CB57 七国语言说明书　　20191213
成品尺寸：68*94mm
材质：封面封底105g，内页80g铜版纸。60页骑马钉，四色印刷

iBAND
Color Screen Fitness Tracker User Manual

Model : CB57

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◆ Appearance Explain

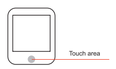
◆ Charging chart

1, Match the charging clip to the charging hole of the bracelet, and plug the other and into the computer USB or mobile phone.
Note: do not charge with a power adapter whose output current exceeds 2A.

Otherwise, the bracelet circuit may be burnt, resulting in can t charge.
2, Do not clip the charging clip in the opposite direction when charging the bracelet.
Please be sure to follow the picture below for charging.

◆ Smart bracelet touch screen use method

1, This product supports single touch operation,The touch area is directly below the screen.
2, Lightly press the interface for changing the bracelet,and long press select / confirm.



◆ Bracelet APP Installation

This product is a Wireless transmission product, and many functions need to beconnected with the supporting APP before it can be used.
Only in the APP, after the bracelet is connected, other functions can be used, such as time synchronization, call reminder and information content push, weather display, remote camera, music control, etc.
(do not directly on android phones Scan the following QR code to download the APP to connect,Apple mobile phone)
You can search for " iBAND " downloads in the APP Stroe.

◆ Connecting smart bracelet explain

There are two ways to bind devices

Sweep code binding
1, Long press in the step counting interface to call out the qr code bound to the device.
In the device binding interface of APP, click the icon of qr code to bind the bracelet (use this work for the first time Camera permission is required).
Note: if the bracelet has been paired with the bracelet, or the bracelet has been connected, the step counting interface cannot be used Call up the code.

2, Search for device binding
Search the device binding interface for the bracelet's bluetooth name "CB57"

◆ Functions Introduction

Bracelet time homepage you can view the current time date ,bluetooth connection status,etc.
Long press to enter to check the MAC address of the bracelet,and then press the button to turn off and restore the factory settings.

Today`s Data:shows the current move mont steps,sleep,heart rate,Long press can enter to view the detailed data of exercise/step number/sleep.

Exercise information:the bracelet records and displays teh number of calories you burn,and the mileage information,. More detailed data analysis can be viewed in the APP synchronously.

Sleep:the bracelet records and shows teh total sleep time you had llast night,as well as deep sleep time,light sleep time,More detailed information analysis and data formation analysis and data record can bo viewed in the APP synchronously.

Heart rate: the length of the heart rate page in the hand ring can measure your current heart rate
The latest heart rate measurements can be displayed on this page
More detailed information analysis and data record can be viewed in the APP synchronously.

Blood pressure: the blood pressure page of the bracelet can measure your current blood pressure, This page can display the latest recent times blood pressure measurements
More detailed information analysis and data can be viewed in the APP synchronously.

Blood oxygen: long press in the blood oxygen page I can measure your current blood oxygen value. This page can display the data of the last times blood oxygen tests. More detailed information analysis and data can be viewed in the APP synchronously.

Exercise: long press in the exercise page, the corresponding sports mode can be selected for measurement, This product supports 7 sports modes such as walking running, cycling and jumping rope, The last exercise information can be displayed on the exercise page.

Weather information: you can view the weather information in this interface, and you can view the two data in the future by long press,When the APP is not synchronized to the weather information, the interface will not display.

Message notification: the bracelet can receive phone calls, SMS, WeChat, QQ and other notifications,You can open the corresponding push item switch on the APP, and this page can store 4 message records,Note: this function must be connected to the bracelet in the APP, and the Settings should be completed according to the prompts, When the iphone is connected, it should select the pairing in the pop-up matching request,

Settings: long press on this page to select other Settings,Includes stopwatch/mute/brightness adjustment/restore factory Settings/shutdown.

