

**FCC ID: 2AR8P-HONGYUAN202**

Images may be slightly different from actual product.

**Note:** This product is designed for user with height range from 4'10" to 7'0" and the **Maximum User Weight is 300 lbs (136 kg)**

### Questions/Comments

Products Inc. is committed to providing the best quality and customer satisfaction for all products we distribute. If you are dissatisfied with your purchase or need assistance, please do not hesitate to contact us.

**Email: [support@sharevgo.com](mailto:support@sharevgo.com)**

# PRODUCT WARRANTY

Welcome to the ShareVgo community. Before beginning assembly, take a few moments to familiarize yourself with important information on how to use our ShareVgo Smart Folding Exercise Bike safely so that you and your loved ones do not get hurt. Let's review the safety notes and warnings now. If you have any questions, please contact [support@sharevgo.com](mailto:support@sharevgo.com)

## **Safety Instructions**

**CAUTION** To reduce the risk of serious injury, read carefully the following Safety Instructions before using this product.

**WARNING** Consult your physician before starting an exercise program or using the exercise equipment.

**WARNING** Maximum weight capacity is 250 pounds.

1. Consult your physician before using. Stop immediately and consult your physician if you feel faint, dizzy, or experience pain during exercise.
2. Carefully read all warnings and cautions before using this equipment.
3. We recommend two people be available to assemble this product.
4. Do not let children under the age of 12 use this product without proper adult supervision.
5. Keep children, your fingers, body parts, and pets away while in use.
6. Do not wear loose or dangling clothing while using this product.
7. Set up and operate this product on a solid and level surface with a mat beneath it.
8. Make sure that adequate space is available for access to and around it.
9. Before using, inspect this product for worn or loose components, and securely tighten or replace any worn or loose components prior to use.
10. Always wear correct footwear and never exercise in bare feet or socks.
11. This equipment should not be used by persons weighing over 250 pounds.
12. Used by only one person at a time.
13. This equipment is for indoor, household and non-commercial use only.
14. All the values calculated and displayed by the machine's computer or mobile app is an approximation and should be used for reference only.

When contacting customer service, please provide the following information:

- 1) Model Number for your item
- 2) PC Code for your item (front page of this manual)
- 3) Part number or installation step number in question

# WARNINGS AND PRECAUTIONS

**CAREFULLY READ** all Warnings and Instructions before installing and using this equipment. Misuse of this equipment may result in serious injury.

**DO NOT USE** this equipment without the approval of a licensed physician. Some medical conditions may not be suitable for use with this product.

**STOP USING** this equipment if you experience of irregular heart beat, shortness of breath, dizziness, nauseous, chest pain, pain of certain body parts, etc.

**DO NOT** let children under the age of 13 use this equipment.

**DO NOT** allow children, bystanders, or pets around while using this equipment.

**KEEP** fingers, body parts, clothing, and hair free from all moving parts.

**TIGHTEN ALL** nuts, bolts, and screws BEFORE using equipment.

**THIS EQUIPMENT** must be free standing on a stable and leveled surface with a mat beneath it to protect the floor.

**THE EMPTY SPACE** surrounding the equipment should be at least 2 feet (0.6 meters) on the left and right sides and on the front and back sides. This area must also include adequate space for emergency dismount.

**DO NOT** use this equipment if any parts are damaged, missing or if there is an unusual noise coming from this equipment while in use.

**THIS EQUIPMENT** is for indoor, household and non-institutional use only.

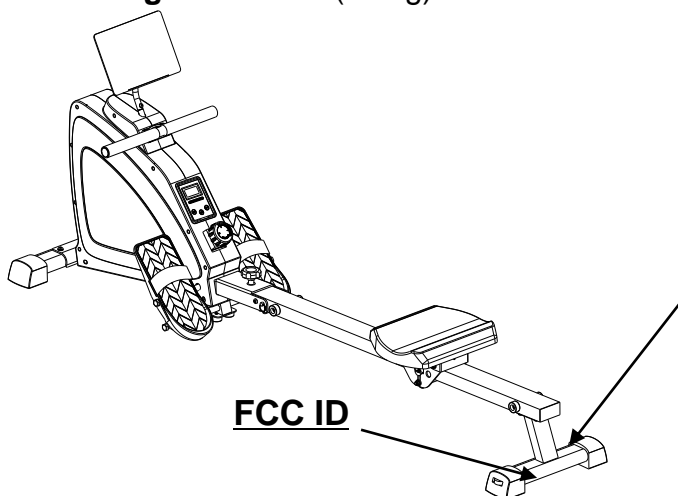
**KEEP THIS** equipment indoors and away from moisture, high temperature and dust.

