



# CORNER

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INSTRUCTION MANUAL

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## WHAT'S IN THE BOX

### WHAT'S IN THE BOX

Corner Trackers



Charger



Wristbands



# TRACKERS

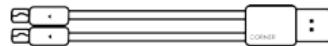
HOW TO CHARGE

## HOW TO CHARGE

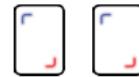
**Step 1**

### WHAT YOU NEED

Charger



Corner Trackers



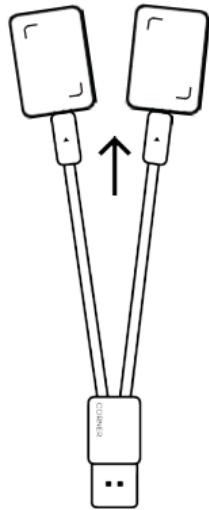
Retrieve the micro USB charger and two trackers from the box.

## HOW TO CHARGE

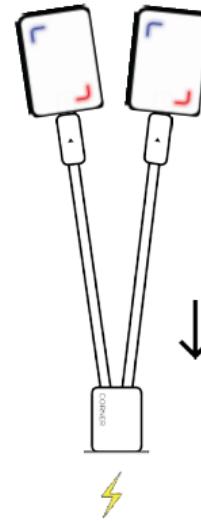
### Step 2

## HOW TO CHARGE

### Step 3



Insert the micro USB charger into both trackers with the arrows facing you.

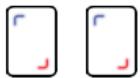


Insert the USB charger into a USB port. The sensors will glow when charging.

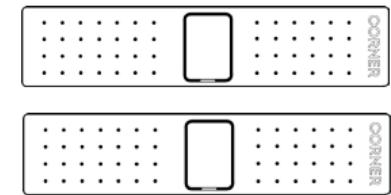
## INSERTING TRACKERS

### WHAT YOU NEED

Corner Trackers



Wristbands



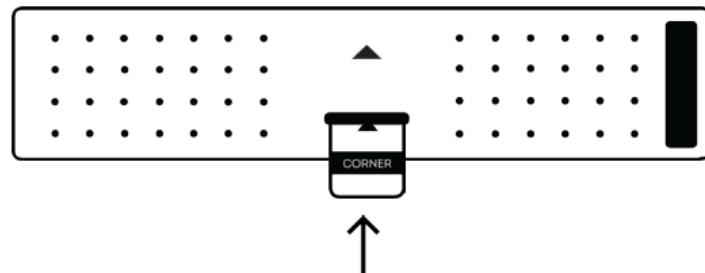
## INSERTING TRACKERS

### Step 1



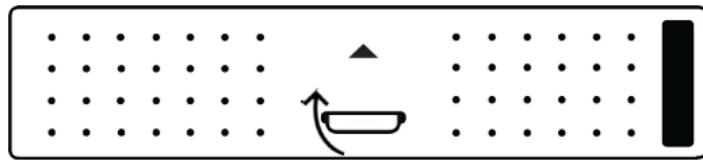
## INSERTING TRACKERS

### Step 2



Retrieve the two wristbands and two sensors from the box.

Insert the tracker into the wristband with both arrows pointing forward.



Lift the lip of the wristband over the back of the tracker to fully insert it. Repeat this process for both wristbands.

ATTACH WRISTBANDS

## ATTACH WRISTBANDS

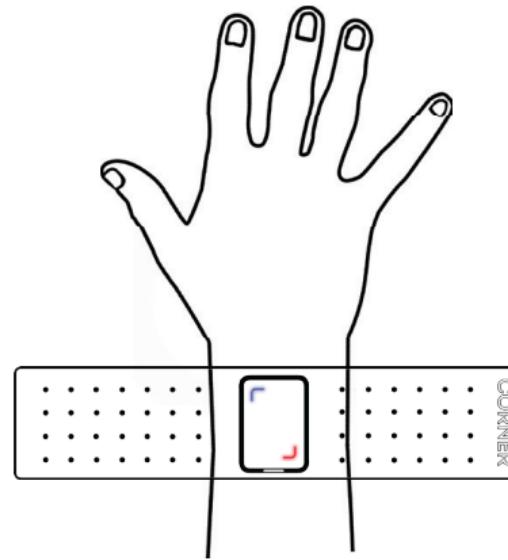
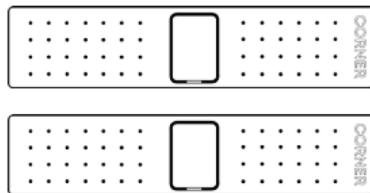
**Step 1**

