

## MEASUREMENT REPORT

### FCC Part 15B

**Applicant Name:**

Gokhale Method Enterprises  
881 Tolman Drive  
Stanford, CA 95403  
United States

**Date of Testing:**

10/30/2020-11/5/2020

**Test Site/Location:**

PCTEST Lab, Morgan Hill, CA, USA

**Test Report Serial No.:**

1C2011060079-01-R1.2ARVX

**FCC ID:**

2ARVX-PT20C

**APPLICANT:**

Gokhale Method Enterprises

**Model:**

PT20C

**EUT Type:**

Posture Tracker Wireless Charger

**FCC Classification:**

Part 15 Class B Digital Device

**FCC Rule Part(s):**

FCC Part 15 Subpart B

**Test Procedure(s):**


ANSI C63.4-2014

This equipment has been shown to be capable of compliance with the applicable technical standards as indicated in the measurement report and has been tested in accordance with the measurement procedures specified in ANSI C63.4-2014. These measurements were performed with no deviation from the standards. Test results reported herein relate only to the item(s) tested.

This revised Test Report (S/N: 1C2011060079-01-R1.2ARVX) supersedes and replaces the previously issued test report (S/N: 1C2011060079-01.2ARVX) on the same subject device for the same type of testing as indicated. Please discard or destroy the previously issued test report(s) and dispose of it accordingly.


I attest to the accuracy of data. All measurements reported herein were performed by me or were made under my supervision and are correct to the best of my knowledge and belief. I assume full responsibility for the completeness of these measurements and vouch for the qualifications of all persons taking them.

  
Randy Ortanez  
President

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## 1.0 INTRODUCTION

### 1.1 Scope

Measurement and determination of electromagnetic emissions (EMC) of radio frequency devices including intentional and/or unintentional radiators for compliance with the technical rules and regulations of the Federal Communications Commission.


### 1.1 PCTEST Test Location

These measurement tests were conducted at the PCTEST facility located at 18855 Adams Court, Morgan Hill, CA 95037. The measurement facility is compliant with the test site requirements specified in ANSI C63.4-2014.

### 1.2 Test Facility / Accreditations

**Measurements were performed at PCTEST located in Morgan Hill, CA 95037, U.S.A.**

- PCTEST is an ISO 17025-2005 accredited test facility under the American Association for Laboratory Accreditation (A2LA) with Certificate number 2041.02 for Specific Absorption Rate (SAR), Hearing Aid Compatibility (HAC) testing, where applicable, and Electromagnetic Compatibility (EMC) testing for FCC and Innovation, Science, and Economic Development Canada rules.
- PCTEST TCB is a Telecommunication Certification Body (TCB) accredited to ISO/IEC 17065-2012 by A2LA (Certificate number 2041.03) in all scopes of FCC Rules.
- PCTEST facility is a registered (22831) test laboratory with the site description on file with ISCED.

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## 2.0 PRODUCT INFORMATION

### 2.1 Equipment Description

The Equipment Under Test (EUT) is the **Gokhale Posture Tracker Wireless Charger FCC ID: 2ARVX-PT20C**. The test data contained in this report pertains only to the emissions due to the digital circuitry of the EUT. The charger utilizes Bluetooth (Low Energy) to pair with receiving devices that receive charge when placed on the slots of EUT's surface.

	Voltage (AC/DC) [Volts]	Max Operating Frequency [MHz]
<b>Input Power</b>	100-240VAC	2480
<b>Output Power</b>	5.0V	

Table 2-1. EUT Input/Output Power

Test Device Serial No.: 01B3, 0197

### 2.2 Device Capabilities

This device contains the following capabilities:

Bluetooth (LE) and WPT

### 2.3 Test Support Equipment

1	USB-C Cable	Model:	N/A	S/N:	N/A
	w/AC Adapter	Model:	HNEM050200UU	S/N:	N/A

Table 2-2. Test Support Equipment Used

**Note:** See test setup photographs for actual system test setup.

### 2.4 Test Configuration

The EUT was tested while connected to an AC/DC adapter via a USB cable. Since the EUT is the host, all of its ports are populated with either an accessory or another termination typical of actual usage. All equipment is placed on the test table top and arranged in a typical configuration in accordance with ANSI C63.4-2014.


For more information, please see Section 6.0 for test data and the test setup photos document for the test setup photographs.

### 2.5 Software and Firmware

The test was conducted with firmware version Gok2 Rx 4.0.3.36 installed on the EUT.

### 2.6 EMI Suppression Device(s)/Modifications

No EMI suppression device(s) were added and no modifications were made during testing.

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## 3.0 DESCRIPTION OF TESTS

### 3.1 Evaluation Procedure

The measurement procedure described in the American National Standard for Methods of Measurement of Radio-Noise Emission from Low-Voltage Electrical and Electronic Equipment in the Range of 9kHz to 40GHz (ANSI C63.4-2014) was used in the measurement of the EUT.

