Smart Watch
User Manual

Please make a full charge before using it.
APP:FitCloudPro

Product Overview

LED lamp
Cover glass
1.91" TFT
Silicone strap
Power/Encoder button
Back button

Microphone
Sensor
Charging contacts

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Universal password for this device:

1819
When you forget the startup password you set,You can enter 1819 to unlock this device.

Charge your smartwatch
For the first time, please use a USB charger to charge the device. This machine uses a magnetic charging cable, and the charger is USB 5V/1A. A full charge takes about 2.5 hours.
The watch will automatically turn on when charging.

Install the APP
1. Download the FitcloudPro APP on your mobile phone and install it, you can directly search for "FitcloudPro" in the APP mall to download; You can also scan the QR code on the right to jump to the link to download and install "Fitcloud Pro".


2. Device requirements: Android 5.0 and above, IOS 10.0 and above.

Device connection
1. If you use the watch for the first time, you need to connect to the APP for time calibration, etc. Turn on the Bluetooth switch on your phone.
2. Open the app and set up your personal information.
3. Tap "Device" - Tap "Bind Device" or scan the code to bind.
4. Select "HW57" from the search list and confirm on the watch side.
5. Once paired, you can use or customize the features as needed.

Connect audio
After the Android phone is connected to the smart watch HW57, a small window dialog box will pop up in about 3 seconds, as shown in the figure below, click to pair to connect the phone audio to realize the function of the watch to answer calls and listen to music;
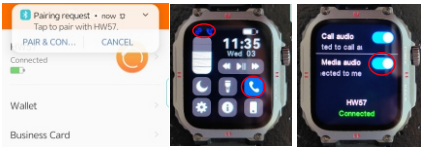
Note: Please make sure that you must manually turn on Media Audio in your smartwatch to listen to music as shown above.

Wear it correctly
1. Adjust the strap size to your wrist.
2. Make sure the heart rate sensor is in contact with your skin for it to work properly.

Instructions for button and gesture operation:
1. Press and hold the "Power" button to turn the smartwatch on or off.
2. To change the watch face, press and hold on the watch face interface, swipe left and right to switch watch faces, and click OK; Or rotate the "Encoder button" on the watch face interface to quickly switch watch faces.

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3. "Power" function description: power on and off function; When on the watch face interface, click to jump to the menu style interface; In the menu style interface, double-click to quickly switch menu styles; Press the boot state for 10 seconds to initiate a restart, etc.
4. "Back" button function description: Users can customize the down button function.
Default: Click Stop Screen; Long press: Go to the sports list.
5. Gesture operation on the touch screen of the watch face interface:
Swipe up : Get the message.
Swipe down: A drop-down menu appears.
Swipe from right to left: Go to the card function.
Swipe from left to right: Pop up the split-screen menu. On the Other Functions page, swipe right to exit the relevant functions.

Introduction to related functions
1. Exercise data
Displays the number of steps, distance, and card data recorded on the day, and the step data of the last seven days, and you can set the number of steps, distance, and calorie goals in the APP.
2. Heart rate measurement
The watch supports continuous heart rate measurement around the clock, or a single heart rate.
a. Click the side button of the watch to enter the application list, select the heart rate, and perform a single heart rate measurement.
b. Open the APP, enter the device details page, turn

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on continuous daytime heart rate measurement, and set the monitoring time period, and the watch will continuously measure your heart rate.
3. Sleep monitoring
Adequate sleep is good for good health, and the watch can monitor and record your sleep trends for the current day & the last 7 days.
a. Night sleep: Wear the watch correctly to fall asleep, and the watch will automatically recognize the time of falling asleep, falling asleep, deep sleeping, light sleep and waking up. The sleep monitoring time period is: 21:30-12:00.
b. View sleep data: Support viewing sleep data on the watch and APP side.
4. Exercise
Sports mode options: 8 1 types, (walking, running, mountaineering, cycling, skipping rope, basketball, badminton, football, yoga (as a pushable alternative sport)), click the icon to start exercising, you can support 110+ sports push on the APP side.
5. Weather
After the watch is connected to the APP, and the weather push switch is turned on, the watch can synchronize the latest weather data (temperature, weather type) of the day.

More functions on the watch side are for users to experience by themselves.
Please connect to FitcloudPro to experience practical functions such as message push, watch face push, sports push, etc.

Hardware Specifications

CPU	AB5681F
Heart Rate Sensor	HX3602H
G-Sensor	SC7A20H
Memory	640KB SRAM+64Mb FLASH
Display	1. 91″ TFT
Screen Resolution	240∗296 pixcel
Touch Screen	Full touch capacitive screen
Bluetooth	BLE5.4 Dual
Speaker	Built-in
Vibration Motor	Built-in
Button	Power+Encoder button+Back button
Battery	380mAh Lithium Polymer Battery,3.8V
Charging Method	Magnetic charging pin cable, 5V,DC USB