### WHAT YOU NEED

Corner Trackers



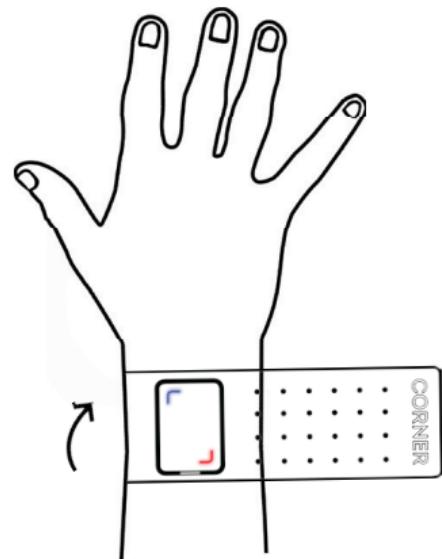
Wristbands



Place the Corner wristband onto your wrist ensuring the white line on the wristband is facing you.

## ATTACH WRISTBANDS

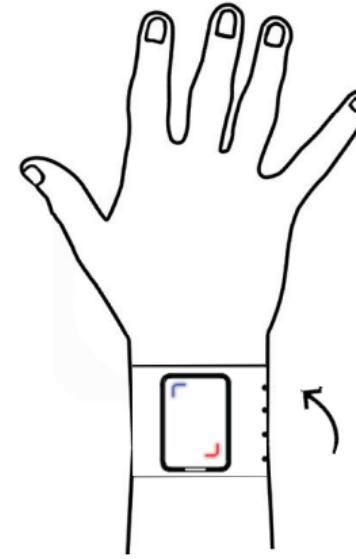
### Step 2



Wrap the wristband around your wrist ensuring it is not loose.

## ATTACH WRISTBANDS

### Step 3

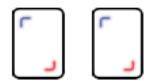


Fasten the wristband at the back using the velcro strap. Repeat this process for both wristbands.

