400.00 mm

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realme

Version: 1.0

realme Watch S
Realme Watch User Manual

- Thank you for choosing realme Watch S. Please read this User Manual carefully before you use realme Watch S. We suggest that proper preservation of this User Manual is necessary for further reference.
- Illustrations of products, accessories and user interface, etc. in the Manual are schematic diagrams for reference only. Due to the updating and upgrading of the Watch, there may be some differences between the physical product and the schematic diagrams. Please refer to the physical product.

1. Overview

As a long-lasting and ultra-light & thin intelligent sports watch, the new realme Watch S Smart Watch (hereinafter referred to as "the Watch") integrates functions of blood oxygen measurement, continuous heart rate monitoring, sleep monitoring, sports monitoring, information assistant and intelligent tool, etc. With the ultra-light & thin and fashionable design, the Watch guides your sports scientifically and monitors your health accurately, which is a suitable wear both in daily leisure activities and light sports.

Using a color display with a soft and skin-friendly silicone watch strap, the Watch will give you a comfortable feeling.

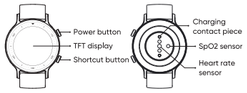
As long as the Watch is worn on your wrist and matched and connected with your mobile phone, you can experience intimate services of scientific sports, heart rate monitoring, sleep monitoring, instant notification, etc.

Performance

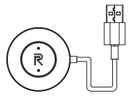
- Low-power Bluetooth
- Full-screen touch
- TFT color display
- 24-hour dynamic heart rate monitoring
- Blood oxygen measurement
- Multiple modes of sports
- Sleep monitoring
- Meditation mode
- Message notification
- Music control

2. Product Information

Main body of the Watch:



The charging base:



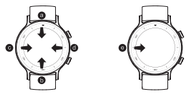
In the box:

a. A realme Watch S
b. A User Manual
c. A charging base

3. Instruction for Use

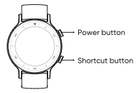
01. Display Control

The Watch adopts a 1.3-inch TFT color display with 360*360 pixel, which supports full-screen touch, sliding upward, down, left and right, point touch and long press operation.



a. Slide downwards on the dial interface, the message notification list will be opened; and operate in the reverse direction to return;
b. Slide upwards on the dial interface, the function list will be opened; and operate in the reverse direction to return;
c. Slide rightwards on the dial interface, the Watch will enter the shortcut settings; and operate in the reverse direction to return;
d. Slide leftwards on the dial interface to switch to other primary interfaces, and slide left or right to switch the primary interfaces;
e. Slide to the right on the non-dial interface, the Watch will return to the previous interface;
f. Long press the dial interface, the Watch will enter the dial switching interface.

02. Button Control



Power Button
a. When the display is off, short press it to brighten the display
b. In the dial interface, short press it to enter the function list
c. In the non-dial interface, short press it to return to the dial interface
d. During your exercise, short press it to suspend/continue the exercise
e. In the dial interface, long press it to enter the restart/power-off interface
f. In any mode, long press it for more than 10 seconds to force restart

Shortcut Button
a. When the display is off, short press it to brighten the display
b. In the dial interface, click it to enter the sports list
c. During your exercise, click it to switch the data interface

03. Connect the APP

a. Install the APP

Long press the power button of the Watch to turn on it, scan the QR code on the watch display with your mobile phone, and download and install the realme Link App.

You can also scan the QR code below or download and install the realme Link App via the mobile APP market.

realme.com/global/Link

b. Binding and connection

Enter the realme Link App, select "add device", and complete the binding operation according to the App prompt.

Tips:

- Before binding, please make sure the Bluetooth of your mobile phone is turned on to ensure the normal connection between the Watch and your mobile phone.
- If the device is not found during the process of adding device, or the device fails to be connected during use, please try setting the watch as "Factory Reset", and then add device again in the App.

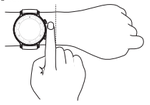
Binding Success Binding Failure

04. Wearing method

Wear the watch about one finger away from the carpal bone, and adjust the tightness of the watch strap to ensure that the heart rate sensor can collect data normally.

Tips:

- Wearing the Watch too loosely may affect the heart rate monitoring data



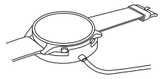
05. Low Battery

When the power of the Watch is equal to or less than 10%, the single vibration pop-up window will display "Battery less than 10%" and "Please charge it in time";

When the power of the Watch is equal to or less than 3%, the pop-up window will show "Battery is too low, watch will power off".

