



SGS-CSTC Standards Technical Services Co., Ltd. Guangzhou Branch

EMC-TRF-03 Rev 1.1

Report No.: GZCR240600074907

Page: 1 of 9

FCC ID: 2AWD4-ECHSLT03TB

RF EXPOSURE EVALUATION REPORT

Application No.: GZCR2406000749HS
Applicant: Echelon Fitness Multimedia, LLC
Address of Applicant: 605 Chestnut Street, Suite 700, Chattanooga, TN 37450
Manufacturer: Echelon Fitness Multimedia, LLC
Address of Manufacturer: 605 Chestnut Street, Suite 700, Chattanooga, TN 37450
Factory: OMA Fitness Equipment Co., Ltd
Address of Factory: 93 Tai An Road South, Yang'e Village, Lunjiao Town, Shunde, Foshan, 528000, Guangdong, China
Product Name: Summit Stairmill s-22
Model No.: ECH-SC-HMS-22, ECH-SC-HMS-XX (X=0~9, X=A~Z) ♣
♣ Please refer to section 2 of this report which indicates which item was actually tested and which were electrically identical.
Trade Mark: Echelon
Standard(s) : KDB 447498 D01 V06
47 CFR Part 1.1310
Date of Receipt: 2024-06-26
Date of Evaluation: 2024-08-20
Date of Issue: 2024-09-24

Evaluation Result:

Pass*

* In the configuration evaluated, the EUT complied with the standards specified above.

Ricky Liu

Ricky Liu
Manager



SGS-CSTC Standards Technical Services Co., Ltd.
Guangzhou Branch Testing Center EEC Laboratory

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Revision Record			
Version	Report No.	Date	Remark
01	GZCR240600074907	2024-09-24	Original

Authorized for issue by:			
		Luke Lin	
		Luke Lin/Project Engineer	
		Vico Cui	
		Vico Cui/Reviewer	

2 Evaluation Summary

Item	Standard	Method	Requirement	Result
RF Exposure	KDB447498D01 General RF Exposure Guidance v06	KDB447498D01 General RF Exposure Guidance v06	47 CFR Part 1.1310	Pass

Note:

E.U.T./EUT means Equipment Under Test.

Pass means the test result passed the test standard requirement, please find the detailed decision rule in the report relative section.

♣ **Model No.:** ECH-SC-HMS-22, ECH-SC-HMS-XX (X=0~9, X=A~Z)

According to the declaration from the applicant, the electrical circuit design, layout, components used and internal wiring were identical for all models, with only difference on the Model No..

Therefore, only model **ECH-SC-HMS-22** were tested in this report.



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4 General Information

4.1 Details of E.U.T.

Power supply: AC 120V 60Hz
 Test voltage: AC 120V 60Hz
 Cable(s): AC mains, 3 wires, 2.0m, unshielded.
 Refer to report GZCR240600074903 for BLE detail.
 Refer to report GZCR240600074904 for BT classic detail.
 RF characters: Refer to report GZCR240600074905 for 2.4G Wi-Fi detail.
 Refer to report GZCR240600074906 for 5G Wi-Fi detail.

Remark: The information in this section is provided by the applicant or manufacturer, SGS is not liable to the accuracy, suitability, reliability or/and integrity of the information.

4.2 Evaluating Location

All tests were performed at:
 SGS-CSTC Standards Technical Services Co., Ltd., Guangzhou Branch EMC Laboratory,
 No.198, Kezhu Road, Science City, Economic & Technological Development Area, Guangzhou,
 Guangdong, China 510663
 Tel: +86 20 82155555
 No tests were sub-contracted.



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4.3 Facility

The facility is recognized, certified, or accredited by the following organizations:

- **ACMA**

SGS-CSTC Standards Technical Services Co., Ltd., EMC Laboratory can also perform testing for the Australian/New Zealand Regulatory Compliance Mark (RCM).

- **SGS UK(Certificate No.: 32), SGS-TUV SAARLAND and SGS-FIMKO**

Have approved SGS-CSTC Standards Technical Services Co., Ltd., EMC Laboratory as a supplier of EMC TESTING SERVICES and SAFETY TESTING SERVICES.

- **FCC Recognized Accredited Test Firm(Registration No.: 486818)**

SGS-CSTC Standards Technical Services Co., Ltd., EMC Laboratory has been accredited and fully described in a report filed with the (FCC) Federal Communications Commission. The acceptance letter from the FCC is maintained in our files. Designation Number: CN5016, Test Firm Registration Number: 486818.