## ATTACH WRAPS

### WHAT YOU NEED

Corner Trackers



Wraps

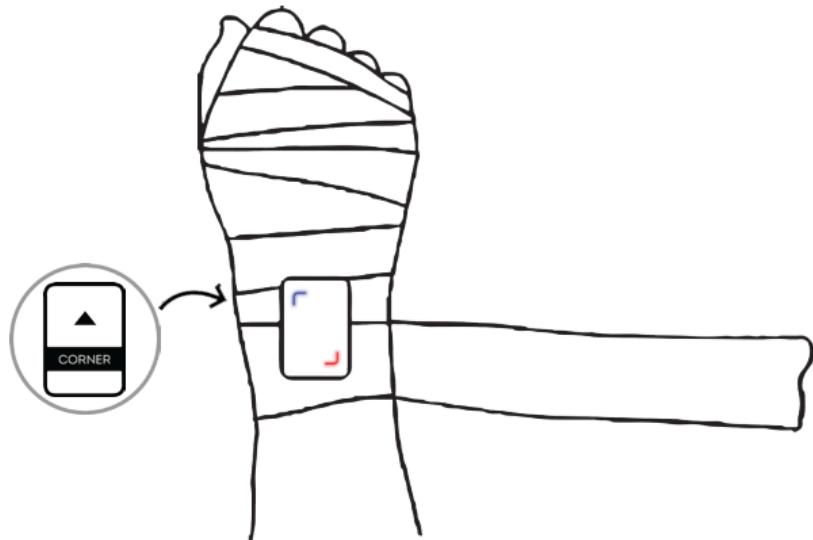


## ATTACH WRAPS

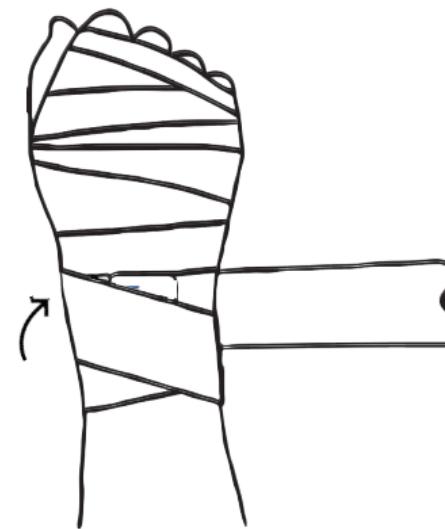
### Step 1

## ATTACH WRAPS

### Step 2



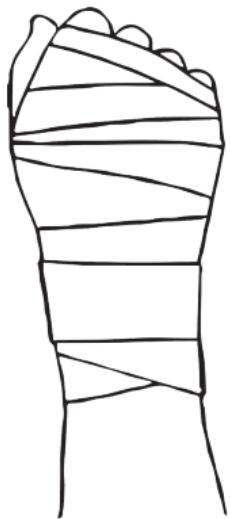
Place the tracker onto your wraps leaving enough room to wrap around three more times. Ensure the arrow is pointing forward.



Wrap the hand wraps around the tracker three times. Make sure the LED's are facing you.

ATTACH WRAPS

Step 3



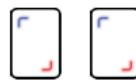
Ensure the tracker is not showing and it is firmly in place. Repeat this process for both hand wraps.

APP

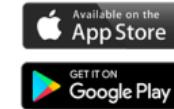
CONNECT TRACKERS

## WHAT YOU NEED

Corner Trackers

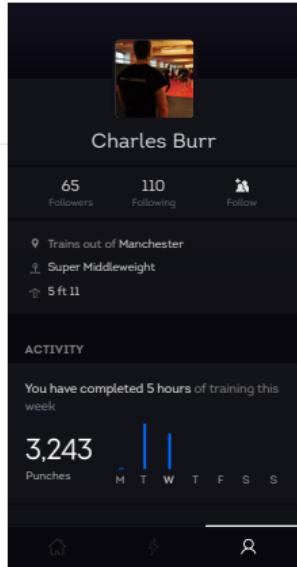


Corner App



## CONNECT TRACKERS

Scroll Down



Click Profile

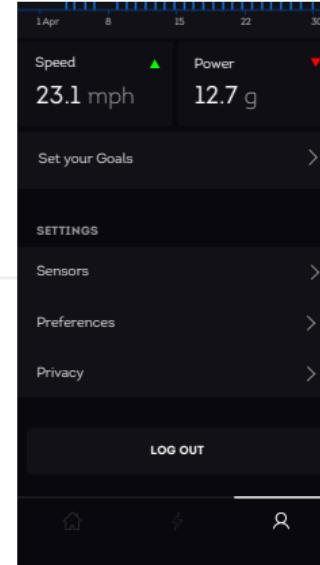
Download the corner app and go to the profile page. Scroll down to the bottom of the page.

## Step 1

## CONNECT TRACKERS

## Step 2

Click Sensors



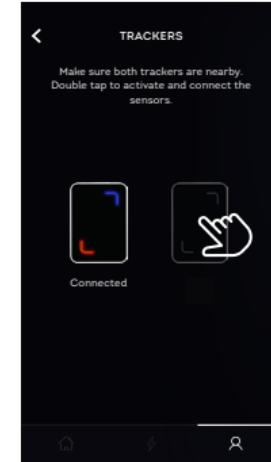
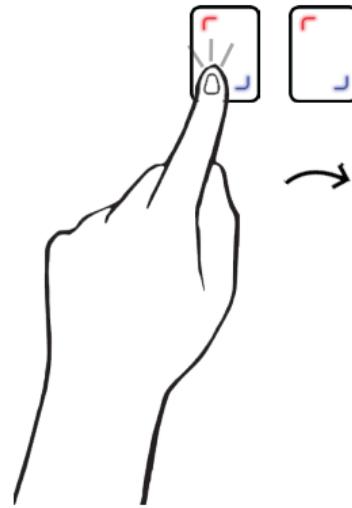
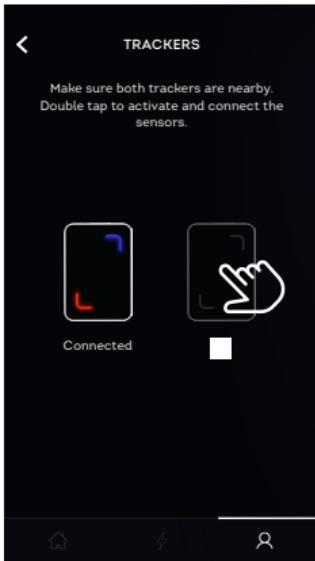
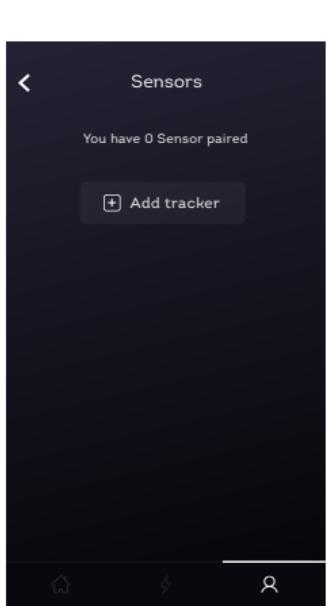
Click sensors at the bottom of the profile page.