06. Charging

a. Place the Watch on the charging base, so that the charging contact piece on the back of the Watch is completely attached to the metal contact on the charging base;
b. Connect the charging base to the standard USB charger with the output voltage of 5V and the output current of 0.5A and above, which must be purchased from formal channels.



Tips:

- If the Watch cannot be turned on after being placed for a long time, it needs to be pre-charged for about 1 minute before the charging icon is displayed.
- Please clean the charging contact piece of the Watch before charging to avoid sweat or moisture residue.

4. Using Guide

Please find detail instructions of realme Watch S from the following path:
"realme Link" APP → "Settings" → "Using Guide"

How to view "Regulatory Information" on your watch?

You can go to Settings page -> System -> Regulatory Information to view "Regulatory Information".

5. Specifications

Product Name	realme Watch S
Product Model	RMA207
Display	1.3 inch TFT color display
Resolution Ratio	360*360
Battery Capacity	390mAh
Frequency Range	2402MHz- 2480MHz
Bluetooth Transmitting Power	0.18 dBm
Protection Level	IP68
Body Dimension	259.5x47.0x12.0mm
Working Temperature	0 ~ 40°C
Storage Temperature	-20°C to 60°C
Matched Mobile Phone	Android 5.0 and above

717-0074360002

realme

Service website: www.realme.com

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6. Warranty Policy

Thank you for purchasing realme products. If there is any product quality problem within 12 months from the date of purchase, you can enjoy the warranty service of our company for free.

Note:

- A valid purchase certificate must be issued by the selling unit when purchasing.
- The warranty card and purchase voucher shall be properly kept by the user, without reissue if lost.
- If the product fails due to non-human causes, the user can make the repair free of charge at realme Customer Service Center within the warranty period by presenting the warranty card and the purchase voucher.

Situations not covered under the warranty policy:

- Out of warranty period.
- Damage caused by failure to use in compliance with the requirements in the Manual or the Using Guide.
- Damage caused by human causes.
- Faults caused by unauthorized disassembly, maintenance and modification of the product.
- Damage caused by force majeure events (such as flood, earthquake, lightning, etc.).
- No warranty card, invoice or the warranty card is inconsistent with the invoice information.
- Natural wear and tear of products.
- Other faults and damages caused by non-product quality problems.

Contact information:

- Service website: www.realme.com

7. Warranty Card (stub copy)

Dear user, thank you for using our company's product. In order to serve you better, please read and keep this warranty card properly after purchasing the product.

User Information

Name: _____

Phone No: _____

Address: _____

E-mail: _____

Product Information

Model: _____

S/N: _____

Sales Information

Date of Purchase: _____

Invoice No. _____

Selling unit's Name: _____

Phone No: _____

Selling Address: _____

7. Warranty Card (customer copy)

Dear user, thank you for using our company's product. In order to serve you better, please read and keep this warranty card properly after purchasing the product.

User Information

Name: _____

Phone No: _____

Address: _____

E-mail: _____

Product Information

Model: _____

S/N: _____

Sales Information

Date of Purchase: _____

Invoice No. _____

Selling unit's Name: _____

Phone No: _____

Selling Address: _____

8. Safety Instructions

1. This product is not a medical device and cannot be used to diagnose, treat, cure or prevent any disease;
2. Please consult your doctor before starting or adjusting any exercise plan;
3. If you currently have any preexisting physical diseases, and using this product may have an impact on this disease, please consult your doctor first;
4. Do not check the display information when driving, being distracted or in other potentially dangerous situations;
5. This product is not a toy. Do not allow children or pets to play with this product. Small components of the product may cause suffocation;
6. The product function may be affected by external factors, so the data is for reference only;
7. The product has a heart rate recording function. Wearing it for a long time may cause some users to have skin discomfort and allergic symptoms, or bring certain risks to users with certain diseases. Please consult your doctor before use or stop using the product in any of the following situations:

- Epilepsy or sensitive to light;
- Poor blood circulation or prone to have bruises; heart disease or other diseases;
- You are taking any light-sensitive drugs.

