Lecool bosch

Fitness products
Operating Manual

APP QR code

Thank you for buying Lecool bosch

The product is stimulated by electric impulses to achieve the purpose of fitness and beauty. Please read the instructions carefully before use.

Please read the instructions carefully and use the product safely.

Learn more about the functions and features of the Lecool bosch APP in the APP store, purchase more accessories, and learn more about the product.

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[Liability exemption]

1. The company is not responsible for the loss caused by earthquake, fire, riot, terrorist attack and the loss caused by international, local laws and regulations.
2. The company shall not be liable for any losses (loss of business interests, business suspension, etc.) that are incidental to the use or non-use of the products of the company.
3. The company shall not be liable for any losses and incidental losses incurred in failure to comply with the contents specified in this product description.

Safety precautions

Please read "safety precautions" carefully before use, and use this product correctly.

The notes listed here are designed to avoid harm or damage to the safety of you and others, so that you can use the product correctly and safely.

When you use a method error,
The extent of its damage and loss is illustrated by the following marks.

⚠Danger — If the method is wrong, it is likely to cause death or serious injury.

⚠Warn — If the method is wrong, it is likely to cause death or serious injury.

⚠Notice — If the method is wrong, it is likely to cause death or serious injury. Property damage refers to the extended loss of housing, family property, livestock and pets.

Matters that need to be followed are illustrated through the following tag.

Forbidding act | Matter that needs attention | Be sure to comply

⚠ Danger

Do not use this product at the same time as the following medical electronic devices.
Otherwise, it can cause accidents or cause medical electronic devices to malfunction and cause injury to the body.

- Cardiac pacemaker and other implantable medical electronic devices.
- Artificial heart-lung and other medical electronic instruments used to support life.
- An electrocardiograph or other wearable medical device.

⚠ Warn

The following personnel are not allowed to use
It can cause accidents or skin problems and physical problems.

- Heart disease, pregnant women, women who just made it.

Please consult your doctor before using this product.
It can cause accidents or skin problems and physical problems.

Allergens:	Patients with fever, need the radio:
The skin has a perception disorder or abnormality.	Patients with acute (painful) inflammation and acute trauma, fracture, sprain and muscle strain (Osteoporosis and other fragile bones).
Pregnant women, people around.	The skin type is not suitable for use gel paste.It is obvious that the skin is sensitive.
People with circulatory disorder; Malignant tumor patient; Thrombosis patient.	Patients undergoing treatment at medical institutions.
People with perceptual disabilities caused by high blood sugar and circulatory disorders caused by diabetes.	

Please consult your doctor if you are not comfortable using this product.

⚠ Warn

Please do not use this product for the following parts.
It can cause accidents or skin problems and physical problems.

- The chest and shoulder blades, etc., and the upper part of the neck. (head, face, etc.)
- Eyes, ears and nose, mouth, pudendal, jugular.
- The site of hair removal treatment or gel paste.
- The site where plastic surgery was performed; implantation of metal, implantation of silicon, Cervical vertebra, Tattoo (tattoo) part.

Please do not use the body parts outside the specification.

Children or infants who do not have an independent understanding of the use of electrical products, please do not use this product. Otherwise, accidents or skin and physical problems can be caused.
Please do not disassemble, transform, repair the product. Otherwise it will cause electric shock, fire and injury to the body.
Please avoid the impact of falling or collision. Otherwise, this product may be damaged.
If you continue to use damaged products, you may cause an accidental injury or a fire.
Do not contact the metal at the electrode site. Otherwise, it could lead to shock.
Do not use with other electronic products or cosmetic medical devices. Otherwise, there may be physical discomfort or adverse reactions.

⚠ Notice

Please observe the following precautions when using.
Otherwise, it may cause accidents, injuries, electric shock, product damage or dirt.

- Do not put the main gel in the microwave or close to the fire source; Please do not use this product for purposes other than the prescribed purpose, or in the undescribed method in the instruction manual; Please do not use it in the bathroom.
- Please do not use this product as a baby or pet toy.
- Do not spray liquid on this product.
- Do not use this product while driving; Do not use this product at high humidity such as bathroom.

⚠ Notice

If you feel pain and discomfort after use or use, you will have a rash, please stop using it immediately and consult your doctor.
Please stop using it immediately and consult your doctor. Continued use can lead to worsening of symptoms.
Please do not use the product if the product is not in the other foreign material inside the product enters. Otherwise, it may cause a short circuit, failure or fire.
Do not share your gel with others, or risk spreading disease.

