

# one8 T1

Smart Tee Instructions

Thank you for choosing One8. Please read the instructions carefully before use.

## How to use

### 1. Charging the Smart Module

Before use please charge the Smart Module using provided micro USB cable. Red light will indicate the charging, when you insert the cable into smart module. Green light will indicate Smart Module full charged.



### 2. Register on App

Fill in the mandatory information.

Make sure you register your new device

<this section will be expanded, when we receive the application to evaluate>

<screen shot of the application>

Note: Conditions required by the hardware platform systems are as below



iOS 12.0 and above



Android 7 and above



Bluetooth 4.2

### 3. Please connect to mobile phone correctly



Correct operation:  
Pair the Smart Module  
via APP on your phone



Wrong operation:  
Pair the Watch directly  
via Bluetooth in phone  
settings



### 4. Bind the device

- Activate bluetooth on the phone
- Drop down on APP home to show binding request.
- Inside the app tap the **rightdevice** to "Confirm Binding"

## Check activity on the One8 App

### 1. Instructions

To be expanded

## Introduction

Dear customer, congratulations on buying One8 Smart tee. Please read this user manual carefully. Please make sure to check the latest version of the manual on the [psq.club/help](https://psq.club/help) website.

## Smart Tee Components

The complete <Smart Apparel> consist of the followings:



### 1. Smart T-Shirt

Special training top with built-in sliding ECG system that monitors hearts rhythms.



### 2. Smart Module

By connecting to the T-Shirt, the device records and store the electrocardiogram, heart rate and workout data.

## 2. One8 App

The application helps you to perform your workouts, summaries your health and workout data.

## 5. Connect Smart Module with Smart Tee

Now insert the smart module into socket on the T-shirt strap as shown below.



## 6. Wear T-shirt

Please moist the electrode with water before any workout.

<Line drawing of the T-shirt>





Scan the QR code to download and install  
One8 app.  
or visit **<http://c0ve.net/one8>**





## T-shirt washing Instructions

1. Machine Wash, Cold, Gentle (30 C)
2. DO NOT bleach
3. DO NOT wring, dry flat
4. DO NOT iron
5. DO NOT tumble dry

We recommend to wash the T-shirt before your first workout. Wash it with like colors as during laundering color-bleeding may occurs.



## **Intended uses and features**

Smart Tee is intended to use during physical activity, primarily running and walking. With each heartbeat, an electrical impulse travels through your heart. If these impulses are captured properly, a waveform, so called electrocardiogram can be outlined. This waveform reflects the electrical activity of the heart and from its shape numerous heart specific parameters can be read by a professional (PA or cardiologist). To monitor these parameters not only at rest but during physical activity is extremely important as some heart issues only become apparent during exercise. By using Smart Tee on regular basis, the body-worn 2-lead fitness monitoring device your heart's electrical activities are captured, safely stored. Please note do not use Smart Tee for any purpose other than as specified in this User Manual. Smart Module is only compatible with Smart Tee.

## **Important Safety Information**

Please read the User Manual carefully before using Smart Module. This module is not a medical grade device thus is not designed or intended for diagnosis of any cardiac conditions or to be a replacement for any type of ECG equipment. Interpretations made by this device are potential findings, not a complete diagnosis of cardiac conditions. All interpretations should be reviewed by a medical professional. Always consult your physician before using Smart module monitor or you begin or modify any exercise program.

## Safety Instructions

Warning: If possible hazardous situations below are not avoided, user injury or even a fatal accident may occur.

