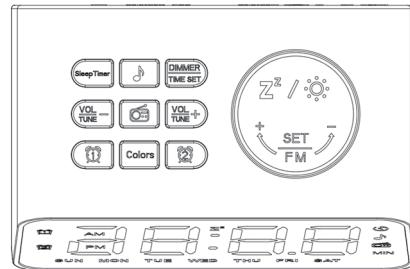
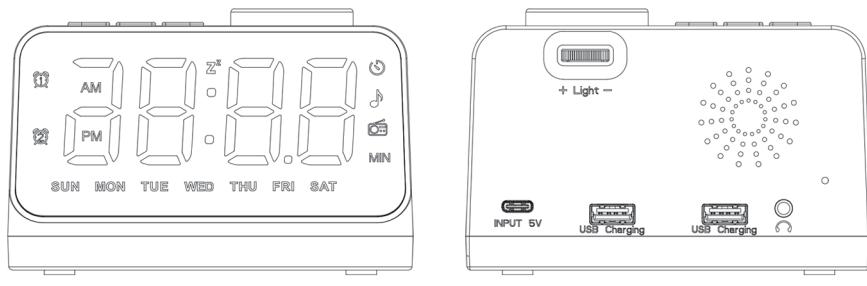
We hope to make it easier for everyone to fall asleep and wake up more comfortably with our sleep guides and the JALL upgraded sunrise alarm clock. Getting enough high-quality sleep is a healthy choice for everyone.

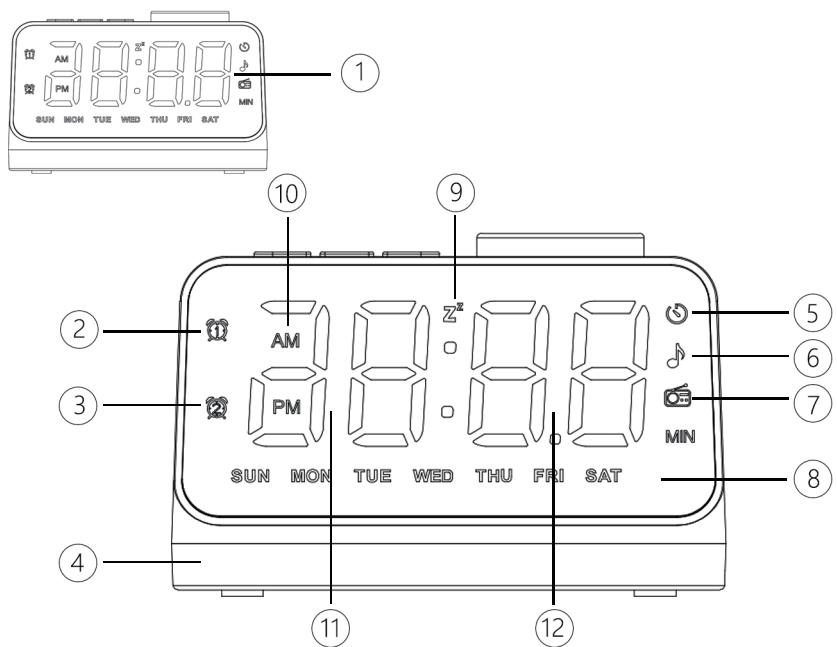
We provide a lifetime warranty for all products we sold. We recommend that you contact us via Email to activate your warranty as soon as you receive the product.

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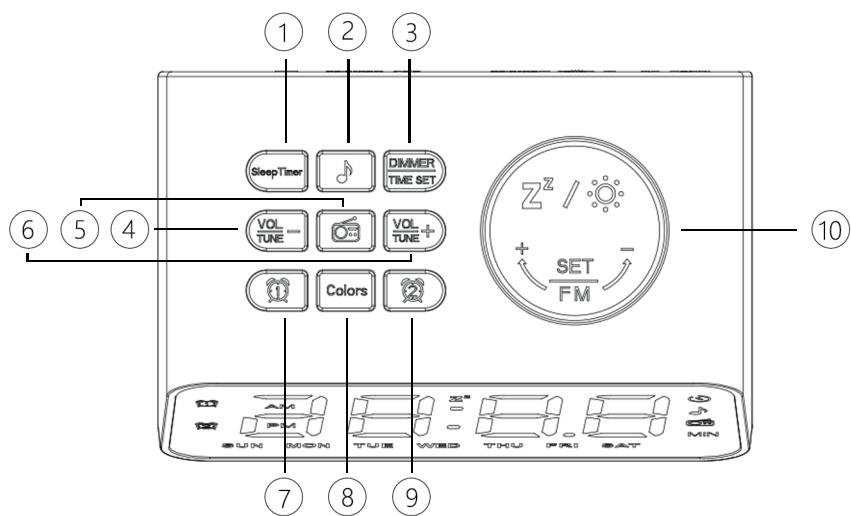
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# OVERVIEW

