



CoCo Medical Smartwatch User Guide

Model No.: BT1



Thank you for purchasing this product.
Please read this guide carefully before use

About

CoCo BT1 provides real time monitoring of Heart Rate, Temperature, and Sleep. It also tracks your activity throughout the day to ensure you get enough exercise.

Features



Charging contact point

Heart Rate

Temperature Sensor



To test the electrocardiogram,make sure the three elctrodes make contact with skin.

Getting Started

Charge the Watch completely before initial use. It may take as long as 3 hours for the initial charge. To charge, align the provided charging cable to the charging contact points on the Watch (see above diagram) and plug the other end into a USB port or adapter. The charging screen will display the battery level.

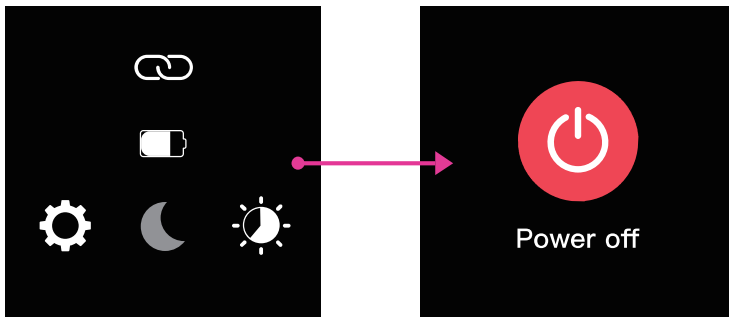
Power on:

Method 1: When charging, the watch will automatically turn on.

Method 2: Press the button below the screen for 5 seconds.

Power off:

To turn off the device, swipe up from the watch face screen and select the power function. Then press the power button.



Download CoCo Mobile

To connect your mobile device to CoCo BT1, install the CoCo Mobile App onto your mobile device. The App is compatible with both Android and iOS devices.

Method 1:

Search the App Store or Google Play for “CoCo Mobile” and install the App.

Method 2:

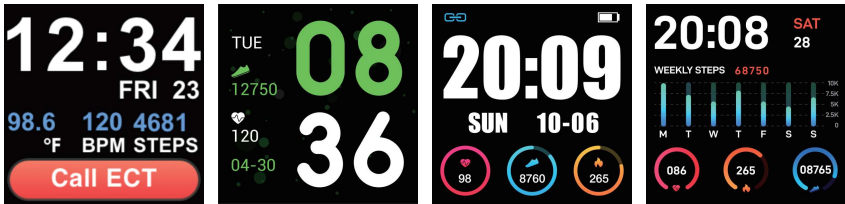
Open the Camera App on your phone and scan the QR-Code below.

Open the App once it has downloaded and follow the instructions to pair your mobile phone and your CoCo BT1.

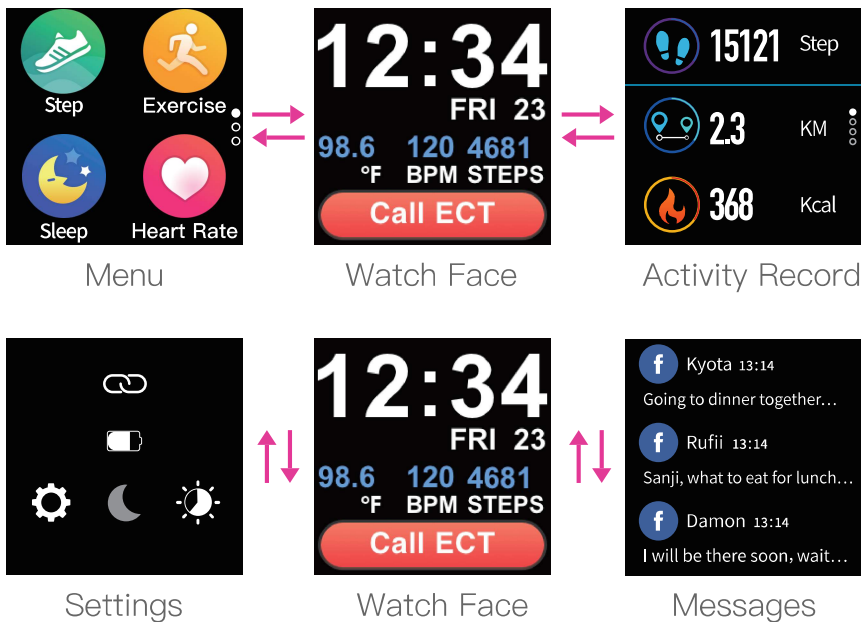


How to Navigate

CoCo BT1 has four main interface options. To choose between them, hold the touch screen for 4 seconds.



The main operation of CoCo BT1 is shown below. Swiping the screen can change the function.



To go to the menu page, swipe left. Swipe right or press the watch stem once to return to the watch screen.

