

The Kindred Bravely Track Easy Sublime Breastfeeding Bra and App Product Manual

Version 1.2

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1. Introduction

1.1 About the Track Easy Sublime Breastfeeding Bra

The Track Easy Sublime Breastfeeding Bra features adjustable straps, clip-down cups, removable padding, hook-and-eye back closure, nylon/spandex blend fabric, and special sensors to log nursing sessions.

Available in Small to XXL-Bust (fitting sizes 30B - 44I), the Track Easy Bra provides moderate support, a seamless silhouette, and supreme comfort.

The Track Easy Bra includes one (1) Track Easy Bra, two (2) removable sensors, and one (1) bra extender.

1.2 About the Track Easy Sublime Breastfeeding Bra App

Why We Created This App

Like motherhood itself, Kindred Bravely is built on love—a love that is poured into everything we do. As moms, we know how helpful it can be to have amazingly comfortable nursing clothes and a method for tracking breastfeeding sessions. The Track Easy Sublime Breastfeeding Bra App is just one more way for us to be there for you: to support you, to listen to you, and to join you on the wild superhero ride of motherhood.

App Availability

The Track Easy App is available in the Apple® App Store® for iOS devices and the Google Play™ Store for Android devices.

How It Works

The Track Easy App stores information about your nursing, pumping, and/or bottle-feeding sessions. It can be used with the Track Easy Bra via Bluetooth or through manual entries.

1.3 Data Security

2. Using Your Track Easy Bra

2.1 Overview

Nursing Clips

Unclip and clip to provide nursing access.

Removable Sensors

Located just below the nursing clips, the sensors connect to the Track Easy App to record your nursing sessions. Remove before washing. Note: Sensors are magnetic and may stick together.

Adjustable Straps

Tighten or loosen as desired. Note: Most of your bra's support will come from the band, not the straps.

Removable Padding

Provides coverage and shape. Can be removed if preferred.

Back Closure

Tighten or loosen as desired. Features three hooks and four sets of eye closures.

Bra Extender

Use to provide additional room in the band if needed.

2.2 Fitting Your Track Easy Bra

When you put on your Track Easy Bra, it should feel amazing. The band should be snug - but not too tight - and sit low and even under your breasts.

Try it on sitting down. Stand up and see how much support you receive. Bend over and lie down. A well-fitting bra shouldn't slide.

Your Track Easy Bra is too big if:

- Your breasts slip out the bottom of the band.
- The bra band rides up in the back.
- The bra cups wrinkle or pucker.
- The straps slip off your shoulders when tightened.

Your Track Easy Bra is too small if:

- Your breasts spill out the sides or over the top of the cups.
- The bra pokes or pinches you.
- The center rides up and doesn't lie flat.
- The straps dig in to your shoulders when fully lengthened.

When first worn, your bra should be hooked on the loosest setting of the back closure, adjusting to tighter settings as needed over time. If the band feels too tight on the loosest setting, try using the enclosed bra extender.

If you need help with sizing, contact tech@kindredbravely.com for assistance.

2.3 Connecting Your Track Easy Bra to the Track Easy App

1. Remove the safety packaging from your Track Easy Bra to begin the electronic activation process.
2. Download and log in to the Track Easy Sublime Breastfeeding Bra App.
 - a. See section **3. *Installing the Track Easy App*** for more information.
3. Make sure the Bluetooth on your electronic device is turned on and your Track Easy Bra is nearby.
 - a. Note: Both sides of your bra must be clipped to connect to the app.
4. Tap **Connect** in the lower-left corner of the screen.
5. Follow the onscreen prompts. Swipe left to begin the process.
 - a. If prompted to allow the app access to your device location, select **Allow** to connect.
 - b. The device will connect with the left side of your bra, then the right side of your bra.
 - c. A green arrow will appear in the center of the screen when your device has connected.
 - d. If your Track Easy Bra does not connect to the app, please visit [kindredbravely.com/TrackerFAQ](https://www.kindredbravely.com/TrackerFAQ) or contact tech@kindredbravely.com for assistance.
6. Once your bra is connected, you are ready to begin tracking nursing sessions with your Track Easy Bra.

