

# Safety Guide

## Battery Warnings

The device is powered by a built-in lithium-ion battery that can be charged using the USB port and the solar panel. **Note 1:** The device may not operate if it is outside the approved temperature range (-15°~ 60°C / 5°~ 140°F).

**Note 2:** The device may not be charged if it is outside the approved temperature range (0°~ 45°C / 32°~ 113°F).

- When you connect the device, make sure that the port is free of dirt or debris, that the connector fits the port, that the product has no moisture around it, and that the connector is correctly positioned for the port.

- Do not replace or disconnect the battery by yourself. Otherwise, the battery may be damaged, which may cause overheating or injury. The built-in battery can only be replaced by Ratio LLC (the "Manufacturer") or by an authorized service provider.

- Do not use power or data cables that have not been approved or supplied by the Manufacturer.

- If using an external battery charger, only use the accessory approved by the Manufacturer for the product.

- Using a damaged cable or charger or charging the product when it has moisture may cause fire, electric shock, injury, or damage to the device and other assets.

metal powder).

- Exposing the device to an environment with high concentrations of industrial chemicals, including volatile liquefied gases such as helium, can impair the device's functionality. Follow all signs and instructions.

- Store the product within the approved temperature range (-15°~ 60°C / 5°~ 140°F).

- Keep the device out of reach of children, infants, or pets.

- Do not use a damaged device, such as one with a broken screen. There is a risk of injury.

- Never put the device in a mouth. Swallowing the device can lead to chemical burns, perforation of soft tissue, and death. Severe burns can occur within 2 hours of ingestion. In that case, seek medical treatment immediately.

- Please contact your local waste disposal authority to dispose of the device/battery in accordance with local laws and regulations.

- When cleaning the device's exterior or parts, first shut down the trimm One and disconnect the power adapter.

Then wipe the exterior of the trimm One with a lint-free, soft, clean cloth. Be careful not to let water get inside the product. Do not spray water directly,

and do not use chemical cleaners such as aerosol sprays, solvents, abrasives or hydrogen peroxide that may damage the appearance of the product, or

cleaning agents containing solvents and insect repellents.

beginning or modifying any exercise program.

- Maintain a safe distance between the medical device and the trimm One. Consult your doctor and medical device manufacturer for information regarding medical devices.

- This device and other related accessories are consumer devices, not medical devices, and may be subject to interference from external electrical devices.

- The displayed heart rate is for

reference only and we are not

responsible for the consequences of

displaying an incorrect figure.

- The trimm One activity tracker has

sensors that track your motion and

other metrics. The data and information

provided by these devices is only an

approximation of the tracked activity,

and the data related to steps, distances

and calories is not guaranteed to be

completely accurate.

### Caution

Failure to heed the following warnings may result in an accident that could result in death or serious injury, a medical accident or a risk of damaging other property.

and weather-related bicycle driving can

have on the safety of your activity.

- Ensure that you have the proper gear

and supplies for your activity before

beginning the navigation.

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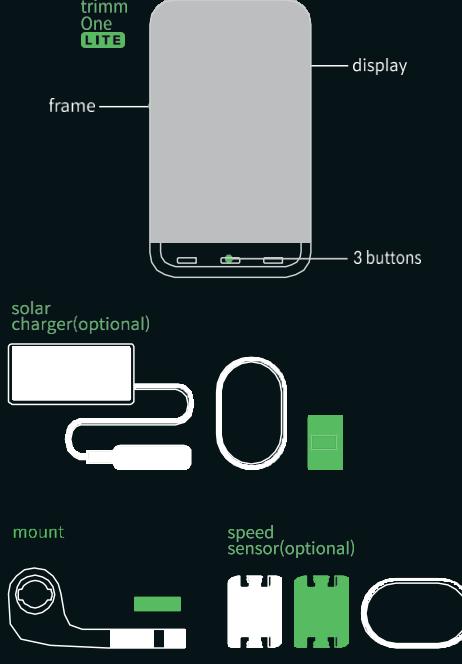
# User's Manual

## ● Caution

Please refer the User's Manual for product warnings and other informations. Doctor's advise is recommended prior to exercises and manipulating the program.

## components

The trimmOne LITE package consists of a trimmOne LITE body, a mount, a charger cable, a solar speed sensor(optional), and a solar charger(optional).



buttons	functions	Turn On	● ● ● press
		Reboot	● ● ● press and hold for 8"
		Next Page	● ● press

\*1  
button  
instructions

\*2  
magnetic  
charging

For additional functions while in use, check the instructions shown at bottom-right/left corners of the display.\*1

**charging** Please charge the device after the charging part is completely dried. If the charging port touches the water, it may corrode. The device uses a lithium-ion battery. Excessive impact or bending may damage the battery, posing a danger of fire.



## pairing to your phone

When using the device for the first time, connect it with your smartphone to configure the device and learn about its basic functions.

1. Download the trimm Cycling Center app.
2. Run the trimm Cycling Center app.
3. Touch the button next to the Start button. Or touch More > Device management.
4. Press the buttons at the bottom of the device according to the instructions.
5. Confirm that the numbers on the device match those on the app.

## configuring datafield

1. Run the trimm Cycling Center app.
2. Touch More > Device management > Data fields.
3. Select the page you want to change.
4. Select the section you want to change and select the data you want.

## mounting the sensor

Mount the speed sensor to optimize the battery performance of the device. \*Before mounting the sensor, secure the bicycle so that it does not shake or fall over.

**Step 1. Mounting the sensor**

1. Mount the sensor on the wheel hub as shown in \*3
- \* If you mount the sensor on an asymmetric hub, the sensor may tilt, but it does not affect the performance of the device.

\*3  
mounting  
speed sensor

\*4  
mounting  
solar panel

\*4  
mounting  
solar panel

\*4  
mounting  
solar panel

