

# Smartwatch user manual



Welcome to use the smartwatch, high performance wristband smartwatch to create a intimate fitness experience.

## Corrective maintenance

When maintaining your watch, please remember the following tips:

Clean the watch regularly, especially on the inside, to keep it dry.

Adjust the watch tightness to ensure air circulation.

Watch the wrist should not use excessive skin care products.

In case of skin allergy or discomfort, please stop wearing it.

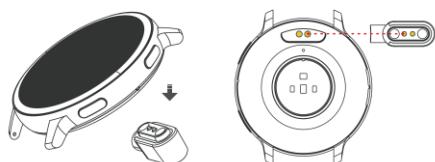
## Schematic diagram of the watch host

Middle heart rate test, lower charging position.



## Starting up

Long press the upper side key for 3 seconds or plug in the magnetic suction charging cable to charge up.



## Watch APP download and binding

1. Download and install the APP
2. Scan the QR code with your mobile phone and download the APP



**App download link**

3. IOS system selects App store, search and download Pubu

Android The system can choose the app Bora to download and install Pubu, or scan the QR code to download



APP download: Pubu

APP Store: Pubu



Android download: Pubu

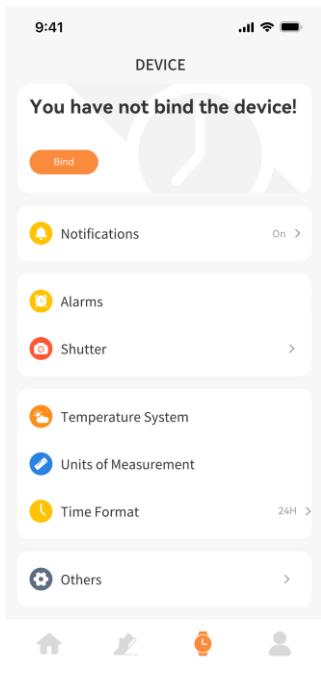
Google Play: Pubu

**Note: The phone must support Android 5.1 or IOS 8.0, Bluetooth 4.0.**

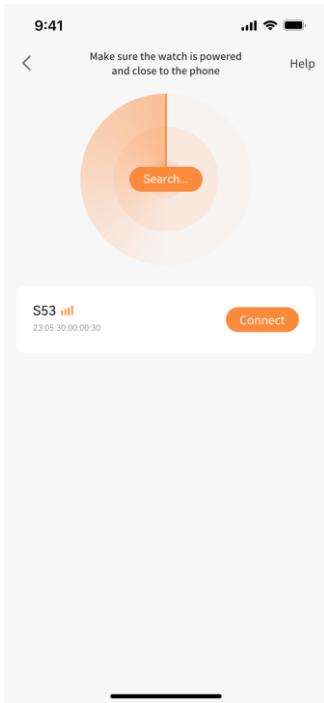
Bluetooth 4.0 or above.

## APP binding watch

1. Click "Add Device" to bind the watch.

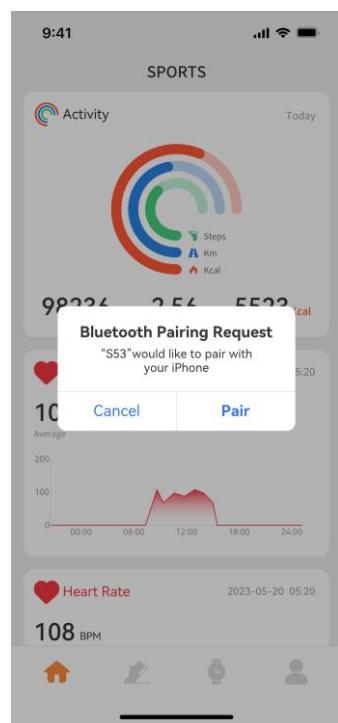


2. Click on your device on the list of scanned devices.

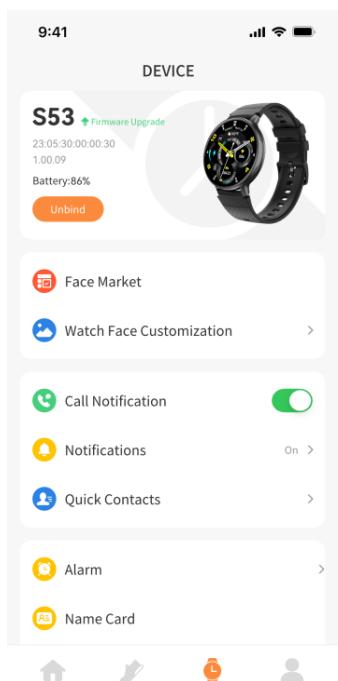


3. The Bluetooth pairing request will appear in the IOS system. Click Bluetooth "Pair" to confirm.

Android Direct connection.



