

Instructions

DIRECTORY

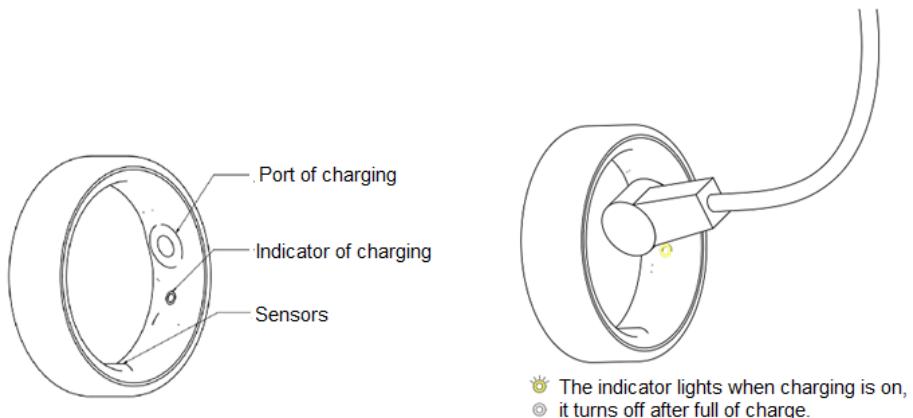
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This information is for reference only and does not constitute any form of commitment. In case of any inconsistency between this information and the official website description, please refer to the official website description without further notice.

This product is not a medical device, and the health data and suggestions provided are only for reference, not as a basis for diagnosis and treatment. Due to individual differences, if you experience skin discomfort while wearing, please stop wearing and consult a doctor.

1. Charging

Align the metal contactor of the charging cable with the charging port on the ring, connect the other end of the cable to the charger, and turn on the power. The charging indicator light remains on during charging and turns off when fully charged.



2. Connecting via Bluetooth

Turn on the Bluetooth on your smartphone using the settings.

Open the iWell APP, tap the + button in the top-right corner of the main page. The APP will scan for iWell ring Bluetooth.

Choose the Bluetooth identity of your iWell ring and press the + button to connect and bind it to your APP.

Congratulations! iWell shall now automatically connect and work for you.

Operating Environment

Do not use the device in damp areas or near magnetic fields to avoid internal circuit faults.

Do not use this device during thunderstorms, as it may cause equipment malfunctions or electrical shock hazards.

Please use this device within the temperature range of -10°C to +45°C. Extreme temperatures can cause equipment malfunctions.

Avoid placing the equipment in direct sunlight, such as on a dashboard panel or windowsill.

Keep the equipment away from heat sources or exposed sources of ignition, such as electric heaters, microwaves, ovens, water heaters, stoves, candles, or other places that may generate high temperatures.

Ensure children or pets do not swallow the device or its accessories to prevent injury, equipment malfunction, or explosion.

Child Health

The device and its accessories may contain small parts. Please keep them out of reach of children to prevent accidental damage, swallowing of small parts, suffocation, or other hazards.

This device is not a toy and should be used under adult supervision.

Accessory Requirements

Using unauthorized or incompatible power sources, chargers, or batteries may cause fire, explosion, or other hazards.

Battery Safety

This device is equipped with a non-detachable built-in battery. Please do not attempt to replace the battery yourself to avoid damaging the battery or device.

Do not connect metal conductors to the two poles of the battery or touch the battery's end points to avoid short circuits and physical injuries such as burns caused by overheating.

Avoid exposing the battery to high temperatures or heat sources such as direct sunlight, space heaters, microwave ovens, ovens, or water heaters, as it may cause an explosion.

Do not disassemble or modify the battery, insert foreign objects, or immerse it in water or other liquids, as it may result in battery leakage, overheating, fire, or explosion.

In case of battery liquid leakage, avoid skin or eye contact with the leaked liquid. If contact occurs, immediately rinse with water, and seek medical treatment at a hospital.

Do not dispose of the battery in fire, as it may cause it to catch fire and explode.

Dispose of batteries according to local regulations and do not treat them as household waste, as improper disposal may lead to battery explosion.

Prevent children or pets from swallowing the battery to avoid injury or battery explosion.

Do not drop, squeeze, or puncture the battery. Avoid subjecting it to external pressure, as this can cause internal short circuits and overheating.

Do not use damaged batteries.

3. Usage, Maintenance and Upkeep

Keep the equipment and its accessories dry. Do not use external heating devices such as microwaves or hair dryers to dry them.

