

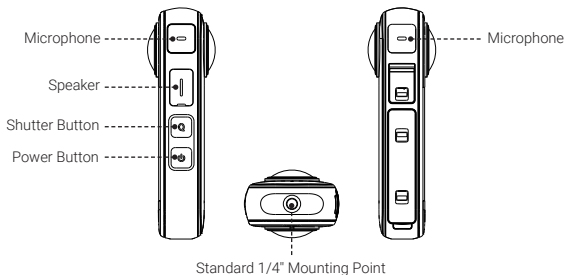
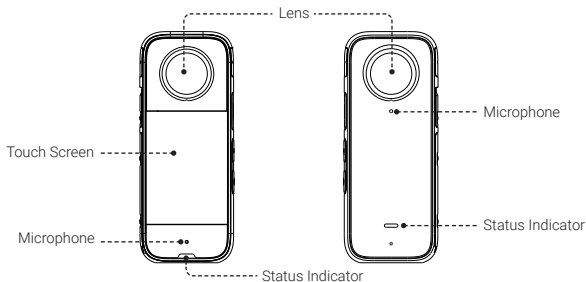
Insta360 X3

QUICKSTART GUIDE

快速入门指南

English · 简体中文 · 한국어 · 繁體中文

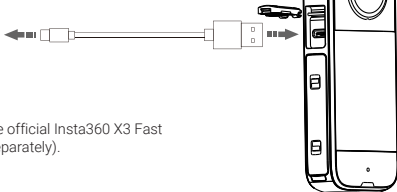
1 Names of Parts



2 Before You Start

1 Ensure the battery has been fully charged. Please connect the included charge cable to X3 in case of low or depleted battery.

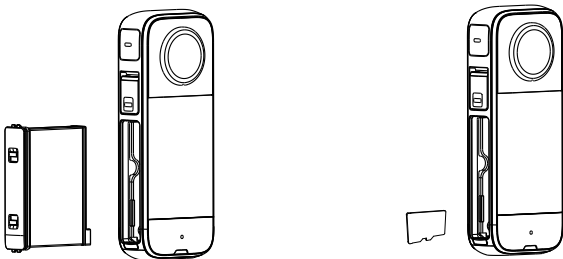
Connect to a **5V 3A** power adapter to charge the camera.



Note:

You can also use the official Insta360 X3 Fast Charge Hub (sold separately).

2 Insert a Micro SD card: remove the battery and then insert the SD card (With its label facing outward towards the touch screen).



3 Power on / off

When the camera is turned off, press the Power / Function button to power it on.

In standby mode, press the Power / Function button to turn the touch screen light off / on.

In standby mode, long press the Power / Function button for 2 seconds to power it off.

4 Control via WiFi

❶ Search "Insta360" in the App Store / Google Play to download the companion app. The first time you use it, please follow onscreen instructions to activate the app.

❷ Turn on the WiFi and Bluetooth of your mobile device.

❸ When the camera is turned off, press the Power / Function button to power it on.

❹ After installing the app, tap the camera icon  at the bottom of the app homepage and select "Connect now" in the WiFi panel. Then, follow the onscreen instructions to connect your device. The first time you connect to the camera via WiFi, follow onscreen instructions to confirm your connection.

❺ After successfully connecting the camera, you can take photos or shoot videos via the app.

Note:

1) The WiFi connection range is 10 meters (33 ft) in optimal conditions with no interference.

2) While using X3, keep the distance between the camera and the human body more than 20cm.

5. Specs

Battery Capacity: 1800mAh

Working Temperature: -20 °C ~ 40°C

Charging Temperature: 0 °C ~ 55°C

FCC Compliance Information

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Japan Warning message

5.2 GHz band is restricted to indoor use only

RF Exposure Information

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance of 20 cm between the radiator and your body. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

IC STATEMENT

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference.
- (2) This device must accept any interference, including interference that may cause undesired operation of the device

RF Exposure Information

This equipment complies with IC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance of 20 cm between the radiator and your body. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

5G wifi indoor use only

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence.