Deviation from measurement procedure.....None


### 3.2 AC Line Conducted Emissions

The line-conducted facility is located inside a 7m x 3.66m x 2.7m shielded enclosure. The shielded enclosure is manufactured by AP Americas. The shielding effectiveness of the shielded room is in accordance with MIL-Std-285 or NSA 65-6. A 1m x 1.5m wooden table 80cm high is placed 40cm away from the vertical wall and 80cm away from the sidewall of the shielded room. Two 10kHz-30MHz, 50Ω/50μH Line-Impedance Stabilization Networks (LISNs) are bonded to the shielded room floor. Power to the LISNs is filtered by external high-current high-insertion loss power line filters. The external power line filter is EPCOS 2X60A Power Line Filter (100dB Attenuation, 14kHz-18GHz) and the two EPCOs 2X48A filters (100dB Minimum Insertion Loss, 14kHz - 10GHz). These filters attenuate ambient signal noise from entering the measurement lines. These filters are also bonded to the shielded enclosure.

The EUT is powered from one LISN and the support equipment is powered from the second LISN. If the EUT is a DC-powered device, power will be derived from the source power supply it normally will be powered from and this supply line(s) will be connected to the second LISN. All interconnecting cables more than 1 meter were shortened to a 1 meter length by non-inductive bundling (serpentine fashion) and draped over the back edge of the test table. All cables were at least 40cm above the horizontal reference groundplane. Power cables for support equipment were routed down to the second LISN while ensuring that that cables were not draped over the second LISN.

Sufficient time for the EUT, support equipment, and test equipment was allowed in order for them to warm up to their normal operating condition. The RF output of the LISN was connected to the spectrum analyzer and exploratory measurements were made to determine the frequencies producing the maximum emission from the EUT. The spectrum was scanned from 150kHz to 30MHz with a spectrum analyzer. The detector function was set to peak mode for exploratory measurements while the bandwidth of the analyzer was set to 10kHz. The EUT, support equipment, and interconnecting cables were arranged and manipulated to maximize each emission. Once the worst case emissions have been identified, the one EUT cable configuration/arrangement and mode of operation that produced these emissions is used for final measurements on the same test site. The analyzer is set to CISPR quasi-peak and average detectors with a 9kHz resolution bandwidth for final measurements.

Line conducted emissions test results are shown in Section 6.3. Automated test software was used to perform the AC line conducted emissions testing. Automated measurement software utilized is Rohde & Schwarz EMC32, Version 10.50.40.

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### 3.3 Radiated Emissions

The radiated test facilities consisted of an indoor 3 meter semi-anechoic chamber used for final measurements and exploratory measurements, when necessary. The measurement area is contained within the semi-anechoic chamber which is shielded from any ambient interference. The test site inside the chamber is a 6m x 5.2m elliptical, obstruction-free area in accordance with Clause 5, Figure 5.7 of ANSI C63.4-2014. A raised turntable is used for radiated measurement. It is a continuously rotatable, remote-controlled, metallic turntable and 2 meters (6.56 ft.) in diameter. The turn table is flush with the raised floor of the chamber in order to maintain its function as a ground plane. Absorbers are arranged on the floor between the turn table and the antenna mast in such a way so as to maximize the reduction of reflections for measurements above 1GHz. An 80cm tall test table made of Styrodur is placed on top of the turn table.



For all measurements, the spectrum was scanned through all EUT azimuths and from 1 to 4 meter receive antenna height using a broadband antenna from 30MHz up to the upper frequency shown in 15.33(b)(1) depending on the highest frequency generated or used in the device or on which the device operates or tunes. For frequencies above 1GHz, linearly polarized double ridge horn antennas were used. When exploratory measurements were necessary, they were performed at 1 meter test distance inside the semi-anechoic chamber using broadband antennas, broadband amplifiers, and spectrum analyzers to determine the frequencies and modes producing the maximum emissions. Sufficient time for the EUT, support equipment, and test equipment was allowed in order for them to warm up to their normal operating condition. The test set-up was placed on top of the 1 x 0.8 meter table. The EUT, support equipment, and interconnecting cables were arranged and manipulated to maximize each emission. Appropriate precaution was taken to ensure that all emissions from the EUT were maximized and investigated. The system configuration, mode of operation, turntable azimuth, and receive antenna height was noted for each frequency found.

Final measurements were made in the semi-anechoic chamber using calibrated, linearly polarized broadband and horn antennas. The test setup was configured to the setup that produced the worst case emissions. The spectrum analyzer was set to investigate all frequencies required for testing to compare the highest radiated disturbances with respect to the specified limits. The turntable containing the EUT was rotated through 360 degrees and the height of the receive antenna was varied 1 to 4 meters and stopped at the azimuth and height producing the maximum emission. Each emission was maximized by changing the orientation of the EUT through three orthogonal planes and changing the polarity of the receive antenna, whichever produced the worst-case emissions.