Please observe the following items when using gels, otherwise can cause pain or burns.

- Do not use damaged, cracked, dirty gels;
  Do not bend or fold gel. Otherwise, the gel can be damaged.
  Please make the gel stick close to the skin. If there is a gap in the gel, the current can be concentrated through the whole gel paste, causing burns or pain to local low-sensitivity.
  To remove the gel, please turn off the power of this product first.
  Be sure to stick the gel to the electrode, and when energized, do not contact the electrode directly.

Parts name and accessories

■ Main part【Front】

■ Main part【Back】

■ Silica gel【Front】

■ Silica gel【Back】

Parts	
Operating manual	1
Layer board	1
Clean bag	2
Gel stick	3
Support belt	1

Consumables. The adhesive surface (gel surface) is damaged. Please purchase another product.

Operation key enlarged diagram

Caution

Please read the following carefully when using this product.

- Please attach the main body to the electrode and then turn on the power.After use, be sure to turn off the power and tear off the body. Otherwise, it will affect the service life.
- Please stop using and seek medical attention immediately when you feel unwell or abnormal skin, otherwise you may cause an accident or skin and physical problem.
- Increased stimulation or prolonged use may result in muscle fatigue, skin irritation or redness.
  If you feel any discomfort, please take off the jewelry. Otherwise, there may be accidents, injuries and product damage.
- When used, take off the electronic device and keep it away from the main body. Otherwise, it could lead to the failure of electronic equipment.

- When using this product, do not apply lotion or skin cream, or it may lead to a decrease in adhesion.
- Remove the hair from the use area beforehand; can make poly stick stick better glue skin. However, do not use the hair day.
- Do not use this product while driving, bathing, otherwise it may lead to product deformation. In addition, do not pour hot water; or in the sauna room will make this product sharply temperature change in the environment.
- Clean the side before using this product.
- This product is not waterproof. Do not use this product in places where water or humidity is high.

Use of gel paste

Gels are for consumables. In the following situations, please replace your new gels.

More than 1 month after opening; or use the number (and skin of after removing) to about 30 times bonding strength decline, the bonding surface dry surface (gel), depression, or produce is difficult to remove dirt, etc.

When using gels, please pay attention to the following items.

Please keep it in the shade and avoid direct sunlight and high humidity.
Do not randomly placed gel stick, or will gel stick together with other impurity belongings, otherwise may cause gels smudgy, thus led to the decrease of adhesion and affect the electrical conductivity of the electrode.
According to the maintenance frequency, skin condition and storage condition, the gel paste may be prone to flaking after 15-20 times, and the maintenance can be carried out by washing with water. If it is still not effective after washing, if you are not able to peel off the clothes, please do not tear them off.
You can easily peel them off with a small amount of water on the back of the clothing that is attached to the gel.

Attachment method of gel paste

⚠ Do not use broken, degraded, dirty gels. Otherwise, it can cause injuries.
Be sure to get all the electrode stickers. If the electrode is in direct contact with the skin, it can cause pain or burn.

1. Remove the gel from the cleaning bag.
2. A thin film (orange) that is applied to a gel.
   The membrane is the side that is attached to the body.
   Please pay attention to the distinction.

Attachment method of gel paste

3. Stick to the main electrode (gray).
   Please closely fit, don't have any bubbles. If there is air bubble, please use the abdomen from the transparent membrane to press jelly gel to remove air.

4. Attach the gel to the main body and tear off the thin film (transparent).
   Be sure to rip the gel on the electrode before replacing the new gel.

Stripping method of gel paste

1. Tear down the gel tape while curling.
   Please completely remove the gel that remains on the electrode. (you can easily remove the gel with a small amount of gel attached to it.)

⚠ To remove the gel, please close this product before it can cause pain or burn.

FCC Warning Statement

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.
This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Basic use method

Number of times tested

kernel: Use the same area at most once a day.
Rechargeable batteries in the intensity of 8, for example can be used to (when the room temperature is 20°C, about 30 times. Temperature is lower, the extend battery life. High intensity will shorten battery life.
In low temperature environment, the battery performance is low and the number of use will be less than the reference number.

Attach the main body to the use site.

kernel: Please wipe off the sweat from the site before you attach it. Try to avoid contact with your fingers.
Please make the gel stick close to the skin. If there is a gap in the attachment, the current cannot flow through the whole gel.