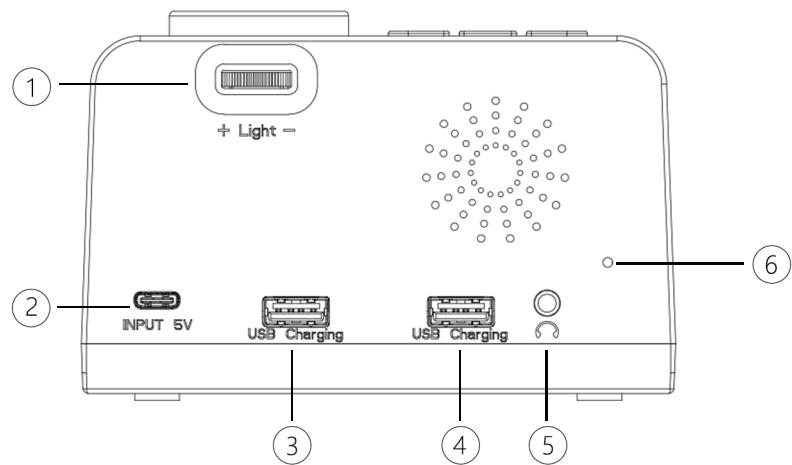




1. Time Display Area
2. Alarm 1 indicator
3. Alarm 2 indicator
4. Night light
5. Fall Asleep icon
6. Music icon
7. FM Radio icon
8. Monday-Sunday
9. Snooze icon
10. AM / PM icon
11. Time: Hour
12. Time: Minute



1. Companion sleep timer	6. Volume up/ radio tuner
2. Companion sleep music switch	7. Alarm 1 button
3. Time setting / screen brightness adjustment	8. Time display color
4. Volume down/ radio tuner	9. Alarm 2 button
5. FM Radio Button	10. Snooze button / Light switch



1. Night light adjustment	4. USB Output Port
2. DC Input Port - 5V2A	5. Headphone jack
3. USB Output Port	6. Antenna

## **FIRST USE**

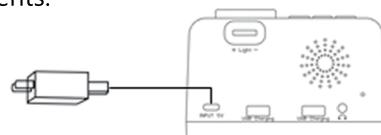
Please connect one end of the AC adapter to the DC input port of the night light alarm clock, and plug the other end of the AC adapter into the AC 100-240V home socket. Place the alarm clock at a distance of 16-20 inches from your head, such as on a bedside table.

**This clock comes with a lifetime warranty and we strongly recommend that you contact us with your order number to activate the warranty.**

This night light alarm clock should be placed in a cool and dry place.

Please wipe off the dust with a soft and damp cloth.

Do not use liquid or abrasive cleaning agents.



## TIME SET

Note: in the process of setting the time, you only use the Time Set and Snooze button.



### 1. 12H/24H Time Format Setting

Press and hold the Time Set button for 2 seconds to start the time setting. Now, the "12H" (24H) on the display area is flashing. Please rotate the Snooze button to select the "12H" or "24H" time format. Then click the Time Set button to confirm. And then the "Hour" icon is flashing.

### 2. Time: "Hour" Setting

Please rotate the Snooze button to select the "Hour". Then click the Time Set button to confirm. And then the "Minute" icon is flashing.

## TIME SET



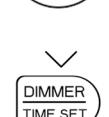
### 3. Time: "Minute" Setting

Please rotate the Snooze button to select the "Minute". Then click the Time Set button to confirm. And then the "Mon-Sun" icon is flashing.



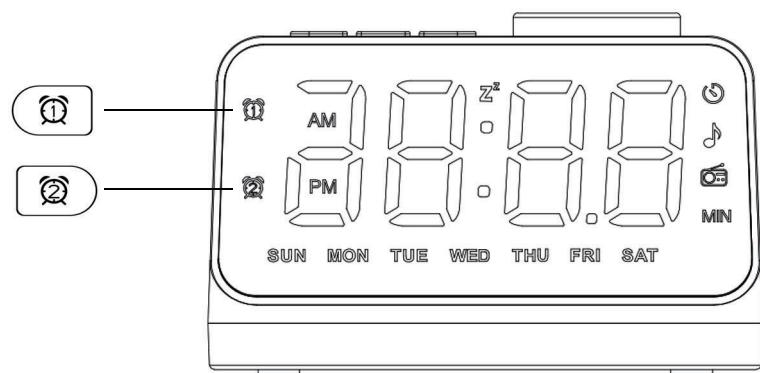
### 4. "Monday-Sunday" Setting

Please rotate the Snooze button to select which day of the week it is today. Then click the Time Set button to confirm.