Stopwatch: long press to enter function + short press to start/pause/continue - long press to exit,

Photo control: open the photo function in the APP, and the photo icon will pop up on the bracelet, Click to take photos, and long press to exit,

Music: to use this function, you need to open the music software in the phone;
Android system: APP is required to run in the background,IOS system: the device and system need to be paired, long press to enter the function, click switch, long press to execute,

Brightness adjustment: this interface can adjust the brightness displayed on the screen;Long press to enter, click switch, long press ok,

◆ APP operation instructions

1, Enter the APP movement page and press your phone screen to pull down and refresh the bracelet data.

2, Click the steps, sleep and other blocks, and enter the analysis of the daily or recent exercise and sleep data.

3, Click the exercise heart rate/blood pressure blocks to enter the data of the day or recent, or click the APP to measure the heart rate and blood pressure. The test data will be automatically saved to the phone.

◆ Attention

1, Do not charge in condition of water stains.
2, This product is an electronic monitoring product, which is not used as medical treatment the data is for reference only,
3, Don' t wear this device when bathing or swimming for a long time,
4, Use the matching charging cable for charging.

◆ Frequently Question And Answers

1, The bracelet cannot receive the reminder,
Android phone Settings:
A: make sure the APP has an alert switch on,
B: confirm whether the message can be displayed normally on the notification bar, and the notification push of the bracelet can be read
Mobile phone notification message:
If there is no message in the notification bar, the bracelet will not receive, the push,.
(need find notification and status bar in mobile phone settings, and open We Chat, QQ, phone, SMS, Do Fit switch)
C: open the APP—click other Settings —click auxiliary function—open the Do Fit switch,

apple system phone settings:
A: make sure to select the allowed pairing when connecting the bracelet, can be checked in the phone Settings—Bluetooth, if there is one at the backend of the connected device [redacted] indicating that a pairing has been made, If there is no in the backend [redacted] there is no pairing.
reconnecting after unbind,
B: open the phone settings —click on the notification —click We Chat, QQ, SMS, phone—open the permission notice,
Displayed in the "notification center",

2, Android phones don' t connect the bracelet,
For android phones, please do not connect with the bracelet directly in the bluetooth of the phone,
Please download the APP firstly,
And go to the app to search thr device and connect,
Restart your phone's bluetooth and bracelet if necessary,

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彩屏手环使用说明书

◆ 外观说明

◆ 充电示意图

1. 将配套的专用充电夹子对准手环充电孔，另一端插入电脑USB或者手机电源适配器进行充电。注意,请勿使用输出电流超过2A的电源适配器充电，否则可能会烧坏手环电路，导致不充电。
2. 手环充电时,充电夹子请勿夹反方向。请务必按照以下图片介绍进行充电。

◆ 手环触屏操作说明

1. 本产品支持单点触控操作，触摸区域在手环屏幕正下方。
2. 单击切换手环界面，长按选择 / 确认。

◆ 手环APP安装

本产品为蓝牙产品，许多功能都需要连接配套的APP后才可使用，只有在APP里连接上手环后才可使用其他功能。如：手环时间同步，来电提醒，信息内容推送，天气显示，程控拍照，音乐控制等，（ 安卓系统手机请勿直接在手机蓝牙里与手环连接配对 ）扫描以下二维码下载APP进行连接。
苹果手机可在APP Stroe里搜索 " iBAND " 下载。

◆ 连接手环说明

有两种方式可以绑定设备

扫码绑定
1. 在计步界面长按，调出设备绑定的二维码

在 APP的设备绑定界面，点击二维码图标，绑定手环（第一次使用此功能时需要授权权限 ）。
注：如果手环已经和手环配对，或者手环已经被选上，在计步界面无法调出二维码。