Attach the main body to the lower ribs.

If the feeling is weak, move the main body to the left or right.
Turn off the power before changing the paste position.

Basic use method

Power-on

kernel: When switching on the power supply, if the gel is not closely combined with the skin, the vibration will be prompted. Turn off the power after 1 minute

Basic use method

kernel: Open the APP STORE, search for lecool Bosch, download the APP.

APP QR code

First, turn on the bluetooth, search for the bluetooth name Lecool, no password. Click on the APP, and then turn the product on.Finally, the APP will show the connection and the product will be connected to the phone automatically.

Add the local cell phone music, listen to music, and exercise, and the vibrating strength will switch with the rhythm of music.

Basic use method

kernel: Correct use of android data line charging method:
Remove the body.
Use an android cable to plug in your charge.

kernel: When charging, the indicator light is bright red light, which is the normal charging state.
If the indicator light is not on, check whether it is fully plugged into a fully charged USB hole.
Until the light doesn't flash, the bright blue light indicates that the battery is full.

Basic use method

Intensity adjustment

kernel: The stimulus intensity was 10 files (1-10).
The default intensity of the initial use is low, please adjust yourself.
As the battery's remaining power is reduced, the current is slowly waning.It will automatically turn off the power after 1 minute of constant warning vibration.

Exercise program

In order to achieve effective exercise, automatic switch body feel.
It's about 23 minutes from start to finish.

Basic use method

Power off
Automatically turn off power after about 1 minute.

When switching off power, press for 3 seconds.

Remove the body from the body.

Be sure to turn off the power and remove the main body from the body.
Try to avoid contact with your fingers.

Please put the clean bag on the tray after each use.
If there is gel residue on the skin, please clean it.

Manner of safekeeping

1. Attach it to the tray.
   Do not bend the body to make the gel contact with each other. Do not press the main force on the board.Otherwise, the adhesive surface may be damaged.
2. Put in a cleaning bag.

as shown in the figure

kernel:
- Clean the tray and cleaning bag.
- Please avoid the high temperature and humidity (in the car, in the sauna room, in the bath, etc.).
- Please place in low humidity. If placed in the bathroom, it may cause the main body to be exposed or rusty.
- Please keep the adhesive surface (the adhesive surface of gels (gels) when they are difficult to attach due to dirt.
- When not in use, please keep it safe to avoid tripping and falling.
- Do not place near or near pets.
- Do not place near the fire source.

Manner of safekeeping

- Please discard the relevant provisions of the district.
- When the main body is scratched or cracked in the long term, please stop using it and discard it.

Manner of safekeeping

⚠ Before maintenance, please confirm that the power is off. If you maintain the power supply, you may be stimulated by electric shock.

kernel:
- The main body should not be washed.
- Do not use thinner, gasoline, alcohol, etc.

Please use a soft cloth to wipe the dirt and be careful when handling gel.

Main body and silicone maintenance method

1. To avoid the main body, please wipe the sweat and moisture carefully with a soft cloth.
2. When the main body is dirty, please put soft cloth in lukewarm water to dilute the neutral detergent (3 ~ 5%), wet, fully wring dry, carefully wipe the main body.
3. Soak soft cloth in clear water to soak, dry and wipe the detergent.
4. After cleaning, place it in a cool, cool place to dry.

kernel:
- Clean the tray and cleaning bag.
- Please avoid the high temperature and humidity (in the car, in the sauna room, in the bath, etc.).
- Please place in low humidity. If placed in the bathroom, it may cause the main body to be exposed or rusty.
- Please keep the adhesive surface (the adhesive surface of gels (gels) when they are difficult to attach due to dirt.
- When not in use, please keep it safe to avoid tripping and falling.
- Do not place near or near pets.
- Do not place near the fire source.

Method of maintenance of gel paste

Please follow the following steps for the adhesive surface of gels (gels) when they are difficult to attach due to dirt.

1. Please use your finger to get water droplets and wipe the gel surface (gel face) with the water droplet.
2. When fully drained, apply the adhesive surface (gel face) to the top and place in a well-ventilated shade to dry naturally.
3. Dry until the surface has no moisture, and then place the main body on the board.

kernel: Do not take long or frequent maintenance. Otherwise, the adhesive surface may be damaged, resulting in shorter service life.

