

6.25"

5.5"

fold marks

**For LOW heat:**

- Press the LOW button on the remote, the LED on the remote will flash red.
- On the LOW heat setting, the insole will operate for up to 7 hours

**Automatic Setting Instructions** (for MEDIUM heat only):

1. Switch both insoles to the ON position (far right position on back of heel).
2. The LED of the insoles will flash for 3 seconds.
3. The insoles will stay on MEDIUM heat exclusively.

**SAFETY:**

- Heated Insoles are not intended for use during vigorous activity.
- Do not jump or run while wearing Heated Insoles. The crush resistance of heated insoles is 440.92lbs (200kg.)
- Do not expose Heated Insoles to water, fire, or other extreme temperatures.
- Do not puncture Heated Insoles with sharp objects.
- Do not disassemble Heated Insoles.
- Do not strike Heated Insoles.
- Do not use any charging cable other than the one provided in this package.
- Use this product for its intended use only.
- To avoid the risk of fire, always handle the remote carefully to avoid turning on the heated insoles by mistake, especially when traveling.
- Do not dispose of with household garbage.
- Dispose of properly according to official regulations.
- **Do not trim heated insoles past the specified line. Cutting beyond the designated trim lines may cause damage to heater and will void warranty.**

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**YAKTRAX®****HEATED INSOLE****YAKTRAX.COM**fold marks  
fold marks**YAKTRAX®****CHARGING INSOLES:**

Yaktrax Heated Insoles must be fully charged before the first use. For best results, charge insoles at room temperature. Lights on the USB Charging Cable will turn green when fully charged. This may take up to 4 hours. The **ON/OFF switch** and recharge port are located on the back of the heel of each insole. A black flap protects the switch and recharge port during wear, while also allowing for easy removal from footwear.

**TO CHARGE:**

1. Before charging the insole, set the switch at the back of the heel to the far left (OFF) position.
2. Plug the USB Charging Cable in to each insole recharge port, located at the back of each heel.
  - a. You can now plug the USB port in to the provided Wall Charger or any USB device to charge your insoles.
  - b. Once the connections are established, the LED lights on the USB Charging Cable will glow red, indicating that the charging process has started.
3. Charge insoles until the LED lights on the USB Charging Cable turns green, indicating that the insoles are fully charged.
4. Unplug the Wall Charger from the electrical outlet and remove the cables from each insole. Your Yaktrax Heated Insoles are now ready for use

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does not cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:--Reorient or relocate the receiving antenna.--Increase the separation between the equipment and receiver.--Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.--Consult the dealer or an experienced radio/TV technician for help.**MODIFICATION:** Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the device.

**TEMPERATURE SETTINGS:**

- Adjustable temperature features 3 settings:  
**116-119 °F (HIGH heat)**  
**110-114 °F (MEDIUM heat)**  
**100-105 °F (LOW heat)**

**HOW TO USE YOUR INSOLES:**

Manual Instructions (Using Your Remote Control):

1. Switch both insoles to REMOTE position (middle position on back of heel).
2. The LEDs on the insoles will blink red and green.
3. Push the power button to connect the insoles.
4. The LEDs on the insoles will blink red twice.
5. The remote is now ready to use by pressing the desired setting.

**To turn ON/OFF with Remote Control:**

- Press the POWER button on the remote – the LED on the remote will flash once.
- The LED on the insoles will turn off, indicating that power is OFF.

**For HIGH heat:**

- Press the HIGH button on the remote. The LED on the remote will flash once, while the LED on the insole will flash red.
- On the HIGH heat setting, the insole will operate for up to 4 hours.

**For MEDIUM heat:**

- Press the MEDIUM button on the remote, the LED on the remote will flash red.
- On the MEDIUM heat setting, the insole will operate for up to 5 hours.

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