All radiated measurements are performed in a chamber that meets the site requirements per ANSI C63.4-2014.

### 3.4 Environmental Conditions


The temperature is controlled within range of 15°C to 35°C. The relative humidity is controlled within range of 10% to 75%. The atmospheric pressure is monitored within the range 86-106kPa (860-1060mbar).

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## 4.0 MEASUREMENT UNCERTAINTY

The measurement uncertainties shown below were calculated in accordance with the requirements of ANSI C63.4-2014. All measurement uncertainty values are shown with a coverage factor of  $k = 2$  to indicate a 95% level of confidence. The measurement uncertainty shown below meets or exceeds the  $U_{\text{CISPR}}$  measurement uncertainty values specified in CISPR 16-4-2 and, thus, can be compared directly to specified limits to determine compliance.

Contribution	Expanded Uncertainty ( $\pm$ dB)
AC Line Conducted Disturbance	2.34
Radiated Disturbance (<1GHz)	4.15
Radiated Disturbance (>1GHz)	4.43

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## 5.0 TEST EQUIPMENT CALIBRATION DATA


Test Equipment Calibration is traceable to the National Institute of Standards and Technology (NIST). Measurements antennas used during testing were calibrated in accordance to the requirements of ANSI C63.5-2017.

Manufacturer	Model	Description	Cal Date	Cal Interval	Cal Due	Serial Number
ETS-Lindgren	3142E	BiConiLog Antenna (30MHz - 6GHz)	1/6/2020	Annual	1/6/2021	224569
ETS-Lindgren	3117	Double Ridged Guide Antenna (1-18 GHz)	4/21/2020	Annual	4/21/2021	205956
Rohde & Schwarz	ESW44	EMI Test Receiver	8/7/2020	Annual	8/7/2021	101668
Rohde & Schwarz	TS-PR8	Pre-Amplifier (30MHz-8GHz)	3/4/2020	Annual	3/4/2021	102325
Rohde & Schwarz	ENV216	Two-Line V-Network (LISN)	1/6/2020	Annual	1/6/2021	101363

**Table 5-1. Test Equipment List**

### Note:

For equipment listed above that has a calibration date or calibration due date that falls within the test date range, care was taken to ensure that this equipment was used after the calibration date and before the calibration due date.

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## 6.0 TEST DATA

### 6.1 Summary

FCC Part 15 Section	Description	Result
15.107	AC Line Conducted Emissions	PASS
15.109	Radiated Emissions	PASS

**Table 6-1. Summary of Test Results**

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## 6.2 Radiated Emissions

### §15.109

#### Test Overview and Limit

All out of band radiated spurious emissions are measured with a spectrum analyzer connected to a receive antenna while the EUT is in idle mode. Only the radiated emissions of the configuration that produced the worst case emissions are reported in this section.

***All out of band emissions appearing in a restricted band as specified in Section 15.105 of the Title 47 CFR must not exceed the limits shown in Table 6-2 per Section 15.109.***

Frequency [MHz]	Field Strength Limit [μV/m]
30 – 88	100
88 – 216	150
216 – 960	200
> 960	500

**Table 6-2. Radiated Emissions Limits**

#### Test Procedures Used

ANSI C63.4-2014


#### Test Settings

##### Quasi-Peak Field Strength Measurements

1. Analyzer frequency set to the frequency of the radiated spurious emission of interest
2. RBW = 120kHz (for emissions from 30MHz – 1GHz)
3. Detector = quasi-peak
4. Sweep time = auto couple
5. Trace mode = max hold
6. Trace was allowed to stabilize

##### Average Field Strength Measurements

1. Analyzer frequency set to the frequency of the radiated spurious emission of interest
2. RBW = 1MHz
3. VBW = 3MHz
4. Detector = power average (RMS)
5. Number of measurement points = 1001 (Number of points must be > 2 x span/RBW)
6. Sweep time = auto
7. Trace was allowed to stabilize

