

Unique

User manual



This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a **Class B** digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF Exposure

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

EU regulatory conformance::

RF exposure information: The EIRP power of the device at maximal case is below the exempt condition, 20mW specified in EN62479: 2010. RF exposure assessment has been performed to prove that this unit will not generate the harmful EM emission above the reference level as specified in EC Council Recommendation(1999/519/EC).

Page 1

01/SAFETY PRECAUTIONS

Precautions

- Precautions Measurements are for informational purposes only and are not to be taken as medical advice.
- Keep your feet dry and clean before use.
- For best results, take measurements at the same time each day.
- Do not use this product after strenuous exercise.
- This product is only subjected to static pressure, please do not jump onto the scale for weighing.
- Do not use chemical solvents to wipe this product, use a cloth dampened with water, and do not soak the scale body.
- Please place it horizontally on a flat hard floor.
- Do not put anything on the scale if it is not in use.

Page 2

Prohibition

- Prohibited matters It is strictly forbidden to disassemble, crush, puncture, short-circuit this product or throw it into water, fire or expose it to a temperature higher than 60° C(140° F)
- People who have medical devices such as cardiac pacemakers in their bodies are prohibited from using this scale
- The product is easily damaged and dangerous if it is hit or dropped.
- Do not use the device in dusty, wet, dirty or near magnetic fields, so as not to cause internal circuit failure of the device.
- Please use this device within the temperature range of 5° C-40° C. When the ambient temperature is too high or too low, it may cause equipment failure.
- Do not place the device near heat sources or exposed fire sources, such as electric heaters, microwave ovens, ovens, water heaters, stove fires, candles, or other places that may generate high temperatures.
- Do not use on wet ground or places that are prone to slipping.

- Do not measure when the body or feet are wet, otherwise it may cause body fall, inaccurate measurement data, water entering the machine and other failures.

Page3

Warnings

- The object to be weighed should not exceed 150% of the rated range, so as not to damage the force-measuring components.
- Do not stand on the side of the scale or jump onto the scale to avoid injury.
- Do not scrub this product with hot water or volatile oil.
- This product contains a lithium battery and should be placed away from heat sources (radiators, stoves, fireplaces, etc.)
- This product is not waterproof, avoid using it in rainy days, and avoid washing it directly with water after use to avoid damage.
- Do not disassemble the battery unless the appliance is discarded.
- Failure to comply may cause damage to the product, fire, electric shock, injury and other accidents during the continued use of the product. If you need to repair the battery, please consult the repair center or after-sales service center.
- The lithium battery used in this product is a valuable resource that can be recycled and regenerated. Please take out the lithium electronic battery when it is discarded after use, and hand it over to a professional organization that can recycle and regenerate rechargeable batteries. The appliance must be de-energized when removing the batteries.

