

7. TO PRESERVE THE QUALITY OF YOUR WATCH

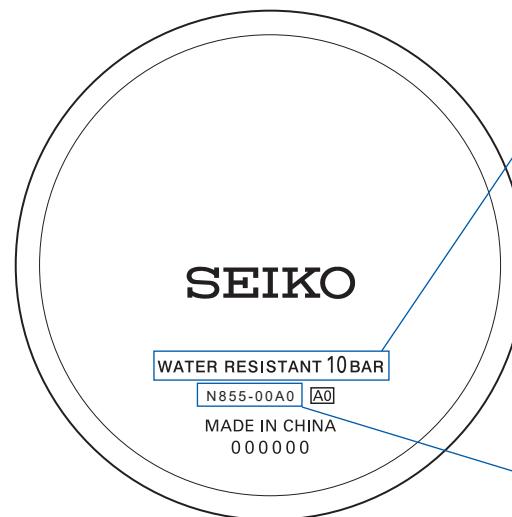
Daily Care

● The watch requires good daily care.

- Wipe away moisture, sweat or dirt with a soft cloth.
- After soaking the watch in seawater, be sure to wash the watch in clean pure water and wipe it dry carefully.
- ※ If your watch is rated as "Non-water resistant" or "water resistant for everyday life," do not wash the watch. Do not pour running water directly from faucet onto the watch. Put some water into a bowl first, and then soak the watch in the water to wash it.
 - "Performance and Type" on [P. 19](#)
 - "Water Resistance" on [P. 20](#)

Performance and Type

The case back shows the caliber No. and performance of your watch.



Water resistant performance
Refer to [P. 20](#).

Caliber No.
The number to identify the type of your watch

※The case back design differs from model to model, and the case back illustrated above may not be the same as that of your watch.

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Water Resistance

Refer to the table below for the water resistant performance of your watch before use.

(Refer to [P. 19.](#))

Indication on the Case Back	Water Resistant Performance	Condition of Use	
No indication	Non-water resistance	Avoid drops of water or sweat	
WATER RESISTANT	Water resistance for everyday life	The watch withstands accidental contact with water in everyday life.	 WARNING Not suitable for swimming
WATER RESISTANT 5 BAR	Water resistance for everyday life at 5 barometric pressures	The watch is suitable for sports such as swimming.	
WATER RESISTANT 10 (20) BAR	Water resistance for everyday life at 10 (20) barometric pressures	The watch is suitable for diving not using an air cylinder.	

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Band

The band touches the skin directly and becomes dirty with sweat or dust. Therefore, lack of care may accelerate deterioration of the band or cause skin irritation or stain on the sleeve edge. The watch requires a lot of attention for longer use.

● Metallic band

- Moisture, sweat or soil will cause rust even on a stainless steel band if they are left for a long time.
- Lack of care may cause a yellowish or gold stain on the lower sleeve edge of shirts.
- Wipe off moisture, sweat or soil with a soft cloth as soon as possible.
- To clean the soil around the joint gaps of the band, wipe it out in water and then brush it off with a soft toothbrush.
(Protect the watch body from water splashes by wrapping it up in plastic wrap etc.)
- Because some titan bracelets use pins made of stainless steel, which has outstanding strength, rust may form in the stainless steel parts.
- If rust advances, pins may poke out or drop out, and the watch case may fall off the bracelet, or the clasp may not open.
- If a pin is poking out, personal injury may result. In such a case, refrain from using the watch and request repair.

● Leather band

- A leather band is susceptible to discoloration and deterioration from moisture, sweat and direct sunlight.
- Wipe off moisture and sweat as soon as possible by gently blotting them up with a dry cloth.
- Do not expose the watch to direct sunlight for a long time.
- Please take care when wearing a watch with light-colored band, as dirt is likely to show up.
- Refrain from wearing a leather band watch other than Aqua Free bands while bathing, swimming, and when working with water even if the watch itself is water-resistant enforced for daily use (10- or 20-BAR water resistant)

● Silicone band

- As for material characteristics, the band is easily dirtied, and may be stained and discolored. Wipe off dirt with a wet cloth or cleaning tissue.
- Unlike bands of other materials, cracks may result in the band being cut. Take care not to damage the band with an edged tool.