9. Frequently Asked Questions

Questions	Answers
No incoming call notification	• Please make sure the incoming call notification is on (APP) • realme Link APP is not allow to access phone notification • Please make sure watch is connected to mobile device • Please make sure realme Link APP is not shut down in background • Please make sure the Do Not Disturb is off on watch
Fail to connect your watch	• Power off --> Long press side button for 3 seconds to power on • Please keep watch close to mobile device to proceed connection • Please keep bluetooth of mobile device on during connection • Please restart bluetooth of mobile device if fail to connect • Please download realme Link before start pairing -->search "realme Link" on google play • Phone system is too old --> Android 5.0 or above, realme Link is not available on iOS
Fail to pair with APP	• Power off --> Long press side button for 3 seconds to power on • Please keep watch close to mobile device to proceed paining • Please keep bluetooth of mobile device on during pairing • Please restart bluetooth of mobile device if fail to pair • Please download realme Link before start pairing -->search "realme Link" on google play • Phone system is too old -->Android 5.0 or above, realme Link is not available on iOS • Allow realme Link to use phone camera to scan QR code --> phone settings => APP => realme Link => camera • Select the correct watch in realme Link
No SPO2/HR measurement result	• Please keep still when measuring SPO2/HR • Please make sure your watch clung to your skin and 2cm away from wrist. Please make sure skin is dry and properly wear • Please keep your arm rest and still, keep the screen upward
Fail to control camera	• Please make sure watch is connected --> Reconnect on APP • Please follow the instruction of APP to pair your watch in system bluetooth setting of mobile device • Turn on photo control on APP, open camera of mobile device, click "Camera" of watch to control camera
Fail to controlmusic	• Please make sure watch is connected --> Reconnect on APP • Turn on music control on APP, open music player of mobile device, click "Music" of watch to start music control
No message notification	• Please make sure the message notification is on (APP) • realme Link APP is not allow to access phone notification • Please make sure watch is connected to mobile device • Please make sure realme Link APP is not shut down in background • Please make sure the Do Not Disturb is off on watch
Incorrect Step Counting	• Abnormal vibration of equipment: wear the Watch correctly to avoid abnormal vibration; • Walk less than 10 steps: walk more than 10 steps continuously; • Slide or walk in slippers: walk in normal posture.
No display	• Low battery: connect the charger to charge the Watch.
Fail to synchronize data with the APP	• The mobile phone's Bluetooth is off: turn on Bluetooth of the mobile phone; • The APP is shut down or crashed: reset the "realme Link" APP; • Out of Bluetooth signal range: Turn on Bluetooth and bring your device close to the mobile device

For further information, please scan the QR code below to follow us.

10. EU Declaration of Conformity (DoC)

Hereby, realme, declares that this device is in compliance with the essential requirements and other relevant provisions of Radio Equipment Directive 2014/53/EU.

The declaration of conformity may be consulted at www.realme.com/global/support/eu-declaration

11. Warnings

- Replacement of a battery with an incorrect type that can defeat a safeguard (for example, in the case of some lithium battery types);
- Disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion;
- Leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas;
- A battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

12. Recycling Initiative

At realme we understand that our responsibility doesn't end at selling you our products. realme have been working in the area of safe disposal of electronic waste. Since mobiles, wearables and other electronic items are made of hazardous constituents. Under the Guidelines of Ministry of Environment, Forest and Climate Change, Government of India, E-waste (Management) Rule, 2016 and Amendment E-waste Rule 2018.

- realme will seek shared responsibility and cooperation from customers in reducing the environmental impact of their products.
- realme will comply with all the applicable laws related to e-waste management.

As a part of e-waste recycling initiative, realme have partnered with an authorizes e-waste company named as 3R Recycler for collection, dismantling and disposing E-waste collected from all over India. 3R vision is to look at e-waste not just as waste, but as an important resource that can be made useful instead of shunning it as a social and environmental burden with their fully automated facility for e-waste recycling.

For further information about e-waste recycling and our e-waste recycling partner & their process you may log on to www.3rrecycler.com or write an email to admin@3rrecycler.com
Call us on toll free hotline - 1800 102 8632

13. FCC Statement

This device complies with part 15 of the FCC rules . Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
NOTE: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.
However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for helpv
- This device and its antenna(s) must not be co-located or operating in conjunction with any other antenna or transmitter.

RF Exposure Statement
This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

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