L'exploitation est autorisée aux deux conditions suivantes :

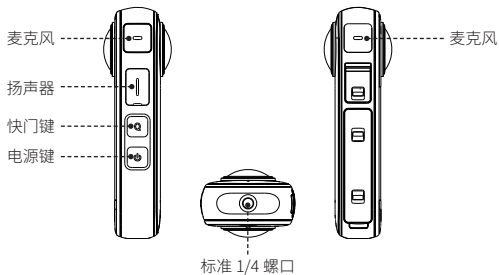
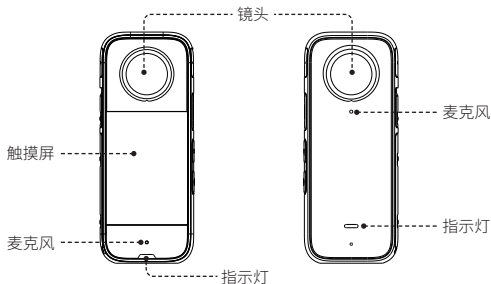
1. L'appareil ne doit pas produire de brouillage;
2. L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

Informations sur l'exposition aux radiofréquences

L'équipement est conforme aux limites d'exposition aux rayonnements IC spécifiées pour les environnements non contrôlés. Lors de l'installation et du fonctionnement de cet équipement la distance minimale entre le radiateur et le corps doit être de 20 cm. Cet émetteur ne doit pas être situé au même endroit ni utilisé avec d'autres antennes ou émetteurs.

5G wifi intérieur seulement

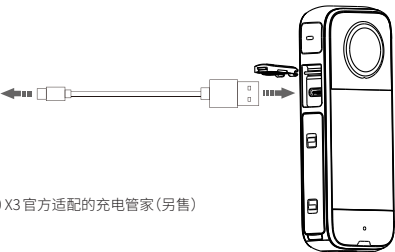
1. 认识部件



2. 使用前准备

❶ 确保**电池电量充足**。请使用随附的充电线连接机身一侧的 USB Type-C 接口，对相机进行充电。

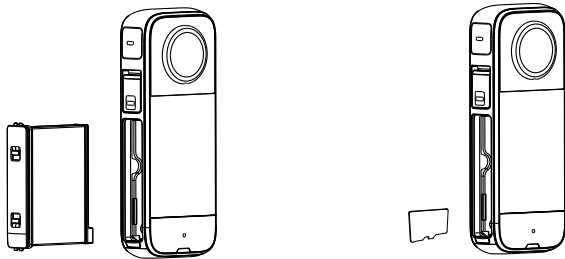
请使用 5V 3A 电源适配器对相机进行充电



温馨提示：

您还可以使用 Insta360 X3 官方适配的充电管家 (另售) 对电池进行充电。

❷ 插入 **Micro SD 卡**：取出电池，插入 Micro SD 卡 (标签朝向相机有屏幕的一侧)。



3. 开机 / 关机

关机时，短按电源键，相机**开机**。

开机时，短按电源键，相机**熄屏 / 亮屏**。

开机时，长按电源键，相机**关机**。

4. WiFi 连接

前往 App Store、应用宝搜索“**Insta360**”下载、安装 Insta360 app。首次使用，请先根据 app 页面提示激活 app。

② 打开移动设备蓝牙和 WiFi 功能。

③ 相机关机状态下，按压电源 / 功能键，相机开机。

④ 打开 app，点击 app 页面下方的相机图标 ，在“使用 WiFi 连接”一项点击“**立即连接**”。当 app 页面跳转至提示【**搜寻相机中**】，选择你需要连接的相机，然后按照 app 页面提示完成操作。首次连接时，相机显示屏会弹出连接确认提示，请根据屏幕提示进行连接确认。