● Polyurethane band

- A polyurethane band is susceptible to discoloration from light, and may be deteriorated by solvent or atmospheric humidity.
- Especially a translucent, white, or pale colored band easily adsorbs other colors, resulting in color smears or discoloration.
- Wash out dirt in water and clean it off with a dry cloth.
(Protect the watch body from water splashes by wrapping it up in plastic wrap etc.)
- When the band becomes less flexible, have the band replaced with a new one. If you continue to use the band as it is, the band may develop cracks or become brittle over time.

Notes on skin irritation and allergy	Skin irritation caused by a band has various reasons such as allergy to metals or leathers, or skin reactions against friction on dust or the band itself.
Notes on the length of the band	Adjust the band to allow a little clearance with your wrist to ensure proper airflow. When wearing the watch, leave enough room to insert a finger between the band and your wrist. 

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Remarks on Battery

1. Notes on the battery

(1) Battery life

This watch keeps operating for approximately 7 years if a new normal battery is inserted in it.

※If the time synchronization via the Bluetooth communication is used more than once a day and/or the count-up timer more than 1 hour a day, however, the watch may run down in less than 7 years.

(2) Monitor battery

The battery in your watch is a monitor battery which is inserted at the factory to check the function and performance of the watch. Its actual life once in your possession may be less than the specified period.

(3) Battery replacement

- For battery replacement, be sure to have the battery replaced with a new one at the retailer from whom the watch was purchased, specifying a genuine SEIKO battery.
- If the old battery is left in the watch for a long time, a malfunction may be caused due to battery leakage, etc. Have it replaced with a new one as soon as possible.
- Battery replacement is made at cost even if it runs down within the guarantee period.
- Once the case back is opened for battery replacement or other purposes, the original water resistant quality designed for the watch may deteriorate when it is closed. When you have the battery replaced with a new one, also request the water resistance test suitable for the water resistant quality of your watch. If your watch has 10-bar or higher water resistant quality, be sure to have such test performed on the watch every time the battery is replaced. Please note that it takes several days to check the water resistant quality of your watch. When requesting the checking, therefore, please confirm the period required for it.
- If the watch stops operating soon after the battery is replaced with a new one, it needs to be overhauled. (Refer to P. 23.)

2. Battery life indicator

The watch is equipped with a battery life indicator that enables you to know when the battery needs to be replaced.

※When the second hand starts moving at 2-second intervals, the watch may run down in a week or so. Have the battery replaced with a new one as soon as possible by the retailer from whom the watch was purchased.

 WARNING	<ul style="list-style-type: none">Do not open the case back to take out the battery.If the battery is removed from the case back for any unavoidable reason, put it in a place beyond the reach of children. If it is swallowed by a child, consult the doctor immediately.
 CAUTION	<ul style="list-style-type: none">Never short-circuit, heat or disassemble the battery. Never put it close to a fire. It may explode, generate an intense heat or catch fire.The battery inserted in your watch is not rechargeable. Never attempt to recharge it. If it is recharged accidentally, it may explode.Use only the battery specified for your watch. If a battery other than specified is inserted in the watch, it may explode.When disposing of an old battery, observe the regulations of the local authorities concerned.

After-Sales Service

● Notes on guarantee and repair

- Contact the retailer from whom the watch was purchased or SEIKO CUSTOMER SERVICE CENTER for repair or overhaul.
- Within the guarantee period, present the certificate of guarantee to receive repair services.
- Guarantee coverage is provided in the certificate of guarantee. Read carefully and retain it.
- For repair services after the guarantee period has expired, if the functions of the watch can be restored by repair work, we will undertake repair services upon request and payment.

● Replacement parts

- SEIKO makes it a policy to typically keep a stock of replacement parts for this watch for 7 years. Replacement parts are those which are essential to maintaining the functional integrity of the watch.
- Please note that if original parts are not available, they may be replaced with substitutes whose external appearance may differ from the originals.

● Disassembly and cleaning (overhaul) for checking and adjustment purpose

It is recommended that disassembly and cleaning (overhaul) for checking and adjustment purpose be performed periodically approximately once every 3 to 4 years, in order to maintain optimal performance of the watch for a long time.

- The watch is a precision device. It may stop operating or lose time if its parts run low on oil or wear out.
- The watch may also stop operating due to battery leakage depending on the condition of use.
- Its water resistant quality may be impaired due to entry of perspiration or moisture as the gasket or other parts deteriorate.

If any of the above should occur, please contact the retailer from whom the watch was purchased for disassembly and cleaning (overhaul) for checking and adjustment purpose. For replacement of parts, please specify "SEIKO GENUINE PARTS." When requesting overhaul, be sure to have the gasket and push pin replaced with new ones.