## CONNECT TRACKERS

### Step 3

## CONNECT TRACKERS

### Step 4



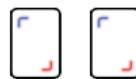
Click add tracker and follow the on screen instructions.

Double tap on your trackers to connect them. If your trackers loose connection mid workout, double tap them to re-connect.

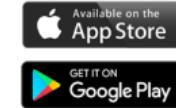
UPDATE TRACKERS

## WHAT YOU NEED

Corner Trackers



Corner App



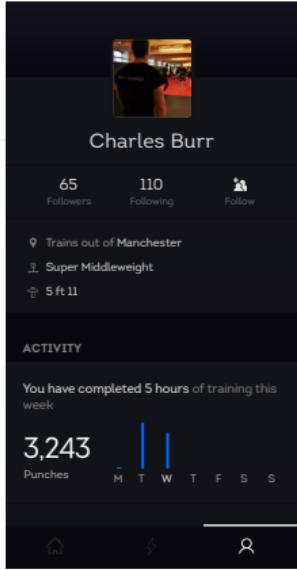
## UPDATE TRACKERS

### Step 1

## UPDATE TRACKERS

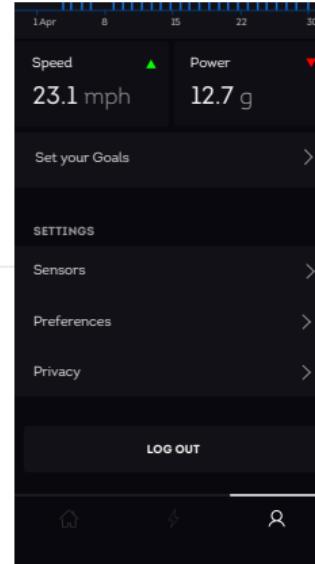
### Step 2

Scroll Down



Click Profile

Click Sensors

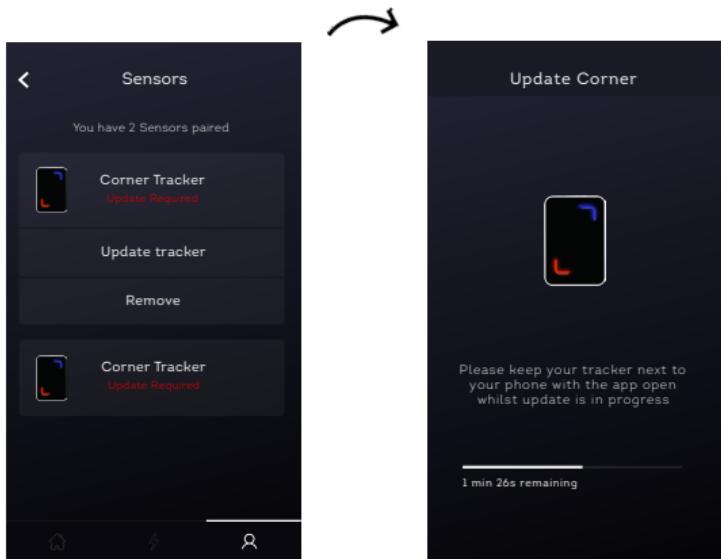


Click sensors at the bottom of the profile page.

Go to the profile page. Scroll down to the bottom of the page.

## UPDATE TRACKERS

### Step 3



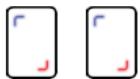
The app will tell you when your trackers need updating. Click on each tracker and follow the on screen instructions to update them.

