对折尺寸： 60*80mm

英

Intelligent Heart Rate Bracelet

Instruction Manual

Thank you for choosing our company products. Please read the instructions carefully before using them so that they can be installed correctly and used quickly. The color of the product should be based on the real object. If there is any discomfort in wearing, please stop using the product immediately. We reserve the right to modify the instructions without further notice. It is normal that some functions are different in a particular software version: the company has the right to final interpretation of the instructions!
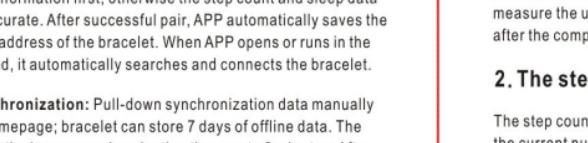
I. Instructions for Bracelet Fast Use

For the first time, please charge the bracelet for two hours. The bracelet will turn on automatically when charging.
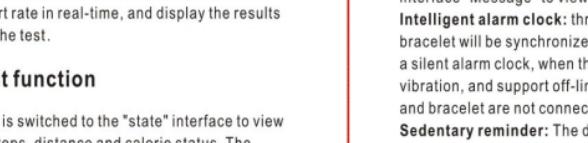
1. Turn on: In the off state, press and hold the side button of the bracelet for 3 seconds, the bracelet will vibrate and the main interface will be displayed.
2. Shut down: Press the button to return to the main interface, press and hold the button to display the shutdown confirmation interface, click to confirm the bracelet to shut down, or select shutdown in the function settings.
3. Bracelet operation: After the device is powered on, the time main interface is displayed by default. Swipe up on the main interface to view push messages. The main interface slides quickly to enter the setting interface.
4. The default is five seconds when no operation is performed. You can connect the mobile APP to modify the off time.

1. Software Download

A. IOS users search and download "Glory Fit" in APP Store Search
B. Android users search and download "Glory Fit" in Google Play, Myapp, Pea Pod and other application markets.
C. Scan the following two QR codes to download and install "Glory Fit".

Google

IOS

Equipment requirements: ios 8.0 and above, Android 4.4 and above, Bluetooth version 4.0 or above.

2.Connecting device

Open APP—device—click "Add Device"—click "Auto Search" — click "Searched Device to Automatically Connect".
In the first time, bracelet needs to be calibrated by connecting with APP. After successful connection, the bracelet will automatically synchronize the date and time. After entering the APP, please set personal information first, otherwise the step count and sleep data are not accurate. After successful pair, APP automatically saves the Bluetooth address of the bracelet. When APP opens or runs in the background, it automatically searches and connects the bracelet.

Data synchronization: Pull-down synchronization data manually on APP homepage; bracelet can store 7 days of offline data. The more data, the longer synchronization time, up to 2 minutes. After synchronization is completed, there will be a "synchronization completion" prompt.

3. Connecting Notes

A. Ensure your phone's Bluetooth is on.
B. Ensure the device has sufficient power. Please charge or turn it on before use.
C. Ensure the device is within 50cm of the mobile phone when pairing.
D. If Android phones can't search devices in APP, please check whether "GloryFit"'s allowed to use Bluetooth in the phone permission settings.
E. Please don't use Bluetooth to search for the connection Bracelet directly. You need to search for the connection bracelet in App.

II. Introduction of Main Functions

1. Heart Rate Function

A. This device supports 24H real-time heart rate monitoring. Real-time heart rate is displayed on the main interface of the watch. Upload once every ten minutes when APP is connected.
B. Manual switch into the "heart rate" measurement interface to measure the user's heart rate in real-time, and display the results after the completion of the test.

2. The step count function

The step count function is switched to the "state" interface to view the current number of steps, distance and calorie status. The journey and calories are calculated and displayed according to the current walking steps, and personal quotient and weight set by APP are calculated and displayed.

3. Weather

After the device connects to APP, it can get the local weather condition display according to the location of the mobile phone (the show that the location of the mobile phone is unsuccessful or the location is not allowed to display may be different).

4. Search

In the connection state, long-press to search the interface of the mobile phone, the mobile phone will ring to remind you.

