

SMART RING

Users Manual

Smart Ring Quick Start Guide

1. Function Introduction

- ECG Detection
- BIA, Body Moisture Detection
- Touch Control
- SOS, Event Alert
- HRV, Heart Rate
- Blood Oxygen
- Body Temperature, Sleep
- Physiological Cycle
- Exercise Record
- Body Recovery Monitoring

2. Packaging list

- Smart ring x1
- Charging accessories x1
- User manual x1

3. Basic parameters

Product Name	Smart Health Ring
Product material	Austenitic antibacterial stainless steel
Communication methods	Bluetooth LE5.0
Sensors	Temperature, acceleration, heart rate, oxygen, touch, ECG, BIA
Battery life	4-6 days
Battery	Lithium polymer batteries
Charging method	Magnetic suction charging
Charging duration	<=1.5 hours
Working temperature	-20 ℃ to 50 ℃
Storage temperature	-30 ℃ to 70 ℃
Charging temperature	0 ℃ to 40 ℃
Waterproof level	5ATM waterproof

4. Connection

1. Scan the code to download the app (or search for "AIZO RING" in the Apple App Store and Android App Market to download)



2. The ring is automatically activated by placing it on a charging cradle that is connected to a power source. (Every time you bind the ring, you need to put it on the charging cradle to keep it charged.)

3. Open the AIZO RING APP, click the Add Ring button on the Status page or Smart page to enter the ring binding interface and search for Bluetooth rings.

4. When you see your ring appear in the list of Bluetooth devices, click the device to start binding; if the ring is not searched, please check the power connection of the charging cradle and whether the ring is in charging status.

5. Wait for a few moments, APP will automatically connect and bind the ring. During the binding process, the ring will flash green for 5 seconds. 6.

6. If you need to unbind the ring, click "Unbind Ring" on the device settings page of APP to complete the unbinding operation. If you are using an Apple mobile phone, you need to manually delete or ignore your ring from the list of paired Bluetooth devices in the Bluetooth settings of your mobile phone.

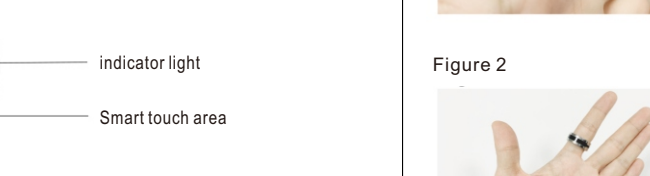
5. Wearing

When using the Smart Touch feature, please be aware of how the ring is worn. The ring should be worn on the index finger with the sensor red light located in the inner measurement of the finger.



6. Use

When the Smart Touch function is turned on, you can remotely control your mobile phone, computer, TV, etc. with touch gestures in the ring touch area.



2. ECG, body fat measurement method: Wear the smart ring about 5 millimeters away from the root of the index finger, make sure the ring sensor is located in the position of the finger belly (Figure 1); make sure the outer surface of the smart ring is not in contact with the neighboring fingers (Figure 2); extend the fingers of the other hand and press on the outer surface of the smart ring, make sure the left and right hands do not touch (Figure 3). Note: Keep your fingertips lightly pressed to contact the sensor until the measurement is complete. During the measurement, please keep still, breathe evenly and steadily, and do not talk;.

7. Charging

1. Ensure the charging accessory^① is energized. place the ring on its and algin it with magnetic port. If in charging it will flash red always on (If not properly connected the red light will go off immediately, please check if the ring is properly connected to the charger's port. The charging status and charging percentage will show on the APP.)
2. If the battery is fully charged, the green light of the ring will always on. (If you use the charging cable or charging dock to charge, the green light will always on when the battery is full; if you use the charging box to charge, the green light will turn off when the ring's battery is full, please refer to the actual product for the specific charging method).

8. Safety and precautions

1. The ring with built-in battery, and the battery is not replaceable, do not disassemble or modify the battery.
2. Do not expose the ring to high temperatures or around heat generating equipment, such as heaters, microwave ovens, etc.
3. do not throw the ring into the fire.
Ensure optimal performance and to avoid dangerous or illegal situations. please read and observe the following use scenarios and operating environment precautions.
• 1. Do not allow children or pets to swallow the ring to avoid injury.

9. Content of harmful substances

2. the product is strictly prohibited near the heat source or exposed fire, such as ovens, electric heaters, etc..
3. some people are allergic, their skin to plastic, stainless steel and other materials will be allergic, long-term contact parts will be red, swollen, inflammation and other symptoms occur, anyone with similar conditions, please stop using and consult a doctor.
4. The radio waves generated by the device may affect the normal operation of implanted medical devices or personal medical equipment, such as pacemakers, hearing aids and so on. please consult with their manufacturers for restrictions on the use of this equipment.
5. Please do not dispose of the device and its accessories as ordinary household garbage. Please observe local ordinances for the disposal of the device and its accessories and support recycling actions.

Part name	Hazardous substances					
	(Pb)	(Hg)	(Cd)	(Cr(VI))	(PBB)	(PBDE)
Charging Dock	○	○	○	○	○	○
Housing	○	○	○	○	○	○
Circuit board	○	○	○	○	○	○
Battery	○	○	○	○	○	○

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10. Warranty

1. This product in normal use, the charging dock warranty for six months from the date of purchase.
2. Failure caused by the user's personal reasons, do not provide free warranty as follows:
a. Crash since the disassembly, modification, etc. ;
b. By inadvertent drops during use.
c. All man-made damage or damage due to third-party negligence, external shock crack, damage to external components of the scratch, etc., are not covered by the warranty.

11. Special instructions

1. This manual is made based on the existing information, and in the principle of continuous improvement and continuous development, Our company reserves the right to change the product specifications and functions and modify and improve any products described in this manual.
2. The contents in this manual are provided according to the condition of the product at the time of manufacture. Unless otherwise specified by

applicable laws, no explicit or default warranty of any kind is made for the accuracy, reliability and content of the document. Any claim based on the data, drawing or text description of this manual will not be accepted.
3. This product is not a medical device. The data and information provided are for reference only.
4. If the out frame of this product is removed without authorization, the product will lose its warranty qualification.
5. The pictures in this manual are used to guide for the user and are for reference only. Please refer to the actual object for details.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction