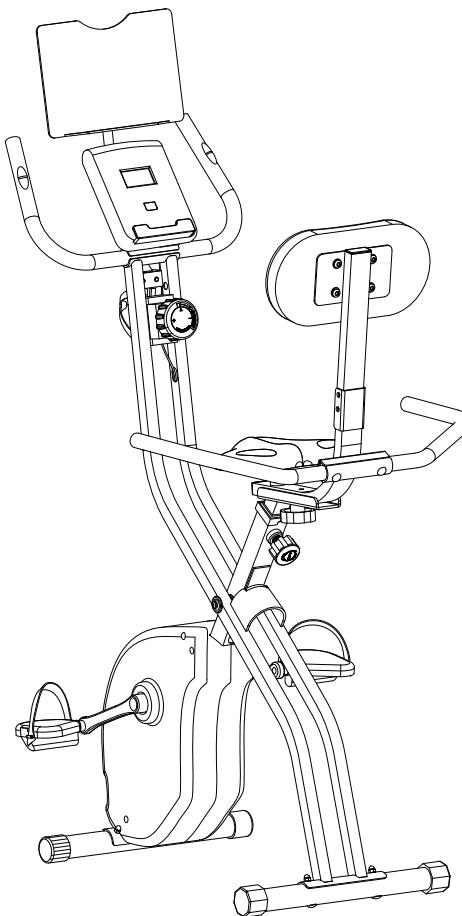




# **Smart Folding Exercise Bike with Backrest and Pulse**

## **Model: SXB1000**



**FCC ID:2AR8P-HONGYUAN203**

**Last Modified: Dec 1, 2018**

**Item# M1B1**

**Email: support@sharevgo.com**

**Owner's Manual**

## Before You Begin

Welcome to the ShareVgo community. Before beginning assembly, take a few moments to familiarize yourself with important information on how to use our ShareVgo Smart Folding Exercise Bike safely so that you and your loved ones do not get hurt. Let's review the safety notes and warnings now. If you have any questions, please contact support@sharevgo.com

### **Safety Instructions**

**CAUTION** To reduce the risk of serious injury, read carefully the following Safety Instructions before using this product.

**WARNING** Consult your physician before starting an exercise program or using the exercise equipment.

**WARNING** Maximum weight capacity is 250 pounds.

1. Consult your physician before using. Stop immediately and consult your physician if you feel faint, dizzy, or experience pain during exercise.
2. Carefully read all warnings and cautions before using this equipment.
3. We recommend two people be available to assemble this product.
4. Do not let children under the age of 12 use this product without proper adult supervision.
5. Keep children, your fingers, body parts, and pets away while in use.
6. Set up and operate this product on a solid and level surface with a mat beneath it.
7. Make sure that adequate space is available for access to and around it.
8. Before using, inspect this product for worn or loose components, and securely tighten or replace any worn or loose components prior to use.
9. Do not wear loose or dangling clothing while using this product.
10. Always wear correct footwear and never exercise in bare feet or socks.
11. This equipment should not be used by persons weighing over 250 pounds.
12. Used by only one person at a time.
13. This equipment is for indoor, household and non-commercial use only.

## User manual warning statement

Caution: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

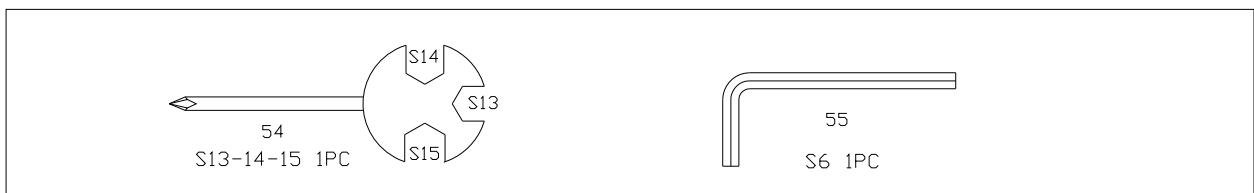
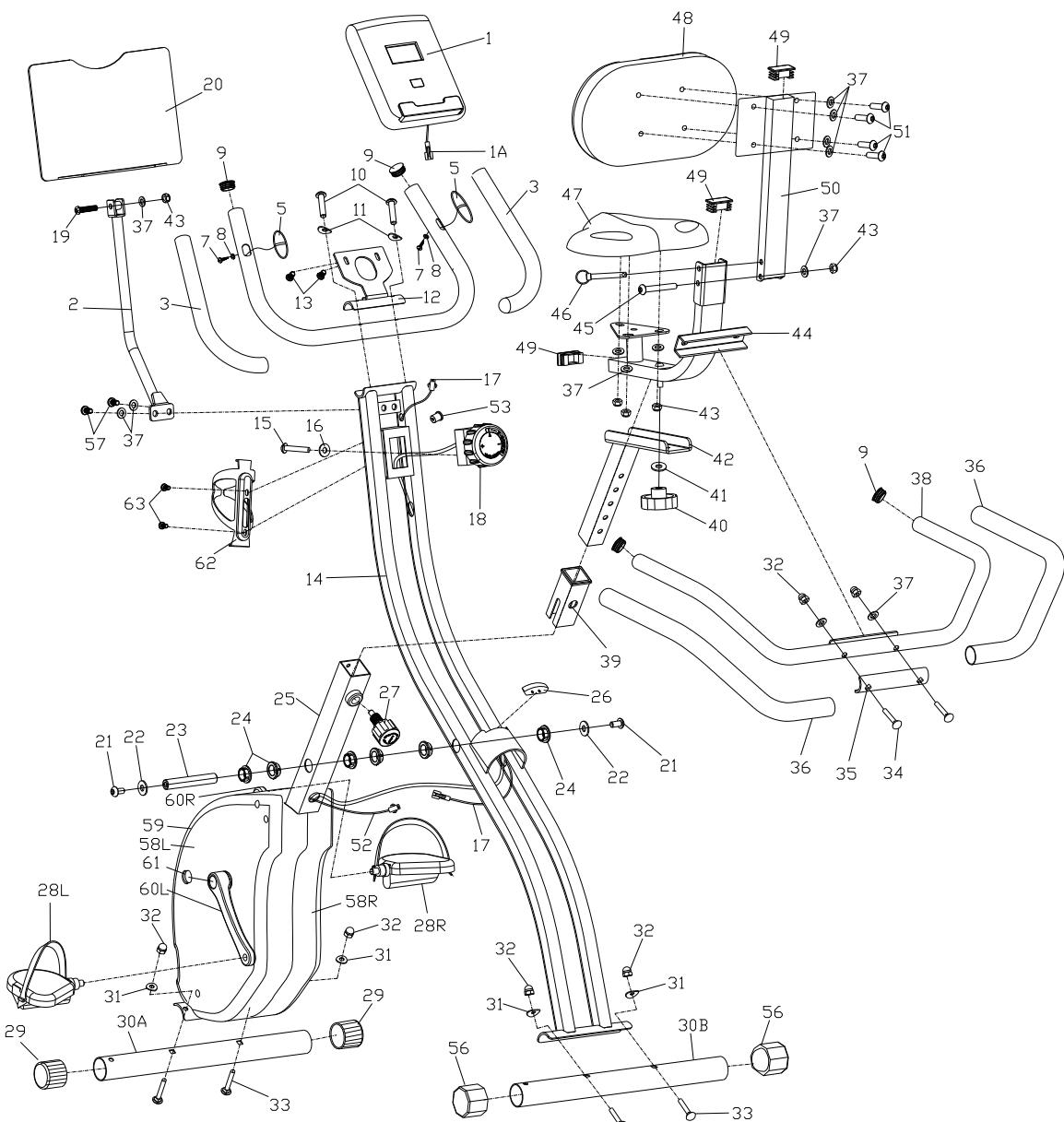
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

### **FCC Radiation Exposure Statement:**

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20cm between the radiator and your body.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

## Part Drawing



## Part List

NO.	Description	Qty	NO.	Description	Qty
1	Monitor	1	36	Foam Grip $\Phi 23*5*450$	2
2	Universal Tablet Holder Post	1	37	Washer d8* $\Phi 16*1.5$	11
3	Foam Grip $\Phi 23*5*350$	2	38	Rear Handlebar	1
4	Front Armrest	1	39	Bushing F38*38*F30*30*L96	1
5	Handle Pulse Sensor	2	40	Nut M8* $\Phi 60*30$	1
6	Handle Pulse Jack	1	41	Washer d8* $\Phi 20*2$	1
7	Screw ST4*19* $\Phi 7$	2	42	Saddle Trench	1
8	Washer d6* $\Phi 12*1$	2	43	Nut M8*H7.5*S13	5
9	End Cap $\Phi 25*16$	4	44	Saddle Base Tube	1
10	Bolt M8*40*20*S6	2	45	Bolt M8*55*20*S6	1
11	Arc Washer d8* $\Phi 20*2*R16$	2	46	Pin $\Phi 8*52*59$	1
12	Monitor/Tablet Plate	1	47	Saddle	1
13	Screw M5*12* $\Phi 10$	2	48	Backrest Pad	1
14	Rear Main Frame	1	49	End Cap J40*20*17	3
15	Bolt M5*16	1	50	Backrest Post	1
16	Washer d5	1	51	Bolt M8*30*S6	4
17	Sensor Wire	1	52	Sensor	1
18	Tension Knob	1	53	Plug $\Phi 12*11*\Phi 3$	2
19	Bolt M8*35*18*S6	1	54	Wrench S13-14-15	1
20	Tablet Holder	1	55	Wrench S6	1
21	Bolt M8*16*S6	2	56	End Cap	2
22	Washer d8* $\Phi 25*2$	2	57	Bolt M8*10* S6	2
23	Spindle	1	58L/R	Shroud L/R	2
24	Bushing $\Phi 28*3*\Phi 21.8*7*\Phi 17$	6	59	Front Shroud	1
25	Front Main Frame	1	60L/R	Crank L/R	2
26	Limit Mat	1	61	Plug for Crank	2
27	Knob M16*1.5*22* $\Phi 37$	1	62	Water Bottle Holder	1
28 L/R	Pedal L/R	2	63	Bolt M5*10	2
29	End Cap	2	51	Bolt M8*30*S6	4
30A	Front Base Tubes	2	52	Sensor	1
30B	Rear Base Tubes	2			
31	Arc Washer d8* $\Phi 20*2*R30$	4			
32	Nut M8*H16*S13	6			
33	Square Bolt M8*50*20*H5	4			
34	Square Bolt M8*45*20*H5	2			
35	Handlebar Support Plate	1			

## Step 1 - Base Tubes and Pedals Assembly

**1-1:** Attach the Front Base Tube (30A) to the Front Main Frame (25) and secure it by using 2 Square Bolts (33), 2 Arc Washers (31), and 2 Nuts (32).

Attach the Rear Base Tube (30B) to the Rear Main Frame (14) and secure it by using 2 Square Bolts (33), 2 Arc Washers (31), and 2 Nuts (32).

**NOTE:** Match pedals & cranks with L or R as marked. The crank's thread will be damaged if the pedal is incorrectly attached or incorrectly turned.

**1-2:** Attach the Left Pedal (28L) to the Left Crank (60L) with **counter clockwise** turns. Use the Wrench (54) to tighten the pedal into place.

**1-3:** Attach the Right Pedal (28R) to the Right Crank (60R) with **clockwise** turns and tighten it with the Wrench (54).