**THE SAFETY** level of this equipment can be maintained only if it is examined regularly for damage and wear and tear from regular usage. Replace all missing or defective components or worn out parts immediately and/or keep this equipment out of use until item has been replaced or repaired. Parts most susceptible to wear and tear:

- 1) Belts inside the cover.
- 2) Fabric Pulling Belt

**Item Dimensions:** 82 1/4 in x 18 3/4 in x 38 in  
208.92 cm x 47.63 cm x 96.52 cm

**Item Weight:** 61.7 lbs (28 kg)



## **WARNING LABELS**

Call us to replace warning labels if damaged, illegible or removed.

# User manual warning statement

Caution: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

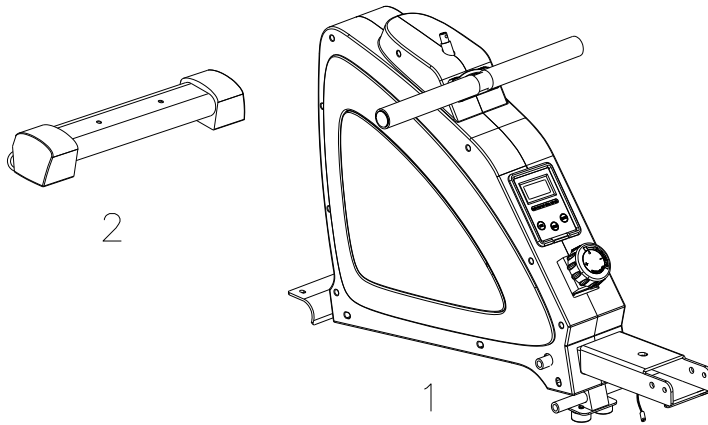
## **FCC Radiation Exposure Statement:**

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20cm between the radiator and your body.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

# Components For Assembly

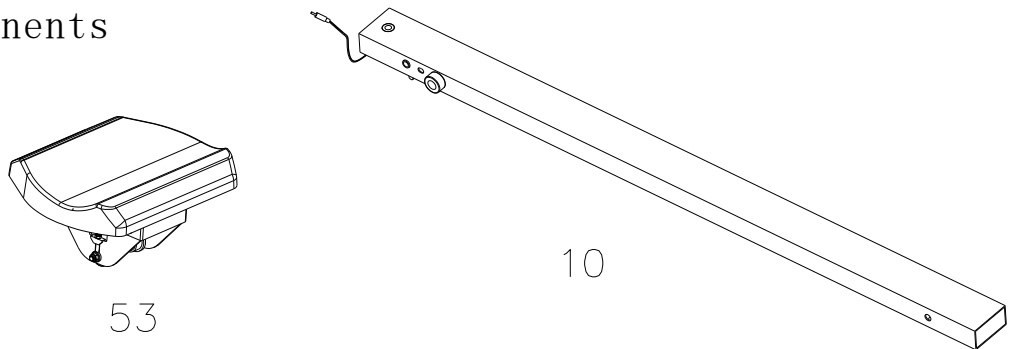
## STEP 1 Components



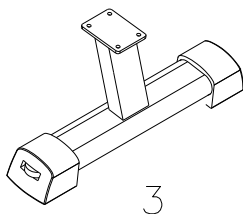
## STEP 2 Components



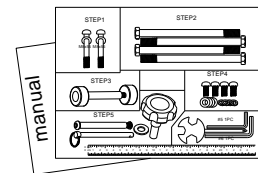
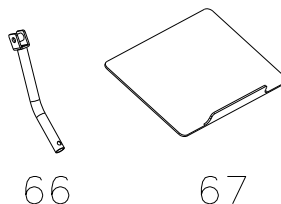
## STEP 3 Components



