OPERATING GUIDE

WATCH CHARGING AND ACTIVATION

Attach the magnetic charging wire to the metal contact of the charging port until the charging indication appears on the watch display. When the watch is low, charge. The device is an all-in-one machine.

MOBILE PHONE CLIENT DOWNLOAD

Scan the QR code below to download and install the mobile phone client.
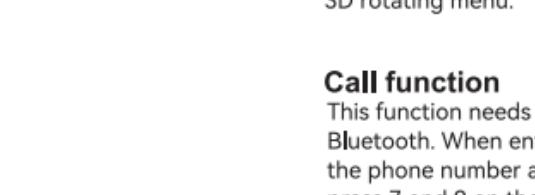
FUNCTION LNTRODUCTION

Dial switch
Long press for 2s on the home screen to enter the dial switch interface. Slide right and left to switch the dial for selection and click to select the dial.

Control center
Function Overview: No Disturbance, Flipping Hands to Display, AI Voice, Illumination Degree, settings, search for phone, power-saving mode, system information.

Function menu
Slide the main interface to the right and enter the menu page. Double click the button to switch menu modes, sharing 6 menu modes. The default is the 3D rotating menu.

Call function
This function needs to be connected to audio Bluetooth. When entering the dial, you can enter the phone number as needed, and then dial; long press 7 and 9 on the keyboard for 2s to enter * and #.

FUNCTION LNTRODUCTION

Call records
This function can save the last 10 call records.

Call bluetooth
Call Bluetooth: Divided into "call audio" and "media audio" switches.
Call audio: Use the Bluetooth connection switch for the bracelet to call. Media Audio: Switch for the band to play media audio. (off by default)
1) The media audio can only be turned on when the call audio is turned on.
2) When the "media audio" is turned on, turn off the "call audio", and the "media audio" switch will be turned off simultaneously;
3) In the case of (2), turn on "Call Audio", and the "Media Audio" switch will be turned on synchronously.

Sports
Options for sport patterns: 8+1 types, (walking, running, mountaineering, cycling, skipping rope, basketball, badminton, football, yoga (as a pushable replacement exercise)), click the icon to start exercising, support 110+ on the APP side sports push.

Movement data
Display the number of steps, distance, and calories recorded on the day, and the number of steps in the last seven days. You can set the target number of steps, distance, and calories in the APP.

FUNCTION LNTRODUCTION

Sport record
The interface saves the recent 10 pieces of historical sport records. You can view the sport duration, heart rate and calories during the sport.

Music
Keep the watch connected to the APP. You can control the pause and start of the mobile phone music player, volume adjustment, and song switching.

Weather
After you connect your watch with the APP and open the location permission, the weather interface will display the real-time temperature and weather type.

Information
Open information push on the App and the watch can receive the corresponding message. It can save up to the last 15 pieces of messages.

Alarm clock
Keep the watch connected to the APP, you can set a single alarm clock or a cyclic alarm clock. You can set up to 5 alarm clocks.

FUNCTION LNTRODUCTION

Stop watch
Click the Start button for the timing of the start.Click the pause button to timing the pause.Click the reset button to time to zero.It can save up to 99 pieces of data.

Find my phone
Keep the watch connected to the APP, and click "Find my phone". The bell rings on your mobile phone and the watch shows that you have successfully found your mobile phone; If the watch is not connected to the APP, the watch will indicate that it is not connected.

Settings
The se ttings include menu style, transition animation, screen display (switching dial, brightness adjustment, on-screen duration, wrist flip on-screen duration, and off screen clock), battery, sound&vibration, language, QR code, time setting, and system.

Breath training
During Breath training, there were 1 min and 2 min options. The user clicks on the corresponding duration for breathing.After dicking to start, follow the icon to zoom in and inhale, shrink and exhale.

FUNCTION LNTRODUCTION

Timer
As for the timer function, the user may start quick timing through the system preset time or click the user-defined button to set the time. Click the Start button for the timing of the start.Click the pause button to timing the pause.Click the reset button to time to zero.

Calculator
The numerical input is in the upper limit of 7 digits (input of negative numbers is not processed), and the result of the calculation is within the upper limit of 8 digits. If the result exceeds the calculated value, it will be displayed with "--------" that cannot be calculated.

Calendar
Display the current year, month and day, slide down to display the calendar.

Sedentary reminder
You can open this function through [device>seden-tary reminder] on the App After it is opened, you can set the start time, end time and the period for Do Not Disturb.

Frequently Asked Questions and Trouble Shooting

Fail to start the watch
Press the power switch for more than 3s
Maybe the battery level is too low. Please charge the battery timely.

The blueteeth is not connected or cannot be connected
1. The blueteeth is not connected or cannot be connected.
2. Please restart the mobile phone blueteeth and connect again.
3. Do not connect your mobile phone to other blueteeth device at the same time.

Sleep data is not accurate enough
1. Sleep monitoring simulates the status of natural sleep and getting up of human, and you should wear it as usual.
2. If you sleep too late or you do not wear the watch until you go to sleep, there may be some error.
3. It does not monitor the sleep data during daytime. The default time for sleep monitoring is from 9:30 in the evening to 12:00 at noon on the next day.
For more frequently asked questions, please view [My>FAQ] on the App