Avoid placing the equipment and its accessories in areas with high or low temperatures, as this may cause equipment malfunctions, fire, or explosion.

Avoid subjecting the equipment and its accessories to strong impacts or vibrations to prevent damage and equipment malfunction.

Do not use the device in scorching sun, direct sunlight, high temperature, or humid environments. If it gets wet or sweaty, wipe it dry as soon as possible and place it in a ventilated and cool area to dry.

Before cleaning and maintenance, stop using the device and disconnect all connections or cables from other devices.

Use a soft bristle brush or clean, soft cloth to clean the charging port. Avoid using sharp metal objects that can scratch the coating and affect the charging effect.

Do not use strong chemicals, cleaning agents, or detergents to clean the equipment or its accessories. Use a clean and dry soft cloth instead.

Avoid prolonged exposure of magnetic stripe cards (e.g., bank cards, phone cards) to the device, as the magnetic field may cause damage to the cards.

Do not disassemble or modify the equipment and accessories without authorisation, as it will void the warranty. In case of equipment malfunction, please contact the customer service centre.

If the device collides with hard objects or experiences a strong external impact, causing the screen to break, do not touch or attempt to remove the broken part.

Keep the equipment and its accessories clean and dry.

Wear the device daily and ensure the area in contact with the device is dry and breathable. If you experience discomfort during prolonged continuous wear, remove the device and rest for a period of time or switch hands. If discomfort persists, it is recommended to stop wearing and consult a doctor.

Not recommended for snorkelling, hot water showers, hot springs, saunas (steam rooms), diving, water skiing, wading activities with high-speed water flow, or deep water activities.

Not suitable for special dust environments.

Attention

Different times can cause variations in finger sizes, and sometimes it may be difficult to remove the ring from the finger. If the ring gets stuck:

Wet your fingers with cold water and mild soap, and slowly rotate the ring to remove it.

Raise your hand above the heart until blood pressure drops, and then try to remove it.

If there is an emergency or discomfort and you are unable to remove the ring yourself, seek medical attention immediately.

4. Device Information

Outer surface material: metal alloy

Inner surface material: epoxy resin

Storage capacity: 24 hours

Battery: 3.7V rechargeable lithium battery

Battery life: 3 years

Charging time: 60 minutes

Lighting: During operation, the green light is turned on. While charging, the yellow light is turned on, and when charging is completed, the light turns off.

Continuity: 48 hours

Data security: Upgrading the firmware and system of a device using unauthorised third-party software may pose security risks, such as rendering the device unusable or leaking your personal information. It is suggested to use official online upgrades.

Waterproof depth: 1.5m

Operating temperature range: -10 to 45 °C

Charger input connector and voltage: 5VDC

5. Safety and Product Information

5.1 Attention

Please note that the ring is not intended for diagnosing, treating, curing, or preventing any diseases or medical conditions. The consultation and advice provided by the ring are for reference only and cannot replace the services of health professionals and physicians.

5.2 Disclaimer

This product is not a medical device, and the ring and its application should not be used for diagnosis, treatment, or disease prevention. If you want to make changes to your habits, such as exercise or sleep, consult a qualified medical professional first to avoid serious injury or death. Our company reserves the right to modify and improve any functions described in this manual without prior notice, and we also reserve the right to continuously update product content. All content should be based on the actual product.

5.3 Limitation of Liability

The content in this manual is provided "as is," unless required by applicable law. No express or implied warranties are provided for all content in this manual, including but not limited to warranties of merchantability or fitness for a specific purpose.

To the extent permitted by applicable law, the company shall not, under any circumstances, compensate for any special, incidental, indirect, or consequential damages arising from the use of the relevant content in this manual and the products described in this manual, nor shall it compensate for any loss of profits, data, goodwill, or expected savings.

Within the scope permitted by relevant laws, in any case, maximum liability for any losses suffered by you as a result of using the product described in this manual (except for compensation for damages in accordance with applicable laws in cases involving personal injury) is limited to the price paid by you for purchasing this product.

5.4 Import and Export Control

If you need to export, re-export, or import the products described in this manual (including but not limited to software and technical data in the products), you should comply with applicable import and export control laws and regulations.

5.5 Environmental Protection

Do not dispose of this device and its accessories as ordinary household waste.

Please comply with local regulations regarding the handling of this device and its accessories and support recycling actions.

FCC Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

RF Exposure Information

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.