

QUS body-connected

Model: QUS PRO1

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Welcome to the OBU(QUS) Family

Congratulations for having purchased the QUS package. You are only a few steps away from starting your first training session with QUS.

Please read the instructions below for a smooth start!

Your OBU(QUS) Package

Your brand-new QUS package contains your

- QUS shirt where you attach the onboard unit (OBU)
- On board unit OBU(QUS PRO1)
- Charging cable
- Booklet
- Washing instructions for your QUS shirt



Additionally, you need to download the **QUS App** from your App Store!

Safety Information

CE Number

CE number ...

Safety Information

Please see the safety information before using the product.

Before You Start


- Charge your OBU (QUS PRO1) using the USB cable from your OBU package. A full LED bar shows you when your OBU(QUS PRO1) is fully charged.
- Download the **QUS App** from your App Store (Apple or Android). Just search for QUS Sports!

First-Time Usage

1. Open the **QUS App** on your mobile phone.
2. Tap on **Sign Up** to create your account in the QUS App.
3. You can configure your account by selecting a profile picture or personal background. For details, see the QUS App.
4. Continue with the steps in the *Everyday Usage* section below.

Everyday Usage

After having completed the *First-Time Usage* steps, do the following:

1. Put on your QUS shirt. Make sure it fits tightly!
2. Attach the OBU(QUS PRO1) to your shirt.
3. Press and hold the button on your OBU(QUS PRO1) to switch it on.
4. Open the **QUS App** on your mobile phone.
5. Enter your username and password to sign in.
6. Tap on the red icon in the top right corner to pair your OBU(QUS PRO1) with the QUS App. A list of available OBUs(QUS PRO1) is displayed.
7. Select the desired OBU(QUS PRO1). The icon turns green  as soon as the QUS App is connected to your OBU(QUS PRO1).
8. Select the settings for your training session such as Velocity, Respiratory Rate, Heart Rate. For details, see the QUS App.
9. Select the settings for your training record such as the desired Activity type or planned time. For details, see the QUS App.
10. Press and hold the button on your **OBU**(QUS PRO1) to switch it on.
11. Tap on **Start Training** in the QUS App to start your training session.
12. Start your training.
13. Tap on **Stop Training** in the QUS App to stop your training session.
14. Press and hold the button on your OBU until you hear **a sound** to switch it off.
15. Go to **My Sessions** in the QUS App to see a summary of your current training session. All your training sessions are saved here. For details, see the QUS App.

GPS Tracking Settings


On your OBU you have the possibility to change the GPS tracking points per second.

To change your GPS tracking points per second:


1. Press and hold the button on your OBU(QUS PRO1) to switch it on.
2. Press the button on your OBU to select your favorite setting:
 - a. **One** single beep stands for one tracking point per second.
 - b. **Two** beeps stand ten tracking points per second.
3. Your OBU is ready!

Lights and Sounds

Command	Light	Sound	GPS in Hz
Switching on OBU (Press and hold the button on your OBU)	LED light appears (battery charging status is visible)	One single beep	1 per second
Changing settings for GPS tracking points per second	LED is blinking?	Two beeps	10 times per second
Starting session	LED is blinking?	Three beeps?	
Ending session	LED is blinking?	Three beeps?	

	After 20 minutes of inactivity your OBU(QUS PRO1) switches to sleep mode!
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Washing your Shirt

	Make sure to detach your OBU before putting your shirt in the washing machine!
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Troubleshooting

If you need to reset your OBU, press and hold the button on your OBU(QUS PRO1) for more than ten seconds.

Warranty

For a guarantee claim do not hesitate to contact us:

QUS....

FCC Statement:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different

from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help. The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

FCC ID: 2AQ3T-QUSPRO1