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5. Reminder function

Call reminder: When calling, the bracelet will vibrate and the name or number of the call will be displayed. If APP opens the "Call Rejection" function, please touch or long-press the device to reject call.
Message reminder: When receiving a short message, the bracelet vibrates and displays a text reminder. Click on the function interface "Message" to view the history record.
Intelligent alarm clock: three alarm clocks can be set, and the bracelet will be synchronized after setting. Intelligent alarm clock is a silent alarm clock, when the bell, the bracelet will cause moderate vibration, and support off-line alarm clock reminder (mobile phone and bracelet are not connected).
Sedentary reminder: The default reminder interval is one hour; in connection state, if the user does not exercise within an hour after the device is turned on, the bracelet will vibrate to remind the user to exercise.
Other reminders: When receiving other information such as email, the bracelet will vibrate and display other reminder icons. Click to check the content.
Charge reminder: When the bracelet is charged by power supply or charge clamp, the motor vibrates. Note that the bracelet does not vibrate when the battery is low or full.
Disconnection reminder: When the bracelet is far away from the mobile phone, the mobile phone will be alerted, and when Bluetooth is off, it will not be alerted.
Note: Call reminder, SMS reminder, alarm clock reminder and disconnection reminder default close. Please open and set it in APP.

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6. Sleep detection function:

When you fall asleep, the bracelet will automatically determine to enter the sleep monitoring mode, automatically detect the whole night's deep sleep/shallow sleep/wake-up time, and calculate the quality of your sleep couplet; **Sleep data only support the APP terminal to view.**
Note: Sleep data will only be available if you wear the bracelet to sleep.

III. Notes

1. It is forbidden to use the adapter of charge voltage > 5V and charge current > 2A. The charge time is about 90 minutes.
2. No charging with water stains.
3. This product is an electronic monitoring product, and not for medical reference, data for reference only.
4. Heart rate and blood pressure Test: Please keep your body relaxed and motionless during the test, ensure that your watch is at the same height as your heart, and don't talk during the test.
5. Photoelectric sensors are highly sensitive components, and shall be careful of hard objects. Sweat stains and dust may appear on the surface for a period of time, and can be cleaned regularly with soft cloth.

IV FAQ

1. How long is the waiting time for the first heart rate test?

For the first test of heart rate, it is necessary to collect long signals from different groups of people in order to accurately calculate your heart rate.

2. What will we do if Bluetooth can't connect?

(Connection/reconnection failure or connection/reconnection speed slow)

A. Verify that your device is IOS 8.0 and Android 4.4 or above and supports Bluetooth 4.0 or above.
B. Due to the problem of signal interference in Bluetooth wireless connection, the connection time may be different
C. If the connection does not work for a long time, make sure the operation is done without magnetic field or interference from multiple Bluetooth devices.
D. Whether the APP is running normally in the background, if not in the background, it may not connect.
E. Turn off the background application or restart the phone. Mobile phones should not be connected to other Bluetooth devices or functions.
F. Turn Bluetooth off and open again.

3. Why is not able to find the bracelet?

Since the Bluetooth broadcast of the bracelet is not searched by the mobile Phone, please make sure that the bracelet is energized and activated, and it is not bound to the mobile phone. Then put the bracelet close to the mobile phone. If it is still invalid, please turn off the Bluetooth of the handset, and restart the Bluetooth 4.0 of the handset after 20 seconds.

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4. Why do bracelets wear tightly when testing heart rate?

The bracelet adopts the principle of light reflection. After the light source penetrates the skin, it collects the signal reflected from the sensor to calculate your heart rate. If it is not tight, there will be ambient light entering the sensor, and the accuracy of the shadow period measurement will be affected.

5. I have enabled the reminder function. Why didn't I receive the reminder?

Android: Make sure that the mobile phone is connected to the bracelet. After connection, open the corresponding permission in the settings of the mobile phone, allow "Glory Fit" APP calls, text messages, address books, and keep "Glory Fit" running in the background. If the mobile phone has security software installed, add "Glory Fit" as trust.
Apple: If there is no reminder after connecting, it is recommended to restart the phone to reconnect and reconnect to the bracelet seal. You must wait for the phone to pop up a [Bluetooth Pairing Request, and then [click on the pairing] to receive an alert.

6. Do Bluetooth connections need to be kept open? Is there any data after disconnection?

Before synchronizing data, the data is kept on the bracelet host (data can be saved for seven days). When the Bluetooth connection between the mobile phone and the bracelet is successful, the bracelet data will be automatically uploaded to the mobile phone. Please synchronize the data to the mobile phone in time.

Note: If you turn on call and short messages function, you must keep Bluetooth connected. The alarm clock supports offline.

7. How can I upgrade the bracelet?

If the bracelet has the latest software, when you open the APP, it updates automatically

8. How can I set the time of the bracelet?

The device automatically synchronizes the phone time after successfully connecting to the APP.

FCC Caution：

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

-Reorient or relocate the receiving antenna.

-Increase the separation between the equipment and receiver.

-Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

FCC ID: 2ATRO-T1