

使用说明书

User Manual

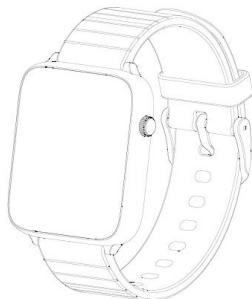


谢谢您使用我们的智能手表，请在使用之前阅读说明书。

Thank you for using our smart watch, Please read the User Manual before using it.

一. 产品介绍

I. Product overview



显示屏 Display 按键 Button 表带 Strap



心率传感器 Heart rate sensor 充电接口 Charging port

包装清单 Packing list:

智能手表 X1 , 充电线 X1 , 使用说明书 X1

Smart Watch X1 , Charging Cable X1 , User Manual X1

二. 充电

II. Charging

产品在使用前先充电超过2小时，本产品为磁吸式充电，电源适配器请使用5V/1A 的规格。充电少许时间后显示屏会出现充电指示符。

The product should be charged for more than 2 hours before use. This product is with magnetic charging. Please use power adapter of 5V/1A. After charging for a while, the display will show the charging indication.

三. APP 连接

III. APP Download and Connection

1. 下载 APP

APP Download

APP 名称 : Gloryfit

APP name: Gloryfit

IOS和Android手机分别在APP Store和Google Play中搜索 “Gloryfit” , 下载安装; 或通过如下方式扫码安装 :

For iPhone users, search “Gloryfit” in App Store and download the app. For Android phone users, search “Gloryfit” in Google Play to download and install, or install it by scanning the code as follows:



注意 : 连接手机的系统必须是IOS 9.0及以上 , 或Android 4.4及以上, 且蓝牙4.0及以上。

Note: the system of mobile phone must be IOS 9.0 or above, or Android 4.4 or above. Bluetooth 4.0 or above.

2. APP 连接手表

APP connection

第一步 : 打开手机蓝牙和定位 (Android 6.0及以上版本手机需要打开GPS才能连接手表) ;

Step 1: turn on Bluetooth and GPS location.

Remarks: Android 6.0 and above mobile phones need to turn on GPS location to connect Watch.

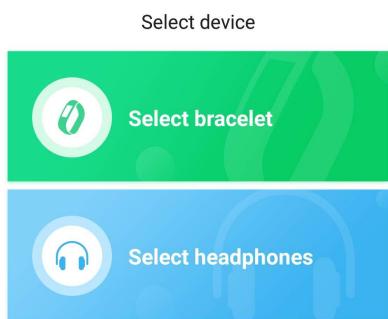
第二步 : 打开 “Gloryfit” APP , 注册和登录 ;

Step 2: open “Gloryfit” app, register and log in.

第三步 : 连接手表: 将手表靠近手机 , 在 APP 中选择 “设备” , 对应点击进去即搜索到 “EG-C420” 智能手表 , 点击连接;

Step 3: Make the watch close to the mobile phone, select "device" in the app, and click it to search for “EG-C420” , then click connection.

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第四步：连接成功后，请在APP中“设备”和“我的”根据个人需求作一些相应的设置。
Step 4: after successful connection, please set “device” and "me" in the app according to your needs.

四. 基本操作

IV. Basic operation

1. 开关机

Power on/off

a. 开机：关机状态下长按手表侧按键 3 秒开机。

Power on: Please press the side button for 3 seconds when the watch is in shutdown mode.

b. 唤醒：开机状态下进入灭屏时，短按侧按键或点击屏幕可唤醒亮屏。

Wake up: When the watch in standby mode, just short press the side button or touch the screen to wake up.

c. 关机：开机状态下长按侧按键 3 秒关机或在设置中选择关机。

Power off: Please press the side button for 3 seconds to shut down or select “shut down” in the settings.

2. 表盘切换

Switch dial operation

在当前时间表盘的界面下，长按屏幕3秒以上，进入切换表盘模式，左右滑动即可更换喜欢的表盘，再点击确认。

此外，在APP中也可以推送各种精美的表盘。

In current dial interface, touch the display screen for more than 3 seconds to enter the dial

switching mode, and then slide left and right to switch the dial. Finally touch the screen to confirm. In addition, you can also get various exquisite dials pushed from APP .

3. 触摸屏操作

Touch panel operation

1) 滑屏操作

Sliding screen operation



在时间表盘界面时,

When in TIME dial interface,

A. 向上滑显示的是从手机最近推送过来的社交信息内容。

Slide up to show the latest messages from your phone.

B. 向下滑显示的是状态栏界面，包含屏幕亮度调节，设置，蓝牙连接，剩余电量等信息。

Slide down to show the status bar interface, including screen brightness adjustment, settings, bluetooth connection status, remaining power, etc.