- DO NOT store in extremely hot, cold, humid, wet, or bright conditions.
- DO NOT expose to strong electromagnetic fields.
- DO keep components out of reach of children.
- DO NOT use the SMart Tee with too much body hair or very dry skin, a successful recording may not be possible.
- DO NOT drop or bump with excessive force.
- DO NOT use to diagnose heart related conditions.
- DO NOT unscrew the device as it may effect the warranty
- DO NOT wear during magnetic resonance imaging (MRI), cautery and external defibrillation procedures.
- DO NOT use in the presence of flammable anesthetics, drugs or pressurized oxygen.
- DO NOT use the device below age of 18 in the European Union or below age 21 in the United States.
- DO NOT attempt self-diagnosis or self-treatment based on the recording results and analysis.
- If skin irritation occurs, please immediately contact with a doctor/physician
- DO NOT use Smart Tee for any purpose other than as specified in this manual
- Smart Tee is not suitable for team sports, ball games or swimming.

## Limited Warranty (India Only)

**One8** warrants this product against defects in material or workmanship for the time periods and set forth below. Pursuant to this Limited Warranty, **<One Eight>** will, at its option, (i) repair the product using new or refurbished parts or (ii) replace the product with a new or refurbished product. For purposes of this Limited Warranty, "refurbished" means a product or part that has been returned to its original specifications. In the event of a defect, these are your exclusive remedies.

**<all the above condition have this been ironed out with OneEight?>**

**Labor:** For a period of one (1) year from the original date of purchase of the product ("Labor Warranty"), **<One Eight>** will, at its option, repair or replace with new or refurbished product, product determined to be defective. If **<One Eight>** elects to replace the product after this Labor Warranty has expired but while the Parts Warranty below is still in effect, it will do so for the applicable labor charge.

**Parts:** For a period of one (1) year from the original date of purchase of product ("Parts Warranty"), **<One Eight>** will supply new or refurbished replacement parts in exchange for parts determined to be defective.

This Limited Warranty covers only the hardware components packaged with the Product. It does not cover technical assistance for hardware or software usage and it does not cover any software products whether or not contained in the Product; any such software is provided

"AS IS" unless expressly provided for in any enclosed software Limited Warranty. Please refer to the End User License Agreements included with the Product for your rights and obligations with respect to the software.

Instructions: To obtain warranty service, you must deliver the product, freight prepaid, in either its original packaging or packaging affording an equal degree of protection to the <One Eight> authorized service facility specified. It is your responsibility to backup any data, software or other materials you may have stored or preserved on your unit. It is likely that such data, software, or other materials will be lost or reformatted during service and <One Eight> will not be responsible for any such damage or loss. A dated purchase receipt is required.

Repair / Replacement Warranty: This Limited Warranty shall apply to any repair, replacement part or replacement product for the remainder of the original Limited Warranty period or for ninety (90) days, whichever is longer. Any parts or product replaced under this Limited Warranty will become the property of <One Eight>.

This Limited Warranty only covers product issues caused by defects in material or workmanship during ordinary consumer use; it does not cover product issues caused by any other reason, including but not limited to product issues due to commercial use, acts of God, misuse, limitations of technology, or modification of or to any part of the <One Eight> product. This Limited Warranty does not cover <One Eight> products sold AS IS or WITH ALL FAULTS or consumables (such as fuses or batteries). This Limited Warranty is invalid if the factory-applied serial number has

been altered or removed from the product.

This Limited Warranty is valid only in the <India>. This Limited Warranty is valid only for <One Eight> products purchased from the following authorized retailers with a valid receipt stating date, product description and purchase price:

1. Amazon.com (under seller "<One Eight> ")
  2. Walmart
  3. BestBuy
- <to be determined>

**LIMITATION ON DAMAGES:** <One Eight> SHALL NOT BE LIABLE FOR ANY INCIDENTAL OR CONSEQUENTIAL DAMAGES FOR BREACH OF ANY EXPRESS OR IMPLIED WARRANTY ON THIS PRODUCT.

**DURATION OF IMPLIED WARRANTIES:** EXCEPT TO THE EXTENT PROHIBITED BY APPLICABLE LAW, ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE ON THIS PRODUCT IS LIMITED IN DURATION TO THE DURATION OF THIS WARRANTY.