⑤ 连接成功后，可在 app 页面进行拍照、录像、设置等操作。

注意：

1) WiFi 连接有效距离为 10 米（无干扰无遮挡）。

2) 使用时，请保持相机和人体的距离大于 20cm。

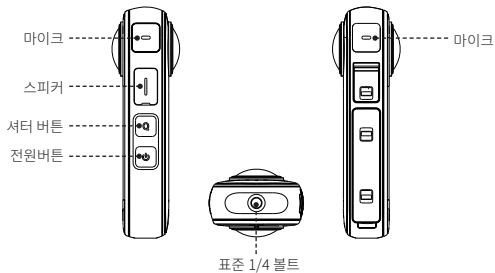
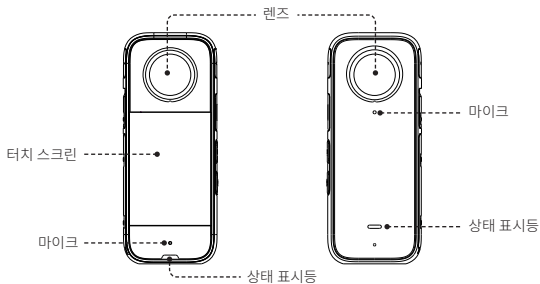
5. 规格参数

电池容量：1800mAh

工作环境温度：-20℃ ~ 40℃

充电环境温度：0℃ ~ 55℃

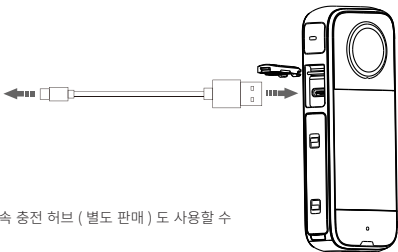
1 부품 이름



2 시작 전 준비

❶ 배터리가 완전히 충전되었는지 확인하십시오. 배터리가 부족하거나 방전된 경우 동봉된 충전 케이블을 ONE X3에 연결하십시오.

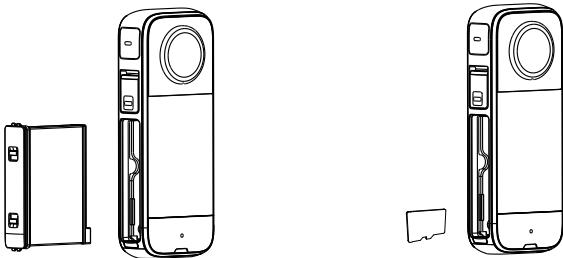
5V 3A 전원 어댑터에
연결하여 카메라를 충
전하십시오.



주의사항 :

공식 인스타 360 X3 패속 충전 허브 (별도 판매) 도 사용할 수
있습니다.

❷ Micro SD 카드 삽입 : 배터리를 제거하고 Micro SD 카드를 삽입합니다 (라벨이 터치스크린 방향을 향함).



3 전원 켜기 / 끄기

카메라가 꺼지면 전원 / 모드버튼을 눌러서 전원을 켜 주십시오 .

대기 모드에서 전원 / 모드버튼을 눌러서 터치 스크린을 끄거나 켜십시오 .

대기 모드에서 전원 / 모드버튼을 2 초간 길게 눌러서 전원을 꺼 주십시오 .

4 WiFi 연결

❶ QR 코드를 스캔하거나) 앱 스토어에서 "**Insta360 ONE X3**" 를 검색하여 동반 앱을 다운로드합니다 . 처음 사용 시 , 안내에 따라 앱을 활성화하십시오 .

❷ 모바일 장치의 WiFi 및 Bluetooth 를 켜십시오 .

❸ 카메라가 꺼지면 전원 / 모드버튼을 눌러서 전원을 켜 주십시오 .

❹ 앱을 성공적으로 설치한 후 화면 하단에 있는 카메라 아이콘  를 누르고 WiFi 설정에서 " 지금 연결 " 을 선택하십시오 . 그런 다음 화면의 설명에 따라 장치를 연결하십시오 . 처음으로 WiFi 를 통해 카메라에 연결할 시 , 안내에 따라 연결을 확인하십시오 .

❺ 카메라에 성공적으로 연결된 후 앱을 통해 사진을 찍거나 동영상을 촬영할 수 있습니다 .

참고 :

1) 사용 가능한 와이파이의 최적 범위는 10M 입니다 .(장애물이 없는 경우) .

