# iTIMe

## **User Manual**

## **Getting Started**

Welcome to your new iTime Smartwatch! Your package should include the following:

- 1 x iTime Smartwatch
- 2 X Detachable Watch Straps
- 1 x User manua
- 1 X USB Magnetic Charging

IMPORTANT!: Enabling Bluetooth calls from your watch requires a two part pairing process. See details on page 5.

## **Charging Your Watch**

Plug the USB end of the charger into a laptop or desktop and connect the magnetic disc to the back of your Smartwatch. This automatically turns on the watch.
The charging disc has a smooth and depressed side. The depressed side is the correct surface to



attach to your watch. Charging fully takes 2-3 2

## Download the App





The SMART-TIME PRO app is required to use your watch

To get the SMART-TIME PRO app you have several options:

- Scan the QR code located in this manual (above).
- Find and scan the QR code in the Functions Menu.
- Download the app from the Apple App Store (if you have an iPhone).
- Download it from Google Play (if you have an Android phone).

## Setting Up the App

As part of the setup process, you'll have to grant certain permissions to be able to use your watch normally. It's suggested that you tap "Allow" for all requested permissions.

You will have 3 options for using the app: Login with your Google account, use your

email to set up an account, or proceed to use the app as a Guest. Note: if you plan to use the app as a Guest, select "Without Login" as your data storage option.

## Binding/Pairing Your Watch to a Mobile Device

MPORTANT: Binding & pairing is a two-part process, if not completed you vill not be able to make calls from your watch

## FOR ANDROID

1. In the SMART-TIME PRO 5 app, navigate to the

## "Device" tab on the bottom

ī **FRONT** 

- 2. At the top of the next screen, tap "Add Device."
- If prompted to allow the app to access your location, select "While using the app" or "Only this time."
- If prompted to update location settings, follow the prompts to allow the app the right permissions.
- Return to the app and tap

  "Search Again" and your
   Smartwatch will show up
   as "ITIME" in the device

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- 6. Tap "iTIME" to begin binding.
- 7. You're Smartwatch will ask you to confirm the binding request. Tap the green checkmark to confirm.
- Back inside the app, you will be presented with a swipe deck of prompts that walk you through the app's settings. When you get to 'Call Function" tap "To Bind" to complete the second part of the binding process.
- 9. When prompted, select
  "Pair." Finish making
  adjustments to settings and
  your Smartwatch is now
  ready to use.

## FOR APPLE

- 1. As part of the initial app set up. SMART-TIME PRO will request permission to use Bluetooth. Tap "Allow."
- 2. After following all prompts and granting necessary permissions, proceed with binding.
- 3. Inside the app, tap the "Device" tab at the bottom of the screen.

# 4. At the top of the next screen, tap "Add Device."

- Your Smartwatch will show as "iTIME" in the device list. Tap to select it.
- Your Smartwatch will prompt you to confirm the binding request. Click the green checkmark to continue
- If prompted, tap "Allow" for any addition permissions needed, and the pairing process will be complete.



Your Smartwatch comes with two removable wristband straps wristband straps.
To remove either strap, lay your watch face down on a soft cloth, and use a spring bar tool to clide the corell motel.

slide the small metal pen inward and pull the strap

performed by a professional 10

## **Technical Specifications**

Bluetooth	3.0 / 5.3
Wristband Width	22 mm
Wristband Length	258 mm
Weight	43g
Battery	230 mAh Poly-Li
Waterproof	iP67

Your Smartwatch features dua support for Bluetooth 3.0 and 5.3.

Your Smartwatch can only pair with one device at a time. To unpair from a device go to the "Device" tab within the app, scroll to the bottom of the screen and tap "Unpair." 11

## iTime Smartwatch Functions

## Change Watch Face



Menu Shortcuts





Access Functions & Features

To access your

watch's menu of

functions, press the Dial Button on the right side of the watch



## Activity Tracker

This feature allows you to keep track of how well you're meeting your sport and fitness goals.



## Heart Rate

Use this function to Use this function to get a real-time reading of your beats-per-minute. To get the best reading, wear your watch so it fits snugly, but comfortably, and no green light is visible from the back of the watch.

This function asures Heart Rate Variability

This function allows

(HRV) to help you monitor your body's stress levels.

Blood Oxygen

you to take a manual blood

The Sleep function allows you to track the quality of your sleep, including the amount of time you slept

Sleep

oxygen reading.

Stress



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## 9 **Quickfit Wrist Straps** face once, then make a selection.



To prevent damage we suggest having this service

# and Battery Life, swipe your watch face Down ↓. To access Contacts, Call History, and the Dial Pad, swipe Right $\rightarrow$

To quickly access Flashlight, Do Not Disturb, Voice, Brightness,

To access Messages and

## Notices, swipe Up 1

Power On/Off Power On/Oπ
To power your Smartwatch on or off, hold down the Dial Button
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on the right side of the watch

## Sports Mode





Your Smartwatch supports 100+ sports and fitness modes,

sports and titness modes, including: Running, Walking, Climbing, Cycling, and Yoga. You can add custom categories by tapping the "Sport" tab in the mobile app and tapping the flag icon to set specific goals.





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versus the amount of time you were awake during the night.



Your watch supports making Buetooth calls, as well as making and rejecting calls.



Your watch can display calls, messages, social media and app notifications from your mobil device. Your watch and mobile device must be within Bluetooth range of each other for this function to work. 17

# Music Player

Use this function to select and play songs using the music player on your phone or mobile device.