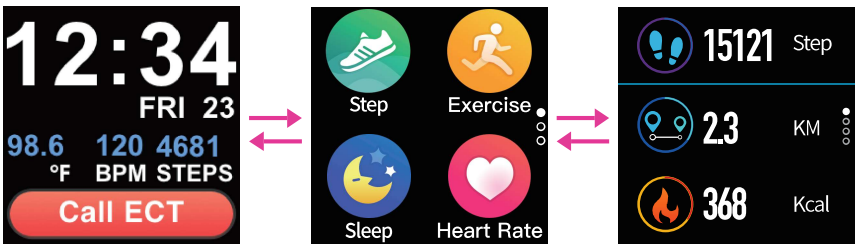
To go to the activity record page, swipe right. Swipe right again or press the watch stem once to return to the watch screen.

To go to the settings page, swipe down. Swipe up or press the watch stem once to return to the watch screen.

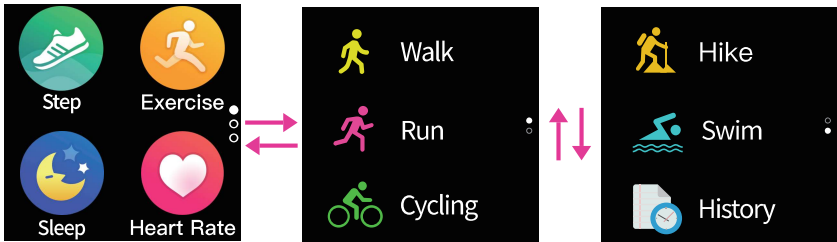
To go to the message page, swipe up. Swipe down or press the watch stem once to return to the watch screen.

To go to the function page, tap the icon on the watch screen.

To go back to the last page, press the watch stem once.

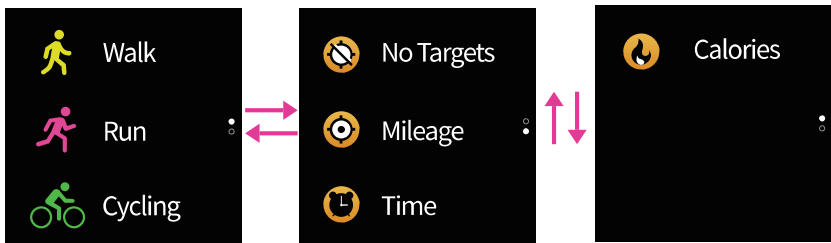


To select an exercise, tap the exercise icon and choose the type you want.



To set a target for mileage, time, or calories, tap the type and set a goal. The exercise will start recording in 3 seconds.

To exercise with no targets, tap no targets. The exercise will start recording in 3 seconds.



Exercises

Targets-1

Targets-2

Km
1
3
5

Mileage

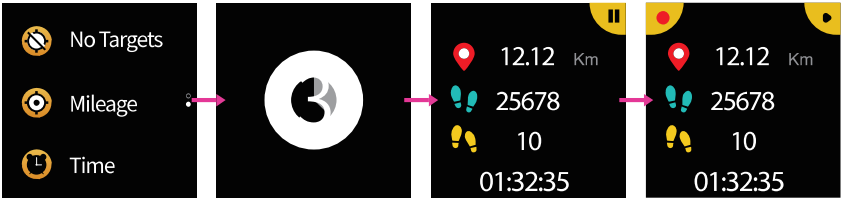
h:m
00:10
00:20
00:30

Time

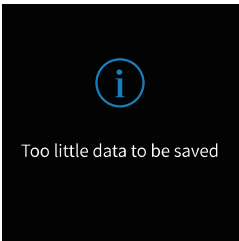
Kcal
100
200
300

Calories

To stop recording an exercise, tap the pause icon in upper right corner. To continue, tap the continue icon in upper right corner. To stop the recording, tap the stop icon in the upper left corner.



If the recording time is too short, the watch screen will indicate ‘Too little data to be saved’.



If the recording is saved, the watch screen will show the result.

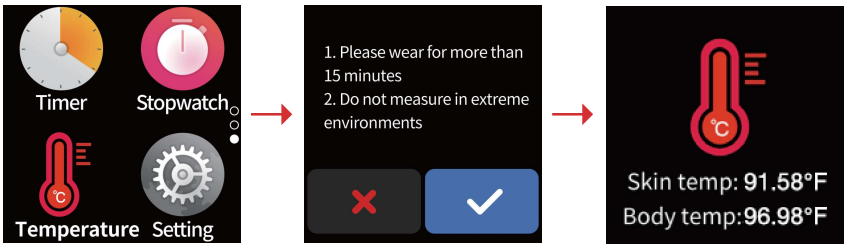


Body Temperature

From the third menu page,tap Tempera-
ture.

Please wear the watch for more than 15
minutes for the measurement.If less than
15 minutes,the measurement will fail.