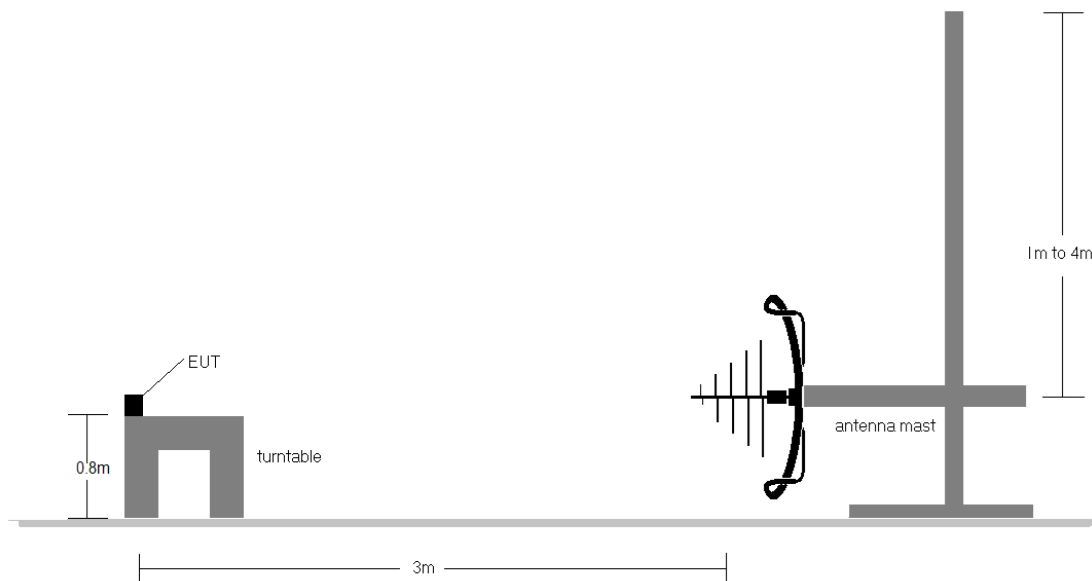
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### Peak Field Strength Measurements

1. Analyzer frequency set to the frequency of the radiated spurious emission of interest
2. RBW = 1MHz
3. VBW = 3MHz
4. Detector = Peak
5. Sweep time = auto couple
6. Trace mode = max hold
7. Trace was allowed to stabilize

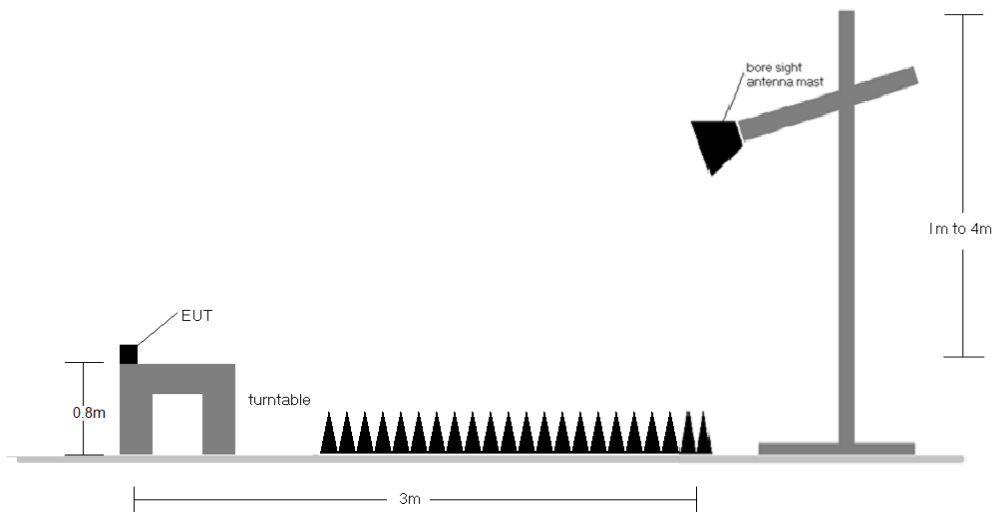
### Test Setup

The EUT and measurement equipment were set up as shown test setup photos provided.



**Figure 6-1: Radiated Test Setup < 1GHz**

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**Figure 6-2: Radiated Test Setup > 1GHz**