## STEP 4 Components

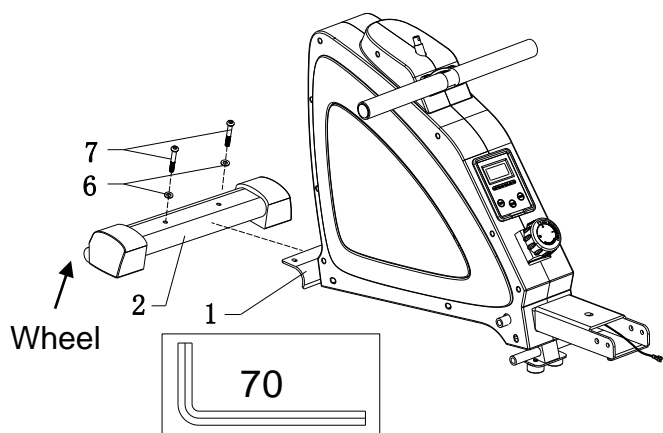


## STEP 6 Components



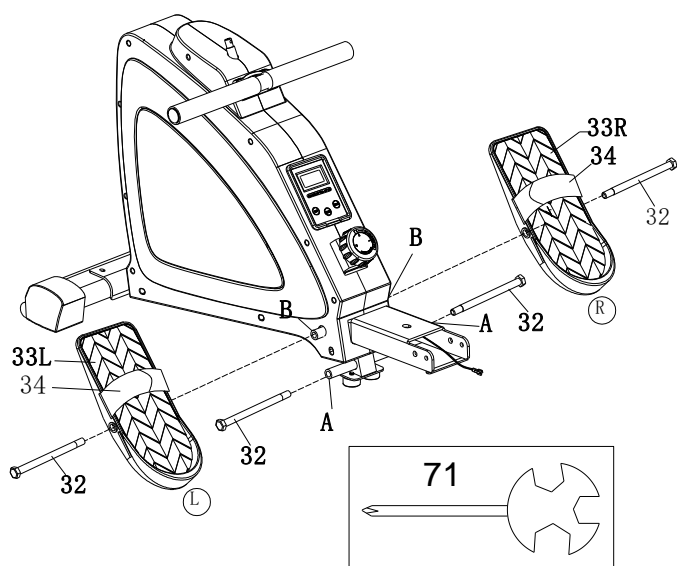
Hardware Pack & Manual

## Step 1 – Front Base Tube Assembly



Attach the Front Base Tube (2) onto the Main Frame (1) and secure it by using 2 Bolts (7) and 2 Washers (6). Tighten them using Allen Key ( 70 ).

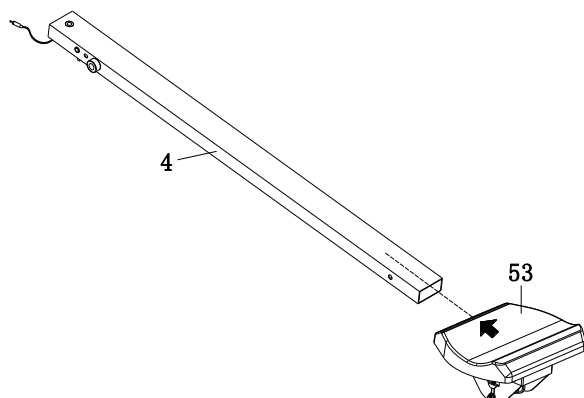
## Step 2 – Pedals Assembly



Screw Bolts (32) into both Rear Holes (A) at the Main Frame and tighten them with Wrench (71). Insert Bolts (32) through the Left Pedal (33L) and secure them to the Front Hole (B) of the main frame. Repeat for the Right Pedal (33R). Tighten the Bolts (32) with the Wrench (71).

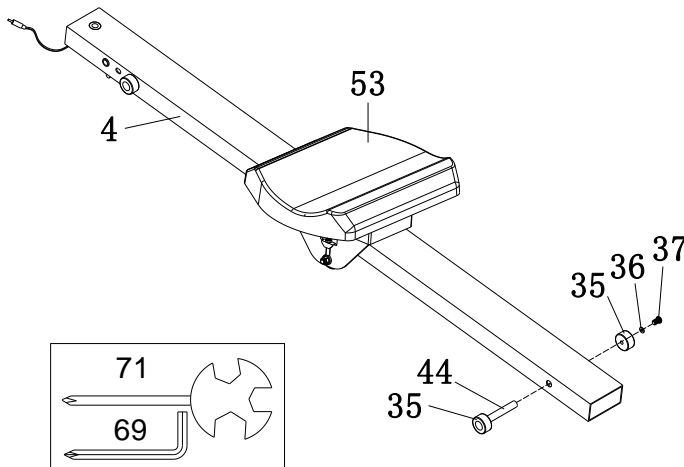
**Be sure** the pedal marked L is on the left and the pedal marked R is on the right. Pedals (33) must rest on Rear Bolts (32).

## Step 3 – Seat and Sliding Track Assembly



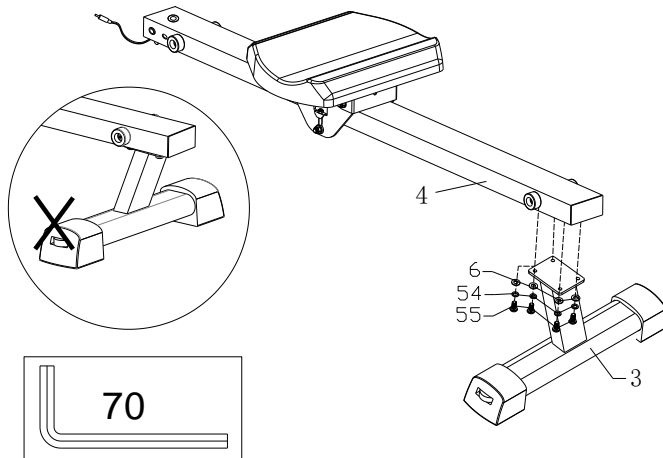
Slide the Seat (53) onto the Sliding Track (4). Be sure to slide on the end that **does not** have the wire.

## Step 3 – Continued...



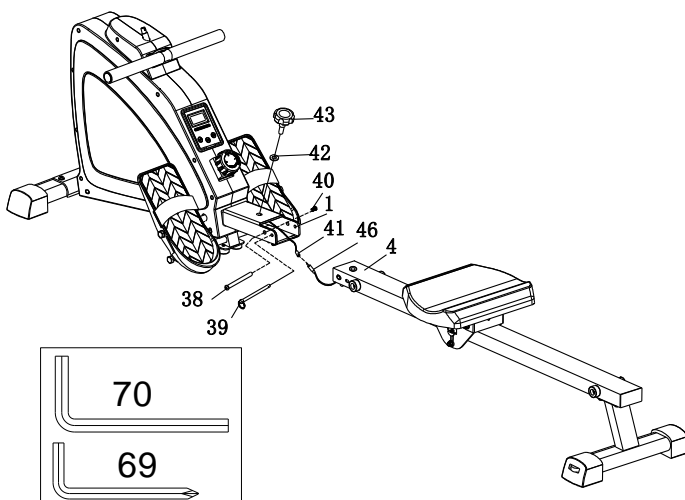
Insert the Pin (44) with Stopper (35) through the hole near the end of the Sliding Track (4). Then attach the Rubber Stopper (35) to the other side and secure it with Screw (37) and Washer (36). Tighten using both the Allen Key (69) and the Screwdriver (71).

## Step 4 – Rear Base Tube Assembly



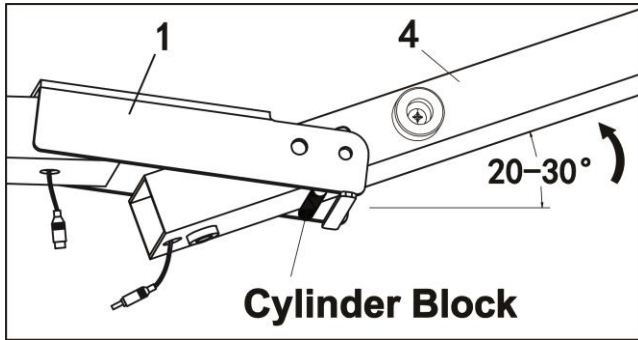
Attach the Rear Base Tube (3) onto the Sliding Track (4) using 4 Screws (55), 4 Spring Washers (54), and 4 Washers (6). Tighten with the Allen Key (70). **Be sure** the spring washers are closer to the head of the screw.