2) 사용시 카메라와 인체의 거리를 20cm 이상 유지하십시오 .

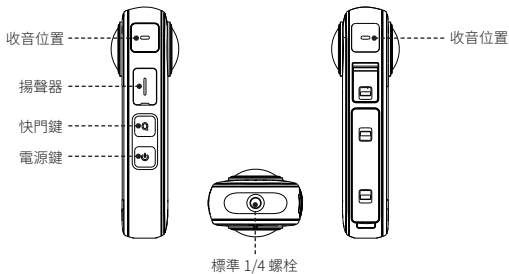
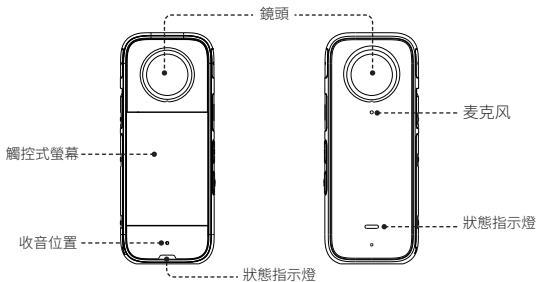
5. 명세서

배터리 용량: 1800mAh

작동 온도: -20 °C ~ 40°C

충전 주변 온도: 0 °C ~ 55°C

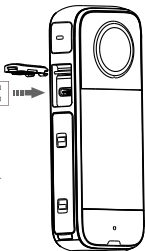
1 零件介紹



2 使用前準備

- ❶ 確保電池電量充足。請使用隨附的充電線連接機身一側的 USB Type-C 接口，對相機進行充電。

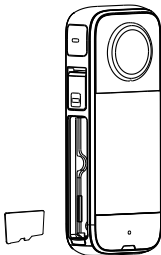
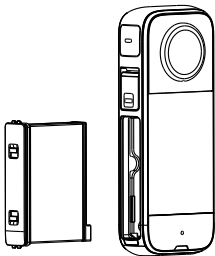
請使用 5V 3A 電源
適配器對相機進行
充電



溫馨提示：

您還可以使用 Insta360 X3 官方適配的充電管家（另售）對電池進行充電。

- ❷ 插入 Micro SD 卡：取出電池，插入 Micro SD 卡（標籤朝向相機有螢幕的一側）。



3 開機 / 關機

關機時，按壓電源 / 功能鍵，相機開機。

開機時，按壓電源 / 功能鍵，相機熄屏 / 亮屏。

開機時，長按電源 / 功能鍵 2 秒，相機關機。

4 WiFi 連接

❶ 前往 App Store、应用宝搜索「**Insta360**」下載安裝 app。首次使用，請先根據 app 頁面提示啓動 app。

❷ 打開移動設備藍牙和 WiFi 功能。

❸ 關機時，按壓電源 / 功能鍵，相機開機。

❹ 打開 app，點擊 app 頁面下方的相機圖示 ，在“使用 WiFi 連接”一項點擊“立即連接”。當 app 頁面跳轉至提示【搜尋相機中】，選擇你需要連接的相機，然後按照 app 頁面提示完成操作。首次連接時，相機顯示幕會彈出連接確認提示，請根據螢幕提示進行連接確認。

❺ 連接成功後，可在 app 頁面進行拍照、錄影、設定等操作。

注意：

- 1) WiFi 連接有效距離為 10 米（無干擾無遮擋）。
- 2) 使用時，請保持相機和人體的距離大於 20cm。

5. 規格參數

電池容量：1800mAh

工作環境溫度：-20℃ ~ 40℃

充電環境溫度：0℃ ~ 55℃

低功率射頻器材技術規範

取得審驗證明之低功率射頻器材，非經核准，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。

低功率射頻器材之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。

前述合法通信，指依電信管理法規定作業之無線電通信。

低功率射頻器材須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

應避免影響附近雷達系統之操作。

高增益指向性天線只得應用於固定式點對點系統。

減少電磁波影響，請妥適使用。

Arashi Vision Inc.

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