So far, you have set the time for your alarm clock. If the device is disconnected from the power source and the insulation label is not removed, after the clock is reconnected to the power source, the time will be reset to 12:00 AM.

## ALARM SWITCH



**In the time display status, Press Alarm 1 / 2 button to turn on / off the alarm.**

**The indicator light is on, indicating that the alarm switch is on.**

## ALARM SET

Note: in the process of setting the alarm, you only use the Alarm and Snooze button. Below is an example of setting the alarm 1. The same applies to alarm 2.



### 1. Alarm Time: "Hour" Setting



### 2. Alarm Time: "Minute" Setting

Please rotate the Snooze button to set the alarm time: "Minute". Then click the Alarm 1 button to confirm. And then the Alarm Sounds code(S01) is flashing.

## ALARM SET



### 3. Alarm Sounds Setting

Please rotate the Snooze button to set the alarm sounds S01-S08(S08 is radio frequency). Then click the Alarm 1 button to confirm. And then the sounds volume is flashing.



### 4. Sounds Volume Setting

Please rotate the Snooze button to set the sounds volume (V01-V16). Then click the Alarm 1 button to confirm. And then the "Mon-Sun" icon is flashing.



### 5. Alarm Mode Setting

Please rotate the Snooze button to chooses the alarm mode, you can set the corresponding alarm for Every Day, Weekday or Weekend.



## SNOOZE

When the alarm goes off, you can click the Snooze button to enter snooze mode.

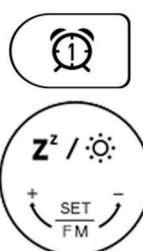


### 1. Snooze Function

After clicking the Snooze button, you will sleep for an extra 9 minutes. 9 minutes later, the sound will reappear. There're infinite times of snooze for this alarm clock.

## STOP ALARMS

When the alarm goes off, you have 3 options to stop the alarm.



- 1. Click the Corresponding Alarm Button Once**
- 2. Press and Hold the Snooze Button for 2 Seconds**
- 3. Without Any Action**

If there is no operation within 20 minutes, the alarm will automatically turn off for the day.

## FM RADIO SET

In order to get excellent FM radio performance, we recommend that the antenna should be fully extended. When the radio is in operation, adjust the antenna position to get the best reception.

Manual Frequency Tuning:



### 1. Turn The FM Radio On

Click the FM Radio button to turn FM Radio on. Now, the time display area will show the frequency of current station to remind the user that the FM Radio is activated.



### 2. Manual Frequency Tuning

Please rotate the Snooze button to manually search for all available stations within the frequency range of 76.0 MHz to 108.0 MHz.



### 3. Volume Up / Down

Click the Volume Up (or Volume Down) button to increase or decrease the volume.



### 4. Turn Off The FM Radio

Click the FM Radio button again to quit.

## FM RADIO SET

Automatic Frequency Tuning:

### 1. Turn The FM Radio On



Click the FM Radio button to turn FM Radio on. Now, the time display area will show the frequency of current station to remind the user that the FM Radio is activated.



### 2. Automatic Frequency Tuning

Press and hold the FM Radio button for 2 seconds and the device will scan for all available stations from 76.0 MHz to 108.0 MHz. After the scan is complete, the device will play the first available station.



### 3. Switch Stations

Press and hold the Volume Up (or Volume Down) button for 2 seconds and the device will play the next available station.



### 4. Turn Off The FM Radio

Click the FM Radio button again to quit.

## COLORED LIGHT

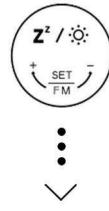
This light alarm clock has a total of 8 kinds of colorful lights, including 4 kinds of solid color lights and 4 kinds of RGB mood lights.

8 Solid Color Light Modes:



### 1. Turn Colored Light On

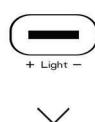
Click the Colored Light button to turn on the night light and use it as a night light.



### 2. Select Colored Light

Continue to click the Colored Light button to select your desired light color.

(4 kinds of solid color lights and 4 kinds of RGB mood lights)



### 3. Intensity Up / Down

The roller button on the back of the device is used to adjust the brightness of the light.



### 4. Turn Off

Press and hold the Colored Light button for 2 seconds to quit.

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## MUSIC

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This alarm clock has a total of 8 natural sounds. (Cicada chirping, campfire in the forest, birds, frogs, seagulls, river, rain, wind chimes)



### 1. Turn The Music On

Click the Music button to turn on the music mode.



Click the Music button to change musics. There're 8 natural sounds in total (S01 - S08).



### 2. Volume Up / Down

Click Volume Up (or Volume Down) button to increase or decrease the volume. There're 16 levels of volume.



