

TM11 user manual

1. Function Introduction

Touch Control, SOS, HRV, Heart Rate, Blood Oxygen, Body Temperature, Sleep, Menstrual Cycles, Body Recovery Monitoring, Exercise Record

2. Packaging list

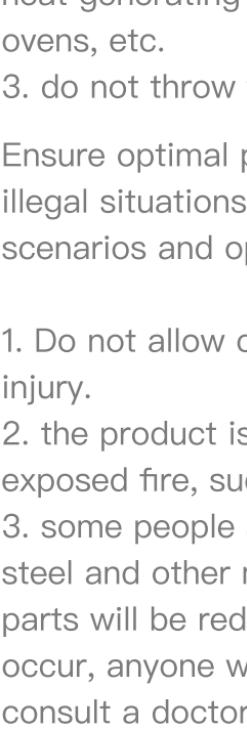
Smart ring x1, charging cable x1, user manual x1.

3. Basic parameters

Product Name	Health Smart Ring
Product material	Austenitic antibacterial stainless steel
Communication methods	Bluetooth LE5.0
Sensors	Temperature sensor, acceleration sensor, heart rate sensor, touch sensor
Battery life	4-6 days
Battery	Lithium polymer batteries
Charging method	Magnetic charging
Charging time	<=1.5 hours
Working temperature	-20 °C to 50 °C
Storage temperature	-30 °C to 70 °C
Charging temperature	0 °C to 40 °C
Waterproof level	IP68 waterproof

4. Connection

1. Scan the QR code to download the APP (or search for "AIZO RING" in the Apple Store or Google Market to download)



2. Place the ring on the charging cable connected to the power source and the ring will be activity automatically. (Every time you bind the ring, you need to put it on the charging cable to keep it charged.)

3. Open the AIZO RING APP, click the Add Ring button on the Status page or Smart page to enter the ring binding interface and search for Bluetooth rings.

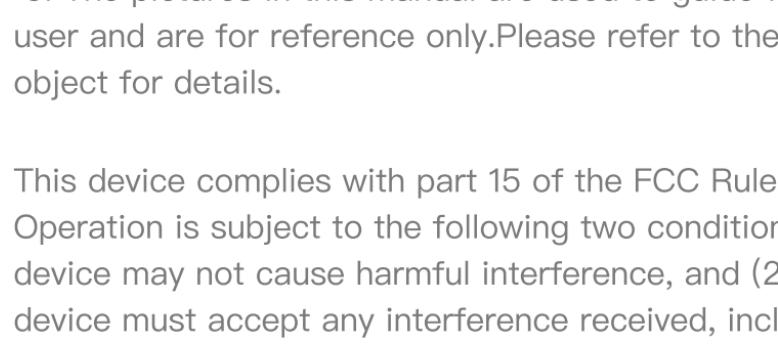
4. When the ring appear in the Bluetooth list, choose it to start binding; If no found, check that whether the charging cable connection and the ring are charged.

5. Wait for seconds, the APP will automatically connect and bind the ring. During binding, the ring will flash green LED light for 5 seconds.

6. If you need to unbind it, click "Unbind Ring" on the setting window of the APP to finish unbinding. If you're using an iPhone, you'll also need to manually remove or ignore your ring from the list of paired Bluetooth devices in your phone's Bluetooth setting.

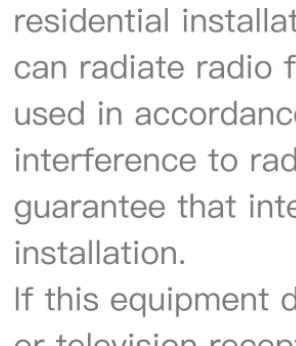
5. Wearing

When using the Smart Touch feature, please pay attention to how the ring is worn. The ring should be worn on the index finger and the sensor area located inside the finger (note: the touch experience will be more comfortable when the upper end of the touch area is aligned with the middle line on the side of the index finger, as shown in the dotted line below)



6. Use

After the smart touch function is turned on, you can remote control the 3rd parties APPs on phone, computer and TV through the ring touch area (the touch area is on the outer surface of the ring, please pay attention to the direction when wearing)



Smart touch area

7. Charging

Attach the ring charging point to the charging cable pin. If the ring red light flashes, it indicates normal charging. (For details, please refer to the directory page "Charging Method Instructions")

8. Safety and precautions

1. The ring with built-in battery, and the battery is not replaceable, do not disassemble or modify the battery.

2. Do not expose the ring to high temperatures or around heat generating equipment, such as heaters, microwave ovens, etc.

3. do not throw the ring into the fire.

Ensure optimal performance and to avoid dangerous or illegal situations, please read and observe the following use scenarios and operating environment precautions.

1. Do not allow children or pets to swallow the ring to avoid injury.

2. the product is strictly prohibited near the heat source or exposed fire, such as ovens, electric heaters, etc..

3. some people are allergic, their skin to plastic, stainless steel and other materials will be allergic, long-term contact parts will be red, swollen, inflammation and other symptoms occur, anyone with similar conditions, please stop using and consult a doctor.

4. The radio waves generated by the device may affect the normal operation of implanted medical devices or personal medical equipment, such as pacemakers, hearing aids and so on.

please consult with their manufacturers for restrictions on the use of this equipment.

5. Please do not dispose of the device and its accessories as ordinary household garbage. Please observe local ordinances for the disposal of the device and its accessories and support recycling actions.

9. Content of harmful substances

Part name	Hazardous substances					
	(Pb)	(Hg)	(Cd)	(Cr(VI))	(PBB)	(PBDE)
Charging Cable	○	○	○	○	○	○
Housing	○	○	○	○	○	○
Circuit board	○	○	○	○	○	○
Battery	○	○	○	○	○	○

This form is prepared in accordance with SJ/T11364.

○: indicates that the content of the hazardous substance in all homogeneous materials of the component is below the limit specified in GB/T 26572-2011.

×: indicates that the content of the hazardous substance in at least one homogeneous material of the component exceeds the provisions of GB/T 26572-2011.

The number in this sign indicates that the product (except battery) is in normal use and the environmental protection service life is 10 years.

The number in this sign indicates that the environmental protection service life of the battery is 5 years under normal use.

The environmental protection life identification on the components takes precedence over any conflicting or different environmental protection service life identification on the products. All environmental protection service life of the product refers to the safe life of the product without leakage of toxic substances.

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