Product specifications

Product model	LecoBosch Fitness products
Weight	≈84g（Battery included）
Size	≈165.5mm × 197mm
Battery Cell	USB direct charger
It is recommended to use ambient temperature	~15~35℃
Material	The main body surface: silica gel / The main body: ABS / The main internal: PET / Electrode: conductive silica gel / Carbon ink battery cover: ABS / Trousers: acrylic / Cleaning bag: ≈ 100g / Adhesive surface (gel): ≈ 20g / The body side + protective film: 80%, spandex 14%, the inside side + protective film: 80%, spandex 20%
Mounting	Use the instruction manual, gel stick, cleaning bags, support belts
Manufacture	Shenzhen le cool Bosch technology co. LTD

Special gel paste for belly products

Weight	Spaces:~2g/piece(≈3.5g)	
Size	Small gels: ≈50mm×21mm ≈50mm×21.5mm ≈ 0.75mm×38mm	Large gels: ≈85mm×21.5mm ≈85mm×21.5mm ≈ 0.75mm×53.5mm
Material	Polyacrylic	
Manufacture	Shenzhen le cool Bosch technology co. LTD	

- Gels are for consumables. When the adhesive surface (gel surface) is broken, please purchase another sale. Use of non-specific items can lead to the following problems:
- Can not play the performance of the original product.
- Cause the main body to be broken, causing failure.
- The adhesive surface (gel surface) is damaged, causing skin to be rough or dry.
- We will not be responsible for any problems caused by the use of non-special products. Please understand.
- If you need to purchase special gel paste, please consult the sales shop or local customer service center of the purchased products.

Warranty and after-sales service

About the warranty:
Please make sure that the "date of purchase, the name of the seller" is filled in the warranty.
Warranty period:
1. The warranty period is within 1 year of purchase date.
2. During the warranty period, from the date of purchase, the company will provide paid warranty service.
3. During the period of the replacement, if the products of the same model are not available for replacement due to special reasons, the company shall replace the new products with the same level of the original products.
4. The warranty period of the accessories is one year after the purchase of the product according to the contents of the warranty.
   Please go to the purchased store or local customer center to show the warranty card and receipt.
5. For repair after the warranty expires, please consult the purchase shop or local customer counseling center.
   The company will undertake paid repair according to the customer's requirements.

Free repair provisions

Ⅰ. Use the product under the instructions of the instructions.
During the warranty period, the company will provide free repair (except accessories).
a) When applying for free repair, please bring this product and this warranty to the seller's store and show it.
b) If you can't apply for free repair at the time of purchase, please consult the local customer counseling center.

Ⅱ. Even within the warranty period, the following conditions are still subject to the scope of paid repair.
a) Fault and damage caused by improper use and improper repair, disassembling, alteration, etc.
b) Fault and damage caused by post-purchase transportation and drop.
c) Failure and damage caused by fire, earthquake, flood, lightning strike, other natural disasters, pollution and salt damage.
d) Installation of faults and damage on vehicles, ships, etc.
e) Use beyond the warranty period.
f) The date of purchase, the name of the customer, the name of the seller, or the change of the words in the letter are not included in the warranty.
g) Failure and damage caused by the use of unrecorded methods in the instruction manual.
h) Failure and damage caused by neglect after use.
i) Failure and damage caused by the use of non-ordinary household (e.g. commercial use).
j) Failure and damage caused by using non-specific gel paste.

Ⅲ. The warranty is limited to the Chinese region.

Ⅳ. The warranty will not be reissued. Please keep it properly.

Warranty certificate

This book promises to be repaired free of charge for one year from purchase. When a failure occurs in the state where the instructions are normally used, the contents of the warranty shall be repaired free of charge. Please bring this product and warranty to the sales store or local customer consultation center for the repair.
If the following items are not completed, the warranty will be invalid, so please fill in.

Product Name		Product Model	
Customer	Name	Telephone Number	
	Address		
Date of Purchase		Warranty	Within 1 year of the purchase date. Except the accessories.
Sale stores	Store name		
	Address		
	Telephone Number		

The warranty will not be reissued. Please keep it properly.
The personal information (name, address, telephone number) recorded in the warranty may be used for service activities and safety maintenance activities during the warranty period. Please kindly understand.
The warranty will undertake the repaired free of charge under the terms and conditions specified in this book.
The warranty is limited to the Chinese region.