

# User Manual

## Quick Start Guide

### INSIDE THE BOX

- Device
- Charging Clip with attached USB cable
- Band

### GETTING STARTED

1. To charge your device, plug the USB cable end into a USB power adapter (not included).
2. Connect the power adapter into a nearby power outlet.
3. Place the device into the charging clip with the button facing out.
4. After a few seconds, a white light will indicate it's ready to pair.
5. Following the instructions from the app on your phone.

### SETTING UP YOUR DEVICE

To set up and use your device, download the free app to your phone.

### IMPORTANT PRODUCT INFORMATION

For safety, compliance, recycling, and other important information regarding your device, please refer to the Legal & Compliance section on the Help menu in the device App.