## Step 5 – Connect Sliding Track to Main Frame



Put both Male and Female connecting jets and wires (41&46) under the Sliding Track (4) to avoid wire being pinched by the metal. Lift up the u-shaped open end of the Main Frame (1) and the front end of the Sliding Track (4). Insert the front end of the Sliding Track into the u-shaped open end of the Main Frame (1).

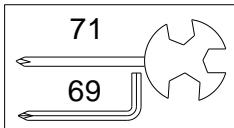
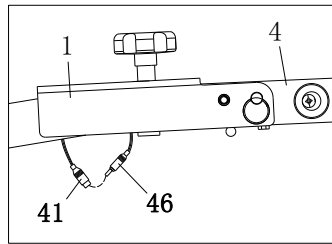
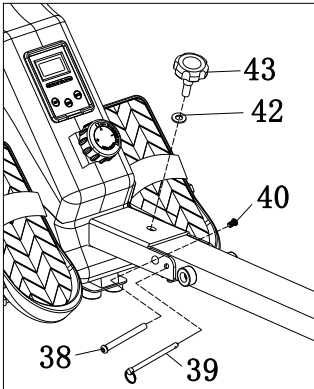
## Step 5 – Continued...



Lift the end of the Sliding Track (4) to 20-30 degree so that the Cylinder Block can go in the u-shaped opening of the Main Frame (1). Holding them straight, insert Bolt (38) into the front hole and tighten it with Screw (40). Tighten the screws using two screwdrivers (69&71).

Insert the Safety Pin (39) through the rear hole.

Screw Knob (43) with Washer (42) into the hole on top of the rear square tube of the Main Frame (1). Connect the sensor wires 41 and 46 at the bottom of the Sliding Track (4).



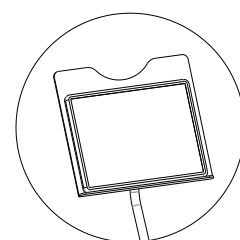
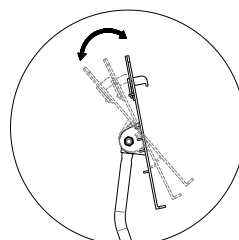
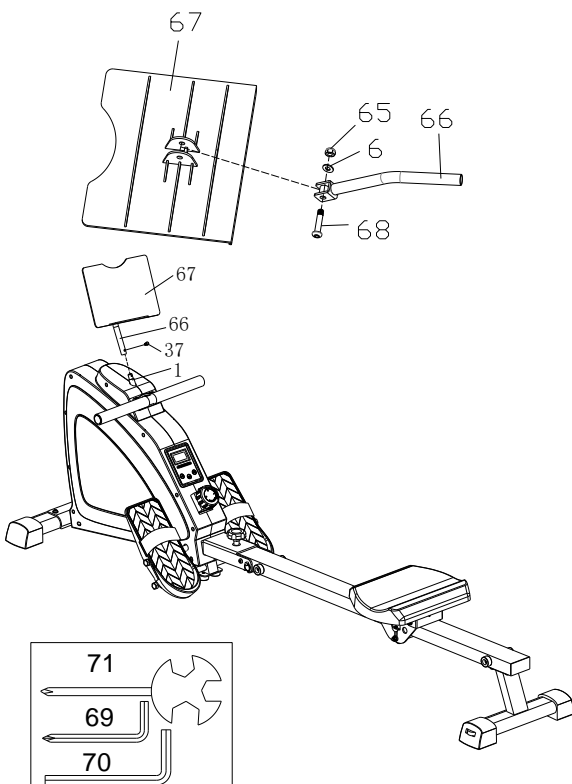
## Step 6 – Tablet Holder Assembly

Attach the Tablet Holder (67) to Tablet Holder Post (66) using Bolt (68), Washer (6), and Nut (65).

Insert the Tablet Holder Post (66) onto the Tube on top of the Plastic Cover and tighten them with Screw (37).

### How to use Tablet Holder:

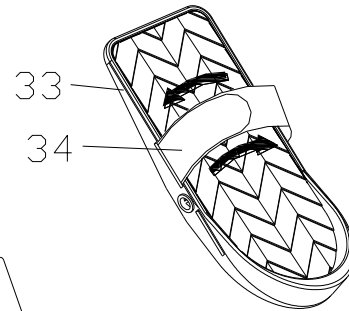
The angle of the tablet holder is adjustable. The grip in front of it can snap on the tablet.