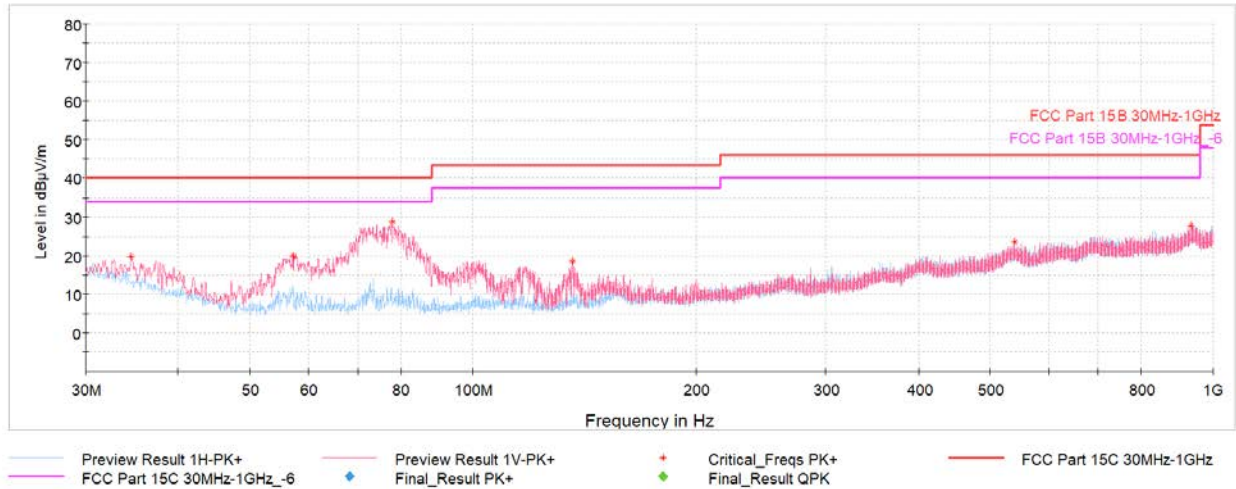
### Test Notes

1. All modes of operation were investigated, and the worst-case emissions are reported.
2. Radiated emissions were measured from 30MHz up to the upper frequency shown in 15.33(b)(1) depending on the highest frequency generated or used in the device or on which the device operates or tunes to ensure that the provisions of 15.33(b)(1) are satisfied with respect to the upper frequency scanning range.
3. The radiated limits for unintentional radiators at a distance of 3 meters are used in the table above, as specified in 15.109(a).
4. For frequency range 30MHz to 1GHz, measurements are made using a CISPR quasi-peak detector with a 120kHz resolution bandwidth. For above 1GHz, peak measurements are made using a peak detector with a resolution bandwidth of 1MHz and a video bandwidth of 3MHz and average measurements are made with a RMS detector using a resolution bandwidth of 1MHz and a video bandwidth of 3MHz.
5. Calibrated linearly polarized broadband and horn antennas were used for measurements below and above 1GHz, respectively. For measurements made below 1GHz, the results recorded using the broadband antenna are known to correlate with the results obtained by using a tuned dipole with an acceptable degree of accuracy. The VSWR for the measurement antennas was found to be less than 2:1.
6. Calibrated low-loss microwaves cables and broadband amplifiers are used.
7. The "-" shown in the following RSE tables are used to denote a noise floor measurement.
8. No significant emissions were observed Above 1GHz.

### Sample Calculations

- Field Strength Level  $_{[dB_{\mu V/m}]}$  = Analyzer Level  $_{[dBm]} + 107 + AFCL_{[dB/m]}$
- AFCL  $_{[dB/m]}$  = Antenna Factor  $_{[dB/m]} + Cable Loss_{[dB]} - Preamplifier Gain_{[dB]}$
- Margin  $_{[dB]} = Field Strength Level_{[dB_{\mu V/m}]} - Limit_{[dB_{\mu V/m}]}$

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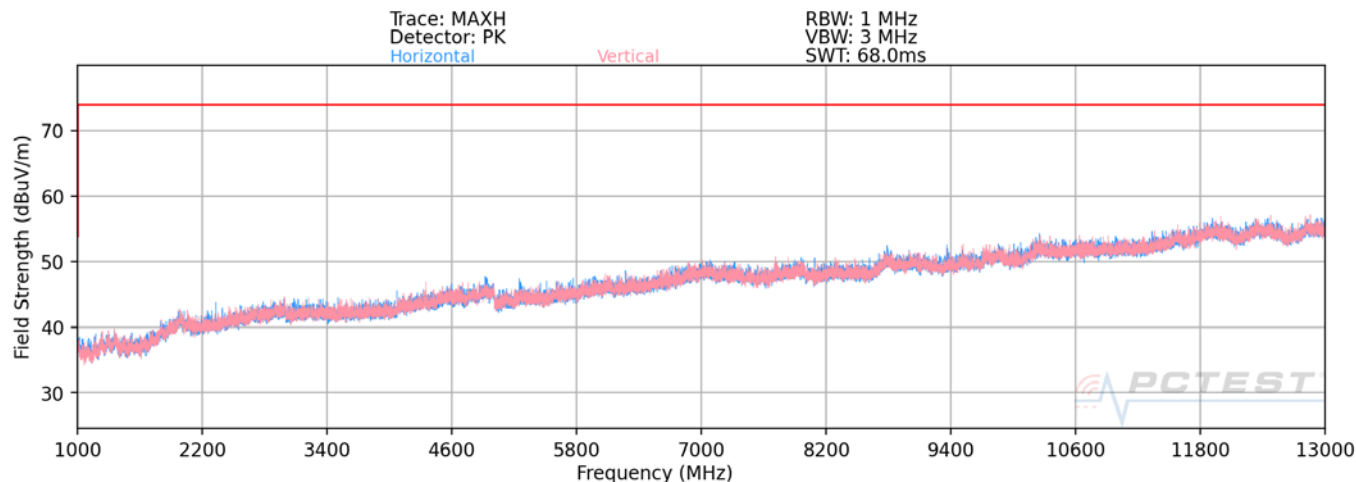