C. 向左或向右滑显示的是分别为运动计步，心率测量，运动模式，天气，和秒表等。

Slide to left or right showing the steps, heart rate measurement, exercise modes ,weather and stopwatch, etc.

2) 点击操作

Click operation

如需要进入某个界面的下一级界面，请点击屏幕即可进入，如需退出请向右滑显示屏或短按侧按键。任何界面按侧按键都可以回到时间主界面。

If you want to enter the sub interface of an interface, please click the screen to enter. If you need to exit, please slide the display screen to the right or press the side button lightly. Press the side button in any interface to return to the main interface.

五. 功能介绍

V. Function introduction

1. 计步：

Pedometer

手表具有计步，卡路里消耗，里程监测功能，在手表端可以查看当天的计步数值，APP可以保存每天的记录。

The watch has the function of Pedometer, calorie consumption and mileage monitoring. You can view the Pedometer value on the watch, and the app can save the daily record.

2. 心率监测：

Heart rate monitoring:

在APP设置中有心率“自动监测”的开关，如果打开自动检测，手表在佩戴后24小时实时进行心率监测，并记录和保存在APP中。在手表的心率界面也可以进行单次测试。

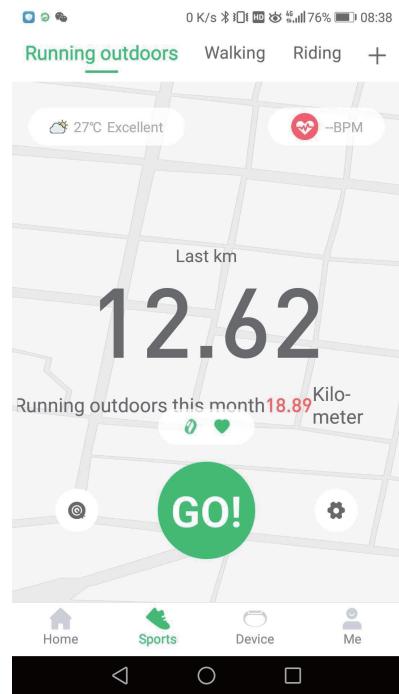
There is a "Auto test " switch for heart rate monitoring in app settings. If the “Auto test” is turned on, your heart rate will be monitored 24 hours real-time after wearing, and recorded and saved in app. You can also test your heart rate in the heart rate interface of your watch.

3. 运动：

Training:

“运动”界面包含多种运动模式，点击进去即可进行监测运动时长，心率值。如跑步，或骑行需要连接GPS时，可打开手机GPS定位和“Gloryfit”APP，点击“Go”即可连接到手机GPS获取运动轨迹和配速，并保存在APP中。

“Training” interface contains a variety of sports modes. Click in to monitor exercise duration and heart rate. If you need to connect GPS for running or riding, you can open the mobile phone GPS location and “Gloryfit” APP, and click "GO" to connect to the mobile phone GPS to get the movement track and speed, the record will be saved in app.



4. 天气：

Weather:

通过手表可以查看当天的天气信息。

You can check the weather for today.

5. 秒表：

Stopwatch:

在手表的秒表界面，点击屏幕或按侧按键开始和结束。向右滑屏退出。

In the stopwatch interface of your watch, Touch the screen or press the side button to start and end. Slide the screen to the right to exit.

6. 消息推送和来电提醒：

Message push and call reminder:

在APP设置中可以打开Twitter等非常多的社交信息，以及短信内容推送到手表端显示。还可以设置手机来电提醒和一键拒接。

You can open a lot of social information in the app, such as twitter, and push the SMS content to the watch for display. You can also set phone call reminder and click reject.

7. 睡眠监测：

Sleep monitoring:

晚上佩戴手表睡觉，可以监测到深睡，浅睡，和清醒的时长，并将数据保存在手机APP中。

When you wear your watch to sleep at night, you can monitor the duration of deep sleep, light sleep, and awake time, and save the data in the app.

8. 久坐提醒：

Sedentary reminder:

在手机APP中设置久坐提醒时间段。

You can set the sedentary reminder period in the app.

9. 闹钟：

Alarm clock:

闹钟时间在APP中设置。

You can set the alarm clock in the app.

10. 查找手机：

Find your phone:

只要手表和手机已经蓝牙连接，可以通过手表的“查找手机”功能寻找你连接的手机。查找时手机响铃约1分钟，后会自动关闭。

When the watch and mobile phone are connected via Bluetooth, you can search your mobile phone through the "Find your phone" function of the watch. the phone will turn off ringing automatically when it rings for 1 minute.