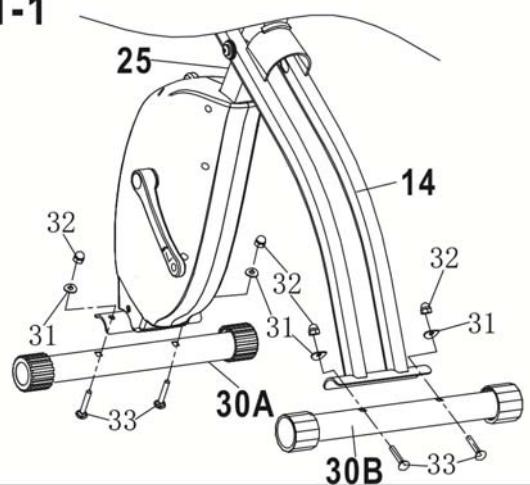
**TIGHTEN ALL NUTS, BOLTS, AND SCREWS AT THIS TIME.**

 #33 M8x50x20xH5 4PCS

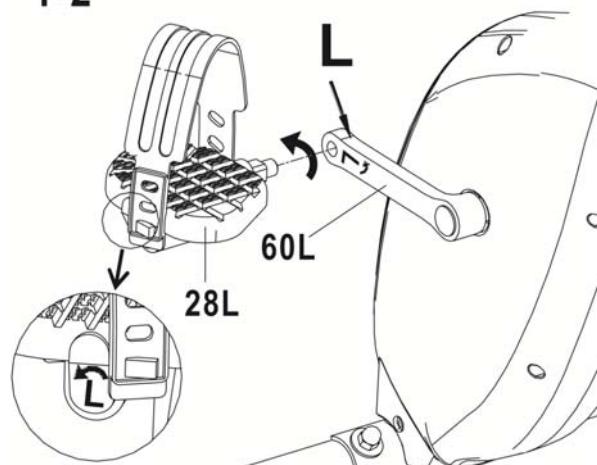
 #31 d8xØ 20x2xR30 4PCS

 #32 M8xH16xS13 4PCS

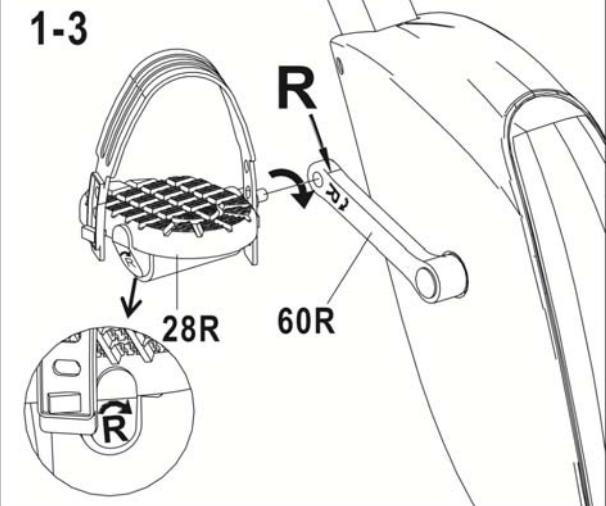
**1-1**



**1-2**

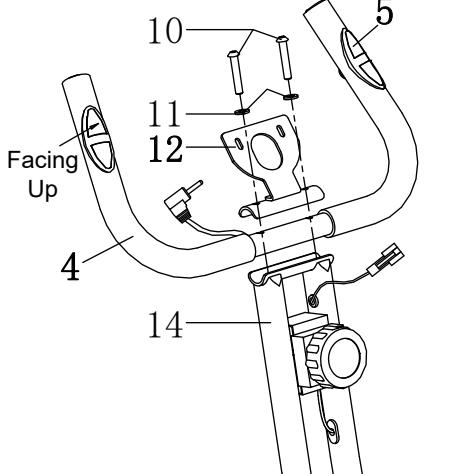


**1-3**



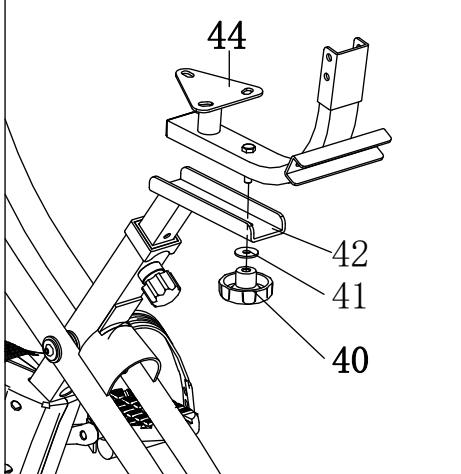
## Step 2 – Handlebar and Saddle Assembly

2-1



**2-1:** Attach the Front Handlebar (4) with the Handle Pulse Sensors (5) facing **up**, and at the same time, attach the Monitor/Tablet Plate (12) to the Main Frame (14) using 2 Bolts (10) and 2 Arc Washers (11).

2-2



**2-2:** Detach the Saddle Base Tube (44) from the Saddle Trench (42) by unscrewing and releasing the Knob (40). **NOTE:** DO NOT lose Washer (41).

**2-3:** Remove the pre-installed 3 Nuts (43) and 3 Washers (37) from the Saddle (47).

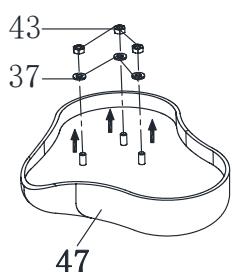
**2-4:** Attach the Saddle (47) to the Saddle Base Tube (44) with 3 Nuts (43) and 3 Washers (37).

**2-5:** Re-attach the Saddle (47) and the Saddle Base Tube (44) to the Saddle Trench (42) by tightening the Knob (40) with the Washer (41).

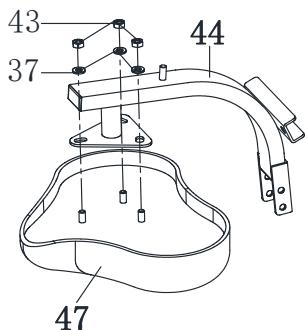
**TIGHTEN ALL NUTS, BOLTS, AND SCREWS AT THIS TIME.**

#10 M8x40x20xS6 2PCS
#11 d8xØ 20x2xR16 2PCS
#37 d8xØ 16x1. 5 3PCS
#43 M8xH7. 5xS13 3PCS