※Please note that the movement of your watch may be replaced with a new one when it is overhauled.

8. TROUBLESHOOTING

Troubleshooting (1)

Problem	Possible Cause	Solution	Refer to
The watch has stopped operating.	The battery has run down.	Immediately request the retailer from whom the watch was purchased to replace the battery with a new one.	
The second hand moves at 2-second intervals.	The battery nears its end.		
Bluetooth communication will not start when manual reception is performed. (The second hand points to "N.")			
Bluetooth communication cannot be performed.	The application is not running.	Start up the application. If your smartphone runs on iOS, it is necessary to start up the application each time the smartphone is rebooted.	P. 3 of Application Operating Guide
	The watch is not registered to the application.	Register the watch to the application.	P. 5 of Application Operating Guide
	The smartphone and the watch are placed wide apart from each other.	Keep the smartphone within 3 m from the watch.	
	There is some object between the smartphone and the watch that interferes with the Bluetooth communication.	Place the smartphone and the watch at a place where there is no obstruction between them. While in use, do not put any of them in a metal case or the like.	
	The Bluetooth function of the smartphone is turned off.	Turn on the Bluetooth function of the smartphone. For such operation, refer to the instruction manual, etc. of the smartphone.	P. 3 of Application Operating Guide
	The location function of the smartphone is turned off (for Android smartphone only).	Turn on the location function of the smartphone. For such operation, refer to the instruction manual, etc. of the smartphone.	P. 4 of Application Operating Guide
	The application is not allowed to access the location information (for Android smartphone only).	Configure the smartphone so that the application is allowed to access the location information.	P. 4 of Application Operating Guide
	The airplane mode of the smartphone is turned on.	Turn off the airplane mode of the smartphone, and then, start up the application. For such operation, refer to the instruction manual, etc. of the smartphone.	

8. TROUBLESHOOTING

Troubleshooting (2)

Problem	Possible Cause	Solution	Refer to
Bluetooth communication cannot be performed.	Radio wave interference affecting the Bluetooth communication has occurred around the place of use.	Perform the Bluetooth communication at a place sufficiently away from devices emitting radio wave, such as electric machine emitting strong electromagnetic field and information household appliances having communication function.	
	The watch is used with a new smartphone.	The watch may attempt to communicate with the old smartphone. Uninstall the application on the old smartphone, or delete the watch registered to it.	P.7 of Application Operating Guide
The automatic reception function will not work.	The automatic reception function of the watch is turned off.	Turn the rotating bezel to align the mode indicator with "CONNECT."	P.12 of this Instruction Manual
	The smartphone and the watch are placed wide apart from each other.	The automatic reception is performed at a time of day when the previous manual reception was performed. Place the smartphone and the watch within 3 m from each other during that time period.	
	A battery saving application is affecting the operation of the application dedicated for the watch.	Configure applications for saving battery consumption or improving battery life to exclude the dedicated application. For such operation, refer to the instruction manual, etc. of those applications.	
Any of the hands will not point to its proper position. Ex.) • The second hand does not exactly point to the reception result position, "Y" or "N." • The hands do not indicate month and date properly.	The hands have become misaligned from the original position due to strong magnetism, shock or other external cause.	Use the hand position adjustment mode to check if the hand position needs to be adjusted. If any of the hands do not point to the 12 o'clock position exactly, adjust its hand position.	P.18 of this Instruction Manual

8. TROUBLESHOOTING

Troubleshooting (3)

Problem	Possible Cause	Solution	Refer to
The watch does not indicate the local time properly during travel abroad, irrespective of whether the time synchronization is performed via manual or automatic reception method.	The smartphone is not configured to indicate the local time properly.	<ul style="list-style-type: none">Check the time indicated by the smartphone.Configure the smartphone to indicate the proper local time.For the operation and configuration of the smartphone, refer to the instruction manual of the smartphone.	
Blur on the watch glass poisits.	Water has entered inside the watch due to a deteriorated gasket or for any other reason.	Consult the retailer from whom the watch was purchased.	
The rotating bezel does not turn smoothly.	Sand or dirt enters the clearance between the rotating bezel and the watch case.	If sand or dirt enters the clearance between the rotating bezel and the watch case, the rotating bezel may not turn smoothly. If the watch is soiled with such foreign matter, rinse it off completely in a container of tap water. If the problem persists after rinsing, consult the retailer from whom the watch was purchased.	