**Plot 6-1. Radiated Emissions 30MHz-1GHz**

Frequency [MHz]	Detector	Ant. Pol. [H/V]	Antenna Height [cm]	Turntable Azimuth [degree]	Analyzer Level [dBm]	AFCL [dB/m]	Field Strength [dBµV/m]	Limit [dBµV/m]	Margin [dB]
34.56	Max Peak	V	100	64	-60.35	-14.08	19.57	40.00	-20.43
57.16	Max Peak	V	250	181	-61.73	-21.01	19.92	40.00	-20.08
77.92	Max Peak	V	100	82	-73.51	-20.80	28.71	40.00	-11.29
136.26	Max Peak	V	100	172	-60.29	-18.35	18.40	43.52	-25.12
539.35	Max Peak	V	100	113	-77.10	-5.17	23.43	46.02	-22.59
934.19	Max Peak	V	100	41	-85.72	0.16	27.67	46.02	-18.35

**Table 6-3. Radiated Measurements 30MHz-1GHz**

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**Plot 6-2. Radiated Emissions Above 1GHz**

Frequency [MHz]	Detector	Ant. Pol. [H/V]	Antenna Height [cm]	Turntable Azimuth [degree]	Analyzer Level [dBm]	AFCL [dB/m]	Field Strength [dBuV/m]	Limit [dBuV/m]	Margin [dB]
4880	Avg	V	-	-	-80.65	6.76	33.11	53.98	-20.87
4880	Peak	V	-	-	-69.61	6.76	44.15	73.98	-29.83
7320	Avg	V	-	-	-82.34	10.18	34.84	53.98	-19.13
7320	Peak	V	-	-	-70.08	10.18	47.10	73.98	-26.87
9760	Avg	V	-	-	-83.49	13.00	36.51	53.98	-17.47
9760	Peak	V	-	-	-71.06	13.00	48.94	73.98	-25.04
12010	Avg	V	-	-	-82.81	15.34	39.53	53.98	-14.45
12010	Peak	V	-	-	-70.10	15.34	52.24	73.98	-21.74
12200	Avg	V	-	-	-82.81	15.54	39.73	53.98	-14.25
12200	Peak	V	-	-	-70.93	15.54	51.61	73.98	-22.37
12400	Avg	V	-	-	-83.14	15.33	39.19	53.98	-14.79
12400	Peak	V	-	-	-69.98	15.33	52.35	73.98	-21.63

**Table 6-4. Radiated Measurements Above 1GHz**

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## 6.3 AC Line Conducted Measurement Data

### §15.107

#### Test Overview and Limit

All AC line conducted spurious emissions are measured with a receiver connected to a grounded LISN while the EUT is in idle mode. All data rates and modes were investigated for conducted spurious emissions. Only the conducted emissions of the configuration that produced the worst case emissions are reported in this section.

***All conducted emissions must not exceed the limits shown in the table below, per Section 15.107.***

Frequency of emission (MHz)	Conducted Limit (dBμV)	
	Quasi-peak	Average
0.15 – 0.5	66 to 56*	56 to 46*
0.5 – 5	56	46
5 – 30	60	50

**Table 6-5. AC Line Conducted Emissions Limits**

\*Decreases with the logarithm of the frequency.

#### Test Procedures Used

ANSI C63.4-2014


#### Test Settings

##### Quasi-Peak Measurements

1. Analyzer center frequency was set to the frequency of the spurious emission of interest
2. RBW = 9kHz (for emissions from 150kHz – 30MHz)
3. Detector = quasi-peak
4. Sweep time = auto couple
5. Trace mode = max hold
6. Trace was allowed to stabilize

