USER MANUAL

V1.1

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Mobile phone system hardware platform needs to meet some conditions

IOS system 9.0 or above

Android system 4.4 or higher

Mobile phone hardware supports Bluetooth 4.0

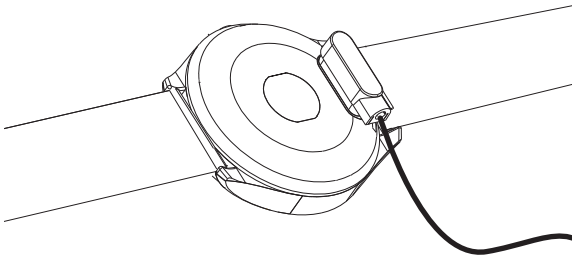
APP installation and device pairing

1>Download **"Dafit"**

◀ Scan the QR code on the right to download the "APP";

2> Activation and charging

Please use the product first to ensure that the battery is normal. If the battery is low and not working properly, please connect the charger to charge the device, and the bracelet will automatically turn on (charging method as shown below).



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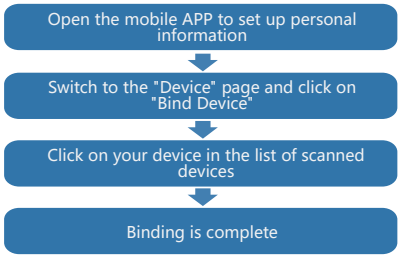
3>Bind the watch to the phone

Please make sure the app is installed on your phone, Click on the "Dafit" icon, Follow the instructions to open the phone Bluetooth, and then proceed to the following process



Press & hold the main interface of the watch to select different styles of time interface.After the watch is connected, the bracelet will be automatically connected to the phone each time the Bluetooth is on.

Start using

Once the bracelet is successfully bound, you can start recording and analyzing your movements and sleeps heart rate, blood pressure, blood oxygen condition, under normal circumstances, the order in the watch are switched is as follows:

1>Main interface (time interface)

One of the three interfaces (replaceable with the main interface)

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1.1)In the main interface slides down to enter on the settings screen.

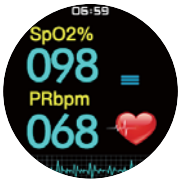
1.2) Slide left on the main interface to enter the functional interface.

1.3) Slide right on the main interface to enter the functional interface.

1.4) Slide into the functional interface on the main interface.

2>Heart rate blood oxygen interfacee

You can measure blood oxygen and heart rate at one time, and monitor your heart rate for 24 hours.



3>Temperature interface

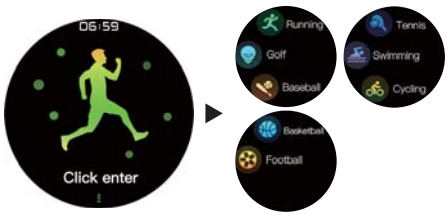
This product is only used for temperature monitoring and the measurement range is limited to 34–42 degrees.

4>Step gauge interface

You don't need to connect to your APP to see your daily steps, mileage and calories burned.

5>Multisport mode

Click the screen to see the different sport available.
Note: different sport produce different data, calories.



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6>Stopwatch function

Click the screen to start and pause (press the side button to start and pause)
Note: slide to the right to exit the stopwatch operation

7>Respiratory function

When the pressure is high, follow the watch to do breathing exercise, relieve the mood;

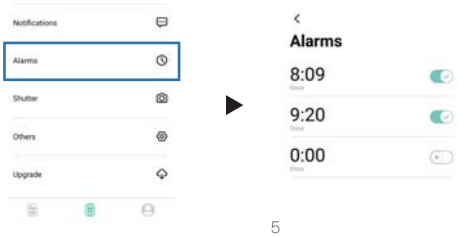
8>Other functions

Slide into other functions on the main screen

Need to open the function in the app

1>Alarm clock function

Open the app and click on the device ---> Daily Alarm ---> Set the alarm time. After setting, the watch will vibrate at the corresponding time.



