

PLAY UP.

#ROXTraining

ROX Pro® USER MANUAL

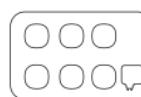
CHECK HOW TO SET UP VIDEO



WHAT'S IN THE BOX



6 x ROX



Charging Case



6 x Adjustable Straps



1 x Mesh Carrybag

HOW TO USE THE CHARGING PLATE

Notes

- Make sure the ROX are not wet when placed on the charging plates.
- Do not remove the foam inserts that hold the ROX in position.
- Keep the cover open during the charging process.
- In case the ROX do not blink red while charging, check if they are properly placed on the charging plates and that the cables are properly connected with the adapter.

1 · Inside the charging case, find the USB cables that connect to the charging plates, insert them into the power adapter and plug it into a power socket.

2 · Charge all the ROX by placing them on the charging plates and connect with a power plug. The light on the charging plate lights up if the ROX is properly placed. Charge ROX for 3-5 hours.

3 · Take the ROX off the charging case and they are ready to go with you to any place, at any time.

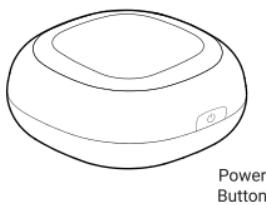
CONNECT ROX PRO TO THE APP



4 · Download ROX Pro App. Sign up to the App via "Create Account". Next step is to enter ROX Pro App and enable the Bluetooth signal of your phone.



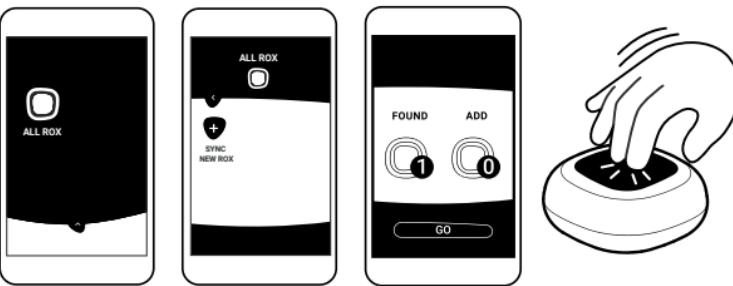
for iOS and Android



Power
Button



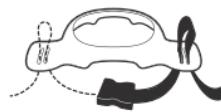
5 · Turn your ROX Pro on: find the power button at one side of the ROX (it is a touch sensitive button, not a classical mechanical button). Place your whole palm around the button, wait for the ROX to flash green and only let loose once it has vibrated, this means it is on. Repeat this with all the ROX.



5 · Sync the ROX to your phone: go to "DEVICE MANAGER", push "All ROX" and then "SYNC NEW ROX". The screen will show all ROX found, tap them to pair. You can always go back to these steps and sync more ROX.

6 · Navigate to LIBRARY or PROGRAMS to start. It's only 3 Taps & Go.

HOW TO SET UP THE STRAPS



7 · Fix the silicone holsters to the straps as shown, place the ROX in the holsters and fasten the straps around different objects. (e.g. boxing bag, fence, tree etc)