2. 搜索设备绑定
在设备绑定界面搜索手环的蓝牙名字 " CB57 " 绑定设备。

◆ 手环功能介绍

手环的时间主页面：可查看手环当前的时间，日期，蓝牙连接状态等。长按可进入查看手环MAC地址，再长按可选择关机，恢复出厂设置等。

今日数据：显示当前手环运动步数，睡眠，心率的进度条。长按可进入查看详细睡眠/步数/睡眠的详细数据。

运动信息：手环可记录并显示你每天行走的步数，消耗的热量，以及里程信息。更多详细数据分析，可到您在APP里查看。

睡眠：手环可记录并显示你昨晚睡眠的总时长，以及深睡，浅睡的时长。更多详细信息分析及数据记录，可同步在APP里查看。

心率：在手环心率页面长按可测量你当前的心率值，在此页面可显示最近几次心率测量数据。更多详细信息分析及数据记录，可同步在APP里查看。

血压：在手环血压页面长按可测量你当前的血压值，在此页面可显示最近几次血压测量数据。更多详细信息分析及数据记录，可在APP里查看。

血氧：在手环血氧页面长按可测量你当前的血氧值，在此页面可显示最近几次血氧测量数据。更多详细信息分析及数据记录，可同步在APP里查看。

锻炼：在锻炼页面长按可进入选择相应的运动模式进行测量，本产品支持走路，跑步，骑行，跳绳等7种运动模式可供选择。在锻炼页面可显示上一次的锻炼信息。

天气：在此界面可以查看天气信息，长按可以查看未来两数据。当APP未同步到天气信息时，此界面不显示。

消息通知：手环可以接收手机上的电话，短信，微信，QQ等通知提醒。可在APP上打开相应的推送项目开关，本页面可存储4条消息记录，注意：本功能须在APP里连接手环，且相关提醒示完成设置，苹果的手机在连接时，须在弹出配对请求里选择配对。

拍照控制：在APP中打开拍照功能，手环会弹出拍照图标，单击进行拍照，长按退出。

秒表：长按进入功能-短按开始/暂停/继续-长按退出

设置：在此页面长按选择其他功能设置。包括秒表/静音/亮度调节/恢复出厂设置/关机。

音乐：使用此功能，需要先打开手机中的音乐软件；Android系统：需要APP后台运行，iOS系统：需要设备和系统配对，长按进入功能，单击切换，长按执行。

亮度调节：此界面可以调整屏幕显示的亮度，长按进入，单击切换，长按确定。

◆ APP操作说明

1. 进入APP运动页面，按住手机屏幕下拉刷新可同步手环数据。数据查看:
本界面显示当天数据，点击柱状图可以查看更详细的数据。

2. 点击步数，睡眠等柱状图，可进入当天查看当天或近期运动，睡眠数据的分析。

3. 点击运动心率/血压图标，可进入查看当天或近期的数据情况。

◆ 注意事项

1. 禁止在有水渍的情况下充电。
2. 本产品为电子监测产品，不作为医疗使用。数据仅供参考。
3. 热水洗澡和长时间游泳不宜佩戴。
4. 使用配套的充电线充电。

◆ 常见问题解答

1. 手环接收不到提醒。
安卓系统手机设置：
A：确认APP里已开启提醒开关。
B：确认消息是否在手机通知栏都可以正常显示，手环消息推送是通过读取手机通知栏消息；若手机通知栏没有消息，手环是接收不到推送的。
（ 需要在手机设置找到通知和状态栏，并启微信，QQ，电话，短信，iband 开关 ）
C：打开APP—点击其他设置—点击辅助功能— iband 开关，
苹果系统手机设置：
A：确认再连接手环时有选择允许配对，可在手机设置—蓝牙里查看，如果在已连接的设备后方有 [redacted]，表示已经配对，如果后方没有 [redacted]，则为未配对，需要解绑后重新连接。
B：打开手机设置—点击通知—点击微信，QQ，短信，电话—开启允许通知，在 "通知中心" 中显示。

2. 安卓系统手机连接不上手环。
安卓系统手机，请勿直接在手机蓝牙里手环连接佩戴。请下载专用APP，到APP里进行链接绑定。必要时可重启手机蓝牙和手环。

FCC STATEMENT :

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.
Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

Reorient or relocate the receiving antenna.

Increase the separation between the equipment and receiver.

Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

Consult the dealer or an experienced radio/TV technician for help.

RF warning statement:
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.