

智能手环 使用说明书



【适配平台要求】

Android 4.2

iOS 8.0及以上

手机支持BT 3.0
APP支持4.0

【产品示意图】

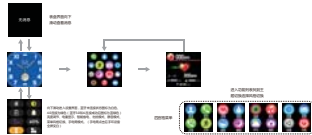


【手环功能介】

1. 连接方式：蓝牙：手环与安卓手机连接，在手机进入APP向由添加设备，搜索到设备蓝牙地址连接4.0后自动弹出3.0连接点同意，若未弹出，请打开手机设置-蓝牙，搜索你的手机名称，并连接。
iOS：iOS与手环连接，在手机APP中点击添加设备搜索到设备蓝牙地址4.0连接，在手机中进入设置菜单中打开蓝牙功能，点击配对设备，为需要连接的手环选择设备名称并配对设备，再进入手机设置菜单中点击取消此次设备配对方可以其他设备连接；（蓝牙3.0支持共享联系人、闹钟提醒、通话数据。）
2. 表盘模式：表盘显示时间、日期、电量。（连接APP后手环的时间会自动与手机时间同步，手环上无法设置时间）。
3. 计步：进入表盘后手动输入号码进行计步。
4. 联系人：需要在APP中同步联系人，一次最多选择50个导入手环，显示导入成功后进入手环联系人中查看。
5. 计步：进入计步菜单可以查看当天累计步数、时间、卡路里、距离。
6. 心率功能界面：在手环心率界面可测量你当前的心率并显示测量结果。更多详细信息及数据记录，可同步在APP查看。
7. 血压功能界面：在手环血压界面可测量你当前的血压并显示测量结果。更多详细信息及数据记录，可同步在APP查看。

8. 血氧功能界面：在手环血氧界面可测量你当前的血氧并显示测量结果。更多详细信息及数据记录，可同步在APP查看。
9. 睡眠监测：手环从晚上12点至早上8点可记录并显示你睡眠总时长，以及清醒、浅睡的时间。更多详细数据记录，可同步在APP查看。
10. 运动模式：在运动模式界面点击进入，内部有跑步、骑行、羽毛球、足球等多种运动模式，在每种模式界面都会记录运动时间并产生卡路里，点击进入，在页面显示。
11. 音乐控制：连接手机后，手环可以控制手机的播放器，手机在播放音乐时，点击进入后，可以用手环控制手机进行播放/暂停、上一曲、下一曲操作。
12. 秒表功能：点击进入秒表功能，可进行开始/暂停/结束操作。
13. 天气推送：手环连接APP后天气会自动推送至设备端。
14. 短信推送：需要在APP设备页选择短信推送，推送成功设备端短信同步显示。
15. 快捷按键功能：通话记录、联系人、信号强度、SOS（同步联系人时第一个号码为紧急联系人）
16. 拍照：进入拍照界面可以拍摄任意一张照片。
17. 设置功能：切换表盘、查找手机、APP2通知、亮度设置、音量调节、震动设置、恢复出厂、关于。
18. 消息提醒：在APP上打开提醒，当手机上有QQ、微信、来电、短信等信息时，手环上有对应的提示。
19. 更多功能：久坐提醒、喝水提醒、连接提醒、来电提醒、闹钟提醒、充电提醒、等功能。

【使用方式】



【通话使用方式】



【APP连接方式】



1. 扫描上方的二维码，或者在安卓应用商店/APP Store搜索“乐动健康”下载并安装“乐动健康”APP。
2. 长按开机键 3 秒开机，打开并进入“乐动健康”APP，根据 APP 连接向导搜索设备 选择设备型号，完成连接配对。

提示：苹果手机 iOS 系统第一次 APP 连接时以后会提示蓝牙配对需求点击“配对”连接，手环才接收来自 iOS 系统推送的来电、短信等通知提醒。

【APP功能介绍】



1. 首页、运动页、设备页、个人中心页。
2. 计步：根据用户佩戴手环每天行走的步数、路程以及消耗卡路里的数据绘制成图表，提供给用户每天/每周/每月所需要的计步数据。
3. 心率模块：设备端每次测量数据会保存在APP心率历史中，方便用户查看详情。
4. 血压模块：设备端每次测量数据会保存在APP血压历史中，方便用户查看详情。
5. 血氧模块：设备端每次测量数据会保存在APP血氧历史中，方便用户查看详情。
6. 睡眠模块：以图表的形式记录每天/每周/每月的睡眠信息数据 通过手环数据并计算出每天的睡眠质量及睡眠时长。

【基本参数】

屏幕尺寸	1.54寸
蓝牙	Bluetooth4.0
电池类型	聚合物锂电池
电池容量	150mAh
充电时间	两个小时
充电方式	夹子充电
触屏形式	全触控屏
包装	智能手环+夹子充电线+产品说明书

【注意事项】

1. 若出现产品质量问题或者对产品使用有不明白的地方，请直接邮件联系本店，我们将快速进行处理。
2. 本产品的测量结果仅供参考，不作为任何医疗用途及依据。请遵医嘱指导，切不可依此测量结果自我诊断及治疗。
3. 本公司保留不作任何通知的情况下，对本说明书内容进行修改的权利，恕不另行通知。部分功能在后续软件版本中将升级，为正常情况。
4. 注意请勿使用输出超过5V+1A的电源适配器充电，否则可能会损坏电路，导致不充电。

Smart Bracelet
User Manual



[Adaptation platform requirements]

- Android 4.2
- iOS 8.0 and above
- Support Bluetooth 4.0 Bluetooth 3.0

[Product diagram]