2-3

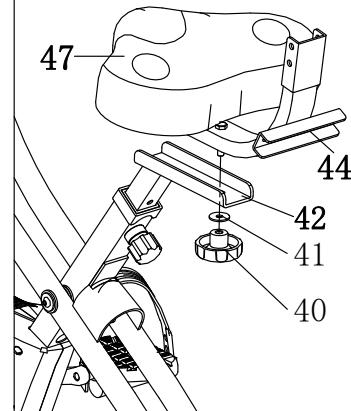


2-4

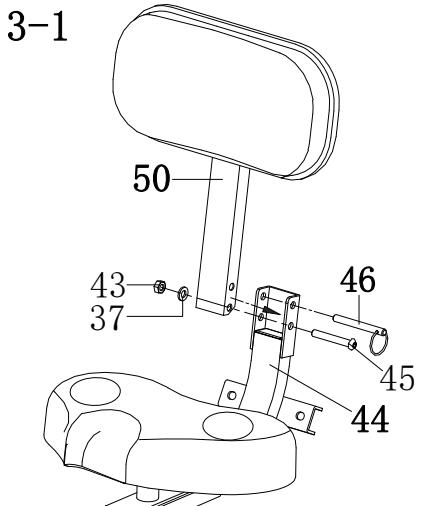


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2-5



## Step 3 – Backrest and Rear Handlebar Assembly

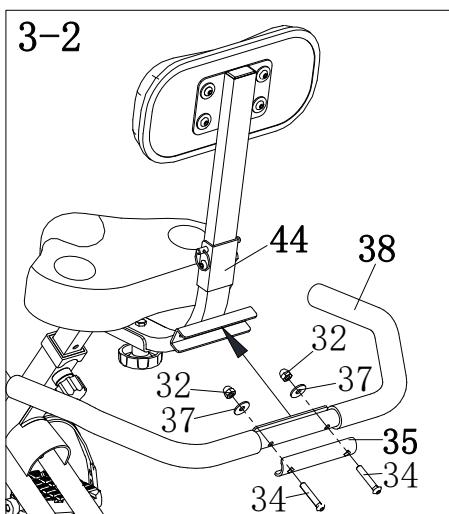


**3-1:** Attach the Backrest Post (50) to the Saddle Base Tube (44) and secure it at the **lower hole** using Bolt (45), Washer (37), and Nut (43). Insert Pin (46) into the **upper hole**.

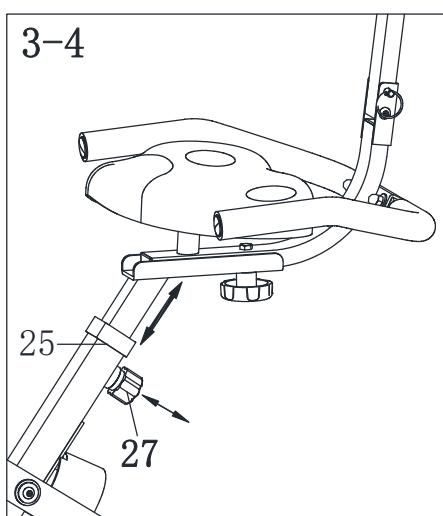
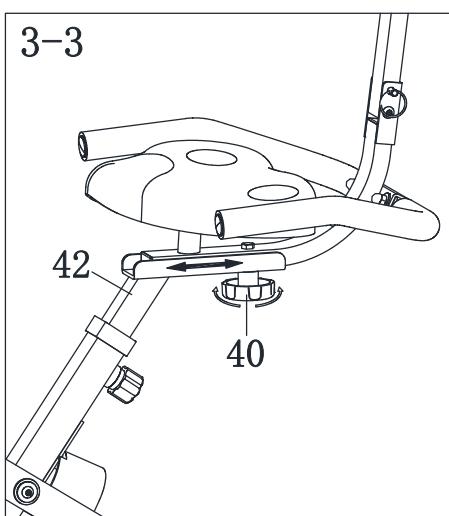
**3-2:** Attach the Rear Handlebar (38) and the Handlebar Support Plate (35) to the Saddle Base Tube (44) using 2 Square Bolts (34), 2 Washers (37), and 2 Nuts (32).

**3-3:** To adjust the saddle **horizontally**, unscrew the Knob (40) and move the saddle **forwards and backwards**. Once at desired position, **be sure** the Knob (40) is fully tightened.

**3-4:** To adjust the saddle **vertically**, unscrew and pull the Knob (27) and move the Saddle **up and down**. **Be sure** Knob (27) locks securely into a hole before use.