2.4 Nursing with Your Track Easy Bra

To use for nursing, release the nursing clip and lower the cup. Breastfeed your baby and reclip when finished. Change sides as needed.

Your Track Easy Bra and Track Easy App will automatically record your nursing sessions.

If the nursing clip is opened for less than one minute or more than one hour, the sensor will omit this information, and it will not be tracked by the bra or app.

Feedings that occur within 15 minutes are grouped into one session and will be displayed together on the app. For example, if you nurse first on the left side, then the right side immediately after, your nursing time will be displayed as one session on the Home page. However, the information from each side will also be displayed individually in **Logs**.

2.5 Caring for Your Track Easy Bra

Get the most out of your Track Easy Bra by following these care, storage, and washing recommendations.

Avoid wearing the same bra two (or more) days in a row. Wearing a bra multiple days in a row exhausts the elastic and makes it more prone to stretching out.

To avoid staining, wear breast pads when using ointments or lanolin products.

Visit <https://www.kindredbravely.com/blogs/bravely/how-to-wash-your-bras> for more information

about bra care.

2.5.1 Storing Your Track Easy Bra

In a drawer:

1. Lay your Track Easy Bra flat to avoid damaging the shape of the padding.
2. Give your bras room to breathe by loosely nesting them in the drawer.

On a hanger:

1. Hang your Track Easy Bra by both straps to prevent stretching.
2. Avoid hanging your bras too close to prevent damaging the shape of the padding.

2.5.2 Removing the Track Easy Sensors

1. Open the pockets under the nursing clips on the inside of the bra.
2. Remove the sensors.
3. Store your sensors in a safe place away from children and pets.

Note: The sensors are magnetic and may stick to each other.

2.5.3 Washing Your Track Easy Bra

1. Remove the sensors from your Track Easy Bra.
2. Hand wash or machine wash on delicate using a lingerie bag; use cold water and gentle soap.
3. Line dry.
4. When your bra is dry, place the sensors back in their pockets.
 - a. Refer to the words on each sensor for correct placement:
 - i. *Left or Right*
 - ii. *Towards the Body or Away from the Body*

2.6 Checking the Battery Levels for Your Track Easy Bra

The batteries in your Track Easy Bra cannot be changed or charged, but they are designed to last through approximately four months of use. Please contact tech@kindredbravely.com if your battery level is low.

1. Tap **Sync** to sync your Track Easy Bra to the Track Easy App.
 - a. See **4.4 Syncing Your Track Easy Bra to the Track Easy App** for details.
2. After your Track Easy Bra has synced, the app will display the battery level of each sensor.

3. Installing the Track Easy App

3.1 Downloading the Track Easy App

1. Visit the app store on your electronic device.
2. Tap the search icon.
3. Enter *Kindred Bravely* in the search bar.
4. Select *Kindred Bravely Track Easy Sublime Breastfeeding Bra App*.
5. Tap **Install** and follow the standard installation procedures.

3.2 Creating an Account

1. Open the app and tap **Register** to create your account.
2. Enter your first name, last name, and email address.
3. Create your password.
 - a. Your password must be at least eight characters long and contain an uppercase letter, a lowercase letter, a number, and a symbol.
4. Add your phone number (optional).
5. Read the Terms of Use and Privacy Policy.
6. Check the boxes to accept the Terms of Use and Privacy Policy.
7. Tap **Register**.

3.3 Connecting Your Track Easy Bra to the Track Easy App

Before connecting your Track Easy Sublime Breastfeeding Bra to the app, try on your Track Easy Bra to make sure it is the correct size. See **2.2 Fitting Your Track Easy Bra** for more information. If you need a different size, contact tech@kindredbravely.com for assistance.