Page4

02/INSTRUCTIONS

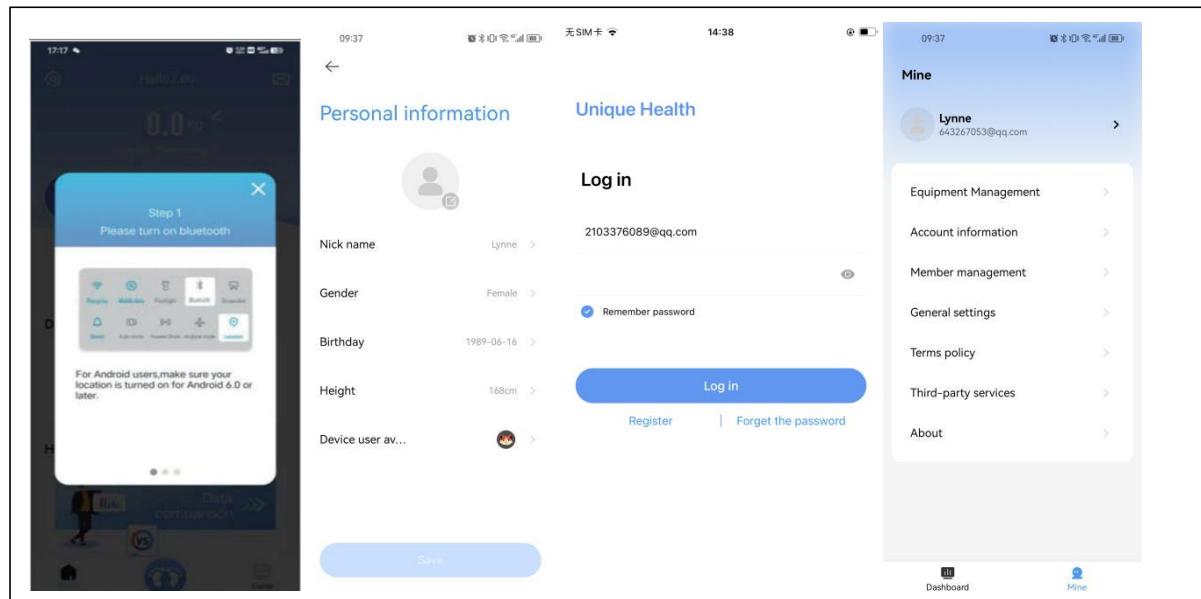
APP installation

- Search for "[Unique Health](#)" in the Android App Store or the Apple App Store, or scan the QR code below to download and install the [Unique Health] client to connect with the device.
- Before connecting the [Unique Health] APP with the smart body fat scale, please confirm that your device meets the following requirements for iPhone/iPad touch devices running iOS8.0 and above.
- Mobile devices running Android 4.3 and above and equipped with Bluetooth 4.0.



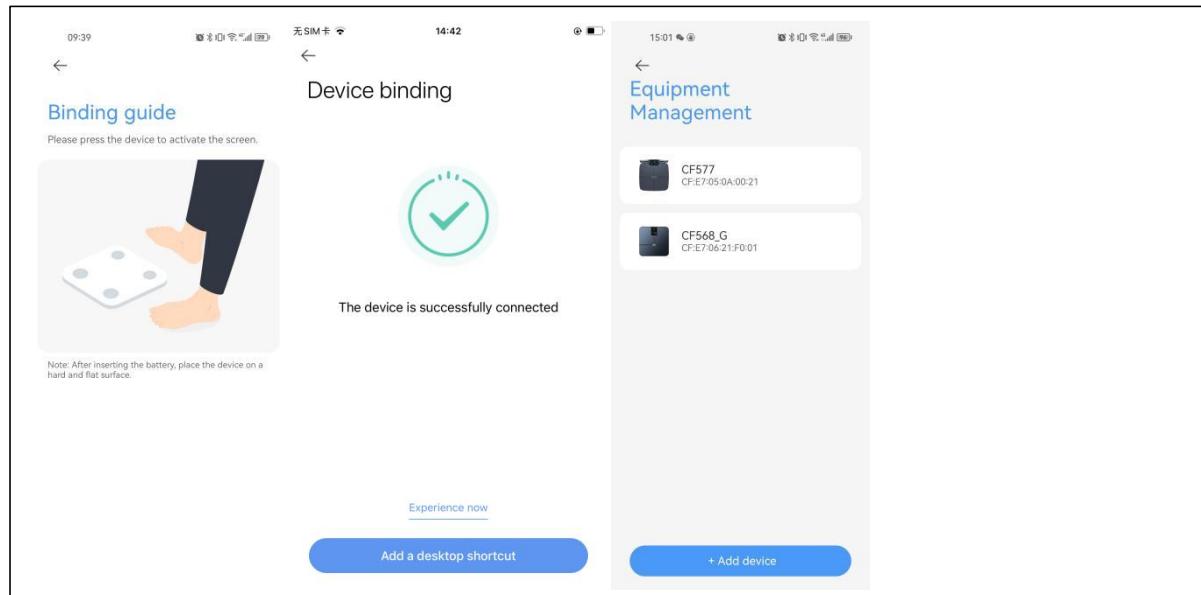
Scan the QR code to download the official <Unique Health>

1. Turn on the Bluetooth option of the mobile phone, open the "Unique Health" App to enter the interface, first-time users need to choose to accept the user agreement before continuing
2. Before connecting and using, please make sure that the battery is fully charged before it can be used normally. Please lightly step on the scale body to make the screen light up, and make sure that the Bluetooth and GPS positioning are turned on.
3. Use the APP, enter the home page, and log in/register. For the first time use, please set the correct personal parameters for the current user.