## WORKOUT

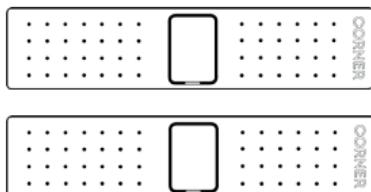
## Step 1

### WHAT YOU NEED

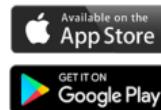
#### Corner Trackers



#### Wristbands



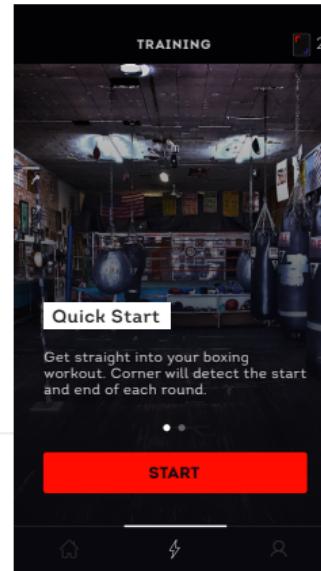
#### Corner App



#### Wraps



Swipe to  
change  
workout type



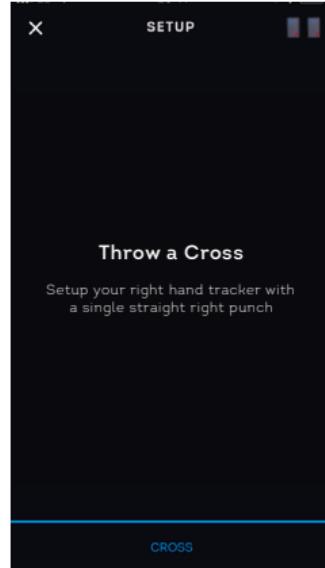
Start  
workout

You can start a workout by choosing either 'quick start' or 'interval training'.

## WORKOUT



## Step 2



## WORKOUT

## Step 3

### Time



Total punches

Intensity

### Speed

Power

Pause

When you start a workout, all of your data will be displayed on screen.

Sync trackers to start a workout by throwing a jab and cross.

## WORKOUT

### Step 4

Click  
settings

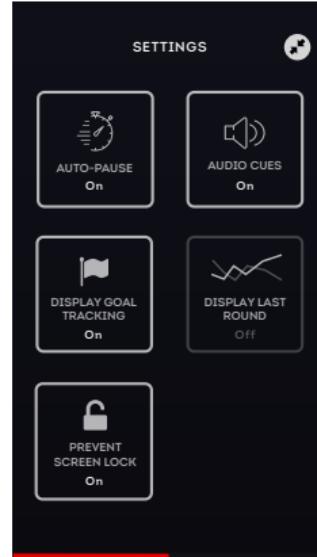


You can toggle your settings when paused. Just click the settings button in the top right.

## WORKOUT

### Step 5

Exit settings



All of the settings can be changed by clicking on them once.

## WORKOUT

Click to  
save workout

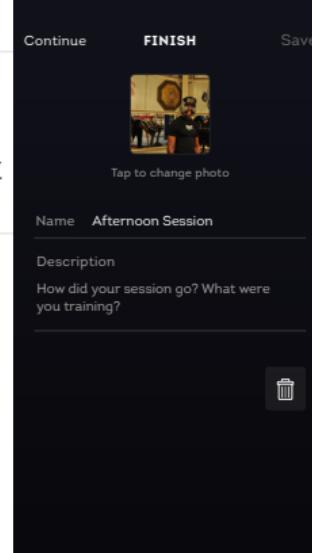


## Step 6

## WORKOUT

## Step 7

Continue  
workout



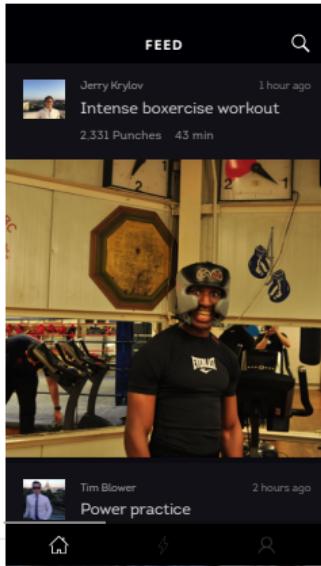
Edit workout  
name

Save  
workout

Delete  
workout

You can save a workout anytime on the pause screen by click finish in the top left corner.

On this screen you can edit your wourkout name and discription. You have the choice to save or return to your workout .



## Workout

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Home button

All of your workouts will appear in your feed.  
To refresh your feed just scroll down.

END OF MANUAL

## FCC Warning Statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