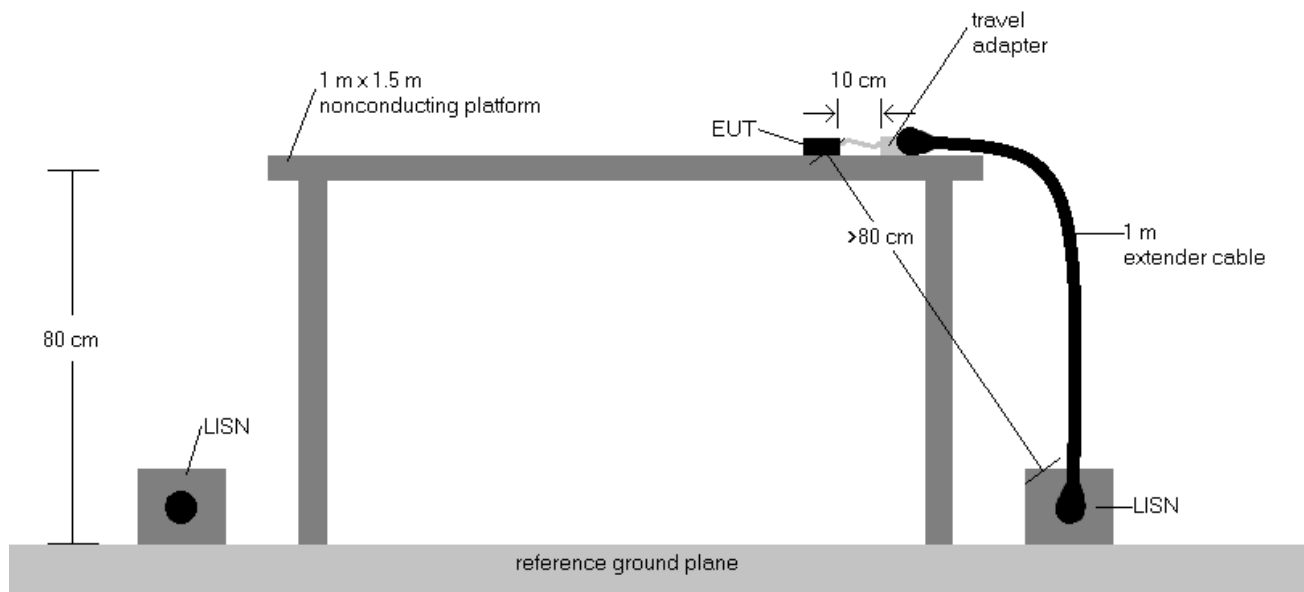
##### Average Measurements

1. Analyzer center frequency was set to the frequency of the spurious emission of interest
2. RBW = 9kHz (for emissions from 150kHz – 30MHz)
3. Detector = RMS
4. Sweep time = auto couple
5. Trace mode = max hold
6. Trace was allowed to stabilize

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## Test Setup

The EUT and measurement equipment were set up as shown in the diagram below.



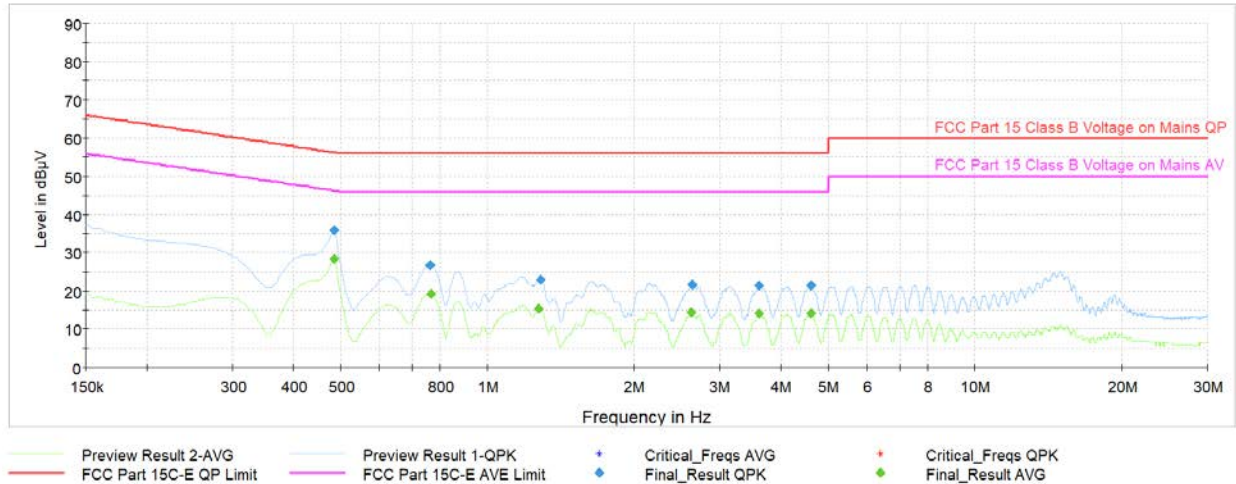
**Figure 6-3: AC Line Conducted Emissions Test Setup**

## Test Notes

1. All configurations were investigated and the worst-case emissions are reported.
2. The limits for Class B device(s) from 150kHz to 30MHz are specified in Section 15.107
3. L1 = Phase; N = Neutral
4.  $\text{Corr. (dB)} = \text{Cable loss (dB)} + \text{LISN insertion factor (dB)}$
5.  $\text{QP/AV Level (dB}\mu\text{V)} = \text{QP/AV Analyzer/Receiver Level (dB}\mu\text{V)} + \text{Corr. (dB)}$
6.  $\text{Margin (dB)} = \text{QP/AV Level (dB}\mu\text{V)} - \text{QP/AV Limit (dB}\mu\text{V)}$
7. Traces shown in plots were measured using a quasi-peak and average detectors.
8. Deviations to the Specifications: None.