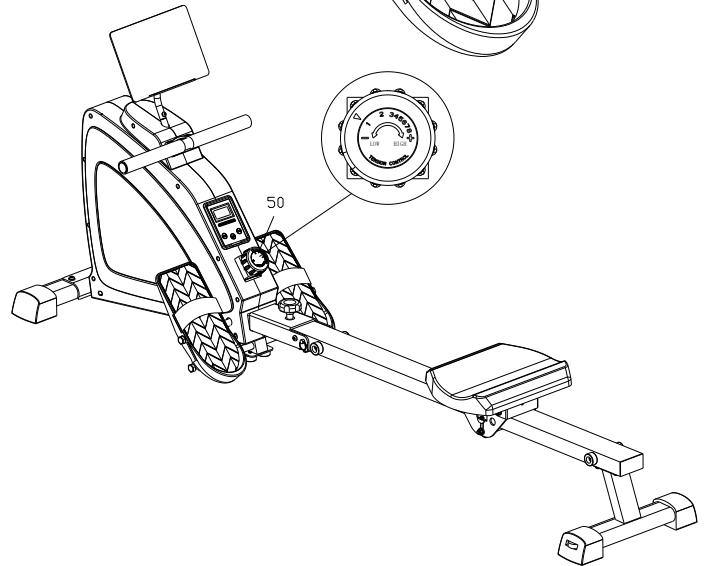


## Petals Adjustment and Tension Adjustment

Petal Strap (34) is adjustable to user's foot size.

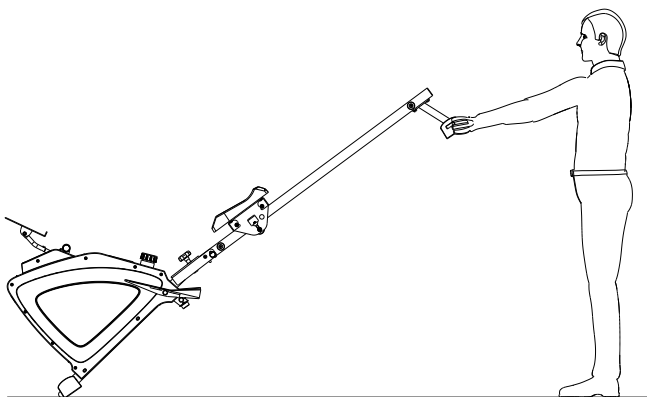


Tension Knob (50) is adjustable from the lowest tension (1) to highest tension (8).



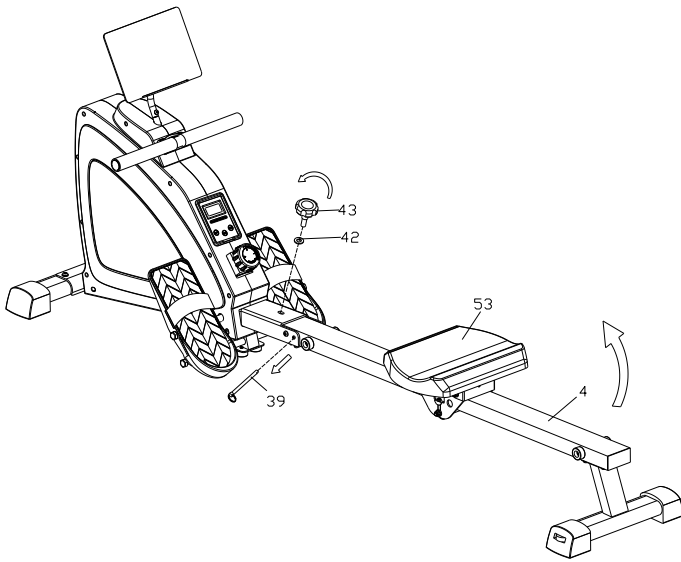
The End Cap (56) of the Rear Base Tube (3) can be adjusted to the floor level.