- **ISED (Registration No.: 4620B, CAB identifier: CN0052)**

SGS-CSTC Standards Technical Services Co., Ltd., has been registered by Innovation Science and Economic Development Canada for Wireless Device Testing laboratories to test to Canadian radio equipment requirements. Registration No. 4620B, CAB identifier: CN0052.

- **VCCI (Registration No.: R-12460, C-12584, G-20107 and T-11179)**

The 10m Semi-anechoic chamber, 966 Anechoic Chamber and Shielded Room of SGS-CSTC Standards Technical Services Co., Ltd. have been registered in accordance with the Regulations for Voluntary Control Measures with Registration No.: R-12460, C-12584, G-20107 and T-11179 respectively.

- **CBTL (Lab Code: TL129)**

SGS-CSTC Standards Technical Services Co., Ltd., E&E Laboratory has been assessed and fully comply with the requirements of ISO/IEC 17025:2017, the Basic Rules, IECEE 01 and Rules of procedure IECEE 02, and the relevant IECEE CB-Scheme Operational documents.

4.4 Deviation from Standards

None

4.5 Abnormalities from Standard Conditions

None



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5 Technical Requirements Specification

5.1 General Description of Applied Standards

KDB447498D01 General RF Exposure Guidance v06

4.3.1. Standalone SAR test exclusion considerations

Unless specifically required by the published RF exposure KDB procedures, standalone 1-g head or body and 10-g extremity SAR evaluation for general population exposure conditions, by measurement or numerical simulation, is not required when the corresponding SAR Exclusion Threshold condition, listed below, is satisfied.

5.2 RF Exposure Evaluation

5.2.1 Limit & Test Method

According to FCC Part1.1310: The criteria listed in the following table shall be used to evaluate the environmental impact of human exposure to radio frequency (RF) radiation as specified in part1.1307(b)

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposures				
0.3–3.0	614	1.63	*(100)	6
3.0–30	1842/f	4.89/f	*(900/f ²)	6
30–300	61.4	0.163	1.0	6
300–1500			f/300	6
1500–100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3–1.34	614	1.63	*(100)	30
1.34–30	824/f	2.19/f	*(180/f ²)	30
30–300	27.5	0.073	0.2	30
300–1500			f/1500	30
1500–100,000			1.0	30

F= Frequency in MHz

Friis Formula

Friis transmission formula: $P_d = (P_{out} * G) / (4 * P_i * R^2)$

Where

P_d = power density in mW/cm²

P_{out} = output power to antenna in mW

G = gain of antenna in linear scale

P_i = 3.1416

R = distance between observation point and center of the radiator in cm

P_d is the limit of MPE, 1 mW/cm². If we know the maximum gain of the antenna and the total power input to the antenna, through the calculation, we will know the distance r where the MPE limit is reached.



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5.2.2 Conclusion

For Bluetooth BLE

Antenna Gain: 2.68 dBi

Frequency (MHz)	Antenna Gain (Numeric)	Peak Output Power (dBm)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
2440	1.853531623	0.84	1.21	0.00045	1	Complies

For Bluetooth Classic

Antenna Gain: 2.68 dBi

Frequency (MHz)	Antenna Gain (Numeric)	Peak Output Power (dBm)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
2480	1.853531623	-1.62	0.69	0.00025	1	Complies

For 2.4 GHz Wi-Fi

Antenna Gain: 2.68 dBi

Frequency (MHz)	Antenna Gain (Numeric)	Peak Output Power (dBm)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
2422	1.853531623	20.55	113.50	0.04185	1	Complies

For 5G Wi-Fi

Antenna Gain: 2.84 dBi

Frequency (MHz)	Antenna Gain (Numeric)	Peak Output Power (dBm)	Peak Output Power (mW)	Power Density (S) (mW/cm ²)	Limit of Power Density (S) (mW/cm ²)	Test Result
5785	1.853531623	15.29	33.81	0.01247	1	Complies

The 2.4G/5G Wi-Fi, BT and BLE can be transmitted simultaneously, so the result is $0.00045/1+0.00025/1+0.04185/1+0.01247/1=0.05502<1$, so the device meets the RF exposure and without SAR test.

Note:

Refer to report GZCR240600074903 for BLE test Max conducted power value.

Refer to report GZCR240600074904 for BT classic test Max conducted power value.

Refer to report GZCR240600074905 for 2.4G Wi-Fi test Max conducted power value.

Refer to report GZCR240600074906 for 5G Wi-Fi test Max conducted power value.



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6 EUT Constructional Details (EUT Photos)

Refer to Appendix - External and Internal Photos for GZCR2406000749HS

- End of the Report -



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