



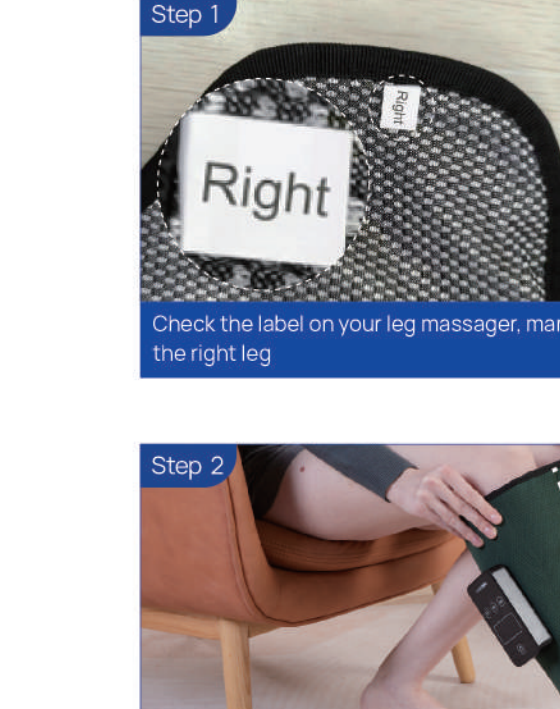
Table Of Contents

Product Brief Introduction	P1
Product Parts	P1
Massage Positions	P1
Installation	P2 - P3
Buttons & Operations	P4 - P6
APP	P6 - P8
Charger	P9
Maintenance	P9
Diagnosis	P10 - P11
Important Safety Instructions	P11 - P12
Warning	P12
Specifications	P13
Packing List	P13
Warranty	P13

Product Brief Introduction

This leg massager can be used anywhere indoors or outdoors. It can promote blood circulation and relieve muscle soreness by air compression/hot/vibration massage. A variety of massage modes are available for you to choose from and are suitable for different people. If you want to wear two legs at the same time, you can buy 2pcs of leg massager. This will massage both your legs at the same time.

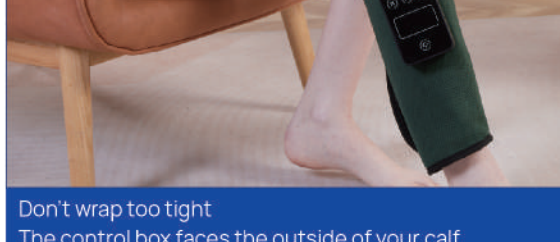
Product Parts



1. Control box
2. Leg wrap
3. Extension wrap

Note: When the leg wrap is too short to wrap your legs, you can use the extension wrap to increase the width of the wrap to meet your use.

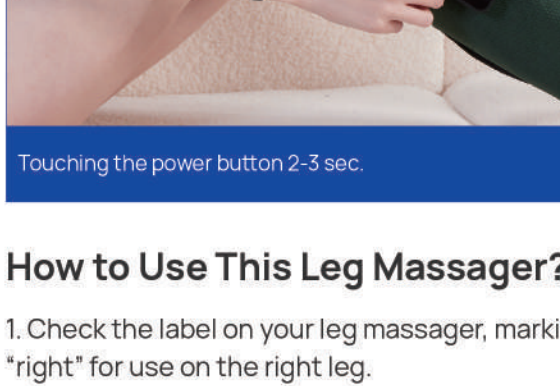
Massage Positions



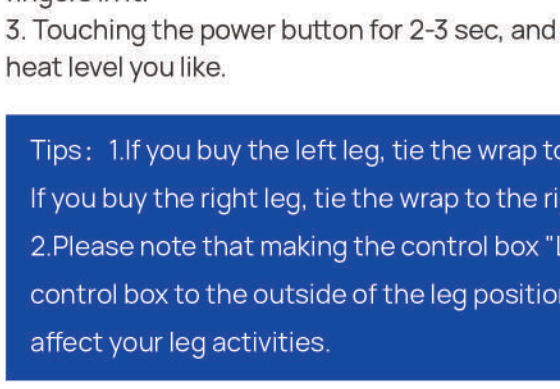
Calves

Legs

Installation



Check the label on your leg massager, marking "left" for use on the left leg and "right" for use on the right leg