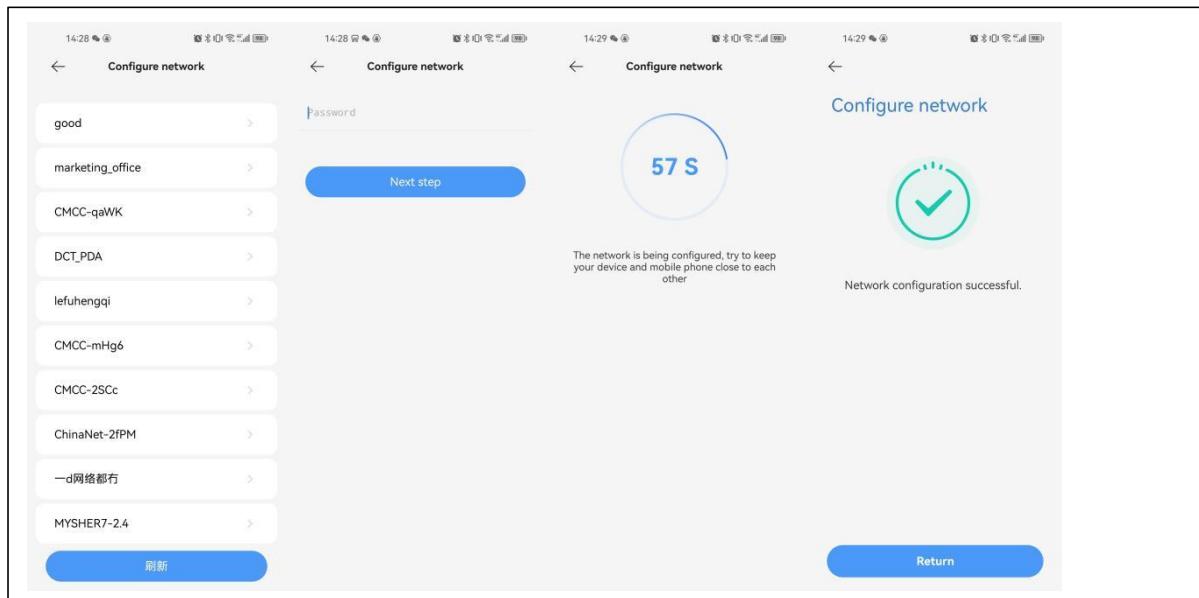


Page6

4. After entering the App interface, click [Mine]-[Equipment management], and please confirm whether the device has been bound.



5. Configuring WIFI 2.4G network



Measurement on the scale

- unit conversion

After the mobile APP is connected to the scale end, enter the parameter setting interface, and you can choose the unit kg or lb. You can also select the unit kg or lb through the touch button on the bottom case.

- Correct posture

Immediately start recording your weight and body data. When measuring on the scale, the two feet are naturally distributed on both sides with the center as the origin. The forefoot is on the front ITO electrode pattern, and the heel is on the second half of the ITO electrode pattern, as shown in the figure below.

- Note:

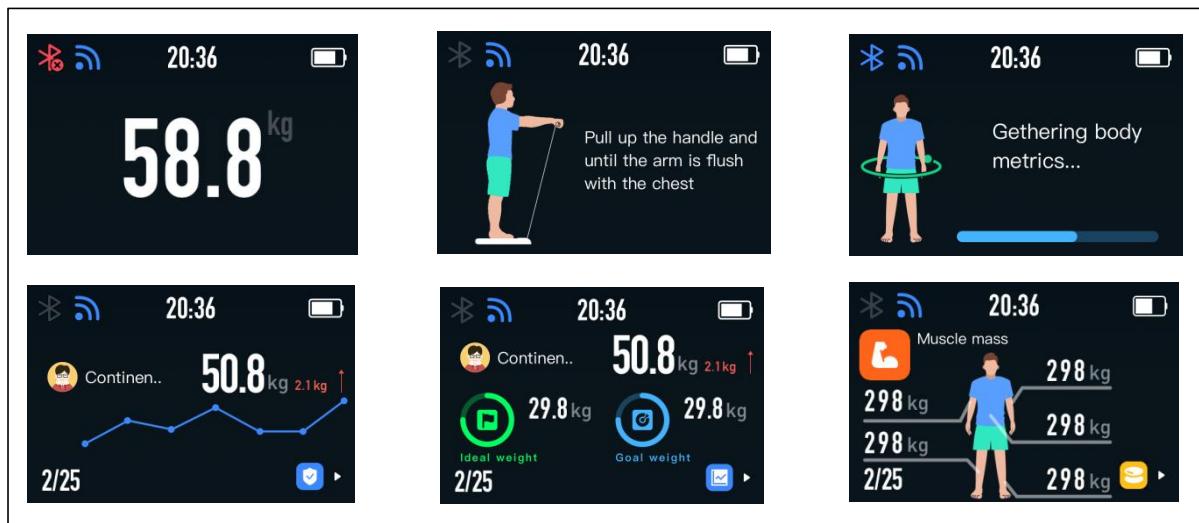
It must be measured with bare feet, and the skin of the feet is evenly in contact with the "ITO electrode pattern"

The plastic bag of the product packaging must be removed before the skin can touch the electrode pad for measurement

If the scale has been measured several times in a row, please perform scale measurement again after the screen returns to "0.00"

