Smart Watch

User Manual

Model: ZW69S

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1. Description of Appearance

- Up key
- Down key
- Charging area
- Speaker
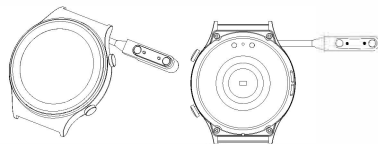- Heart rate sensing area
- Mic
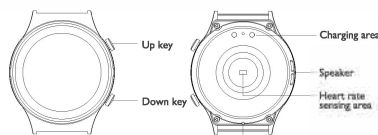
Note: Please consult the product material in detail before purchase to avoid allergies to the material. Due to individual differences, if you encounter skin discomfort when wearing it, please stop wearing it and consult a doctor.

2. Charging and Power on

Charging: Draw the charging cable to the charging area to charge.
Power on: The charging can be turned on automatically or by long pressing the up button to poweron.

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3. Download the APP and bind the watch

(1) Download the APP
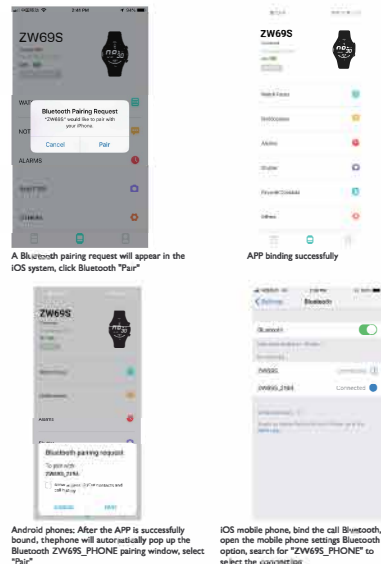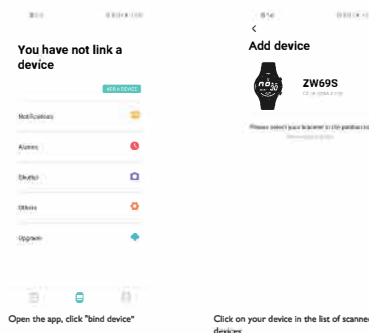
Scan the QR code and download the Da Fit application.

Note: The mobile phone system must support Android 5.1 or iOS 9.0 and above, and Bluetooth 4.0 and above.

(2) Bind watch

After turning on the watch, please complete the pairing of the device and the phone through the Da Fit APP before it can be used normally.

Binding steps:

You have not link a device

Open the app, click "bind device"

Add device

ZW69S

Click on your device in the list of scanned devices

A Bluetooth pairing request will appear in the iOS system, click Bluetooth "Pair"

APP binding successfully

Android phones: After the APP is successfully bound, the phone will automatically pop up the Bluetooth ZW69S_PHONE pairing window, select "Pair"

iOS mobile phone, bind the call Bluetooth, open the mobile phone settings Bluetooth option, search for "ZW69S_PHONE" to select the connection
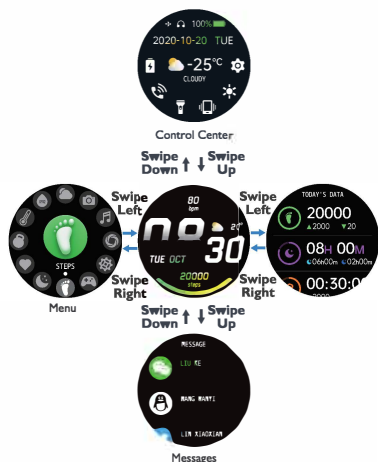

Note:

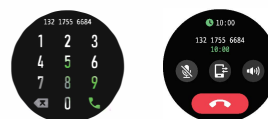Before binding the APP, the Bluetooth setting of the watch needs to be turned on, as shown below:

Common problem：

1. Connect Bluetooth：
1.1 Please power on your phone Bluetooth before connection；
1.2 Please ensure your smart bracelet didn't connect with other phone before connecting
1.3 If the Bluetooth can't be bound, the watch needs to select in the call interface when binding the Bluetooth.
2. There is no call reminder for the mobile phone call watch. First, please make sure thatthe Da Fit app program runs in the background. Second, the Da Fitapp message push setting option "phone and message" switch needs to be turned on.
3. In order to ensure the accuracy of the test data, after entering the blood oxygen test mode, please keep your body relaxed during the test, and do not speak or shake your body during the test.
4. The watch only supports songs in MP3 format.
5. Please refer to Da Fit APP Help: Personal Center → Background Operation Protection Guide for Android mobile phone APP running in the background.

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4. Use the Touch Screen

Control Center

Swipe Down / Swipe Up

Swipe Left / Swipe Left

Swipe Right / Swipe Right
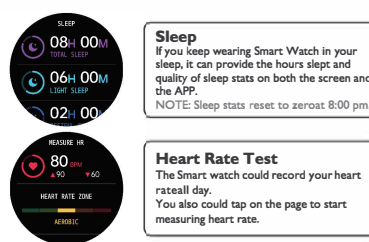
Swipe Down / Swipe Up

Menu

Messages

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5. Phone Call

After connecting the Smart Watch to the phone, you can use the watch to dial to control the phone for making calls and answering the phone calls.
You can also view the call history of the watch.
You need to keep the connection between the watch and the phone stable when using the Phone Call function.

6. Smart Watch Features

Sleep
If you keep wearing Smart Watch in your sleep, it can provide the hours slept and quality of sleep stats on both the screen and the APP.
NOTE: Sleep stats reset to zeroat 8:00 pm.

Heart Rate Test
The Smart watch could record your heart rate.
You also could tap on the page to start measuring heart rate.

Sports
Smart Watch automaticallytracks Steps taken on the Screen.
Noteyour movement stats reset to zero at midnight.

Training
Tap the training icon on the menu to start a new training measure recording, there are 8 sport modes to be chosen.
The last training recording will be shown on the training page.

Blood Pressure Test
Tap on the blood pressure page to start measuring your blood pressure.
On the blood pressure page, It can show the blood pressure measured data of the last times.

SpO2 Test
Tap the SpO2 page to start measuring your SpO2.
On the SpO2 page, It can showthe SpO2 measured data of the last times.

Weather
It could showthe weather info of current and tomorrow on the weather page. Weather info is synced after connecting withthe APP, it will not be updated after a long disconnected.

Messages Reminder
The device can sync incoming notify cations from Twitter, Facebook, , Instagram etc. Recently 5 messages can be stored.
Note: You can switch of/off the incoming notification in the APP.

Remote Shutter
After connecting the device, you can remote control the camera on your phone.

Player Shutter
After connecting the device, you can remote control the music player on your phone.

Other features
Other features include stopwatch, alarm, timer, brightness, mute on/off, theater mode, factory reset, power off and about.

Stop Watch
Tap the start button on stopwatch page to start timing, and tap the stop button to stop timing.

Silent Alarms
Set up the alarm on the APP, the device will bib rate to remind on time.

Theater Mode
The device will turn off the vibration and turn down the brightness when the theater mode is turned on.
Note: You can turn on/off the theater mode in the control center.

Remind to Move
The device will vibrate to remindyou to make a relax after 1 hour sitting.
Note: You can switch on/off the feature in the APP.

Remind to Drink
The smart watch will remind you "Time to Drink Some Water" at the planned drinking time.
Note: You can set the feature in the APP.

Disclaimer

Warning: This product is not a medical device. The smart band and its applications should not be used in diagnosis, treatment or as a preventive treatment for diseases and sickness. Please consult medical professionals before chang ing exercise habit or sleep habit to avoid serious injuries. The manufacturer reserves the right to modify and improve any functions description in this user guide and continuous update of the new content without further notice. This user guide is for reference only, the smart band for selling is subject to the final product.