Put your leg on this vertical line faces the front of your calf



Don't wrap too tight
The control box faces the outside of your calf



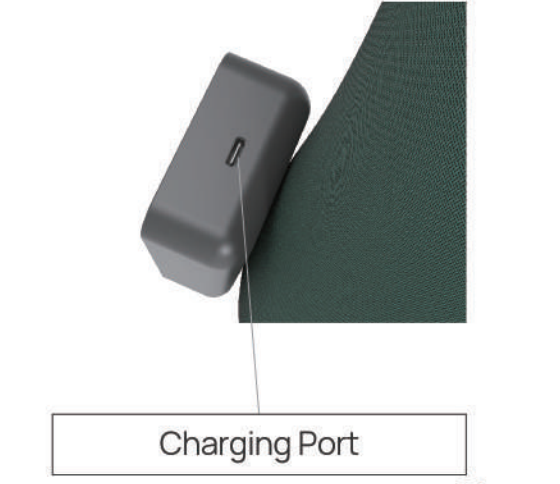
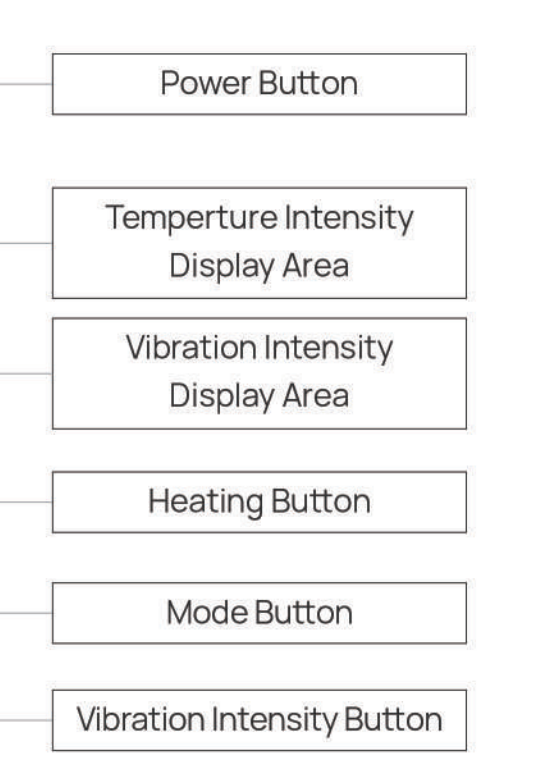
Touching the power button 2-3 sec.

How to Use This Leg Massager?

1. Check the label on your leg massager, marking "left" for use on the left leg and "right" for use on the right leg.
2. Put on the leg on the correct wrap, recommend leaving a gap available to 4 fingers in it.
3. Touching the power button for 2-3 sec, and choose the mode, intensity, and heat level you like.

Tips: 1. If you buy the left leg, tie the wrap to the left leg which marked "Left". If you buy the right leg, tie the wrap to the right leg which marked "Right". 2. Please note that making the control box "LOCK" button facing up and the control box to the outside of the leg position so that the control box will not affect your leg activities.

Buttons & Operation



A. Power Button

Touching this button 2-3sec to power on and start GENTLE mode. However, you can also change it by using my favorite function in the APP.

1. If you want to power off, touch this button for 3 seconds.
2. If you want to pause your massage, touch it lightly. The letter "P" will show on the screen, and it will flash. Continue to massage, and touch it again.
3. Auto shut down after 20 minutes, but you can change your massage time in ErgoRelax APP.

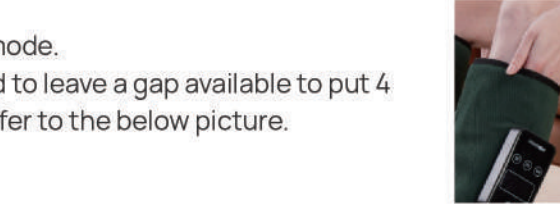
B. Vibration Intensity Button

Touch this button to change the vibration intensity, it is switched in the order "L1-L2-L3-OFF"

C. Mode Button

Touch this button to change the massage mode, it is switched in the order "Gentle-Relax-Vigorous-Exercise". Gentle: more soothing and soft, inflatable strength will be lighter, suitable for people who are more sensitive to the strength. Relax: relax the muscles, relieve soreness, and moderate strength. Vigorous: more powerful massage, massage strength is more powerful, suitable for people who like an intense massage. Exercise: relieve muscle fatigue after exercise, promote blood circulation, suitable for people who love sports.

Note: If you feel powerful or uncomfortable, here are some solutions for your better reference. 01-Choose "Gentle" mode. 02-It is recommended to leave a gap available to put 4 fingers in it. Please refer to the below picture.