## To Move Rowing Machine



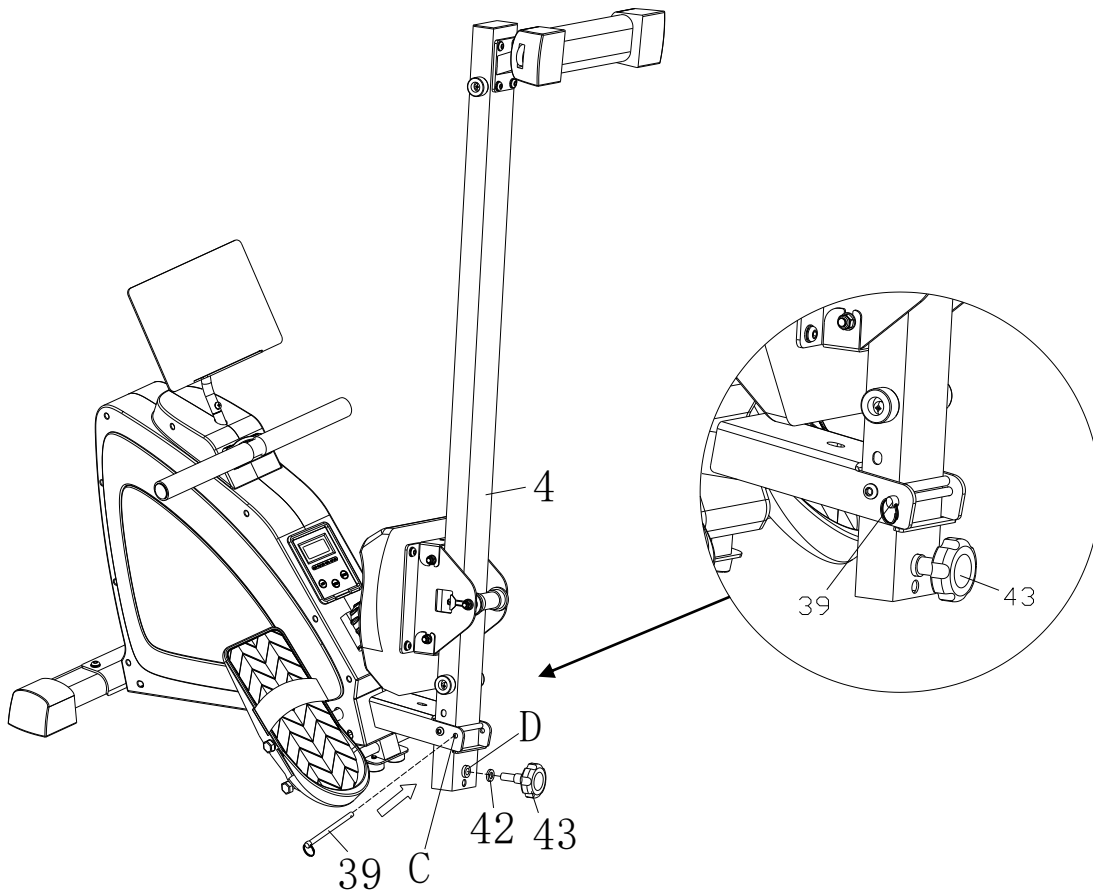
Lift the rear base frame tube until the wheels at the front base frame tube touching the floor and then move the machine to your desired location.

## To Fold Rowing Machine For Storage



1. Unscrew and release Knob (43) and Washer (42).
2. Pull out the Safety Pin (39).
3. Lift up the Sliding Track (4) with one hand.
4. Insert Safety Pin (39) to Hole C.
5. Screw and tighten Knob (43) with Washer (42) into Hole D.

**Note:** To avoid slamming by Sliding Track. Be sure to hold the Sliding Track when you insert or remove the Safety Pin (39) and Knob (43).



# How To Use the Monitor

## Functional Buttons:

**MODE:** Press it to select functions.

- Hold it for 3 seconds to reset time, count and calories.

**SET:** To set value of time, and calories when not in scan mode.

**RESET:** Press to reset time, count and calories.

- Hold it for 3 seconds to reset time, count and calories.

## Functions and Operations:

**1. SCAN:** Press MODE button until SCAN appears, computer will rotate through the following 5 functions: TIME, COUNT, CAL, TOTAL COUNT. Each display will be hold for approximately 6 seconds.