To Connect Your Track Easy Bra

1. Remove the safety packaging from your Track Easy Bra to begin the electronic activation process.
2. Make sure the Bluetooth on your electronic device is turned on and your Track Easy Bra is nearby.
 - a. Note: Both sides of your bra must be clipped to connect to the app.
3. Tap **Connect** in the lower-left corner of the screen.
4. Follow the onscreen prompts. Swipe left to begin the process.
 - a. If prompted to allow the app access to your device location, select **Allow** to connect.
 - b. The device will connect with the left side of your bra, then the right side of your bra.
 - c. A green arrow will appear in the center of the screen when your device has connected.
 - d. If your Track Easy Bra does not connect to the app, please visit kindredbravely.com/TrackerFAQ or contact tech@kindredbravely.com for assistance.
5. Once your bra is connected, you are ready to begin tracking nursing sessions with your Track Easy Bra.

4. Using the Track Easy App

4.1 Signing In

1. Open the app.
2. Enter your email address and password.
3. Tap **Log in**.

4.1.1 Resetting Your Password

1. From the login screen, tap **Forgot Password**.
2. Enter your email address.
3. Tap **Reset Password**.
 - a. You will receive an email with a Secret Code.
4. Enter your email address and Secret Code.
5. Create a new password.
 - a. Your password must be at least eight characters long and contain an uppercase letter, a lowercase letter, a number, and a symbol.
6. Tap **Reset**.
7. Tap **Back to Login**.
8. Log in with your new password.

4.2 Overview

Tap the icons at the bottom of the screen to view different tabs.

Tap the three horizontal bars in the upper-right corner of the screen to access the menu and additional app information.

Connect

Connects your Track Easy Bra to the app for the first time. Once your Track Easy Bra has connected to the app, this tab will change from **Connect** to **Sync**. See section **3.3 Connecting Your Track Easy Bra to the Track Easy App** for more details.

Sync

Shows only after you have connected your Track Easy Bra and the app via Bluetooth. This feature allows you to sync feedings from your Track Easy Bra to the app. See section **4.4 Syncing Your Track Easy Bra to the Track Easy App** for more details.

Logs

Displays feedings synced from your Track Easy Bra or entered manually. Feedings can be sorted by date or duration or filtered based on your notes, dates, keywords, feed type, etc. See section **4.6 Viewing Session Logs** for more details.

Add

Allows you to manually enter feeding/pumping sessions. Use this tab to log sessions that aren't recorded by your Track Easy Bra. See section **4.5 Entering Sessions Manually** for more details.

Home

Displays data from the last 24 hours in an easy-to-read format. It includes everything tracked by your Track Easy Bra, as well as any feedings or pumping sessions entered in the app manually. See section **4.7 Viewing Session Information from the Last 24 Hours** for more information.

App Menu

Provides additional information about your profile and the app. See section **4.8 App Menu** for more information.

4.3 Your Baby's Information

The top of the Home screen will display your baby's name and age. At this time, the app only tracks sessions for one child.

To Add Your Baby's Information

1. Tap **Add** next to *Your baby's name*.
2. Enter your baby's information.
3. Tap **Save**.

To Edit Your Baby's Information

1. Tap **Edit** next to your baby's name.
2. Update your baby's information as needed.
3. Tap **Save**.

4.4 Syncing Your Track Easy Bra to the Track Easy App

Your Track Easy Bra can sync across multiple devices, including your cell phone, iPad, or tablet. After you have created your account, simply log in to the Track Easy App on each device. At this time, you cannot sync more than one Track Easy Bra with the app.

The Track Easy Bra can store up to 50 sessions without needing to sync to the app. Sessions under one minute or over 60 minutes will not be recorded by the Track Easy Bra.

To Sync Your Bra

1. Make sure the Bluetooth on your electronic device is turned on and your Track Easy Bra is nearby.
2. Begin with the bra clipped on both sides.
3. Tap **Sync** at the bottom of your screen.
4. A message will appear asking you to confirm that your Bluetooth is turned on and that your Track Easy Bra is nearby. When ready, tap **Ready**.

5. The app will scan for your bra for 15 seconds.
6. Follow the instructions on the screen.
7. Unclip and clip each side of your bra as directed.
8. If your bra did not sync correctly, please visit kindredbravely.com/TrackerFAQ or contact tech@kindredbravely.com for assistance.

After your bra syncs, the app will display information about all feedings found, as well as information about your Track Easy Bra. New feeding sessions will appear under **Logs** and on the bar graph on the **Home** tab.