D. Heating Button

Touch this button to change the heating temperature, it is switched in the order "L1-L2-OFF"

E. Lock Button

Pressing this button disables the functions of the other buttons, besides the power button. This is to prevent the buttons from being touched by mistake and changing your massage program. Note: 1. When the button is locked, the screen doesn't show any information. 2. You can press the lock button again to unlock it, or touch the power button 2-3sec to power it off

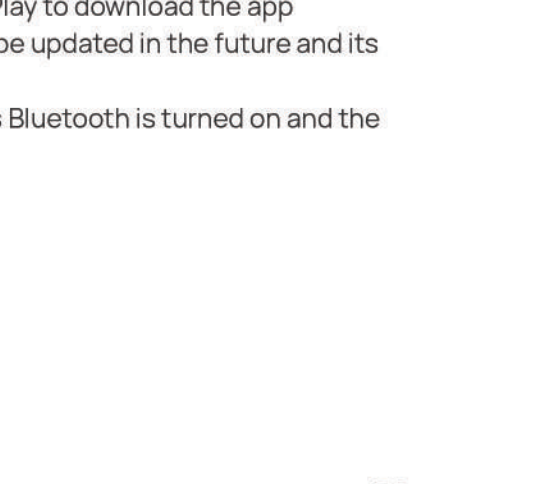
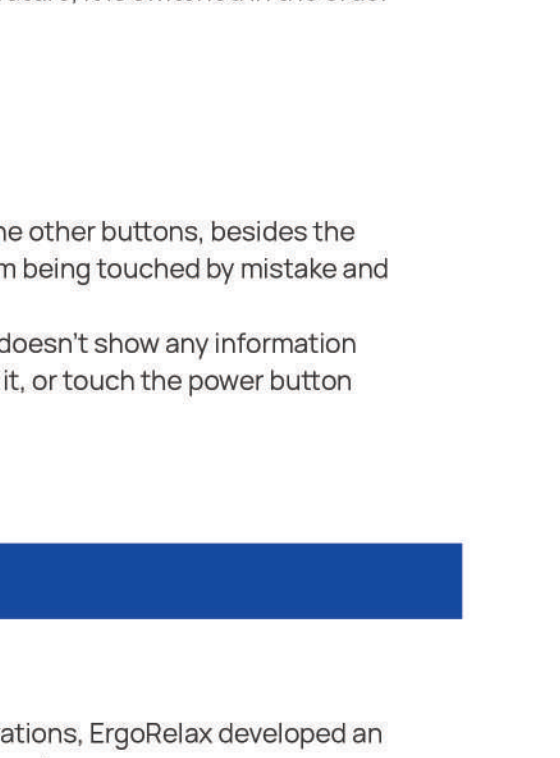
APP

To provide more intelligent and convenient operations, ErgoRelax developed an APP for you. More functions will be added afterward.

1. Search "ErgoRelax" in App Store or in Google Play to download the app
2. To give you a better experience, the app may be updated in the future and its appearance may differ from version to version
3. Before using the app, make sure your mobile's Bluetooth is turned on and the device is powered on