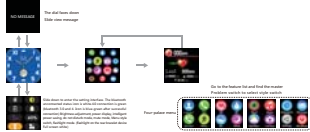


[Introduction of bracelet function]

1. Connection mode: android: the bracelet is connected to an android phone. Click "add device" to enter the APP and search for the device's bluetooth address connection 4.0 after the automatic pop-up 3.0 connection click agree, if not, please go to the phone Settings. Bluetooth search your device name, and connect.
IOS: IOS is connected to the bracelet. Click "add device" in the mobile APP to search for the device's bluetooth address 4.0 connection, and enter the setting menu in the phone Single 3.0 manual connection. --IOS disconnect mode. --if the device needs to be replaced, the APP in the current mobile phone needs to interrupt the device before entering in the setting menu of the mobile phone. Bluetooth cancels the pairing of this device to allow other device to connect. Bluetooth 3.0 supports shared contacts, media audio, and communication Audio.)
2. Dial mode: dial displays time, date and power (after connecting to the APP the time of the bracelet will automatically synchroniza with the phone's time, and there is no time on the bracelet Method to set the time).
3. Calling: enter the number into the dial to make a call manually.
4. Contacts: you need to synchronize contacts in the APP, and select up to 50 imported bracelets at a time to display the contacts after successful import Look at it.
5. Step counting: enter the step counting menu to view the total number of steps, time, calories and distance of the day.
6. Heart rate function interface: the heart rate interface of the hand ring can measure your current heart rate and display the measurement results. More detailed information analysis and data recording Record, can be synchronized in the APP to view.
7. Blood pressure function interface: the blood pressure interface of the hand ring can measure your current blood pressure and display the measurement results. More detailed information analysis and data recording Record, can be synchronized in the APP to view.

8. Blood oxygen function interface: the blood oxygen interface of the hand ring can measure your current blood oxygen value and display the measurement results. More detailed information analysis and data recording Record, can be synchronized in the APP to view.
9. Sleep interface: by default, the bracelet can record and display your total sleep time, as well as the length of deep and light sleep, from 22am to 06am. More detailed Detailed data analysis, which can be viewed synchronously in the APP.
10. Sports mode: click into the interface of sports mode, and there are running, cycling, badminton, football and other sports modes in each mode The interface records the time of exercise and calories generated. click enter, and then right side exit.
11. Music control: after connecting to the phone, the bracelet can control the phone's player. When the phone plays music, click to enter and the bracelet can be used Control the mobile phone to play/pause, the previous, the next operation.
12. Stopwatch function: click to enter the stopwatch function to start/stop/end the operation.
13. Weather push: after the bracelet connects to the APP, the weather is automatically pushed to the device.
14. Wallpaper push: you need to select wallpaper push on the APP device page, and push the wallpaper synchronously displayed on the device side successfully.
15. Shortcut key functions: call records, contacts, dialing keyboard, SOS (the first number when synchronizing contacts is emergency contact).
16. Take photos: click or shake to take photos.
17. Setting function: switch dial, find mobile phone, APP qr code, brightness setting, volume adjustment, vibration setting, restore factory, about.
18. Message reminder: open the reminder on the APP. When there are messages such as QQ, WeChat, call and SMS on the phone, there will be corresponding prompt on the bracelet.
19. More functions: sedentary reminder, water reminder, connection reminder, incoming call reminder, alarm clock reminder, charging reminder, etc.

[USE]



[Call usage]



[APP connection mode]



1. Scan the QR code above to download or search "Lefun" in Android store or APP store to download install.
2. Press and hold the touch button for 3 seconds to turn it on/open and enter the "Lefun" app/search for the device according to the APP connection wizard/select the device model and complete the connection pairing.

Tip: For IOS devices, please press pair the Bluetooth for the first time connecting. Afterward, the bracelet will be able to receive the income call/notes and more notifications pushed from the IOS.

[APP function introduction]



1. Home page: additional functions, personal information
2. Step module: A chart will be drawn to show the steps, distance and calories burnt accordingly. Provide an insight for user of daily/weekly and monthly data.
3. Heart rate: Provide the detail information of your heart rate daily/weekly and monthly. Your heart rate will be read in every hour.
4. Blood pressure module: Provide the detail information of your blood pressure daily/weekly and monthly. Your blood pressure will be read in every hour.
5. Blood oxygen module: Provide the detail information of your blood oxygen daily/weekly and monthly. Your blood oxygen will be read in every hour.
6. Sleep module: Record the daily/weekly and monthly sleep information in the form of chart. Base on the bracelet data to calculate the daily sleep quality and sleep time.

[Parameter]

Screen size	1.54 inch
Bluetooth	Bluetooth4.0
Type of battery	Lithium polymer battery
Batt capacity	150mAh
Charging time	2 Hours
Charging	Clip charging
Touch screen	Full screen touch
Package	Smart bracelet+Clip charging+Instruction manual

[Matters needing attention]

1. If there is a product quality problem or the use of products is not clear, please contact our store by direct mail, we will deal with it quickly.
2. The measurement results of this product are for reference only, not for any medical purpose and basis. Please follow the doctor's instructions and do not rely on the measurement results for self diagnosis and treatment.
3. Our company reserves the right to modify the contents of this manual without notification. Some functions are different in the various software version, which is normal.
4. Caution: Do not use a power adapter that outputs more than 5V-1A to charge, otherwise the circuit may be burned out and the battery will not be charged.

FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device and its antenna(s) must not be co-located or operation in conjunction with any other antenna or transmitter.

The device has been evaluated to meet general RF exposure requirement. in portable exposure condition without restriction.