4.5 Entering Sessions Manually

1. Tap **Add** at the bottom of the screen.
2. Select the method of feeding used.
3. Select which breast you fed with.
4. Enter the duration of feeding.
5. Enter the start time.
6. Enter the date.
7. Tap **Add Notes To Session** to include additional details.
 - a. Some helpful notes may include your baby's behavior during feeding, any difficulties latching, position used, amount of milk pumped/fed (if bottle feeding), etc.
8. Tap **Save**.
9. Tap the pencil icon to edit your Session Details.
10. Tap **View Logs** or the arrow in the upper-left corner of the screen to return to the Logs tab.

4.6 Viewing Session Logs

All session information is displayed under **Logs**. From there, you can view, edit, or delete sessions.

To View Individual Sessions

1. Scroll through the sessions under **Logs**.
2. Tap the session you want to view.

To Sort Sessions

1. Tap **Sort**.
2. Select the method you want to sort by:
 - a. Date (Ascending or Descending)
 - b. Duration (Ascending or Descending)
3. Tap **Apply**.

To Filter Sessions

1. Tap **Filter**.
2. Select the method you want to filter by:
 - a. Breastfeeding
 - b. Pump

- c. Bottle
3. Tap **Apply**.

To Search Sessions

1. Tap in the search box.
2. Enter keyword(s).
3. Tap the magnifying glass.

To Edit Session Details

1. Select the session you want to edit.
2. Tap the pencil icon in the upper-right corner.
3. Edit Session Details as needed.
4. Tap **Save**.
5. Tap **View Logs** or the arrow in the upper-left corner to exit the screen.

To Delete a Session

1. Select the session you want to delete.
2. Tap the pencil icon in the upper-right corner.
3. Tap **Delete**.

4.7 Viewing Session Information from the Last 24 Hours

The Home tab displays information from the sessions logged in the last 24 hours. If you haven't logged any feedings in the last 24 hours, the dashboard will show no data.

24-Hour Summary

The graph shows all feedings logged in the last 24 hours. The default view is the most recent few hours, and you can scroll to the left to view previous sessions. Note: Sessions display in the hour block that they started (e.g., both a session starting at 6:10 am and a session starting at 6:55 am will show in the 6 am block).

Last Session Started On

Displays the words *Left Side* or *Right Side* and a bra icon with an arrow pointing to the corresponding side.

Time Since Last Session

Displays the hours and minutes since your last session began.

Last Session Duration

Displays the minutes your last session lasted.

Avg Session Time (24 Hours)

Displays the average number of minutes your sessions have lasted in the last 24 hours.

Total Feeding Time (24 Hours)

Displays the total feeding time (hours and minutes) tracked in the last 24 hours. This includes feedings recorded by the Track Easy Bra and sessions added manually.

4.8 App Menu

Tap the three horizontal lines in the upper-right corner of the screen to access the App Menu.

To Update Your User Profile

1. Tap your name or picture on the App Menu.
2. Tap **Edit**.
3. Tap the circles on the profile picture or banner to upload a new image.
4. Edit your first name, last name, or phone number.
5. Tap **Save**.

Learning More About Kindred Bravely and the Track Easy App

About

Learn about Kindred Bravely's roots, mission, and name, and read a letter from our founder.

Community

Connect with us on Instagram, Facebook, and our blog.

FAQ

Read frequently asked questions about the Track Easy Bra and App.

Insta Fit Finder

Visit our website to find your Kindred Bravely bra size.

Shop Kindred Bravely

Shop all Kindred Bravely products!

Regulatory Statements

Read about the testing certifications that ensure the Track Easy Bra is safe.

Notifications

Turn general notifications on or off. Note: Change your device notifications under the settings on your device.

App Settings

Read our Terms of Use and Ship Logs, and check for new content.

Log Out

Log out of the app. Recommended if using a shared device.