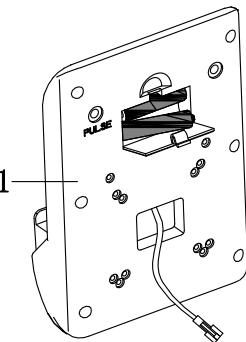
**TIGHTEN ALL NUTS, BOLTS, AND SCREWS AT THIS TIME.**



	#46 $\phi 8 \times 52 \times 59$ 1PC
	#45 M8x55x20xS6 1PC
	#37 d8x $\phi 16 \times 1.5$ 3PCS
	#43 M8xH7.5xS13 1PC
	#34 M8x45x20xH5 2PCS
	#35 1PC
	#32 M8xH16xS13 2PCS

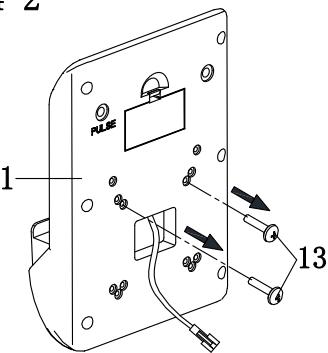
## Step 4 – Monitor

4-1



**4-1:** Open the cover at the back of Monitor (1), install the 2 AAA batteries into the slot and then close the cover.

4-2



**4-2:** Remove the 2 pre-installed Screws (13) from the back of the Monitor (1).

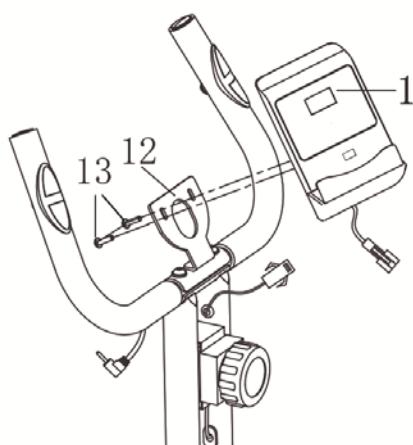
**4-3:** Attach the Monitor (1) to the **front** of the Monitor Plate (12) using 2 Screws (13).

**4-4:** Connect the Sensor Wire (17) to the Monitor Sensor Wire (1a) and make sure it is properly connected. Plug the Handle Pulse Jack (6) into the Pulse Port at the back of Monitor (1).

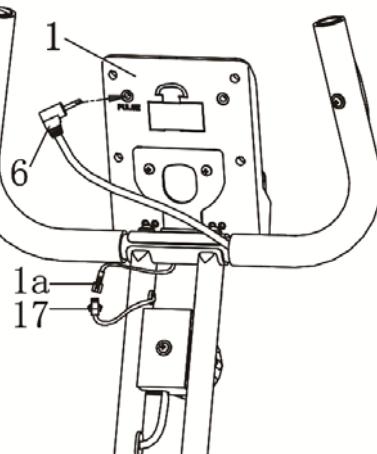
**TIGHTEN ALL NUTS, BOLTS, AND SCREWS AT THIS TIME.**

  #13 M5\*12 2PCS

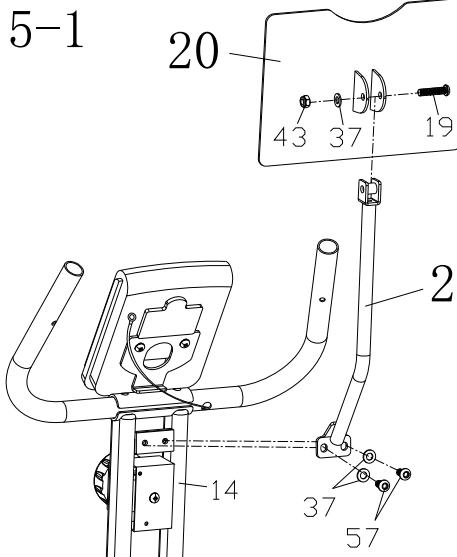
4-3



4-4



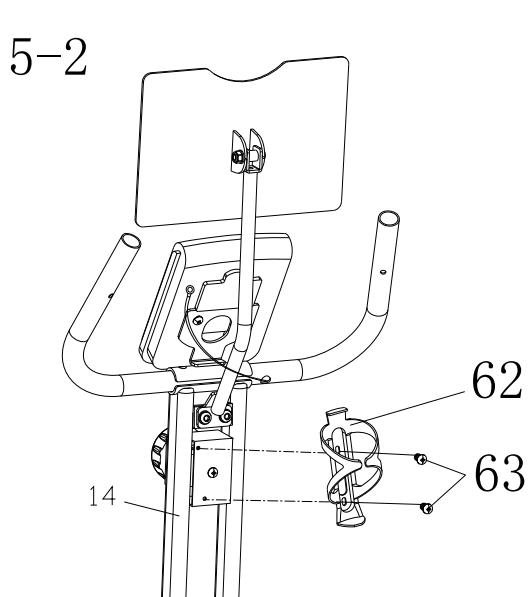
## Step 5 – Tablet Holder Assembly & 水壺架



### 5-1:

Attach the Tablet Holder (20) to Tablet Holder Post (2) using Bolt (19), Washer (37), and Nut (43).

