SUNNY
HEALTH & FITNESS

SMART FIT WATCH
USER MANUAL

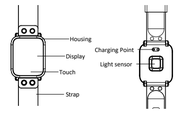
G10

Downloading the App

Please download and install the App on your Smart phone from the following QR code first before using.

Scan QR Code and Download "CeeFit "

Basics Info

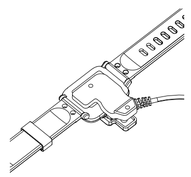


How to remove the Strap

Back diagram

Charging and Activating

Device needs to be activated by charging it for the first time after opening the box. Put the magnetic charging part to the back of the device as shown on following picture below and connect it to the USB from the wall charger or the USB port from the PC.



Pairing

Open the App and set up your profile

↓

Go to the「Device」, Click「Add a Device」

↓

Choose device "G10" on the scanning list

↓

Finish

The device can be identified by its' MAC address. You can find this MAC address from Home Screen by pressed longer on the touch screen.
Once pairing done, the device will automatically connect with the smart phone and sync all data on the App.

Sports & Training

Sports
The device automatically tracks steps taken and displays the count on the screen. It will display your all-day calories burned and distance traveled
Note: Your movement stats reset to zero at midnight.

Training
Pressed longer on the Training screen to start recording your training. It will keep 1 data recorded previously. You can refer to App for more detail of your training stats.

Motor Pattern & Heart Rate

Motor Pattern
The device can record steps taken, calories burned and distance traveled. You can check from the App for more detailed data. The device will reset to 0 at midnight everyday.

Heart Rate
Pressed longer on the Heart Rate screen to start measuring your heart rate. It will show the last 7 datas recorded previously.

Blood Pressure & SPO2

Blood pressure
Pressed longer on the Blood Pressure screen to start measuring your blood pressure. It will show the last 7 datas recorded previously.

SPO2
Pressed longer on SPO2 screen to start measure your SPO2. It will show the last 7 datas recorded previously.

Weather & Messages

Weather
The device will show today and tomorrow's weather and air quality. Please sync to the App for updated information.

Messages
The device can sync incoming notification from Twitter, Facebook, Whatsapp, Instagram, etc. The most recent 3 messages can be stored.
Note: You can turn this function on/ off in the App.

Shutter & Player

Remote shutter
The device can control smart phone camera's photo shoot. Pressing longer on the Shutter screen while camera is ON for smart phone to take the picture.

Music Player Controller
The device can control the music played on smart phone while sync with it.

Others & Stopwatch

Other Features
The device also includes other features such as stopwatch, bright adjustment, mute, factory reset and power off.

Stopwatch
Pressed longer on Stopwatch screen to start timing and stop it by pressed longer again.

Silent Alarm & Sedentary

Silent Alarm
You can set up to 3 different alarm times in the App and the device will vibrate at the set alarm time.

Sedentary
The device will vibrate to remind you to walk around after sitting for more than 1 hour. You can turn on/off in the App.

General Info and Specifications

1. Environmental Condition.
Operating temperature 14°F to 122°F. -10℃ to 50℃)
Non-operating temperature -4°F to 140°F (-20℃± 0 60℃)

2. Fit for Wrist Size
Normally fit between 5.5 to 7.7 inches wrist's width

3. Materials
The device classic band is made of flexible and durable elastomer material and the stainless steel buckle with vacuum vapor plating, which makes the color last longer.

4. Wireless Techonlogy
The device contains bluetooth 4.0 which enables it to receive messages from messages Apps such as WhatsApp, Facebook, Wechat, etc and incoming phone call from your smart phone while sync to your smart phone.

5. Haptic & Visual Feedback
The device includes a vibration motor for alarm, notification and message of an incoming phone call for your smart phone. While charging, it will have blue light on the top of the display and will remind ON as for unread notification or message.

Frequently Asked Question

Why is GPS not available on APP?
It is necessary to turn on the GPS function from the smart phone to get the GPS signal. It is hard to receive the signal in the closed area, open area will be best to receive the GPS signal.

Why does bluetooth fail to connect occasionally?
The bluetooth service for some smart phones will occasionally appear abnormal which resulting a failure of bluetooth connection. You may try to set up a connection again by restarting the smart phone or re-switching bluetooth.

When Android phones are receiving calls, why the bracelet can not remind after phone call and messages?
1. Please make sure the self-start and notification option is turn on in the App.
2. Add the App in the Android background.
3. Make sure the calls, messages or SNS software in the Android phonesystem is turn on
4. While the App has no message reminder, please resend the device, reconnect and open the App.

Should the bluetooth connection always turn on? Will the data be saved if it is disconnected?
Movement and sleep data is stored in the device until data is synchronized. When the device is connected to the App, the data of the bracelet will be automatically uploaded to the App synchronously. The device can store data for about 7 days. When the space is full, the system will automatically overlap the earliest data in a loop. Please remember to frequently synchronize the data to the App.
Notice: If you need to turn on the function of incoming call and message reminder, you must keep the bluetooth in the device connected to the App. After setting the alarm, you can support offline operation.

Why can't the bracelet charging?
Please check if the host is inserted in the correct direction; please check if the charging contact is clamped firmly.

Is the bracelet waterproof?
The bracelet is dust proof and IP67 waterproof. It can be worn normally when washing face and hands in cold water.

Specification

Item#: SMW-004B
Device name: G10
Screen: 1.3' FT
Wristband material: TPU
Battery capacity: 170mAh
Bluetooth version: 4.0 and above
System Support: Android 4.4, iOS9.0 and above

Utility time: 7~10 days
Stand-by time: 20 days
Charging time: about 2h
Sensor: Green light
Dynamic heart rate sensor

All the health related measurement data such as blood pressure etc is for reference only. It is not for medical purpose.

As the product function is constantly updated, the App user manual shall prevail for the specific instructions.

IMPORTANT! Your satisfaction is very important to us, PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US:
support@sunnyhealthfitness.com or 1- 877 - 9OSUNNY (877-907-8669)

FCC STATEMENT :

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1)This device may not cause harmful interference, and
(2)This device must accept any interference received, including interference that may cause undesired operation.
Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
Reorient or relocate the receiving antenna.
Increase the separation between the equipment and receiver.
Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
Consult the dealer or an experienced radio/TV technician for help.

RF warning statement:
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.