4. Binding successfully.



## Bluetooth-call connection

Android: After the APP successfully connects to the watch with Bluetooth.

1. The phone will automatically pop up the "pairing" request and click "allow".
2. Some brands of mobile phone models do not need to pop up the matching confirmation authority. After connecting to Bluetooth, the call function is directly connected. After successful binding, you can answer and pull the call on the watch.

iPhone: On the mobile phone, you need to open the mobile phone to set Bluetooth in turn, in the search list to find the click connection match S53 binding successfully, you can answer and pull the call on the watch.

### Watch call to unconnect

Android: Android phones can be disconnected from the phone simply by clicking to remove the device.

iPhone: After the iPhone is unbound, you also need to set the phone- -Bluetooth, find the S53, click the symbol on the right, and choose to ignore this device. Can be disconnected from the mobile phone.

### Brief introduction of the watch features

**Boot status:**

**Power-on status**

Home screen menu interface switch, the interface shown below;



## **1. Main interface function**

When the bracelet and the APP are connected for the first time, the time and date of the phone will be synchronized.

## **2. Step counting, distance, and calories**

The step counting interface shows the step counting, wears the bracelet on the wrist, and the bracelet automatically records the number of steps, walking distance and calorie consumption data.

## **3. Sleep monitoring**

Wearing the bracelet at night can automatically judge whether they enter the sleep state, record the deep sleep and light sleep respectively, and summarize the sleep time to help users monitor their sleep quality. Measure the quality of sleep according on the amplitude and frequency of your wrist movements while you sleep.

Note: Since everyone's sleep time and habits are different, the sleep monitoring time is for reference only.

## **4. Heart rate measurement**

In the heart rate test interface, the motor vibrate once after "Start measurement" and "stop" and displays the current measurement data.

## **5. Exercise**

The sports interface includes a variety of sports, including walking, running, cycling, rope skipping, badminton, basketball, football and so on.

## **6. Voice assistant**

Click the voice, through the connection with the mobile phone, the user's spoken English into text, intelligent dialogue and real-time question and answer intelligent interaction.

## **7. Telephone**

Turn on the Bluetooth feature for your phone and your smartwatch. The phone searches for a smartwatch's Bluetooth device and initiates the pairing. If both parties confirm the match, there will be a prompt to successfully connect. Click the number keyboard of the watch to pull and call the phone and answer the call.

## **8. Blood pressure**

In the blood pressure test interface, the motor vibrate once after "Start measurement" and "stop" and displays the current measurement data.

The environment for measuring blood pressure should be quiet and with appropriate temperature. Rest for at least 5 min before the measurement. Avoid tension, anxiety, and emotional excitement. The test should be repeated three times for 2 minutes apart. The average of the 3 readings was recorded.

## **9. Blood oxygen**

In the blood oxygen test interface, the motor vibrate once after "start measurement" and "stop" and displays the current measurement data.

Blood oxygen saturation (SpO2) is the volume of oxyhemoglobin (HbO2) bound by oxygen in the blood, accounting for the percentage of all combined hemoglobin (Hb, hemoglobin), that is, the concentration of blood oxygen in the blood.

Note: The data measured by blood pressure and blood oxygen are for reference only and cannot be used as the basis for relevant medical aspects.

## **10. Weather**

The weather page will show the current weather, slide up to show the weather forecast for the next four days.

The weather information needs to be connected to the client before obtaining the data. If the connection is disconnected for a long time, the weather information cannot be updated

## **11. Information**

In the information interface, you can view the content of the message push. The number of information bars can be stored up to 9. After the number of information reaches 9, the information displayed before will be replaced

one by one.

## 12. Camera

After connecting to the phone, the bracelet can be used as a remote control for the phone camera. APP open "Photo Control", can "shake" the bracelet and click the icon to take photos.