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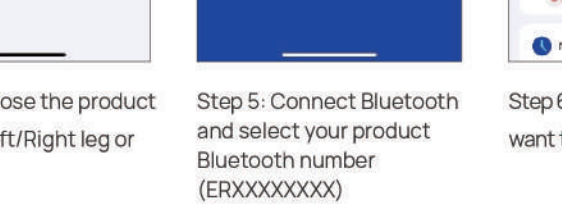
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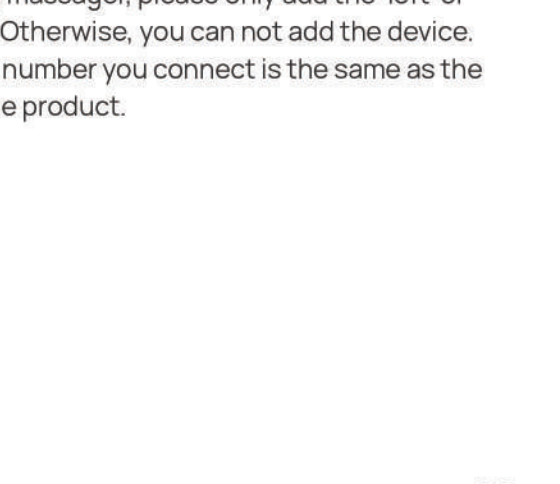
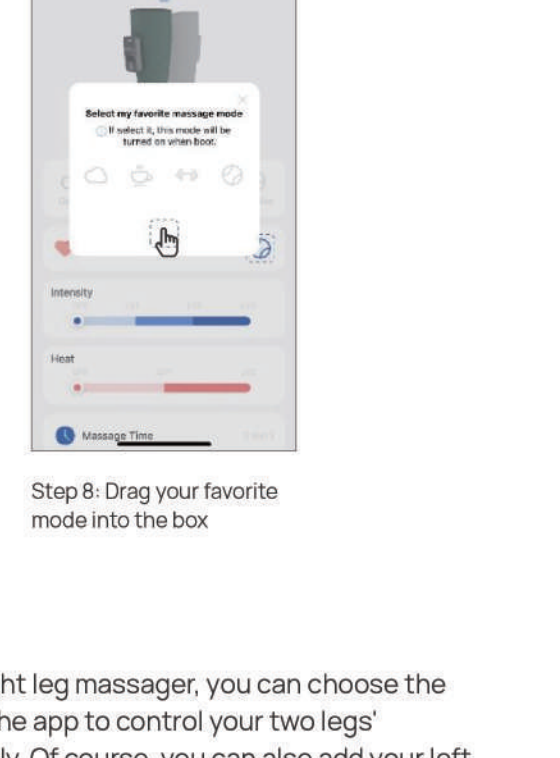
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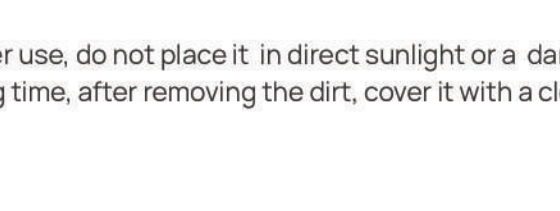
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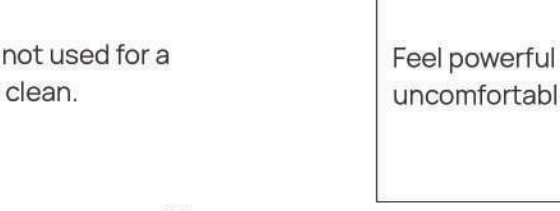
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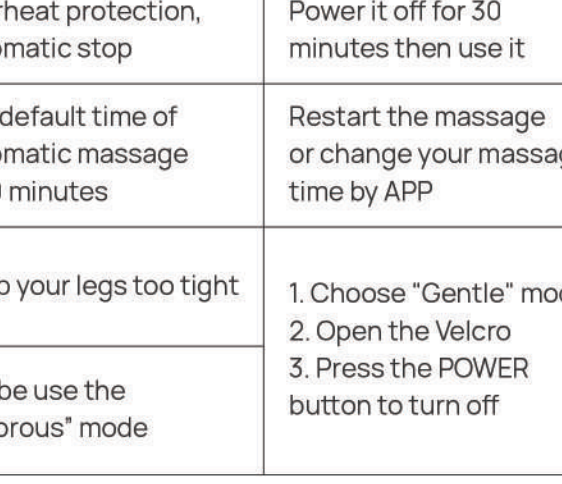
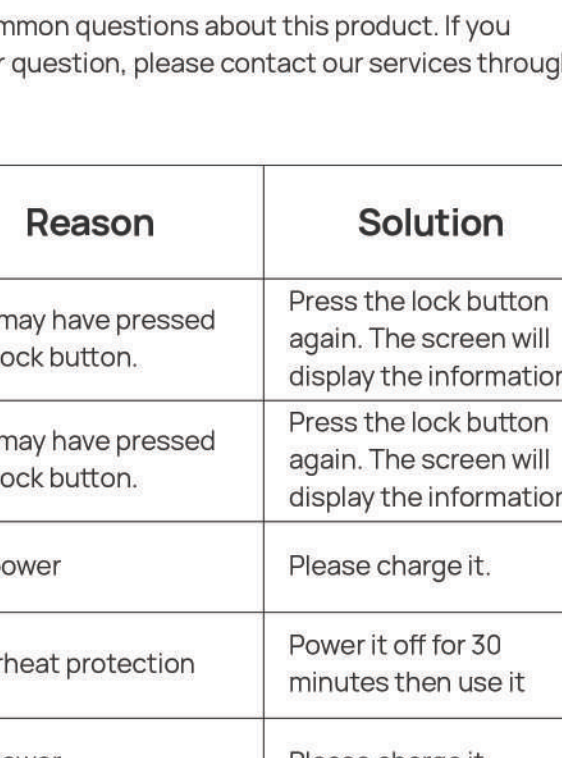
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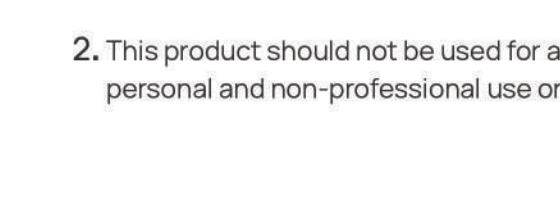
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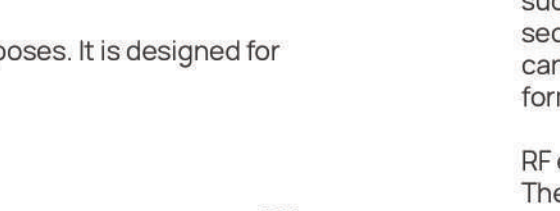