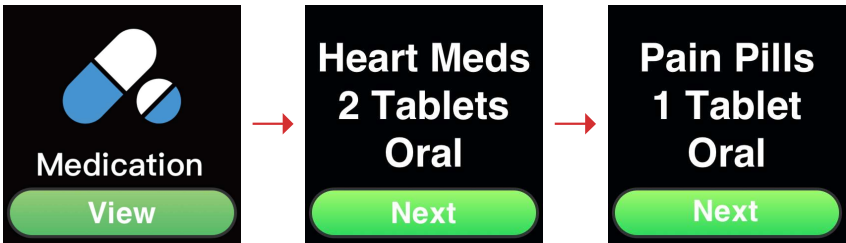
Tap ‘✓’ to start the measurement or tap ‘x’
to return to the menu page.



Medical Reminder

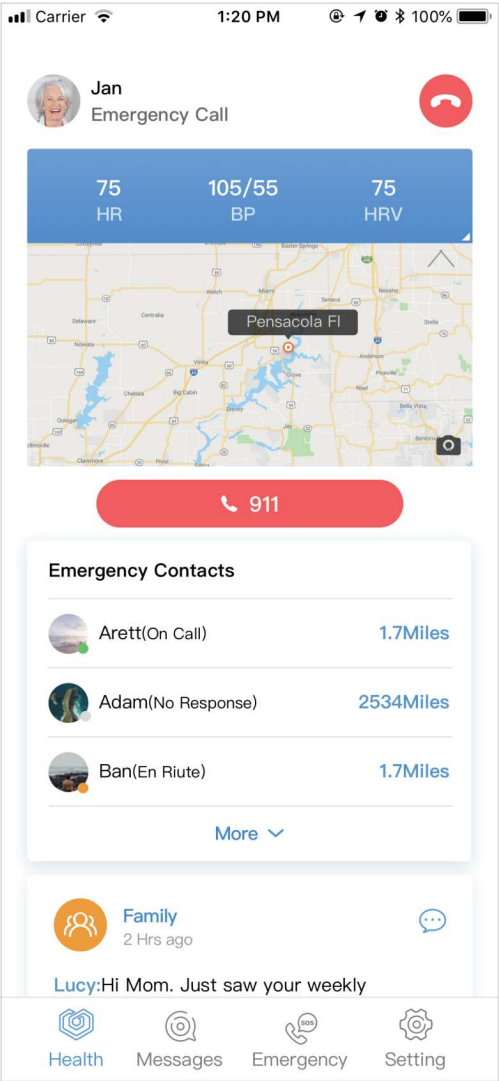
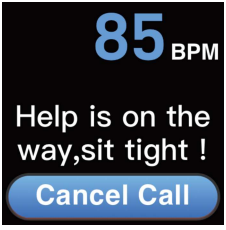
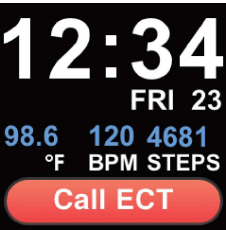
CoCo BT1 supports medication reminders which are synchronized with the settings in CoCo mobile app. When the time comes, the watch screen will show the medication details. Tapping next will display the remaining reminders. Press the watch stem once to return to watch screen.

All the messages and reminders you receive will be tracked in the messages box.



Emergency Help

Pressing the watch stem for more than 5 seconds will start an emergency help call. Or click the Call ECT icon from watch screen of CoCo BT1.



Warranty

This product is warranted by the manufacturer for 1 year from the date of purchase. This warranty does not cover damages arising from accidental damage, misuse, or normal wear and tear. This warranty is only available to the original purchaser of the product.

Specifications

Dimension: 35 x 41.5 x 10mm

Waterproof level: IP68

Battery: 160mAh Large capacity battery

Normal work time: up to 5 days

Sports Mode: Running, Walking, Cycling, Swimming

App Compatible with: Android OS 5.1 or above, IOS 9.0 or above

Safety Warning

This product is water resistant and may be worn in the shower, but do not soak it in water or wear it swimming.

Keep the product away from open flames and high temperature environments. Clean CoCo Watch with a soft cloth. Do not use soap, shower gel, or other cleaning solutions.



Reminder:

This product is suitable for home use and personal monitoring. Measurements are for reference and long term trend analysis. If the data seems abnormal, please consult your physician or medical care specialist.

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communica-

tions. There is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

After-sale Service

○ Product Name: _____

○ Product Model: _____

○ Customer Name: _____

○ Phone Number: _____

○ Address: _____

○ Date: _____



semcorèl

Website:

www.semcorel.com

Email:

info@semcorel.com

How to Measure

From the first menu page, tap Heart Rate. The screen will show ‘ --Bpm’ , After 2 seconds, the heart rate measurement will start.

The data will show directly on the screen when the heart rate measurement is complete, and will continue until you cancel.

If you wish to stop the measurement, please swipe to the right and return to the previous page.

If you want to view your history, tap the icon on the top right corner of the Heart Rate page to display your highest, lowest, and average Heart Rate.