Then, attach the Post (2) to Main Frame (14) using 2 Bolts (57) and 2 Washers (37).



### 5-2: Attach the Water Bottle Holder (62) to the Main Frame (14) using 2 Bolts (63).

NOTE: The Water Bottle Holder is designed to be installed at the left side of the back of Tension knob with an angle of about 15 degree for easy accessibility.

**TIGHTEN ALL NUTS, BOLTS, AND SCREWS AT THIS TIME.**

	#57 M8*10*S6	2PCS
	#19 M8*35*18*S6	1PCS
	#37 d8*ø16*1.5	3PCS
	#43 M8*H7.5*S13	1PCS
	#63 M5*10	2PCS

## Monitor Operation & Function

**MODE button:**

1. Press to select functions.
2. Press and hold 3-5 seconds to reset time, distance, calorie values to zero.

**Operations:**

1. SCAN: Press MODE until 'SCAN' appears. The monitor will rotate through all 6 functions: Time, Speed, Distance, Calorie, Odometer, and Pulse. Each function will be displayed for 5 seconds.
2. TIME: Displays the total amount of time exercised.
3. SPEED: Displays the current speed.
4. DIST: Displays the total distance traveled.
5. PULSE: Displays your current pulse. Your hands must be placed on the metal contact pads for 6-7 seconds or the machine will not be able to accurately read your pulse. The monitor will display pulse in beats per minute (BPM).

NOTE: In the first 2-3 seconds, the monitor may display a higher pulse than your actual pulse. Once your hands are settled, the machine will display your actual pulse. The measurement should not be treated as the basis for medical purposes.

**Note:**

1. If the display is faint or will not display properly, replace the batteries.
2. The monitor will automatically shut off if it does not receive signal after 4 minutes.
3. The monitor will turn on when you begin using the exercise bike or by press the MODE button.
4. The monitor will begin calculating when you begin exercising and will stop calculating when you stop exercising for four seconds.

**Specifications:**

FUNCTION	SCAN	5 seconds per display
	TIME	00:00'~99:59'
	SPEED	The maximum signal it can pick up is 999.9 Mile/H
	DISTANCE	0.0~9999 Mile
	PULSE	40~240 BPM
BATTERY TYPE		2pcs of SIZE – AAA
OPERATING TEMPERATURE		0°C ~ +40°C
STORAGE TEMPERATURE		-10°C ~ +60°C

## Connecting to Mobile Device

### **STEP 1 - Get it assembled**

Make sure your equipment is assembled properly, batteries are installed, and the monitor is ON.

### **STEP 2 - Get the app**

Download the **ShareVgo Fitness** app from Google Play or the App Store™ on a compatible phone or tablet.

### **STEP 3 - Set up**

Follow the on-screen steps to register your equipment and sign-up an account.

### **STEP 4 - Congratulations!**

You are all set! Let's start exercise and enjoy healthier life.

To learn more, visit [www.sharevgo.com/faq](http://www.sharevgo.com/faq)

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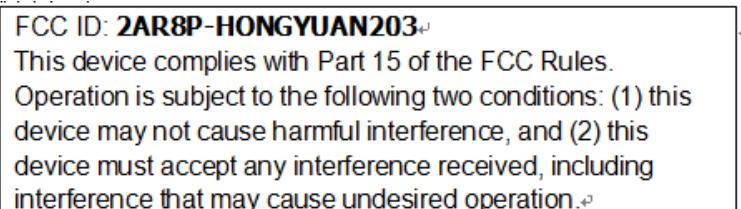
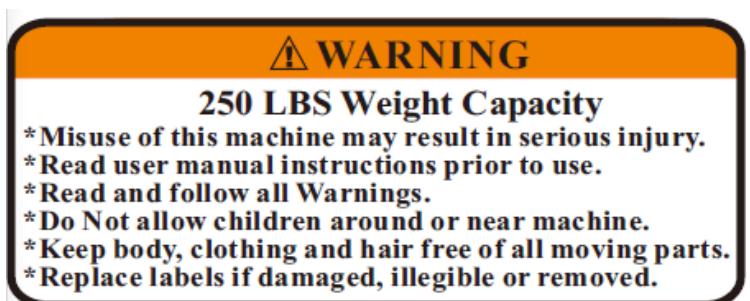
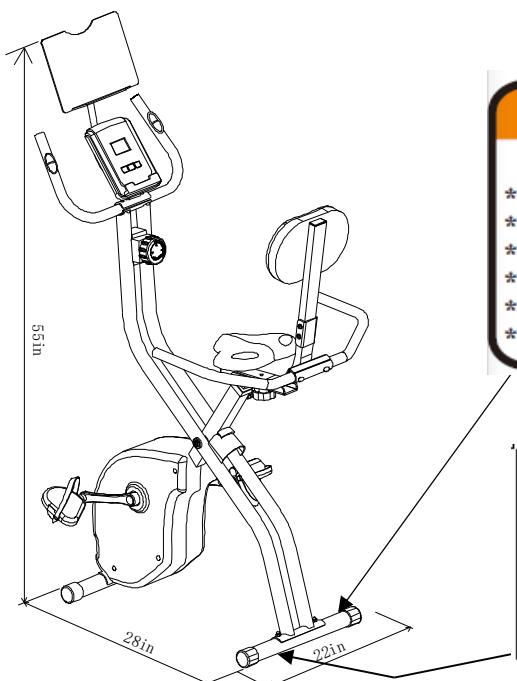
## R Connecting to Mobile Device