Some states do not allow the exclusion or limitation of incidental or consequential damages, or allow limitations on how long an implied warranty lasts, so the above limitations or exclusions may not apply to you. This Limited Warranty gives you specific legal rights any you may have other rights which vary from state to state.

## Customer Support

Thank you for you purchase of this Product

If you have any questions or comment, please visit our website at <One Eight website> or

email us at <One Eight email> or

Phone Support: (???) ?????

## Product Specifications

Product Model	XXXXXX	Battery Capacity	XXX mAh
Battery Type	Lithium Ion	Working voltage	XX
Charging time	XX hours, 25°C constant temperature	Battery duration	24 HRS (Continuous ECG monitoring)
Bleutooth Name	XXXXXXXX	Bluetooth Version	BLE4.2
Working Temperature	-X°C to X°C	Product Weight	X.Xg
The Smart Module is not water proof. Before T-shirt washing, kindly remove module from the T-Shirt Strap.			

## Cleaning & Maintenance

When the module is not use, wipe with soft, lint-free or microfiber cloth if necessary. DO NOT wash Smart Module, it is not waterproof.



## FAQ

- Mobile phone cannot be connected to the Watch.
  1. It is recommended to update APP to the latest version.
  2. It is recommended to quit all APPs, reactivate the phone Bluetooth and re-connect.
  3. Confirm that system of the phone is Android 7 or iOS 12 and above.
- The Watch has no message or call reminders.
  1. It is required to turn on smart reminder function and call reminder function in APP and synchronize to the Watch.
  2. The Watch should be paired with mobile phone through Bluetooth.
  3. It is required to keep Watch Bluetooth under normal connection.

- Bluetooth disconnects frequently.
  1. Relatively long distance between the Watch and the phone may cause Bluetooth disconnection, and the effect of Bluetooth connection over 7 meters will be obviously weak.
  2. Shielding between the Watch and the phone will affect the connection, and human body and metal jewelry will interfere Bluetooth connection signal.
  3. Please confirm that Bluetooth function of the phone is normal.
- More detailed FAQs can be obtained through help and feedback in APP.

## Safety and Product Information Notes



### Warning

#### Battery Warning

Do not disassemble, bore or damage the battery. Do not disassemble the built-in batteries of non-replaceable battery devices. Do not use sharp objects to remove the battery.

#### Health Warning

If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitoring strap.

The watch's optical heart rate sensor glows green and flashes. If you suffer from epilepsy or are sensitive to blinking light sources, please consult your physician if you can wear this product.

The device tracks your daily activities through sensors. These data are intended to tell you about your daily activities such as steps, sleep, distance, heart rate and calories, but may not be completely accurate.

The device, accessories, heart rate sensors and other relevant data are designed for entertainment and fitness, not for medical purposes. They are not applicable to the diagnosis, monitoring, treatment or prevention of any diseases or symptoms. The heart rate data is for reference only. We are not responsible for any consequences caused by any data deviation.

### **Cycling Warning**

If you are wearing a pacemaker or other implanted electronic devices, please consult your doctor before using the heart rate monitoring strap.

### **Notes:**

Device data should be synchronized once every seven days to avoid data loss.

The device has no waterproof effect on seawater, acidic and alkaline solution, chemical reagent and other corrosive liquids. The damage or defect caused by misuse or improper use is beyond the warranty scope.

The device supports the use under cold shower or swimming excluding diving.

- In daily use, the device should be avoided from wearing too tight. Please keep the parts where the device touches the skin dry.
- During heart rate detection, please keep your arm stand still.



The device meets the EU ROHS criterion.  
Please refer to IEC 62321, EU ROHS  
Directive 2011/65/EU and revised directive.

FCC ID: 2AV4M-ECG

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

1. this device may not cause harmful interference, and
2. this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interferences in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

## **CAUTION**

**RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE**

**DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS**



Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.

Licensee: Toka Monk Wearables Pvt. Ltd.

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