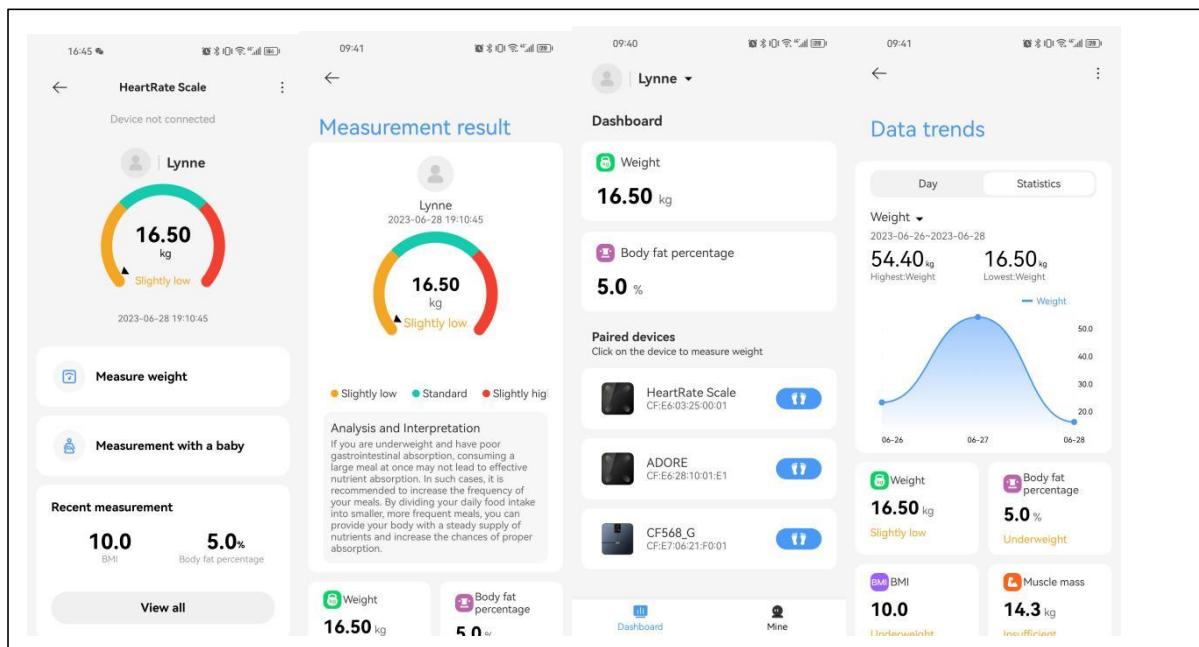
- Start measuring

Start to measure on the scale. When the weight is stable, the value of the scale body will flash three times at the same time and then enter the state of body fat measurement. Wait for all the measurement data to stop flashing and lock, and then it will be displayed synchronously on the [Unique Health] App interface of the mobile phone. After the test is completed, the scale body will automatically shut down after displaying for 10 seconds.



- Numeric query

Enter the homepage of Unique Health, click the interface measurement value list, you can view a number of body measurement data.



Precautions

1. The product is powered on by pressure induction. After it is placed on a hard and flat ground, it will turn on the screen after sensing a weight of more than 3kg.2. For products with built-in lithium batteries, please use a 5V==1A charger to charge for 2 hours when using for the first time.

Display screen

04/PARAMETERINFORMATION

Detection item

Weight/ Body Fat /BMI /Muscle mass / BMR /Recommended calorie intake/ Body water / Fat mass/ Protein /Moisture content/Protein amount/ Lean body mass/ Subcutaneous fat rate /Skeletal muscle rate/ Visceral fat /Muscle ratio/Muscle control quantity/ Fat control

quantity/Standard weight/Weight control/ Subcutaneous fat mass/Left hand fat percentage/ Body cell mass/Right hand fat percentage/Intracellular water mass/Trunk fat percentage/ Extracellular water mass/Left leg fat percentage/ Inorganic salt content/ Right leg fat percentage/Left hand muscle mass/Left hand fat mass/Right hand muscle mass/Right hand fat mass/Trunk muscle mass/ Trunk fat mass/Left leg muscle mass/Left leg fat mass/Right leg muscle mass/Right leg fat mass/Obesity rate/Bone mass /Body Type/Obesity level/Health assessment/ Body Age/Body score

Parameter information

Product Name:Smart Body Fat Scale

Product model: F9

Rated capacity :180kg

TFT screen size: 3.5inch

Product size:375*352*35mm

Graduation value: 0.05kg

05/TROUBLESHOOTING

- If you encounter problems when using the product, please refer to the tips.
- If the product is still in a faulty state and cannot be used.
please contact the maintenance service center.

Common problems and solutions abnormal situation

Can not boot

Connect to the power supply to check whether the power supply is good.

Display"FAIL"

WI-FI network configuration failed, please re-configure the network.

The data display is abnormal during measurement

Please measure with bare feet and keep the soles of your feet clean.

Failed to obtain impedance by measuring fat, please re-measure on the scale.

Show 

Overload display, please do not exceed 180kg when using!

No display on the screen, errors, missing pictures

Make sure your phone's Bluetooth is always on.

Sudden stop during operation

Continuous use for too long, product overheating protection.Re-open the shutdown button after the product cools down.