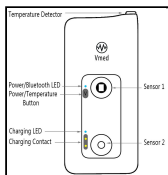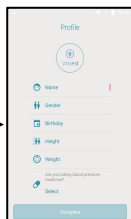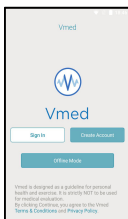# Quick Start Guide

1. Download the "Vmed Mobile" App from the Apple Store or Google Play Store (Scan the QR code below). Once downloaded, click on the Vmed app to open.

2. Press and hold the Power Button for 3 seconds to power on the Vmed until the green LED indicator turns on.

3. Now, click on "Create Account" to save your data to the cloud or select "Offline Mode". Offline Mode will allow you to measure vitals without saving them to the cloud.
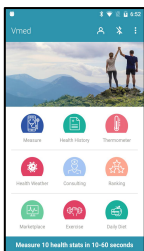
4. Enter your Profile info to help provide accurate measurements and click "Complete". You will be sent to the Vmed main icon page.

5. Click on the Bluetooth icon in the upper right corner of the main icon page to connect the Vmed to your phone. When the Vmed Bluetooth screen appears, click on "Connect" at the bottom. The Bluetooth green LED will flash 3 times when it is connected, you will then be returned to the Vmed main icon page.
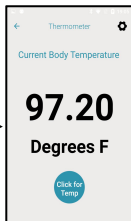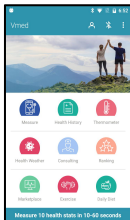

6. To test Heart Rate, ECG, Blood Pressure (PPG), Oxygen Saturation (SpO2), Breathing Rate, Heart Rate Variability, Stress and Fatigue: Click on the "Measure" icon, and place your fingers on the two sensors firmly, but relaxed, for approximately 60 seconds to complete all measurements. Be sure each sensor is fully covered by the pad of your finger.

7. To test Temperature:

Temperature test can be performed with physical mode or virtual mode. For physical mode, just tap the Power/Temperature button directly to get the temperature. For virtual mode, select the "Thermometer" icon, then click the "Click for Temp" button.

To ensure temperature accuracy, test according to the following instructions:

Forehead: Keep the measuring distance between the Temperature detector and forehead at 0.5 to 1.0 inch.

Wrist: To measure other skin areas such as the wrist, keep the measuring distance less than 0.75 inch between Temperature detector and wrist.

Vmed Mobile App Download:

Download on the **App Store**

ANDROID APP ON **Google** play

For more information,
Please visit www.vmedical.com

FCC Statement

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference.
(2) This device must accept any interference received, including interference that may cause undesired operation.
2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
NOTE:
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna.
Increase the separation between the equipment and receiver.
Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. Consult the dealer or an experienced radio/TV technician for help.

FCC ID: 2AZ98-VMED-5270M