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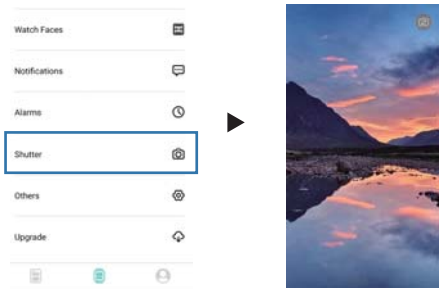
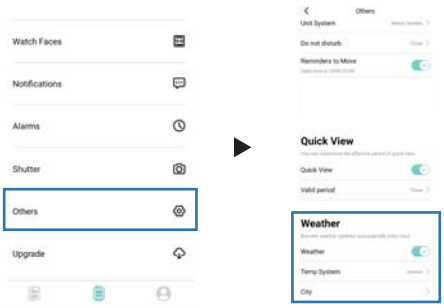
2>Photo control

Open the app and click on the device ---> Camera Control ---> Enter on the camera interface. Then, the watch can be shaken to take picture.



3>Weather function

When the mobile phone is not connected, the wristband cannot obtain the weather information. When the watch is connected to the mobile phone, the wristband will automatically update the weather information according to the setting city of your mobile phone.



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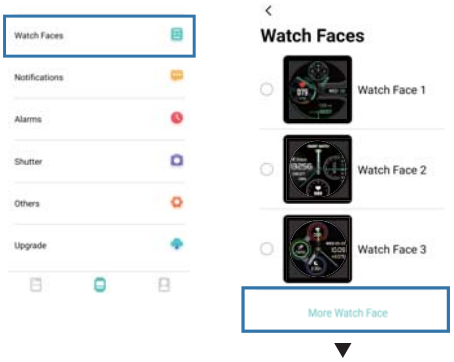
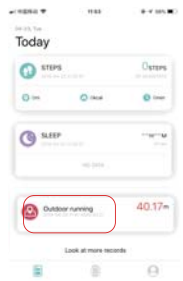
APP massive dial



About GPS trajectory description



1>Connect the mobile phone with the device

Open the phone app and click on GPS to run

2>Check if the GPS signal is normal, then click to start.

3>Enter to the GPS motion track, you can switch the data mode or map mode, and view the motion route at any time.

4>When the exercise is over, click and hold the stop button to end the function.

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Bracelet FAQ

1> Why is there a difference between blood pressure values and sphygmomanometer?

The deviation of measurement values between smartwatch and sphygmomanometer is caused by many factors. Firstly, the sphygmomanometer measures the brachial artery, while the smartwatch measures two main branches of the arteriole. Normally speaking, the difference between the blood pressure measurement values of aorta and that of arteriole is 30–4.0; if you use the smartwatch and sphygmomanometer to measure blood pressure at the same time, as the blood flowing through the arteries is centrifugal, the band puts pressure on the area below the middle of your elbow when using a sphygmomanometer to measure blood pressure, so that the blood cannot flow smoothly to the lower branches of the artery temporarily; in this case, vascular tension will increase, thus leading to greater deviation of pressure measurement values.

2>Why you can't wear the smartwatch when you take a hot bath?

As the temperature of bath water is quite high, there will be a lot of stream. Moreover, as the steam is gaseous and its molecular radius is small, it will easily infiltrate into the watch through the gap. When the temperature drops, the stream condenses back into liquid droplets, which will easily lead to internal short circuit and damage.

3>Why the smartwatch can't receive message prompt?

Android system setting:
1.Please confirm that in the message setting in the mobile phone is activated.
2.Please accept that messages can be displayed normally in the notification bar for the messages receives in your mobile phone. If there is no message in the notification bar, then the smartwatch cannot receive any message.
(Please find the notification setting and activate the message prompt functions of mobile phone)

IOS system setting:
1.Please confirm that the message setting is activated at mobile phone.
2.Please confirm that messages can be displayed normally in the notification bar.
(Please find the notification setting and activate the message prompt function of mobile phone)

(1) changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) this device may not cause harmful interference, and
(2) this device must accept any interference received, including interference that may cause undesired operation.

(2) Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy, and if not installed and used in accordance with the instructions, may cause harmful interference to radio communica–tions. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
— Reorient or relocate the receiving antenna.
— Increase the separation between the equipment and receiver.
— Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
— Consult the dealer or an experienced radio/TV technician for help.