

BRUXRELIEF

User Guide

Step 1: Download the app



- Go to your Apple App Store (iOS) or Google Play Store (Android) and search for “BruxRelief”. Press on the icon for BruxRelief by Bravrr Inc and then download the app from the next screen.

ATTENTION: During the setup process, you will be asked if the BruxRelief app can use your smartphone’s Bluetooth connection. Please approve this request. BruxRelief uses Bluetooth Low Energy (BLE) to communicate with your smartphone so it is crucial that you approve this connection.

Step 2: Sign up for your account

- Once you have the BruxRelief app installed, open the app and you will see a welcome screen. On the welcome screen, press “Sign up”. The signup screens will guide you through each step in the signup process.
- First, you will enter your email address. Make sure you are using the same email address as the one you purchased your device with, or the same email your clinician used to invite you to the BruxRelief app.
- On the next screen, you will need your “patient code”. Login into your email account and search for an email with the subject line “App Sign Up & Patient Code”. This email contains your patient code at the top of the email. Enter this code into the field provided.
- After you’ve provided your patient code you will be guided through several more screens that will help you set up your account and password.

Step 3: Fill out your health survey

- After you complete the sign up process screens you will be directed to complete an initial health survey which helps the BruxRelief app to customize the display screens in your account.

Step 4: Ready for your first assessment

- Once you have completed the health survey your account will be fully set up and you will be able to perform your first assessment.
- On the “Assessments” screen in your app, simply press on the “Get started” button at the bottom and you will be guided through several screens showing you how to wear the BruxRelief headband, connect the device to your smartphone, and perform your first assessment.

We hope you enjoy your experience with the BruxRelief device and app. If you have any questions or feedback, simply go to your “Profile” screen in the app and press the “Support” button to submit your question or feedback.

FCC Compliance Statement

For BruxRelief From Bravrr Inc. / Model No. BR011019V2

Caution: This marking indicates that the user should read all included documents before use. Retain this supplement for future reference.

Users of this product are cautioned to use accessories and peripherals approved by Bravrr Incorporated. The use of accessories other than those recommended, or changes to this product that are not approved by Bravrr Incorporated, may void the compliance of this product and may result in the loss of the users authority to operate the equipment.

FCC Radio Frequency Interference Statement

This equipment has been tested and found to comply with the limits for a Class B digital device pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures listed below.

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/television technician for help.

Notice 1: The changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1) This device may not cause harmful interference, and
- 2) This device must accept any interference received, including interference that may cause undesired operation.

Responsible Party:

Bravrr Incorporated

425 main St, Suite 19

Canon City, CO 81212

!-- usable phone number --!

CE Conformity



Hereby, Bravrr Incorporated declares that this device is in compliance with the essential safety requirements and other relevant provisions set out in the European Directive.