Tap "Find Phone" and your phone will ring to help you locate it.



Take pictures remotely using your phone or tablet. To activate, go to the "Device" in the mobile app and tap "Camera." 18



Set up to 5 custom alarms in the mobile app and the watch will vibrate to alert



Swipe right twice on your Smartwatch to access a forecast for your location.



Settings
Control settings like
Brightness, Theme,
Language, Power On or Off,
and more. You can also 19

access these settings by going to the "Me" tab in the mobile app.

## Other Features

## Stock Market

Track individual stocks by tapping "Device" in the mobile app → "Stock Market" → "Add."

Voice Assistant Wake your watch and give it

## **World Clock**

Add regional time zones by going to "Device" in the

mobile app  $\rightarrow$  "World Clock"  $\rightarrow$  "Add."

### Stonwatch

A digital stopwatch that allows you to record multiple performance

## Troubleshooting

Can't Pair With Mobile Device

If your Smartwatch cannot pair with your mobile device, go to "Settings - > Sluetooth" in your phone or tablet and try deactivating and reactivating this function. Additionally, make certain you've completed the double pairing process as described on page 6 and 7 of this user 21

## Smartwatch Won't Charge

Make sure you've cleaned the sensors on the back of your watch that attach to you magnetic charger. If not cleaned regularly with rubbing alcohol, they can become covered with oil and sweat. Also, make contain that wall was the back the documents. certain that you've attached the depressed side of the charger to your watch.

## Caring For Your Device

## Moisture Exposure

Your device is water-resistant, which means it's rain-proof and splash-proof and can stand up to even the sweatiest workout. However, please note:

Do not immerse your Smartwatch
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## in water.

- Do not swim with your Smartwatch
- We also recommend not showering while wearing your watch.
- Whenever you get your watch wet, dry it thoroughly before putting it back on.
- Remember to periodically clean the sensors on the back of your watch to keep them free of sweat and oil.

## **Ideal Operating Temperature**

Avoid exposing your Smartwatch to environments that are excessively hot or cold. Below are your watch's ideal operating temperature ranges, and ranges that should be avoided.

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# **BACK**

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Operating temperature: 14°F to 122°F (-10°C to 50°C) Non-operating temperature: -4°F to 140°F (-20°C to 60°C)

## Disposal and Recycling

Once your Smartwatch has reached the end of its usable life, please make certain to dispose of it responsibly.

Do not throw away your watch with common household waste. It's considered electronic waste and should be disposed of at your local electronic equipment collection facility. For more information, please contact your local electronic equipment waste management authority or the retailer where you bought the product. bought the product.

- Do not dispose of batteries in a fire, batteries may explode or leak.
- Do not replace this watch's battery. Send it to our service center for battery replacement.
- Discontinue use if watch is

## **Health and Safety**

Wearing a watch too tightly can cause skin irritation. Make sure to not over tighten the strap. Your watch ban should be fitted firmly but comfortably and allow enough space for 1-2 fingers to fit undermeath the watch face while it's being worn.

We suggest cleaning your watch

immediately after a strenuous workout. Use rubbing alcohol and a cotton swab or dry paper towel to wipe down the back of the watch and bands. Allow the watch to sit for 15 to 20 minutes to dry completely before reapplying to your wrist.

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Consult a physician if you suffer from eczema or any related skin condition before wearing a Smartwatch.

If upon wearing your watch if you experience any irritation or rashes, remove it immediately.

Do not use this watch if the case back

This item is NOT A TOY, suitable for ages 6 and up.

## **Exemption Clause**

The Heart Rate data output by your Smartwatch is not intended to be taken as a medical diagnosis.

Self-diagnosis and self-treatment are dangerous. Only actual physicians are qualified to diagnose and treat cardiovascular issues. Please contact your physician for professional treatment and care.

The heart data provided by your Smartwatch may not be completely accurate and can be affected by actors, such as interference with signals from external sources, incorrect wearing position, changes in the weather, or changes in the user's body.

DO NOT adjust any of your medication or doctor prescribed routines based on the results output by this Smartwatch.

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In no event shall we be held responsible for any liability arising from the misuse of this Smartwatch or any inaccuracies in its data output.

## FCC Warning Statement

Changes or modifications not expre approved by the party responsible compliance could void the user's compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide 28

reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving 29

- -- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- -- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and

(2) this device must accept any interference received, including interference that may cause und 30

The device has been evaluated to meet general RF exposure requirements.

## LIMITED 1 YEAR WARRANTY

This watch is warranted for the period of one year from the date of purchase to be free from original defects in materials and workmanship under normal use. In the event of any defect or product failure we will replace the watch with an exact or similar model of equal value, without charge, at our discretion.

This warranty does not cover normal wear and tear or consequential damage to the watch case or straps. Additionally it does not cover water damage, improper use, negligence,

unauthorized service, disassembly, or repair, and is considered void for other factors not due to defects in materials or workmanship.

When returning a watch, U.S. residents must include a shipping and handling fee of \$10.00 in the form of a check or money order payable to Accutime Watch Corp. Additional fees may apply Send your watch for warranty services

Accutime Watch Corporation ATTN: Service Dept. 1001 Ave. of the Americas 6th Floor NY, New York 10018 United States 32 EXTENDED WARRANTY 1-YEAR

**FREE** 

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Do you have an issue? Before returning your product please contact our dedicated customer service team directly.

We are here for you

855-222-8846 info@accutimewatch.com www.itimewatches.com

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MADE IN CHINA