## 13. Music control

When connecting to the phone, the bracelet can control the phone's music player. When the phone is playing music, you can use the hand ring to control the phone to play / pause, the last song, and the next song operation

## 14. A flashlight

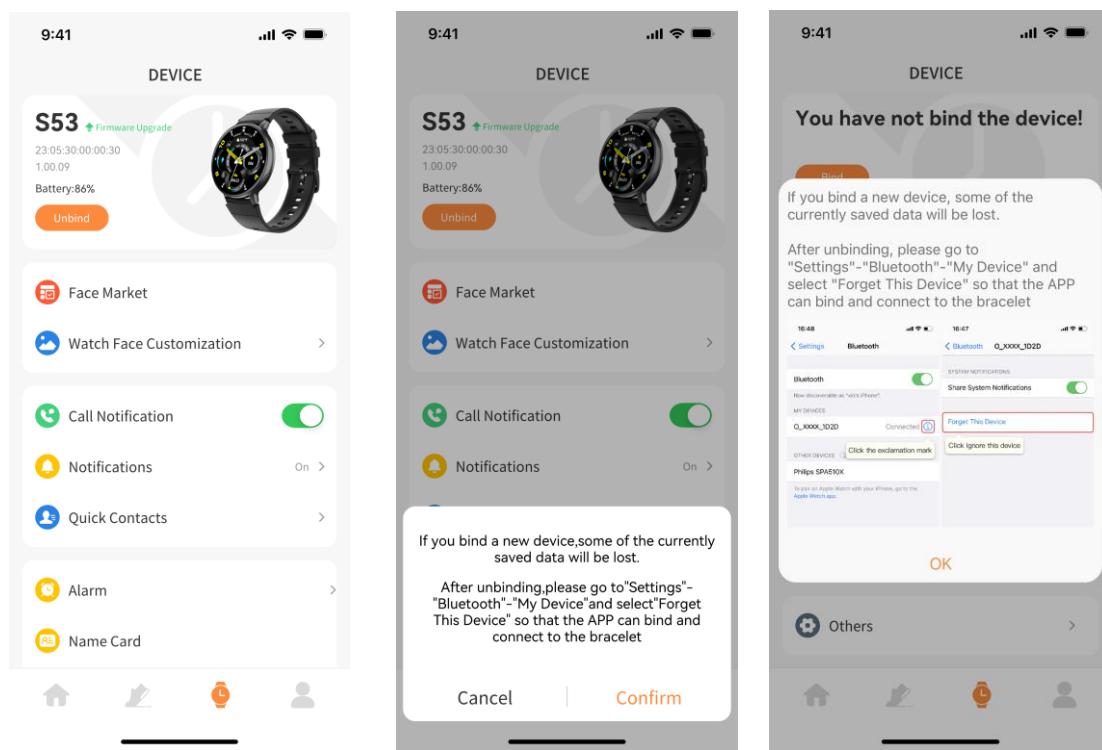
When opened, the screen will be adjusted to the maximum brightness is always bright, slide left to exit the interface.

## 15. Set

Click the "Settings" icon to enter the function list, including display, preference Settings, media sound, dial Settings, find the mobile phone, night brightness mode, language, QR code, shutdown, factory recovery and system.

### Remove binding

Click the unbinding, click the prompt, and select the S53 to ignore the device in the Settings bluetooth



## Frequently asked questions

### Frequently Asked Questions (FAQs)

1. Why does the watch automatically disconnect from the Bluetooth connection when the Android phone screen goes off?

1>. After locking the "background APP Pubu" process is cleared, it will cause the watch to be disconnected from the phone.

2> Set the APP to start from itself.

3> Background runs are unlimited. Android phone install APP, the default is to intelligently limit background operation, need to manually set APP without taking any restriction measures.

### 2. Why can't the watch receive the message push?

1>. Confirm that the message push switch is enabled on the mobile phone client.

2>. The confirmation message can be displayed normally in the mobile phone notification bar. The watch message push is pushed by reading the message in the mobile phone notification bar, the watch will not be able to receive the push.(You need to find the notification setting in the mobile phone Settings, and open the notification switch of wechat, QQ, phone, SMS and mobile phone client).

3> Open the phone- -set up, the top search box, enter "notification access", reopen Pubu

### 3. Why can't you wear a watch and take a hot bath?

A: the temperature of the bath water is higher, can produce a lot of water vapor, and water vapor is gas, its molecular radius is small, easy to penetrate from the shell of the watch, when the temperature down and will condense into liquid phase of water, easy to cause watch internal circuit, damage watch circuit board, and damage the watch.



**warn:**

#### **Warning:**

Ask your doctor before you exercise. A smartwatch can monitor real-time dynamic heart rate, but it is not used for any medical use.



Federal Communications Commission (FCC) Statement. This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference, and
- (2) this device must accept any interference received,

including interference that may cause undesired operation. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by ShenZhen YaWell intelligent Technology Co.,Ltd.

may void the FCC authorization to operate this device. Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.

RF exposure statement:

This device complies with FCC RF radiation exposure limits set forth for an uncontrolled environment. The device is installed and operated without restriction.