### FCC Warning

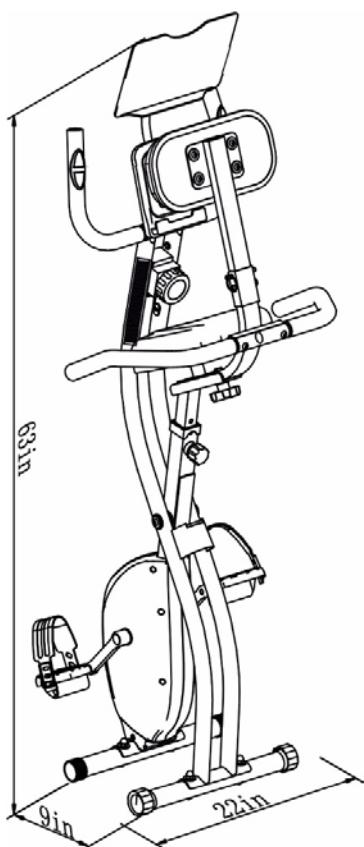
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- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help. This device meets the FCC and IC requirements for RF exposure in public or uncontrolled environments.



## Maintenance and Storage



Inspect all parts and make sure all nuts, bolts, and screws are completely tightened before each use. To clean, wipe this equipment with a damp cloth. DO NOT use abrasive cleaners or solvents.

Store your equipment at a stable position, in clean and dry environment away from children.

## Product Warranty

### **90-day Limited Warranty**

ShareVgo, LLC. warrants that this product will be free from defects in materials and workmanship for a period of 90 days from date of purchase when purchase of the product is from an authorized retailer and is used for the purpose intended, under the conditions that it has been installed and operated in according to ShareVgo's Owner's Manual.

ShareVgo's obligation under this warranty is limited to replacing free of charge, any parts which may prove to be defective under normal household and personal use. This warranty does not include any damage cause by improper operation, misuse or commercial application. This warranty applies only to the original purchaser and is not transferable. Proof of purchase is required.

YOU EXPRESSLY UNDERSTAND AND AGREE THAT, TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW, SHAREVGO SHALL NOT BE LIABLE TO YOU UNDER ANY THEORY OF LIABILITY (WHETHER CONTRACT, TORT (INCLUDING NEGLIGENCE), BREACH OR FAILURE OF ANY WARRANTY OR OTHERWISE) FOR ANY INDIRECT, INCIDENTAL, SPECIAL, CONSEQUENTIAL OR EXEMPLARY DAMAGES THAT MAY BE INCURRED BY YOU IN CONNECTION WITH YOUR ShareVgo Smart Exercise Bike OR THESE TERMS, INCLUDING ANY LOSS OF DATA, WHETHER OR NOT SHAREVGO OR ITS REPRESENTATIVES HAVE BEEN ADVISED OF OR SHOULD HAVE BEEN AWARE OF THE POSSIBILITY OF ANY SUCH LOSSES ARISING. YOU EXPRESSLY UNDERSTAND AND AGREE THAT, TO THE MAXIMUM EXTENT PERMITTED BY APPLICABLE LAW, THE SHAREVGO'S TOTAL LIABILITY IN CONNECTION WITH YOUR SMART EXERCISE EQUIPMENT OR THIS LIMITED WARRANTY WILL NOT EXCEED THE AMOUNT YOU ACTUALLY PAID SHAREVGO FOR YOUR EQUIPMENT

Some states, provinces or territories do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

This warranty gives you specific legal rights, and you may also have other rights that vary from jurisdiction to jurisdiction.

### **Customer Service**

To request product service and order replacement parts, please have the following information ready and email to **[support@sharevgo.com](mailto:support@sharevgo.com)**:

- 1. Your name**
- 2. Receipt of purchase**
- 3. Model number**
- 4. Description of part**
- 5. Part number**