**2. TIME:** Count of the rowing time from exercise start to end.

**4. COUNT:** Count of the total rowing strokes from start to end.

**5. CAL:** Count of the total calories from rowing start to end.

**6.TOTAL COUNT IF HAVE:** Count the total rowing strokes after installing the battery.

**9. AUTO ON/OFF & AUTO START/STOP:** Without any signal for 4 minutes, the monitor will turn off automatically. When the user begins the stroke or by pressing the button, the monitor will turn on.

## Specifications:

FUNCTION	AUTO SCAN	Every 6 seconds
	TIME	0:00~99:00Minute
	COUNT	0~9999 Count
	CALORIES	0~9990 Kcal
	TOTAL COUNT	0~9999 hundred count
BATTERY TYPE		2pcs of SIZE-AAA or UM-4
OPERATING TEMPERATURE		0° C ~+40° C
STORAGE TEMPERATURE		-10° C ~+60°

# Parts Listing

NO	Description	Spec.	QTY	NO	Description	Spec.	QTY
1	Main Frame		1	36	Washer	φ13*6.5*1.5	6
2	Front Base Tube		1	37	Bolt	M6*16	7
3	Rear Base Tube		1	38	Bolt	10*95*M6*25	1
4	Sliding Track		1	39	Pull Pin	φ7.8*108*98	1
5	Handlebar		1	40	Bolt	M6*16*5#	1
6	Washer	Φ16*Φ8.5*1.5	14	41	Jet and Wire	700	1
7	Hexagon Bolt	M8*55	2	42	Washer	Φ24*Φ12*2	1
8L	End Cap-Left	40*80	1	43	Knob	Φ58*M12*30	1
8R	End Cap-Right	40*80	1	44	Axle for Stoppers	φ12*80*M6	2
9	Screw	M4*25*Φ10	4	45	Grommet	φ16*φ5.2	1
10	Foam Grip	200	2	46	Jet and Wire	Φ6*38	1
11	End Cap	φ28	2	47	Square End Cap	40*80	1
12A	Left Shroud A		1	48A	Right Shroud A		1
12B	Left Shroud B		1	48B	Right Shroud B		1
13	Screw	M4*20	8	49	Monitor		1
14	Screw for Metal	M4*20	6	50	Tension Knob		1
15	Frange Nut	M10*1.0	4	51	Screw	M5*15	1
16	Hexagon Nut	M10*1.0*5	4	52	Washer	Φ16*Φ5.5*1.5	1
17	Wheel	Φ149	1	53	Foam Seat	290*365*50	1
18	Hexagon Nut	M6*55	1	54	Spring Washer	φ13*φ8*2.0	8
19	Spring Washer	Φ10	2	55	Bolt	M8*20*S6	8
20	Spacer	6000RS	2	56	End Cap-Adjustable	40*80	1
21	Wave Washer	Φ10*Φ6*40	1	57	Bolt	M8*125	3
22	Belt Pulley	Φ45*Φ30*35	1	58	U-Shape Bracket		2
23	Washer	Φ13*Φ6.5*1.5	3	59	Sliding Bracket		1
24	Lock Nut	M6	5	60	Sliding Bracket		1
25	Handlebar Cusion	105*40*31	1	61	Magnet for Sensor	Φ15*7	1
26	Bolt	M5*10	2	62	Spacer	φ15*φ8*4	6
27	Nylon Pulling Belt	2140*22*1.5	1	63	Bearing	608Z	6
28	Wedge Belt	6PJ250	1	64	Sliding Wheel	φ40*92	3
29	Magnetic Wheel	Φ176*132	1	65	Lock Nut	M8	4
30	Tension Pull Screw	M6*26	4	66	Tablet Holder Post		1
31	Tension Pull Stop	25*10*1.0	4	67	Tablet Holder		1
32	Hexagon Bolt	M12*Φ12.5*165	4	68	Bolt	M8*35	1
33L	Footrest-Left	330*144	2	69	Allen Key	5#	1
33R	Footrest-Right	330*144	2	70	Allen Key	6#	1
34	Strap for Footrest		6	71	Wrench / screwdriver	13-15-19	1
35	Rubber Stopper	φ32*16*φ6.5	4				

# Exploded View