5. Regulatory and Safety Notices

5.1 Regulatory Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The user is cautioned that any changes or modifications not expressly approved by Kindred Bravely or authorized representative could void the user's authority to operate the equipment. Reference (47 CFR 15.21) Information to user.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- *Reorient or relocate the receiving antenna.*
- *Increase the separation between the equipment and receiver.*
- *Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.*
- *Consult the dealer or an experienced radio/TV technician for help.*

The regulatory statement can also be accessed from the App via the HOME page after login as follows –

1. Tap the three horizontal lines in the upper-right corner of the screen to access the App Menu.
2. Tap **Regulatory Statements**.
3. The regulatory statement will be displayed.

5.2 Cautions

- This product and corresponding App, either separately or together, are not medical devices and are not intended to diagnose, treat, cure, or prevent any disease or medical condition.
- Do not allow children or pets to handle or play with your Track Easy Bra and Track Easy Sensors. These products contain small components that can be a choking hazard, which can lead to serious injury or death.
- The Track Easy Bra Sensors contain electrical equipment and magnets that could cause serious injury or, in some cases, death, if not handled properly or if they are swallowed.
- Do not use the app while driving, operating heavy machinery, using sharp tools, or in other situations where distractions could be hazardous.
- The Track Easy Bra should not be used by people with pacemakers, insulin pumps, or other medical devices that may be subject to interference by electronic equipment or magnets.

For returns, please see our Return Policy at
<https://www.kindredbravely.com/pages/return-policy>.

The Kindred Bravely Track Easy Sublime Breastfeeding Bra has a 90-day warranty, which means that if the product does not work as advertised for 90 days from the date of purchase, Kindred Bravely will refund the cost of the product.

LIMITATION OF LIABILITY.

BY USING THE KINDRED BRAVELY TRACK EASY SUBLIME BREASTFEEDING BRA AND APP, YOU AGREE THAT YOU ARE USING THE PRODUCTS AT YOUR OWN RISK AND THAT YOU KNOWINGLY ASSUME SUCH RISK, AND THAT, EXCEPT FOR THE 90-DAY WARRANTY, THE PRODUCTS ARE PROVIDED ON AN "AS IS" BASIS WITHOUT WARRANTIES OF ANY KIND, EITHER EXPRESS OR IMPLIED, INCLUDING, BUT NOT LIMITED TO, IMPLIED WARRANTIES, MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE. YOU ACKNOWLEDGE AND AGREE THAT, TO THE FULLEST EXTENT PERMITTED BY APPLICABLE LAW, THE DISCLAIMERS OF LIABILITY CONTAINED HEREIN APPLY TO ANY AND ALL DAMAGES OR INJURY WHATSOEVER CAUSED BY OR RELATED TO USE OF, OR INABILITY TO USE, THE PRODUCTS UNDER ANY CAUSE OR ACTION WHATSOEVER OF ANY KIND IN ANY JURISDICTION, INCLUDING, WITHOUT LIMITATION, ACTIONS FOR BREACH OF WARRANTY, BREACH OF CONTRACT OR TORT (INCLUDING NEGLIGENCE) AND THAT KINDRED BRAVELY SHALL NOT BE LIABLE FOR ANY INDIRECT, INCIDENTAL, SPECIAL, EXEMPLARY, CONSEQUENTIAL, OR PUNITIVE DAMAGES, INCLUDING FOR LOSS OF PROFITS, GOODWILL, DAMAGE TO PROPERTY, PERSONAL INJURY, OR DEATH, IN ANY WAY WHATSOEVER ARISING OUT OF THE USE OF, OR INABILITY TO USE, THE PRODUCTS. YOU FURTHER SPECIFICALLY ACKNOWLEDGE THAT KINDRED BRAVELY IS NOT

LIABLE FOR YOUR CONDUCT OR THE CONDUCT OF THIRD PARTIES AND THAT THE RISK OF USING THE PRODUCTS RESTS ENTIRELY WITH YOU. TO THE EXTENT PERMISSIBLE UNDER APPLICABLE LAWS, UNDER NO CIRCUMSTANCES WILL KINDRED BRAVELY BE LIABLE TO YOU FOR MORE THAN THE AMOUNT THAT YOU ACTUALLY PAID TO KINDRED BRAVELY FOR THE PARTICULAR PRODUCTS DESCRIBED ABOVE.