六. 注意事项

VI. Attention

1. 本产品会持续升级功能，如购买后或使用期间，说明书描述的功能和实际有点不一样，是正常现象。

The product will be continuously upgraded. It is normal that some functions described in the user manual are slightly different from the software after purchase or during use.

2. 初次使用请先充电超过两个小时，请使用 5V/1A充电器。

Please charge for over 2 hours with 5V/1A adapter for the first time.

3. 请确保连接的手机系统是IOS9.0及以上，或Android 4.4及以上，且手机蓝牙版本为4.0及以上。

Please ensure that the connected mobile phone system is IOS9.0 or above, or Android 4.4 or above, and the bluetooth version of the phone is 4.0 or above.

4. IP68防水级别，可以佩戴洗手，洗澡，但不要佩戴潜水游泳和长时间泡水，也不要接触热水。

The waterproof grade is IP68, you can wear it to wash your hands, take a shower, but do not dive and soak in water for a long time, and do not touch hot water.

5. 睡眠监测仅适用于晚上，它的原理是综合睡觉时翻身频率和心率值计算出来的深睡和浅睡时长，入睡和醒来时间存在少许误差属于正常现象，尤其是入睡太晚和入睡时才佩戴也许会出现误差，如一直佩戴，且佩戴贴紧手臂数据会更准确。

Sleep monitoring is only applicable at night. Its principle is to calculate the duration of deep sleep and light sleep based on the roll over frequency and heart rate during sleep. It is a normal

phenomenon that there is a little error in sleep and waking time, especially when you put on watch too late or put it on when you are going to sleep, it may cause errors. if you wear it all the time and wear it tightly, it will be more accurate.

6. 为不影响心率测试，购买后请将手表背面的心率镜片保护膜撕掉。

In order not to affect the heart rate test, please tear off the protective film of the heart rate lens on the back of the watch.

七. 常见问题

VII. FAQ

1. 手机搜索不到手表？

Can't search watch in app?

A. 请检查手机蓝牙和GPS是否已经打开。

Please check whether your mobile phone's bluetooth and GPS location have been turned on.

B. 请确保手表在手机的0.5米范围内，且手表有足够的电量。

Please make sure the watch is within 0.5 meters of your mobile phone and the watch has enough power.

C. 请检查手机系统是否为IOS9.0及以上，或Android 4.4及以上，蓝牙4.0及以上。

Please check if your mobile system is IOS 9.0 or above, or Android 4.4 or above, Bluetooth 4.0 or above.

D. 如果你的手表是更换手机连接，请先将之前连接的手机解绑，尤其是之前连接过的是iPhone手机，不但需要解绑，还需要在手机的蓝牙设置里面操作“忽略此设备”，其他手机才能搜索和连接到这个手表。

If your watch is connected to another phone, Please unbind the previously connected mobile phone, Especially with the iPhone. Not only need to unbind, but also need to operate "Forget this device" in the Bluetooth Setting of your phone. Another phone can search and connect to this watch.

2. 为什么手表不能充电？

Why can't the watch be charged?

A. 请确保使用的充电线是包装中的标配充电线，以及使用的是5V/1A的电源适配器。

Please make sure to use the standard charging cable in the package, And use a 5V/1A power adapter.

B. 如果手表第一次使用或很久没使用过后，使用5V/1A适配器不能充电时，可以尝试使用5V/2A充电。

If the watch cannot be charged with 5V/1A adapter after the first use or long time no use, try charging with 5V/2A.

C. 如果很久没使用过后再充电，需要等几分钟时间后显示屏才会出现充电指示符。

If the watch hasn't been charged for a long time, it will take a few minutes to show the charging indicator on the display.

D. 充电时请确保充电口没有汗水，如果有水请先擦拭干净后再充电。

Please make sure there is no sweat at the charging port when charging, If there is any water, please clean it before charging.

八. 规格参数

VIII. Specification

主芯片 : Realtek RTL8762CK

显示屏 : 1.54" IPS显示屏

分辨率 : 240 X240

电池容量 : 260mAH

充电电压 : 5V

充电时间 : 2-3小时

重量 : 43克

尺寸 : 250 X 37 X 11.3mm

工作温度 : -5~45度

支持手机系统 : iOS 9.0及以上, 或Android 4.4及以上。

CPU: Realtek RTL8762CK

Display screen: 1.54" IPS TFT

Resolution: 240 X 240

Battery: 260mAh

Charging Voltage: 5V

Charging Time: 2-3 hours

Weight: 43g

Dimensions: 250 X 37 X 11.3mm

Operating temperature: -5° ~45°

Support OS: IOS 9.0 & Android 4.4 and above

FCC Caution:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.