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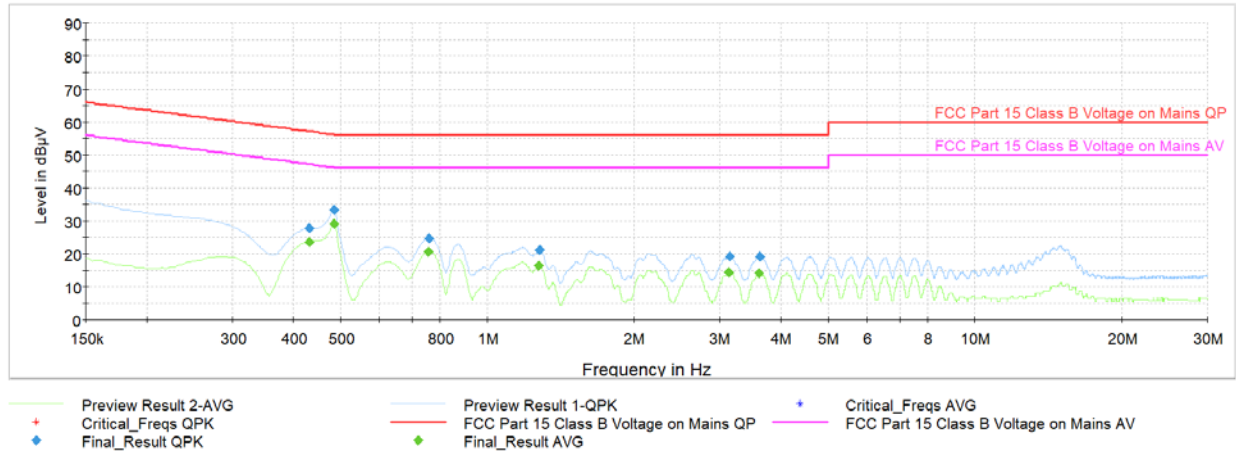


**Plot 6-3. AC Line Conducted Emissions Plot (L1, with AC/DC Adapter)**

Frequency [MHz]	Process State	QuasiPeak [dBµV]	Average [dBµV]	Limit [dBµV]	Margin [dB]	Line	PE
0.485	FINAL	---	28.50	46.25	-17.75	L1	GND
0.485	FINAL	35.8	---	56.25	-20.43	L1	GND
0.762	FINAL	26.7	---	56.00	-29.29	L1	GND
0.767	FINAL	---	19.25	46.00	-26.75	L1	GND
1.277	FINAL	---	15.48	46.00	-30.52	L1	GND
1.286	FINAL	23.0	---	56.00	-33.02	L1	GND
2.625	FINAL	---	14.48	46.00	-31.52	L1	GND
2.636	FINAL	21.7	---	56.00	-34.34	L1	GND
3.608	FINAL	21.3	---	56.00	-34.67	L1	GND
3.608	FINAL	---	14.24	46.00	-31.76	L1	GND
4.605	FINAL	---	14.30	46.00	-31.70	L1	GND
4.605	FINAL	21.4	---	56.00	-34.65	L1	GND

**Table 6-6. AC Line Conducted Emissions Data (L1, with AC/DC Adapter)**

FCC ID: 2ARVX-PT20C	<b>PCTEST</b> Proud to be part of element	MEASUREMENT REPORT	Approved by: Quality Manager
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**Plot 6-4. AC Line Conducted Emissions Plot (N, with AC/DC Adapter)**



Frequency [MHz]	Process State	QuasiPeak [dBµV]	Average [dBµV]	Limit [dBµV]	Margin [dB]	Line	PE
0.431	FINAL	---	23.68	47.23	-23.55	N	GND
0.431	FINAL	27.7	---	57.23	-29.52	N	GND
0.485	FINAL	---	29.06	46.25	-17.19	N	GND
0.485	FINAL	33.3	---	56.25	-22.91	N	GND
0.758	FINAL	---	20.67	46.00	-25.33	N	GND
0.760	FINAL	24.8	---	56.00	-31.20	N	GND
1.277	FINAL	---	16.49	46.00	-29.51	N	GND
1.282	FINAL	21.1	---	56.00	-34.93	N	GND
3.131	FINAL	---	14.38	46.00	-31.62	N	GND
3.136	FINAL	19.2	---	56.00	-36.76	N	GND
3.599	FINAL	---	14.23	46.00	-31.77	N	GND
3.615	FINAL	19.3	---	56.00	-36.74	N	GND

**Table 6-7. AC Line Conducted Emissions Data (N, with AC/DC Adapter)**

FCC ID: 2ARVX-PT20C	<b>PCTEST</b> Proud to be part of element	MEASUREMENT REPORT	Approved by: Quality Manager
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## 7.0 CONCLUSION

The data collected relate only to the item(s) tested and show that the **Gokhale Posture Tracker Wireless Charger FCC ID: 2ARVX-PT20C** has been tested to comply with the requirements specified in §15.107 and §15.109 of the FCC rules.

FCC ID: 2ARVX-PT20C	 <b>PCTEST</b> Proud to be part of  element	MEASUREMENT REPORT	Approved by: Quality Manager
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