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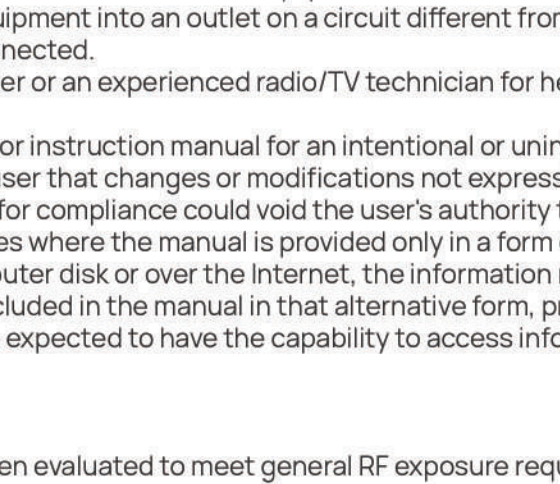
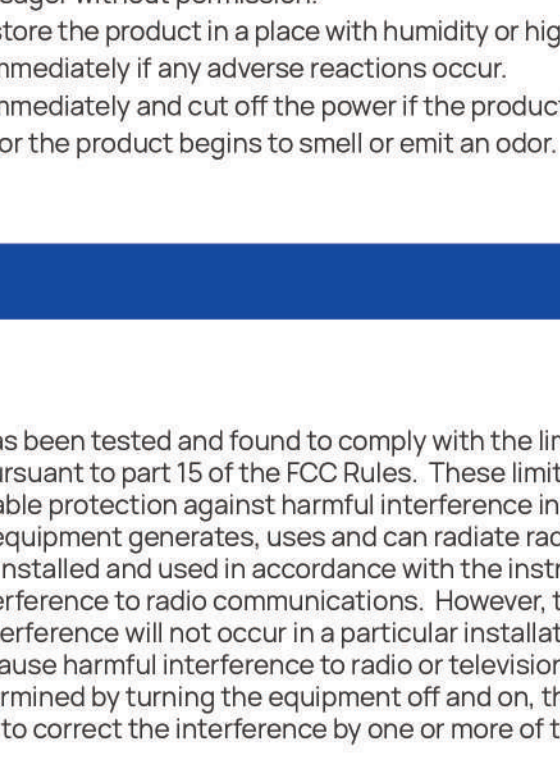
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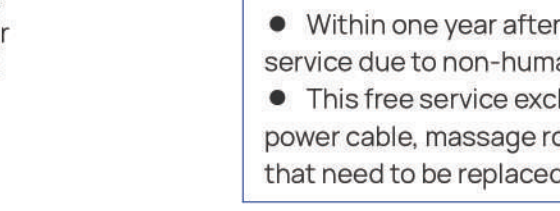
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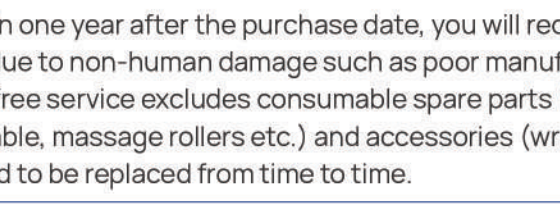
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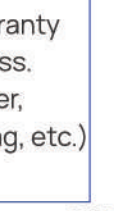
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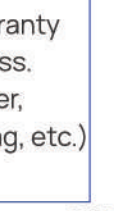
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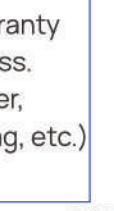
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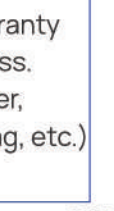
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