### 3. Turn Off The Music Mode

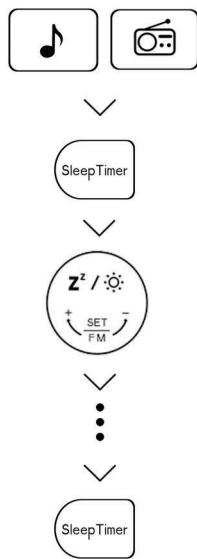
Press and hold the music button for 2 seconds to quit.

## — FALL ASLEEP MODE —

In fall asleep mode, the light and music will gradually diminish over time until they shut off at the end of the fall asleep duration.

During fall asleep duration, you can turn off the light or music separately.

The longest fall asleep duration can be set to 480 minutes (8 hours), which can almost last for an entire night.



### 1. Select a Fall Asleep Mode

Click the Music Button / FM Radio Button / Colored Light Button to choose a fall asleep mode. You can adjust the light (8 light modes), music(8 sounds & FM radio). Methods for switching the lights and musics or turning it off, please refer to the relevant sections in the manual regarding lights and musics.

### 2. Set Sleep Timer

Click the Sleep Timer Button to turn the Sleep Timer on. Now, the fall asleep duration is flashing. Please rotate the snooze button to adjust the duration (max 480 minutes).

### 3. Turn Off The Fall Asleep Mode

Press and hold the Fall Asleep button for 2 seconds to quit.

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## SOME TIPS

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### **1. Turn it on as a night light / reading light**



In order to make it easier for customers to turn the light on in the dark night, we specially designed the function of clicking the Snooze button to turn on the night light. It will be a bedside lamp/night light/reading lamp/mood light depending on your needs.

Note: Press and hold the Colored light button for 2 seconds to quit.

### **2. Adjust the brightness of the time display**

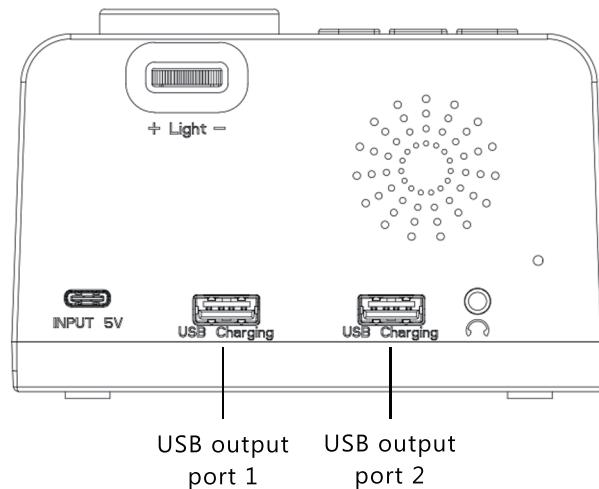


In order to better adapt to day and night, we have set 5 brightness levels for the time display, from low to high, namely L0/L1/L2/L3/L4, that is, L0 is completely off, and L4 is the highest brightness. Click the Dimmer button to switch between different brightness levels of time display. Worth mentioning is that if you set the time display to L0 level before going to sleep at night, when the alarm goes off in the morning, the time display will automatically revert to L4 brightness.

## SOME TIPS

### 3. About the USB output

We designed two 5V1A USB output port, which can charge mobile phones, tablets and other devices. But please do not connect high-power devices.



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## FAQ

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**Q: This appliance doesn't work at all.**

- (1) Perhaps the adapter is not inserted properly in the wall outlet. Plug the adapter properly into the wall outlet.
- (2) Perhaps there is a power failure. Check if the power supply works by connecting another appliance.  
If not, please contact us via Email for further help.

**Q: How can I turn the alarm sound off once it has gone off?**

Please click the corresponding Alarm button to turn it off. So if you set "Alarm 1", click the Alarm 1 button and it should shut off for that day.  
Please refer to the page 11.

**Q: How can I completely turn off the time display?**

You can adjust the brightness of the time display, or turn it off by clicking the Dimmer button.

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## FAQ

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**Q: Can I completely turn off the alarm so it won't ring any more?**

Please note that when you set the alarm 1, the alarm 1 indicator will appear on the panel, which means that the alarm 1 is currently active. If you want to disable alarm 1 completely, you need to manually click the alarm 1 button, and the alarm 1 indicator will disappear, which means you have completely turned off the alarm 1. If you want to reactivate it, click the alarm 1 button again. Please refer to the page 8.

**Q: I received a product that was damaged/missing part/scratched/dirty.**

I apologize for this. Please don't worry, we are committed to providing a lifetime warranty on this product. Please contact us via Email for a brand new replacement.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.