

# Smart Watch

Model:G12

USER'S MANUAL



Thank you for choosing our smart band. You can read this manual thoroughly to understand the use of the equipment and how to do it simply. The Company reserves the right to make changes to the contents of this manual without prior notice without prior notice.

Product configuration:

1. Smart Watch \* 1
2. Data cable\* 1
3. Manual \* 1

Touch key Single click  
to select/press and  
hold to confirm

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2.eturn key/press and hold  
for 3 seconds to power on/off

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- **Pair with the phone**



Appstore



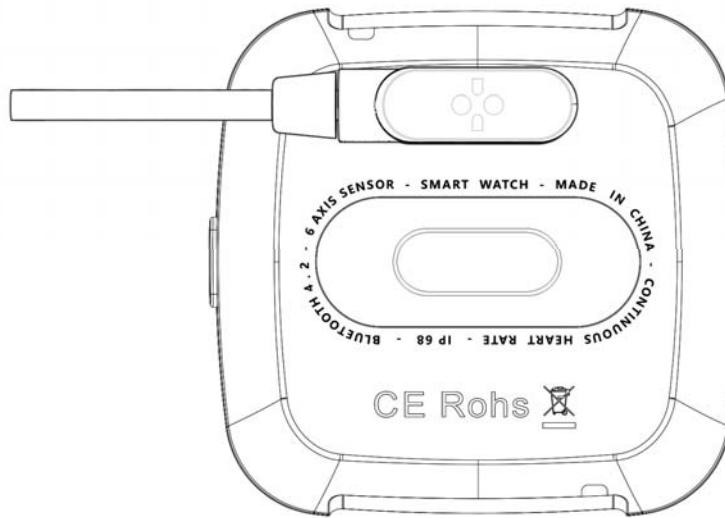
Google Play

- 1: IOS, Android users scan the following QR code through your mobile browser to download the APP.
- 2: Android phone users search: "Hplus " in Google Play Store to download ,and IOS users download the application in App Store please.

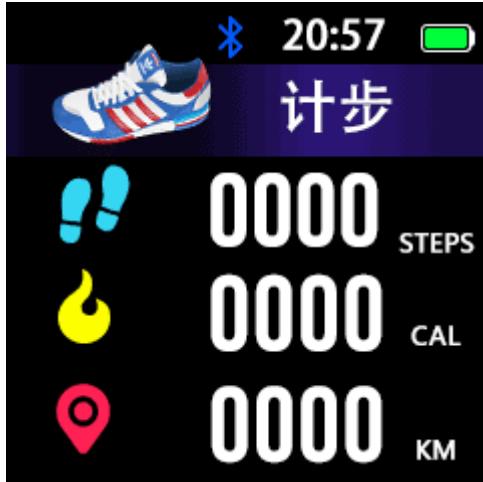
Open the "Hplus" application-  
settings-Bluetooth-Search "SmartDevice" and connect  
When the Bluetooth icon on the watch is blue,means  
connected success, while red for unconnected.

## ● Charging instructions

Magnetic charging, as shown in the picture below. Please note direction of charging cable.



**\*Please note that two contacts of the charging cable can't contact electric conductor at the same time, otherwise it will cause circuit burning.**



## ● Step count

There are three data: distance/step/calorie, click touch key to enter next page

**Step count is on 24/7 and returns to zero after storing the data before 12am and counts again.**



## ● Heart rate monitoring

Enter the heart rate interface to start measuring,  
The heart rate is a dynamic heart rate test, and the measurement  
is stopped when exiting.

**If your heart rate doesn't show up or the display is unstable,  
you can try the following:**

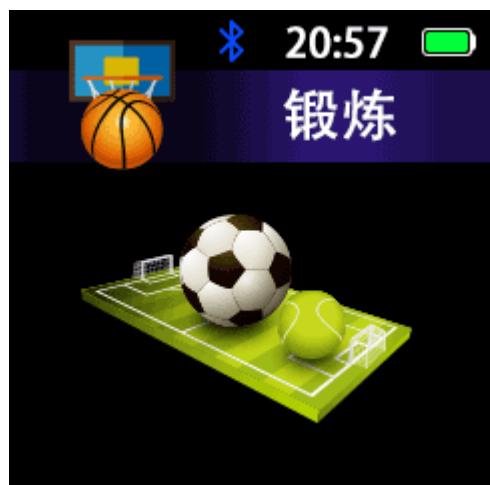
device.

- Avoid wearing sunscreen on the part where the watch is worn
- Wear the watch on your wrist and tighten it.



## ●Sleep monitoring

Enter to view the quality of sleep.



## ●Exercise

The exercise mode has multiple motion modes to choose from.  
Select long-press touch key to enter the exercise.  
Press the touch key to record the number of laps during exercise  
Press the Return key to pause to select <Save> <Delete>  
<Continue> long press the touch key to confirm



## ● Information

Enter the information notification to view the last five messages or notifications.



## ● Dial

Enter and select dial



## ● Setting

- Enter and set vibration switch
- Brightness adjustment (low, medium and high)
- Reset (switch)
- About (can view MAC address, firmware version number)

## ●FAQ

\*Do not expose this device to overcooling or overheated conditions for a long time, otherwise it will cause permanent damage.

\*Why can't wear watch when taking a hot bath?

As bath water temperature is high, it will generate mass steam which is in gaseous phase and characterized by small molecule radius. It is easy to penetrate through watch housing gap. When temperature lowers, it will become liquid phase water drop, which is easy to cause short circuit in the watch, resulting in damaged circuit board and watch.

\*The watch can't start up or charge

If your newly received watch can't start up, it maybe because battery is under protection due to collision during watch transportation. Plug in charging cable to activate the watch.

If your watch can't start up due to too low battery or the watch has not been used for a long time, please plug in USB cable and charge for half an hour for activation.

## Warranty

1. If it appears quality problems caused by manufacturing, materials, design within one year (since the day of purchase) , we will offer free warranty for. We will offer free warranty for battery and adapter within 6 months. Premise is using normally and correctly.
2. About the fault caused by the users personal reasons, we don't offer free warranty, as follows:
  - 1). Disassemble or refit the product.
  - 2). Caused by immodesty drop
  - 3). All artificial damage or misuse (such as: make water into the host, the external force shatter, scratch damage of peripheral components, etc.), all these are beyond the scope of the warranty.
3. When ask for free warranty, you must provide a warranty card with the seal of purchase place and purchase date.

4. If you met problems during use, please contact the shop customer service which you bought from.

5. Please make the final products as the standard.

Date of purchase:

IMEI code:

Buy store:

Customer signature:

Clerk Signature:

Shop stamp:

## FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**Caution:** Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.